



Cary Area EMS

50 Years of Service

BY BRADLEY WILSON, PH.D.



Christian Heinrich ■ An early tour of the ambulance ■ Thea Hall ■ Jesse Sorenson, Angel Vives, Brian Adams, John Barile ■ Deborah Stein, Christian Heinrich, Justine Hollingshead, Steve Cohen, Marion Houle, Tammy Patton ■ Arey Little, Trip Johnson, Mary Beth Auld

Cary Area EMS shall provide, for the citizens within its district, emergency medical care. It shall be the purpose of the Cary Area Emergency Medical Service to perform these duties in a timely and efficient manner while maintaining a high level of care.

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* PARAMEDIC *

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Cary Area EMS

50 Years of Service

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EMS 52 arrives at a call on Aviation Parkway in 2017. Photo by Mike Legeros

BRADLEY WILSON, PH.D.





NEW LOCATION

- 24 Hour Service
- Two-Way Radio
- Oxygen Equipped
- Cadillac Ambulance's

Trained-Courteous-Attendants
Competent-Convalescent-Transportation
Air Conditioned Comfort

C. T. DAUGHTRY
General Manager

D. T. GOODWIN
Manager

Beacon Ambulance Service

209 Hillsborough St. Pho. 828-0737



June 14, 1970, Raleigh News & Observer

Beacon Ambulance Service was renamed from Raleigh Ambulance Service in 1969. The name first appeared in the 1969 yellow pages. They operated from locations including 202 New Bern Ave. (1969 phone book), 209 Hillsborough St. (1970-1973 phone book), 3207 Hillsborough St. (1970 phone book, later cited as location for Ambulance Aid Inc.), 615 N. Boylan Ave. (1974 phone book), 207 Oberlin Road (1975 phone book) and 811 Hillsborough St. (1976 phone book).

SOURCE: "Raleigh and Wake County - Ambulance, Rescue Squad, and EMS History," research notes by Mike Legeros, last updated: Jan. 22, 2021, available online at <https://www.legeros.com/history/ems/pdf/wake-county-rescue-history.pdf>

ing suspended upon payment of a fine of \$100 and costs.

Rescue Squad Called 97 Times During '55

The Raleigh Emergency Rescue Squad answered 97 calls during 1955, including visits to schools to show equipment.

Fire Chief J. B. Keeter, head of the organization, said that nine of the calls for assistance were to recover bodies from water. Three of those recovered, he said, survived.

Six calls were for heart attack cases, and 14 to "give aid to the sick and helpless." There were 52 "stand by for fire" calls at places where crowds congregate, including 20 "false alarms."

Two of the calls were to give rescue demonstrations, and 14 were visits to schools, to display equipment and explain its uses.

Jan. 31, 1956, Raleigh News & Observer

May 7, 1966, Raleigh News & Observer

The operator of an ambulance here said Friday his company discovered it didn't have an ambulance available after notifying people about an accident on Downtown Boulevard Thursday night.

It was 12 minutes later that the firm, Raleigh Ambulance Service, notified police that it didn't have an ambulance to send to the wreck scene. An ambulance from Overby Funeral Home then was called.

Firm Says Ambulances Were Busy

The operator of an ambulance service here said Friday his company discovered it didn't have an ambulance available after notifying police about an accident on Downtown Boulevard Thursday night.

It was 12 minutes later that the firm, Raleigh Ambulance Service, notified police that it didn't have an ambulance to send to the wreck scene. An ambulance from Overby Funeral Home then was called.

Gene Clark of Raleigh Ambulance Service said his firm had two ambulances on duty and one was standing by at the State Fairgrounds where the Lions' Club Stampede and Rodeo was taking place.

The other vehicle received a call at 9:42 p.m. to transport a patient from Wake Memorial Hospital to Duke Hospital for surgery, Clark said.

The remaining vehicle was dispatched for this call, Clark said, and a few minutes later his company was called about the automobile accident on Downtown Boulevard.

The ambulance service then called police and notified them of the accident, Clark said, and the police dispatcher cleared the Raleigh Ambulance Service to answer the call.

Clark said his dispatcher called the fairgrounds to see if that ambulance was available, but couldn't get the ambulance driver on the phone.

Clark said his dispatcher then called Overby Funeral Home to see if it could furnish an ambulance before calling the police again to report on the situation.

An Overby ambulance arrived at the scene 21 minutes after the wreck was reported to police. Mrs. Katherine Cain

Injured Woman Has Wait for Ambulance

Mrs. Katherine Cain Pearce, 628 Georgetown Road, was injured about 10 p.m., Thursday in an automobile accident on Downtown Boulevard.

Raleigh Police Sgt. R. L. Bunn said that it took 21 minutes to get an ambulance to the scene.

Mrs. Pearce, daughter of Dr. A. C. Broughton Jr., was headed toward the business district on the boulevard when she was struck by another car driven by Patricia Dianne Chezem, 20, of 1203 Brookside Dr.

Patrolman T. E. Mitchell said Mrs. Chezem, who was charged with turning from a direct line of traffic, was treated at Wake Memorial for shock.

Mitchell said the Chezem car sideswiped the Pearce car and forced it off the boulevard. The Pearce car struck a utility pole after it left the road, Mitchell said.

Sgt. Bunn said the Raleigh Ambulance Service called the police station at 10:02 p.m. and reported there was an accident with injuries on Downtown Boulevard.

May 6 1966, Raleigh News & Observer

Raleigh Police Sgt. R.L. Bunn said it took 21 minutes to get an ambulance to the scene.

Before EMS, there was the funeral home

BY BRADLEY WILSON

In 1950, Wake County was small by today's standards. Only 135,942 people lived in the entire county and only 1,446 in Cary. And that was up 25% from a decade before. The largest research park in the United States, the Research Triangle Park, located at the center of three Tier-1 research universities, wasn't created until 1959.

And what we today call Emergency Medical Services or pre-hospital health care hadn't even been invented yet.

In 1952, the Wake County Medical Society established an emergency call service to help Raleigh residents locate their family physicians when they needed a doctor. In 1953, Raleigh made a breakthrough, the incorporation of the Raleigh Emergency Rescue Squad, a group mostly made up of volunteers created to supplement the funeral homes, which carried out the majority of "ambulance" service at the time. Still, two ambulance services covered the Raleigh area: Ambulance Aid Inc. at 613 W. North St. and 3207 Hillsborough St. and Beacon Ambulance Service — formerly Raleigh Ambulance Service — at 209 Hillsborough St. There wasn't much health care involved. As Mack Pickett said in a May 16, 2012, Facebook post, "(Beacon Ambulance) would just come floating down the road running wide open. Throw them in the back and keep driving as fast as they could to the nearest hospital." The Raleigh Emergency Rescue Squad served as a first-aid and rescue service and then as a transport service.

In the next decade, at least in North Carolina, things started changing.

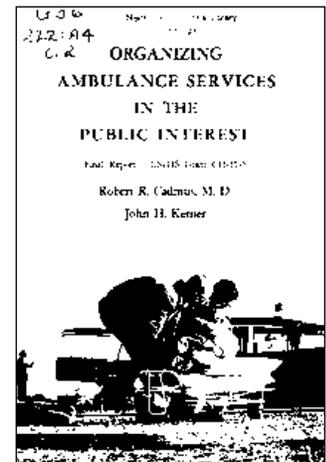
In 1965, Robert Cadmus and John Ketner published "Organizing Ambulance Services in the Public Interest," the results of a survey of 716 ambulance providers (mostly funeral homes; included 170 rescue squads), 183 hospitals and 52 nursing homes, 100 county governments and 355 incorporated towns and cities, and 214 users of ambulance services. The first basic principle in the recommendations: "Every citizen of North Carolina should have ambulance service available to meet his needs whether they be for accidents, medical emergencies, or for transportation to convalescent facilities, to mental institutions, or to other health care facilities in or outside of his immediate locality." To meet these needs, all providers of ambulance service should:

- Offer services on a 24-hour basis with additional vehicles and personnel on standby alert or, if such coverage is impossible, arrange coverage with another firm in the general area to render uninterrupted service.
- Maintain each ambulance in good mechanical condition at all times to provide safe and reliable transportation, particularly in emergency conditions.
- Equip each vehicle used as an ambulance with sufficient medical equipment and supplies to render first aid and to transport patients with the greatest possible safety and comfort.
- Respond to each request for services with a responsible and trained ambulance driver and with an equally responsible attendant who has been trained in first aid.
- Maintain a system for two-way radio communication between ambulances and either their base of operations or a medical or law enforcement facility.

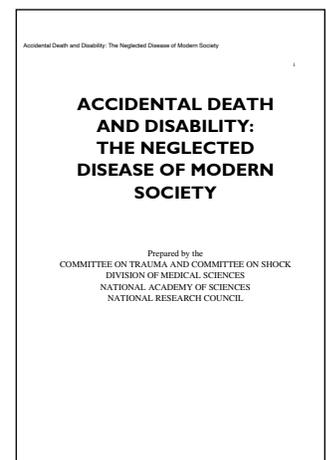
A year later, the pivotal white paper, "Accidental Death and Disability: The Neglected Disease of Modern Society," led the way to modern pre-hospital health care.

"The 1966 white paper was a landmark paper that revolutionized our view of the possible and stimulated the birth of pre-hospital care," said Jane Brice, former president

continued on page 6



Cadmus, Robert and John Ketner. (1965). *Organizing Ambulance Services in the Public Interest*. Chapel Hill: University of North Carolina.



National Academy of Sciences and National Research Council Committee on Trauma; National Academy of Sciences and National Research Council Committee on Shock. (1966). *Accidental Death and Disability: The Neglected Disease of Modern Society*. Washington, D.C.: National Academies Press. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK222962/> doi: 10.17226/9978

The 1966 white paper remains relevant—part of what is post-modern EMS remains the care of victims of traumatic injury.

However, EMS has expanded well beyond the thoughts of the early writers. We are now focused more on illness and the unmet health needs of the community than on injury. While injury will remain an important part of what we do, we will need to look more broadly to the environment of the 21st century. The focus is not on “America’s highways”—it is on the entire country.

**SKIP KIRKWOOD, MS, JD, EMT-P, director, Durham County EMS
“The White Paper and the Future: Where to Now?” EMS World (Aug. 2, 2016)**

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of the National Association of EMS Physicians in a 2016 article for *EMS World*. Brice, a professor at UNC-Chapel Hill, worked as a paramedic for 16 years and was the first female president of NAEMSP.

The white paper brought the problem — and solutions — to the attention of lawmakers. The political stream was forming. In 1967, the political stream and the policy stream came together when the North Carolina State Legislature granted counties the right to limit the number of ambulances to be operated within the county and by any franchised ambulance operators. In HB159, it became state policy:

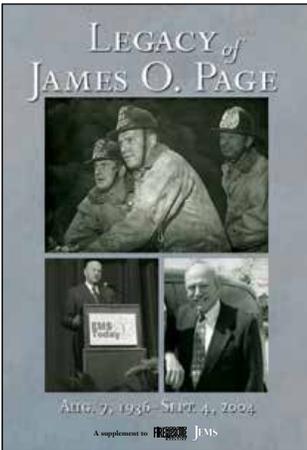
- That, to preserve, protect, and promote the public health, safety, and general welfare, adequate and continuing ambulance services should be available to every citizen of North Carolina.
- That uniform minimum standards of adequacy should be prescribed and enforced by and through appropriate State and local agencies to assure safe, sanitary, and competent ambulance services.
- That, insofar as it is economically feasible, ambulance services should be provided by private enterprise.
- That, upon the failure of private enterprise to provide adequate and continuing ambulance services in any county, the board of county commissioners of such county should be authorized to provide, or cause to be provided within said county, such services.

In 1971, according to an article in the *North Carolina Medical Journal* (vol. 68, no. 4, 2007) written by Drexdal Pratt, the chief of North Carolina Office of Emergency Medical Services from 1999 to 2010, N.C. Sen. F. O’Neil Jones sponsored SR827, authorizing a commission to study the problem of emergency care in North Carolina and to develop a system of providing comprehensive emergency medical care throughout the state with sufficient resources to save human lives and diminish the immeasurable emotional burden and vast economic losses of avoidable disability.

Based on the findings of the commission, the NCOEMS was established with its first chief — James Page, one of the creators of the TV show “Emergency!” Page assumed the role of chief of the NCOEMS on Dec. 19, 1973, but his tenure lasted only 14 months.

“Although not fully appreciated at the time, programs Jim launched in North Carolina would later become examples for the rest of the country,” A.J. Heightman, *JEMS* editor, said in a 2005 article in an editorial supplement to the *Journal of Emergency Medical Services* after Page died Sept. 4, 2004. “But when he would not back down on his push for EMT training and refused to allow oral examinations for EMT candidates who couldn’t read, he was forced to resign under political pressure.”

For Cary at least, having policy and politics come together wasn’t enough. The residents of the Town of Cary still needed a formal statement of the problem and a window of opportunity. ■



Legacy of James O. Page published by JEMS Communications, 2005
<https://d3at0mnwuyeh75.cloudfront.net/content/dam/jems/online-articles/2017/08/JamesPageLegacy-final.pdf>



Loy Helms accepts a lunchbox signed by TV’s “Emergency!” cast member Randolph Mantooth who played paramedic John Gage. The show ran from Jan. 15, 1972, for 122 episodes until May 28, 1977.

Accident, 45-minute wait provide opportunity for residents of Cary

Cary Boy Succumbs Following Accident

CARY — A four-year-old boy died early Thursday morning of injuries he suffered Wednesday afternoon when he was struck by a pickup truck while crossing a street near his home here.

Stephen David Lutz, son of Mr. and Mrs. Davie Eugene Lutz, died about 3:45 a.m. at Rex Hospital of head injuries and multiple fractures.

The driver of the pickup truck was Gregg Anthony Sanderson, 18, of Cary.

Cary Patrolman Delton R. Glover said the child was

struck as he attempted to cross Brookgreen Drive near his home after going across the street to get the family mail from a box.

Glover said the boy's mother was standing in the front yard waiting for him to return with the mail when the accident occurred about 1 p.m.

Glover said witnesses told him a mail truck was parked on the right side of the road headed west and the child darted from behind the mail truck into the immediate path of the other truck.

Sanderson was driving about 20 to 25 miles per hour at the time of the accident, Glover said. Glover said no charges were filed pending further investigation.

Funeral services will be held Saturday at 2 p.m. at the Memphis Funeral Home in Memphis, Tenn. The Rev. L. M. Woolweaver will officiate. Burial will be in Oak Forest Memorial Gardens at Memphis. Surviving in addition to his parents are: two sisters, Janet Lynn and Kathy Ann Lutz, both of the home; his paternal grandparents, Mr. and Mrs. A. M. Lutz; his maternal grandmother, Mrs. Laura Peagler; and his maternal great-grandparents, Mr. and Mrs. J. G. Brewer, all of Memphis.

Aug. 20, 1971, *Raleigh News & Observer*

Cary Child, 4, Dies; No Charges Expected

CARY — A four-year old Cary child died early this morning in Rex Hospital from injuries received Wednesday afternoon when he was struck by a pick-up truck in a West Cary subdivision.

Officer Delton R. Glover identified the child as Steve Lutz, son of Mr. and Mrs. David Lutz, of 907 Brookgreen Drive.

The child was struck as he attempted to cross the street

to get the family's mail, Glover said. The child's mother was standing in the front yard waiting for him to return with the mail, Glover said.

The truck is owned by Tweed Hall Furniture Co. of U. S. 1 near Cary, Glover said. The driver was identified as Gregg Anthony Sanderson, 18, of 104 Sanders St., Cary.

"A mail truck was parked on the right side of the road,

headed west. Sanderson was driving about 20 or 25 (m.p.h.), headed east and the child just darted from in front of the mail truck," Glover said.

The Lutz child received head injuries and multiple fractures, Glover said. He died about 3:45 a.m. today, at Rex Hospital spokesman said.

There "probably" will not be any charges in connection with the incident, Glover said.

BY BRADLEY WILSON

In the summer of 1971, so the story goes, a furniture truck hit a 4-year-old boy, who died in the street after waiting 45 minutes for an ambulance to respond from Raleigh.

Mike Legeros, by his own admission a fire buff and freelance historian, documented Fred Loy's memories of the EMS call that ultimately led to creation of the Cary Area Rescue Squad:

Beacon Ambulance received the call, from either Raleigh PD or Cary PD. Beacon #6 was dispatched, with Loy driving. They were dispatched from their base on New Bern Avenue. Route of travel was through town, and out the "three way" to Cary. They had no radio capability other than with their base, meaning no ability to communicate with Raleigh or Cary.

Since the dispatched address was a new subdivision, not on a map, he contacted Beacon base and requested they call Cary PD on the phone, and meet them along the "three way" and escort them to the accident scene. As they entered Cary, Officer Padgett met them, and took them toward the accident site.

About a mile or two into the escort, the Cary police car ran off the road and down a ravine. The Beacon unit stopped to get him out of the car, and he called for another police unit to escort. No police unit was available, so Cary Fire Chief Terry Edmondson met them at the next intersection, and escorted them.

Beacon transported the boy to the hospital. The response took 45 minutes. At the time of the incident, Beacon covered 90% of the county with four units, more often with only three, as did a few funeral homes.

In a March 14, 2001, interview, Jerry Adams, the first chief, recalled, "We started with absolutely nothing — with an idea. A child was hit by a truck. The child literally bled to death and no one knew what to do. Shortly after that, a girl was hit by a car and killed. We got to talking about it and how long it took an ambulance to get from Raleigh."

Or so the narrative continued.

As Edna Dickey said in a June 27, 2021, Facebook post, "I remember this day well. ... This happen(ed) one street over from where I lived. After that a group of volunteer firemen got together and said this town needs an ambulance service. ... And the journey began."

That call provided the impetus for starting the Cary Area Rescue Squad, but there's so much more to the story than that. Down through the five decades of the Squad's existence, the story was simplified,

revolving around a group of men (and it was all men at first) who had a passion for a new profession — pre-hospital health care — and a desire to help Cary's residents.

However, Adams said, "In Cary, you can't do anything halfway. It's never been anything but the best. There's nothing in this county or part of the state that could match it."

In fact, Adams said, that philosophy was at the heart of everything the group did.

"(We thought) unless we can do better than what they're doing, then we don't need to exist. We knew the people of the town would only support it if it were top-notch."

Arey Little, a Squad member, said, "Jerry was the person who took the bull by the horns and started making things roll."

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And, Adams confirmed, they wanted to be first and were in many regards.

The Cary Area Rescue Squad was, he said,

- first to have certified ambulance attendants: “Up to that point, there hadn’t been any standards.”;
- the first squad to have all of the staff members certified as ambulance attendants: “Our squad was 100% focused on emergency medicine.”;
- first to use individual pagers instead of a broadcast siren; and
- first volunteer rescue squad to pull duty from the building (cutting down on response times).

“There has never been a time in the 27 years since I left that Cary hasn’t been No. 1,” Adams said.

In those early days the squad members not only remained committed to being top-notch; they also remained committed to being independent.

One option was becoming part of the county fire department — YRAC (Cary spelled backward).

In fact, Adams said his first love was the fire service. But “there was no way we were going to be successful as second fiddle.”

“The very first thing we decided was that we would not be part of the first department,” he said. “YRAC was tax-funded. (It was) not in their charter to pursue anything but fire. Rescue would always take a back seat to firefighting.”

But the demands for certification, for running calls from the building and for being top-notch did put pressure on the members.

“We had a helluva turnover,” he said. “(Volunteers) had to commit to one of five days. Daytime was a sixth crew. It was a horrible experience trying to keep daytime crews.”

And it took a toll on him personally.

“I was working 70 hours a week,” Adams said. “My job suffered. My family suffered. Most of my time was spent fighting somebody about something.”

As Lu Little, a member of the Squad, said, “He ate, slept and drank it.”

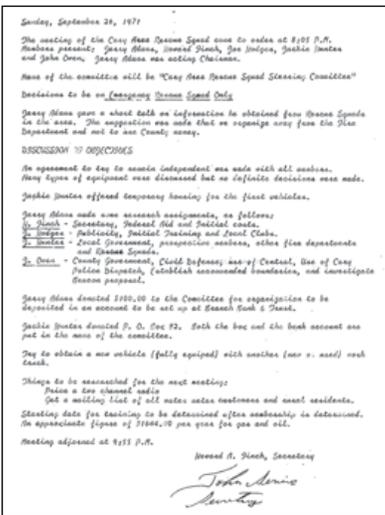
After a year, however, members acknowledged the benefits of working for the organization.

Billy Henderson, for example, said in a Dec. 13, 1972, article (publication uncertain), “I am interested in the welfare of Cary people, and that’s how I became interested in the Squad. There you can serve as a group in a way that you could not serve alone.”

North Carolina State Highway Patrol Sgt. Jeffrey Winstead, also a member of the Squad, said in the same article, “I am for it 100%. I get a great deal of self-satisfaction being able to be a part of it and help people in their time of crisis. It’s a good feeling to belong to a group of dedicated people such as the rescue squad.” ■



Fred Loy



Minutes of the Cary Area Rescue Squad Steering Committee, Sept. 26, 1971
Members present: Jerry Adams, acting chair, Howard Finch, Jackie Hunter, John Owen.

1958

Wake County Board of Commissioners approves redefining and renaming of “Cary Rural Fire District” to “Yrac Rural Fire District.” (Legeros, “YRAC Fire Department (1961-1998)”) Mike Legeros (2003) wrote in his “Raleigh & Wake County Firefighting [Volume I]”: “In 1961, the Cary Fire Department became two fire departments: one operated by the town and another run by rural residents who rejected the town’s proposed fees for fire protection. The newly created district was named YRAC, which later became the name of the fire department.”

OCT. 14, 1971, TOWN OF CARY TOWN COUNCIL MINUTES

As a second special order of business, Mayor Bond recognized Mr. Jerry Adams who advised the Council that he and others were interested in the formation of a Cary area rescue squad. He indicated that a nonprofit corporation would be organized to provide and maintain necessary equipment and to provide assistance to the public for emergencies involving injury and rescue from perils. He indicated that a total of \$40,000 would be needed to get this operation underway and asked the Council to provide assistance in making available land, the use of police communications, and such financial assistance as might be possible. Mayor Bond and the entire council thanked Mr. Adams and his group for undertaking this effort and advised the Town Council would endorse this program in its entirety and would render all possible assistance.

To The Editor

On North Academy Street there is an old house which has been painstakingly transformed from an abandoned and condemned residence into a bright, clean functional facility. A garage has been added, lighting, windows replaced, floors mended and scrubbed and walls painted. The paint was donated and the labor all unpaid volunteers. The facility now is the headquarters of the Cary Area Rescue Squad.

With the same energy and enthusiasm that transformed the oldhouse into a new life, these volunteers are training every week in rescue, safety, lifesaving and emergency medical care techniques to enable them to perhaps save the life of one of their neighbors. They have already answered several calls for assistance ranging from serious auto accidents to

heart attacks and done a remarkable job for a squad in its operational infancy.

They have had training by experts in rescue and lifesaving. They have attended schools sponsored by the state. Virtually all of its active membership have been certified by the state board of health as qualified ambulance attendants. Remarkable when you consider that not that many of the state's rescue squads have all members so certified -- some do not have any. All of this training and effort has been at great personal sacrifice in time and money. None of these people are paid one dime for their rescue work. While they give up many hours away from their families and other interests, their only reward is in knowing that they have helped relieve suffering and perhaps saved a life.

With a new ambulance in service as well equipped as any in the state,

and with plans for a combination rescue and ambulance unit underway, they are one of the most progressive squads in the state and certainly in the area.

Some people are under the misapprehension that the City pays these men or that they have some state support. This is simply not true. Other than matching funds on vehicles and the generosity of the City in providing quarters, the entire operation must be supported by donations from concerned citizens if it is to provide the service as it is and will continue to do. I urge every citizen to go by the headquarters and see first hand the job these men have done. They are your neighbors, men from all areas of the community. See the facilities and equipment and leave a check that will enable them to continue this vital service.

Yours very truly,
H. Lee Gupton

Behind the Scenes



Ivan Dickey, Edna Dickey, North Carolina Commissioner of Agriculture Jim Graham, Bill Stevenson

In an undated (circa 1972) letter to the editor, Lee Gupton said, "I urge every citizen to go by and see first hand the job these men have done. They are your neighbors, men from all areas of the community. See the facilities and equipment and leave a check that will enable them to continue this vital service."



North Carolina Commissioner of Agriculture Jim Graham, Ruth McPherson, Rick Whitcomb, Dave Reese

SEPT. 26, 1971, CARY AREA RESCUE SQUAD STEERING COMMITTEE

The suggestion was made that we organize away from the fire department and not to use county money. An agreement to try to remain independent was made with all members

DEC. 12, 1971, CARY RESCUE SQUAD MINUTES

The meeting opened with a talk from Mayor Fred Bond of the Town of Cary concerning the town's need for an ambulance service. Mayor Bond stated, 'The town has no intent and no desire to control the Rescue Squad in any way.' He also expressed a great belief in the Squad's future and said that the town is going to be pushing us on and wanted to help in any way possible. Mayor Bond also stated that the town is unable to support an ambulance, however, if the town could obtain the equipment more easily, they would be glad to lease it to us with no governing restrictions.

SEPT. 11, 1972, CARY RESCUE SQUAD BOARD

The Cary Area Rescue Squad held its regular meeting, Monday Sept. 11, 1972 at 7:30 p.m., Chief W. J. Adams presiding. After much discussion the Squad voted unanimously to have members on duty Monday thru Thursday from 6 -11 p.m., then go home or sleep at the building at your on discretion, Members also voted unanimously to provide 24-hour coverage at the building from 6 p.m., Friday thru 11 p.m., Sunday and the members at the building, exclusive of the ones on duty, have priority answering calls.

SEPT. 25, 1972, CARY RESCUE SQUAD BOARD

Tom Brown stated that uniforms should be worn if the member is on duty, and the group that is on call for the week should be responsible for cleaning up after meetings, Chief Adams added that the group on duty was also responsible for keeping the ambulance and building in a clean condition. Adams stated the squad was begun one year ago and since this time we have accumulated 5,000 hours of work and training. It was also noted the kitchen in nearing completion. ... The squad is missing one new yellow rain coat and one pair of scissors.

SEPT. 25, 1972, CARY AREA RESCUE SQUAD REGULAR MEETING

Adams stated the Squad was begun one year ago and since that time we have accumulated 5,000 hours of work and training.

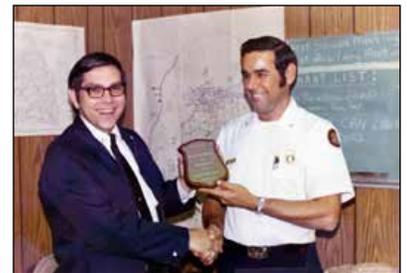
DEC. 13, 1972, THE CARY NEWS, "CARY AREA RESCUE SQUAD EVALUATES YEAR'S PROGRESS"

"Cary Area Rescue Squad after one year of existence has reached some of the goals cited at its organization meeting in October 1971," the article with no byline began. But it wasn't until the final three paragraphs that the authors made reference to why the organization was formed.

"Jeffery Winstead is an officer of the Cary Police Department. A charter member of the Rescue Squad, he said that in his type of work as a police officer and in his former association with the fire department, he saw the great need for a local ambulance in this community. The long wait for out of town emergency assistance is no longer necessary since Cary has a rescue squad."



Walter Powell, Mayor Fred Bond



Jerry Adams, Cary Fire Chief Terry Edmondson



"Volunteers Dedicated to Serve"

Emergency Telephone 467-6101

Service to the community, for mankind

HISTORY

Chartered in October, 1971, the Cary Area Rescue Squad, Inc., is a volunteer, non-profit organization organized to provide Emergency ambulance and rescue service to Cary and neighboring areas of Wake County.

The volunteers who form the ranks of the Rescue Squad have been carefully selected for their abilities, character, and professional approach to the service of our community. Our Rescue Squad is governed by a board of directors elected from its membership and is supported by an advisory board of leaders from the government, medical and business sectors of the Cary Community. These efforts combine to assure the community of the highest standards of service and conduct in an emergency service operation that are possible.

Now an operational rescue unit, the Squad has 24 members currently certified as ambulance attendants by the State Board of Health. These emergency personnel respond with two fully equipped ambulances including one which is equipped for rescue and extrication as well as emergency cardiac resuscitation. Both are equipped with two-way radio equipment and other special rescue and emergency facilities.

From the time our Squad first became operational in August of 1972, through May 15, 1973, the Rescue Squad has answered a total of 209 emergency alarms. These include 42 automobile accidents, 2 involving trains, 8 where a pedestrian was struck by a vehicle, and 28 other accident calls including house accidents, 36 were calls for sudden illness, 30 heart attack calls, 13 for stroke and 13 for psychiatric patient assistance, 12 drug overdose cases, 2 poisonings, and 4 O.B. or impending childbirth cases were assisted. 15 calls fell into a miscellaneous category and there were four false alarms. One-Hundred and Sixty Three of these persons were transported to area hospitals while 46 did not require transportation.

FACT SHEET

1. The Cary Rescue Squad is composed of volunteers, THEY RECEIVE NO MONETARY COMPENSATION FOR THEIR WORK.
2. All Rescue Squad members receive extensive training in Emergency First Aid, Cardio-pulmonary resuscitation, Rescue and extrication, and other special training. Members have spent more than three thousand hours thus far in attending regular in-service training, schools and seminars conducted by other agencies, and in the local hospitals. This training is complete and is continually revised and updated.
3. No squad member is allowed to respond in a rescue unit until he is fully certified by the State Board of Health as an Ambulance attendant.
4. The average response time of our Rescue Squad to emergency calls is 4 minutes; i.e. our rescue squad is at the scene of rescue within an average of 4 minutes from the time they receive a call. NO OTHER EMERGENCY RESCUE SERVICE AND FIRST AID IS AVAILABLE TO US IN LESS THAN APPROX. 20 MINUTES-OR LONGER!!!!
5. Commercial Rescue service costs approx. \$75,000.00 per year per vehicle. Thus far our volunteer Rescue Squad has received an income of only \$27,313.78 in donations. From this amount of money our Rescue Squad has provided our community with the services of two rescue vehicles and has acquired accumulated assets of approximately \$61,100.00. To do so much with only \$27,313.78 is indeed commendable.
6. Within 12 months our Rescue Squad must have new facilities to house its equipment. Its present quarters belong to the town of Cary and must be demolished in order to accommodate a new Town Hall.
7. Rescue Service costs money, even though our Rescue Squad is donating its time and individual service free of charge. Anticipated operational, equipment, and facilities expenses for the coming year are estimated to be \$38,600.00.
8. Support must come from private individuals. Our Rescue Squad is not subsidized or substantially supported by any other means.
9. If we are to continue to receive vital Emergency Rescue Service and First Aid, then we must support our Rescue Squad on a continuing basis, and starting now! Without funds for operation, we might very well lose our Squad this year.
10. Time is critical, not only to victims of emergencies, but also to our Rescue Squad. Your contribution today could very well help our Cary Area Rescue Squad to answer your call for help tomorrow.

MAY 1973 BROCHURE

"The average response time of our Rescue Squad to emergency calls is four minutes; i.e. our rescue squad is at the scene of rescue within an average of four minutes from the time they receive a call. NO OTHER EMERGENCY RESCUE SERVICE AND FIRST AID IS AVAILABLE TO US IN LESS THAN APPROX. 20 MINUTES - OR LONGER!!!!"

10 • CARY AREA EMS: 50 YEARS OF SERVICE

North Carolina State Board of Health



Ambulance Service Operation Permit

This is to certify that CARY AREA RESCUE SQUAD, INC.

has met all requirements set forth by the North Carolina State Board of Health in accordance with the General Statutes of North Carolina and is authorized to operate Ambulance Services.

Jacob Koomen M.D., M.P.H.

STATE HEALTH DIRECTOR

Date August 16 19 72

By *Benjamin S. Shepard* R.S.
Emergency Medical Services

The Cary Area Rescue Squad received its operation permit on Aug. 16, 1972.

FEB. 9, 1973, THE RALEIGH TIMES, "NEW AMBULANCE NOT IDLE LONG"

Eighteen months ago, "It's a fact it was 30 minutes before an ambulance was there" when a child of one of Jerry Adams' co-workers was hit by a truck.

Since then, Cary has joined four other Wake towns, remote from hospitals that no longer depend on commercial ambulance service from Raleigh or local funeral homes to boast its own rescue squad.

APRIL 2, 1973, CARY EMS

First uniform: A motion was made by Bullock that a seal designed by him be adopted as the squad seal. Servis seconded the motion and it carried 18 for 1 against.

1976, THE CARY NEWS, "WANTED \$40,000: CARY AREA RESCUE SQUAD SEEKING CONTRIBUTIONS FROM CITIZENS"

The squad was organized in 1971 after concerned citizens saw the need for an emergency service in Cary. "A boy was hit by a car in Cary several years ago," (Chief John) Owen said. "It took the ambulance 30 minutes to get to the accident. The boy was dead by that time. This experience shocked many people, and the need for a local rescue squad was realized."

1992, BROCHURE

Eddie Wimberly, chief: "In 1971, a small group of foresighted individuals saw the need to provide a faster and more reliable emergency medical service for the community. At that time, a used ambulance and a condemned building served as the foundation for these dedicated individuals."

Later in that same brochure: "Cary area residents do not have to worry whether an ambulance will arrive quickly when a call for help is made. But, that wasn't always the case.

"Twenty-one years ago - before the Cary Area Rescue Squad was formed - the amount of time it took for emergency care from Raleigh to reach om citizens was a constant concern.

"The residents who formed our local rescue squad in 1971 wanted to ensure reliable and timely emergency care for everyone in the area. Through their dedication and support from the public, concern about emergency health care faded away."

2020, CARY EMS WEBSITE

Cary Rescue Squad was formed because in the summer of 1971 a 4-year-old boy was struck by a furniture truck and died in the street after waiting 45 minutes for an ambulance to respond from Raleigh.

CHAPTER 343 • HOUSE BILL 159
An Act To Assure Adequate and Continuing Ambulance Services to the Citizens of North Carolina.

Sec. 5. Section 153-9 of the North Carolina General Statutes is hereby amended by adding the following subsection to be designated as subsection (58) and to read as follows:

(58) (a) Upon finding as a fact, after notice and public hearing, that exercise of the powers enumerated below is necessary to assure the provision of adequate and continuing ambulance services and that exercise of the powers enumerated below are necessary to preserve, protect and promote the public health, safety and general welfare (sic), boards of county commissioners within their respective counties are hereby granted powers to:

- (1) Enact an ordinance making it unlawful to provide ambulance services or to operate ambulances without having been granted a franchise to do so;
(2) Grant franchises to ambulance operators, based within or without the county; "provided, that any ambulance operator providing ambulance services in any county upon the date of ratification of this Act and who continues to provide such services up to and including the effective date of any ordinance adopted pursuant to this subsection, and who submits to the board of commissioners of any such county evidence satisfactory to the board of such continuing service, shall be entitled to a franchise to serve at least that part of said county in which such service has been continuously provided, and the board of commissioners of any such county shall, upon finding that all other requirements of this Act are met, grant such franchise;
(3) Limit the number of ambulances to be operated within the county, and by any operator;
(4) Determine and prescribe areas of franchised service within the county;
(5) Fix and change from time to time reasonable charges for franchised ambulance services;
(6) Set minimum limits of liability insurance coverage for ambulances;
(7) Contract with franchised ambulance operators for transportation to be rendered upon call of a county or municipal agency or department and for transportation of bona fide indigents or persons certified by the county welfare authorities to be public assistance recipients;
(8) Establish other necessary regulations not inconsistent with statutes or regulations of the State Board of Health relating to ambulance service.

In addition to the powers set forth above, the board of commissioners of any county or any portion thereof is hereby authorized to provide, or cause to be provided, ambulance service and shall have the power to own, operate and maintain ambulances, to provide and to make reasonable charges for ambulance services, or to contract with any public or private agency, person, firm, corporation or association, including public and private hospitals, for the rendering of ambulance services.

Available online at https://www.ncleg.net/EnactedLegislation/SessionLaws/HTML/1967-1968/SL1967-343.html

ARTICLES OF INCORPORATION OF CARY AREA RESCUE SQUAD, INC.

(A Nonprofit Corporation)

We, the undersigned natural persons of legal age, do hereby associate ourselves into a nonprofit corporation under the laws of the State of North Carolina, as contained in Chapter 55-A of the General Statutes of North Carolina, entitled "Non-Profit Corporation Act," and the several amendments thereto, and to that end do hereby set forth:

I. NAME

The name of the corporation is Cary Area Rescue Squad, Inc.

II. PERIOD OF DURATION

The period of duration of the corporation shall be perpetual.

III. PURPOSES

The purposes for which the corporation is organized are:

- a. To organize, perform, promote and carry out a rescue service for the preservation of human life and the transportation of accident and other victims to medical centers.
- b. To rescue persons and property from the peril of accidents and other catastrophes: to administer first aid and other services for the preservation of human life and protection of property in times of emergency.
- c. To organize, promote, teach, and administer first aid, and promote first aid and safety programs in the Town of Cary and its environs.
- d. To purchase, own, hold, rent, lease, mortgage, sell, convey, and otherwise lawfully acquire, hold, and dispose of real and personal property, or any interest therein, as may be necessary or more convenient to carry out the objects and purposes of the corporation.
- e. To purchase, lease, construct, or otherwise acquire, for cash or on terms of credit, real estate and improvements thereon, in the Town of Cary or elsewhere in the State of North Carolina.
- f. To do all and everything necessary, suitable, and proper for the accomplishment of any of the purposes or the attainment of any of the objects or the furtherance of any of the powers hereinbefore set forth, either alone or in association with other corporations, firms, or individuals, and to do every other act or acts, thing or things, incidental or appurtenant to or growing out of or connected with the aforesaid objects or purposes, or any part or parts thereof, provided the same be not inconsistent with the laws under which this corporation is organized.
- g. The general objects and powers specified in these Articles of Incorporation shall not be limited by or be dependent upon the terms of any other clause in any other part of these Articles, but the objects and powers specified in each of the clauses of these Articles of Incorporation shall be regarded as independent and separate purposes and powers of the corporation.

FILED
NOV 21 2021
CARY AREA RESCUE SQUAD, INC.
A NON-PROFIT CORPORATION
IN NORTH CAROLINA

We, the undersigned natural persons of legal age, do hereby associate ourselves into a nonprofit corporation under the laws of the State of North Carolina, as contained in Chapter 55-A of the General Statutes of North Carolina, entitled "Non-Profit Corporation Act," and the several amendments thereto, and to that end do hereby set forth:

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minutes and shall be governed by a board of directors. The board of directors shall have full power and authority as to the management of the corporation, subject to the authority specifically prohibited by the bylaws.

(5) Directors of the corporation shall be elected in the following manner: After the term of the initial board of directors has been completed as provided hereinafter, the names of directors and their terms of office shall be as provided by the bylaws.

91

OFFICE AND REGISTERED OFFICE

The address of the initial registered office of the corporation is at 204 Meadow Drive, Cary, Wake County, North Carolina, and the initial registered agent of the corporation at such address is W. Jerry Adams.

92

INITIAL BOARD OF DIRECTORS

The number of directors constituting the initial board of directors shall be three in number, and the permanent board of directors shall be at least three, as shall be determined by the bylaws of the corporation; the names and addresses of the persons who are to serve as directors until the first annual meeting of the corporation or until their successors are duly elected and qualified are:

NAME ADDRESS

W. Jerry Adams 204 Meadow Drive, Cary, N.C. 27511
 Howard Alan Finch, Jr. 1308 Doylin Drive, Cary, N.C. 27511
 John Pullen Hunter, Jr. 310 S. Walker Street, Cary, N.C. 27511

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ARTICLE IV

The names and addresses of the incorporators of this corporation are:

NAME ADDRESS

W. Jerry Adams 204 Meadow Drive, Cary, Wake County, N.C. 27511
 Howard Alan Finch, Jr. 1308 Doylin Drive, Cary, Wake County, N.C. 27511
 John Pullen Hunter, Jr. 310 S. Walker St., Cary, Wake County, N.C. 27511

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ARTICLE V

No part of the assets of the corporation shall be distributed to its directors or any officer or officer of the corporation in any manner or by any individual member, reasonable compensation may be paid for services rendered to or for the corporation in the course of its business.

In the event of dissolution, no director or officer of the corporation or any private individual shall be entitled to share in the distribution of the assets of the corporation but such assets shall be divided, transferred, delivered and conveyed to the directors to be or those organizations engaged in similar activities that have qualified under section 501 (c) (3) in the respective provisions of the Internal Revenue Code and have filed Form 990 under Chapter 135, Sections 135 and 136 of the Internal Revenue Code.

IN WITNESS WHEREOF, we have hereunto set our hands and seals this 14th day of October, 1971.

W. Jerry Adams (SEAL)
 Howard Alan Finch, Jr. (SEAL)
 John Pullen Hunter, Jr. (SEAL)
 Cary, North Carolina

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STATE OF NORTH CAROLINA
WAKE COUNTY

THIS is to certify that on the 14th day of October, 1971, before me, a Notary Public, personally appeared W. Jerry Adams, Howard Alan Finch, Jr. and John Pullen Hunter, Jr. who I am satisfied are the persons named in and who executed the foregoing articles of incorporation, and I having first been sworn to take the oaths and duties of my office as a Notary Public, I have executed and my hand and official seal, this 14th day of October, 1971.

Notary Public
 My Commission Expires: 10-15-76

IV. MEMBERSHIP

Participation in the affairs of this corporation shall be by membership herein subject to the following rules and regulations:

- a. The corporation shall have three classes of membership: (1) active members; (2) advisory members; and (3) honorary members.
- b. Bylaws governing the admission of members, the amount of initiation fee and periodic dues, and rules and regulations to be observed, the qualifications for voting, the resignation or expulsion of members, the election, powers and duties of officers and a general governing body, and all other matters and things usually and legally contained in corporation Bylaws may from time to time be adopted, amended or repealed pursuant to the provisions in said bylaws.
- c. At all meetings of the membership each member entitled to vote under the bylaws then in force may cast one vote. No cumulative voting shall be allowed.
- d. No member who has died, resigned or been expelled shall thereafter have any interest or claim upon the property or the assets of the corporation, except as so provided in the bylaws.
- e. Donations from the funds of the corporation may from time to time be made under such regulations as the bylaws may prescribe to any religious, educational, charitable or civic organization or purpose, but no dividends shall be declared or paid to the members at any time.

V. DIRECTORS

- a. This corporation shall be a benevolent nonprofit non-stock corporation and shall be governed by a Board of Directors. Said Board of Directors shall have full power and authority as is by law provided except wherein such power or authority is specifically prohibited by the bylaws.
- b. Directors of the corporation shall be elected in the following manner: After the term of the initial Board of Directors has been completed and provided hereinafter, the number of Directors and their terms of office shall be as provided by the bylaws.

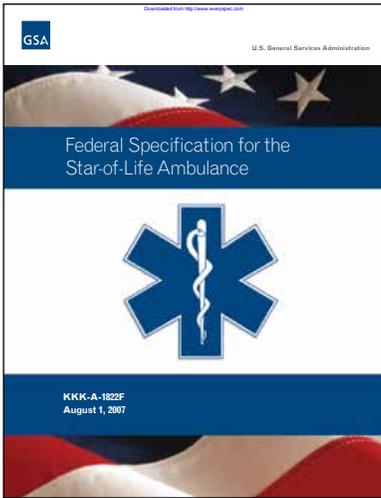
VI. OFFICE AND REGISTERED AGENT

The address of the initial registered office of the corporation is at 204 Meadow Drive, Cary, Wake County, North Carolina, and the initial registered agent of the corporation at such address is W. Jerry Adams.

VII. INITIAL BOARD OF DIRECTORS

The number of Directors constituting the initial Board of Directors shall be three in number, and the permanent Board of Directors shall be at least three, as shall be determined by the bylaws of the corporation the names and addresses of the persons who are to serve as Directors until the first annual meeting of the corporation or until their successors are duly elected and qualified are,

Name	Address
W. Jerry Adams	204 Meadow Drive, Cary, N.C. 27511
Howard Alan Finch, Jr.	1308 Doylin Drive, Cary, N.C. 27511
John Pullen Hunter, Jr.	310 S. Walker Street, Cary, N.C. 27511



Federal Specification for the Star-of-Life Ambulance published by the General Services Administration, Aug. 1, 2007.

WHY ORANGE?

There is a long history in the fire service of using red vehicles. While there are theories, the reason for this practice is not known.

In 1972, draft federal specifications suggested a primarily white body with an Omaha Orange stripe for ambulances, although there was no scientific evidence for this decision.

By 1974, the General Services Administration, at the request of the Department of Transportation, published the first federal specification for Star-of-Life Ambulances, KKK-A-1822, also known as K-Specs. These continue in use today.

3.16 PAINTING, COLOR, AND MARKINGS.

3.16.2 COLOR, PAINT, AND FINISH.

The exterior color of the ambulance shall be gloss white in combination with a solid uninterrupted orange stripe and blue lettering and emblems. The orange stripe shall be reflective tape.

3.16.4 REFLECTIVE EMBLEMS AND MARKINGS.

.... The orange and blue markings shall be as specified Orange and Blue in American National Standard Z535.1, Safety Color Code.

SOURCE: Solomon SS. Ambulance Accident Avoidance. Emergency, Jan 1985:34-35, 44.



Arey Little, Trip Johnson and Mary Beth Auld work with a patient.

VII. INCORPORATIONS

The names and addresses of the incorporators of this corporation are:

<i>Name</i>	<i>Address</i>
W. Jerry Adams	204 Meadow Drive, Cary, N.C. 27511
Howard Alan Finch, Jr.	1308 Doylin Drive, Cary, N.C. 27511
John Pullen Hunter, Jr.	310 S. Walker Street, Cary, N.C. 27511

IX. DISSOLUTION

No part of the assets or income of the corporation shall be distributed to or inure to the benefit of any director or officer of the corporation or any member or private individual; however, reasonable compensation may be paid for services rendered to or for the corporation affecting one or more of its purposes.

In the event of dissolution, no director or officer of the corporation or any private individual shall be entitled to share in the distribution of the assets of the corporation but such assets shall be donated, transferred, delivered and conveyed by the directors to one or more organizations engaged in similar activity that have qualified under section 501(c)(3) or corresponding provisions of the Internal Revenue Code and have qualified under Chapter 105, Sections 125 and 138 of the General Statutes of North Carolina.

IN TESTIMONY WHEREOF, we have hereunto set our hands and seal this 25th day of October, 1971.

Jerry Adams
Howard Finch, Jr.
John Pullen Hunter, Jr.

PAGE 18... THE CARY NEWS, CARY, N.C., WEDNESDAY, MAY 30, 1973

**Your Life Could Depend On These Men!
Can They Depend On You ?**

THE CARY AREA RESCUE SQUAD NEEDS YOUR FINANCIAL SUPPORT TO CONTINUE OPERATING. THE DEDICATION AND TRAINING OF THESE MEN IS TOO VITAL TO OUR COMMUNITY TO LOSE. JUNE 3-10 HAS BEEN PROCLAIMED CARY AREA RESCUE SQUAD APPRECIATION WEEK. EVERY FAMILY IN CARY AND THE SURROUNDING AREA SERVED BY THE RESCUE SQUAD WILL BE ASKED TO MAKE A PLEDGE OF \$15 PER YEAR TO SUPPORT THE SQUAD. THIS IS A SMALL PRICE TO PAY FOR A SERVICE THAT NONE OF US CAN AFFORD TO BE WITHOUT. WHEN SOMEONE KNOCKS ON YOUR DOOR, PLEASE BE WILLING TO HELP.

THANK YOU

Jerry Adams
Chief

David Weaver
Assistant Chief

John Owen
Lieutenant

John Servis
Lieutenant

Sam Brown
Lieutenant

Date _____

I / or We Agree To Pledge In The Amount Of \$ _____

Annually To The Cary Area Rescue Squad.

Name _____

Address _____

This Page Courtesy
— Of —

Roses South Hills Shopping Center 126 E. Chatham	Pete's Hardware Cary	Mayfair Plaza Service 967-7878	Carroll's Exxon Service Station South Hills	Cary T.V. Clinic 125 W. Chatham St., Cary	Jean's Flowers 518 Street, Cary
Johnson's Jewelers 126 E. Chatham	Mitchell's Pharmacy 120 E. Chatham	Hobby's Supply Co., Inc. 108 E. Chatham St.	Rowland Construction Co. 560 E. Chatham St., Cary	Mark Anthony Hair's/Beauty 1231 Bach Lane RD.	Kerr Drug South Hills
Olmsted Paint & Wallpaper Cortsville Ga.	South Hills Sunoco Serv. 1501 Bach Lane Rd. 467-9637	United Electric Co. 298 Gray St. 467-1566	Mac Nairs Country Acres 851-8323 or 851-3113	Cary Egg Market 144 W. Chatham 467-5515	Fairmont Foods Cary

PICTURE NOT AVAILABLE: Bill Wood

In 2009, the Federal Emergency Management Agency (FEMA) assessed the requirements for color coding and marking emergency vehicles.

"Fluorescent Colors - The specific color choice may or may not be important with respect to fluorescents, depending on background characteristics. Studies indicate that fluorescent yellow was best detected and fluorescent orange was best recognized against a number of backgrounds. A recent study of traffic safety garments showed no statistical difference in the daytime conspicuity of fluorescent red-orange and fluorescent yellow-green, although fluorescent yellow-green produced a significantly higher luminance value, compared to the background, than the fluorescent red-orange."

SOURCE: FEMA, (2009) "Emergency Vehicle Visibility and Conspicuity Study," FA-323.



2007 Wheeled Coach MAV Type III. Photo by Seth Granville

YELLOW-GREEN

Since then there has not been consensus in the U.S. regarding best color for EMS vehicles, and individuality, choice and system marketing has led to great variation in vehicle color and exterior design. With that said, the yellow-green spectrum is most visible to the human eye, and this color is recommended for safety vests to increase visibility of providers along roadways. The majority of published information has favored the lime green color for maximum ambulance visibility also.

SOURCES: Saly 1980; Solomon 1984, 1985, 1990, 1991; DeLorenzo and Eilers, 1991)

May 30, 1973, *The Cary News*

YOUR LIFE COULD DEPEND ON THESE MEN! CAN THEY DEPEND ON YOU?

The Cary Area Rescue Squad needs your financial support to continue operating. The dedication and training of these men is too vital to our community to lose. June 3-10 has been proclaimed Cary Area Rescue Squad Appreciation Week. Every family in Cary and surrounding area served by the Rescue Squad will be asked to make a pledge of \$15 per year to support the Squad. This is a small price to pay for a service that none of us can afford to be without. When someone knocks on your door, please be willing to help out.

Featuring Jerry Adams, chief; David Weaver, assistant chief; John Owen, lieutenant; John Servis, lieutenant; Tom Brown, lieutenant

And Frank Cook, Jim Bullock, Charles Dixon, Bill Edwards, Billy Henderson, Tim Henderson, Arey Little, Lee Sullivan, Norman Williams, Jeff Winstead, Lee Gupton, George Heckman, Charles Lloyd, Walter Powell, Benny Ridout, Joe Salotti, Tommy Stone, Ken Scarborough, Bill Wood

Uniform: Squad adopts Class A standard at first



The Class A uniform was standard in the early years for everything.



Chief Steve Cohen and Wade White pose with White's American Legion award.



Thea Haggist, Brian Adams, John Barile, Mike Prevatte, Marion Houle, Jacob Schlieman, Doug Alumbaugh, Amber Werner

AUG 22, 2005, STAFF MEETING

Marion: Class A uniform discussion. Marion would like to get some Class A's for staff to use for speeches, funerals, classes, etc.

SEPT. 26, 2005, STAFF MEETING

Marion: It will cost about \$500 per person for Class A uniforms. Everyone will get a Class A & Class B uniform.

MAY 22, 2006, STAFF MEETING

Marion: Thanks to all who brought their Class-A uniform coats today. If you did not bring it today, bring it by before the end of the month to have the shoulder patches put on. If you know that your 5 or 10 year anniversary date has come up since you got your coat, let Marion know.

Minutes of the CARY AREA RESCUE SQUAD

Monday, April 2, 1973

MOTION: Salotti made the following motion which was seconded by Little; The present uniform regulations be amended to include the following specifications of the uniform to be worn by the Squad Members.

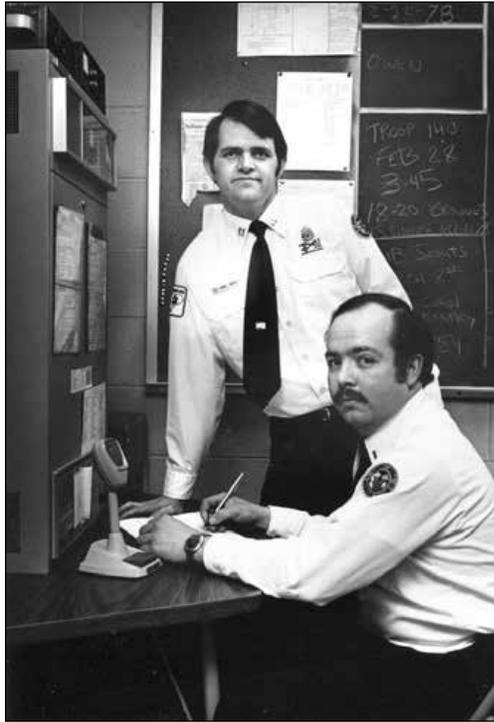
- A. The Class A uniform being the uniform to be worn to all Squad functions that are of a business or social nature. It is to be worn to all functions outside the Squad where a member represents the Squad or Rescue business. It is to be worn when on duty except where a call warrants a Class B uniform (later defined). The Class A Uniform is defined as follows:
 1. Trousers, Navy blue, without cuff.
 2. Belt, black, conservative buckle, silver in color for member, brass or gold in color for officers.
 3. Shirt, white dress or white uniform, plain (no tabs or stripes), plain collar (no button downs). Present on the shirt will be:
 - a. Patch, N.C. Rescue Association – right sleeve, centered 2 inches from shoulder seam.
 - b. Patch, highest qualified first aid education or option patch current to squad approval – left sleeve, centered 2 inches from shoulder seam.
 - c. Patch, Emergency First Aid – centered over left pocket, 1/4 inch above top edge of pocket.
 - d. Badge, member or officer – 1/8 inch above Emergency First Aid patch and centered.
 - e. Name bar, small – centered over right pocket 1/4 inch above top edge of pocket or centered on right breast, bottom edge of bar in line with bottom edge of Emergency First Aid Patch.
 - f. Officers bar – to be worn on shirt, centered between neck seam and collar tip, in line and 1/4 inch in from front or inside edge.
 4. Tie, Navy blue, regular width, to be worn with Rescue tie tack.
 5. Socks, Navy blue, solid in color.
 6. Footwear, black shoes or black boots with recommendation of safety type.
 7. Jacket, Navy blue, windbreaker or golf jacket style. All patches and bar to be positioned as specified on the shirt or centered and aligned to correspond there to be worn as weather requires.
 8. In Class A uniform, the squad member will have on his person the following:
 - a. one writing pen
 - b. one penlight
 - c. one pair bandage scissors
 - d. Squad ID
 - e. Squad call cards (minimum of five)
- B. The Class B uniform being the uniform to be worn to all squad training and classes. It is to be worn to any call classified as rescue in lieu of or with the Class A uniform. The Class B uniform is defined as follows:
 1. Coveralls, white. Present on the coveralls will be:
 - a. Patch, Emergency First Aid – centered over left pocket, 1/4 inch above top edge of pocket
 - b. Patch, N.C. Rescue Assoc. – right sleeve, centered 2 inches from shoulder seam
 - c. Patch, highest qualified First Aid Education or optional patch current to squad approval – left sleeve, centered, 2 inches from shoulder seam
 - d. Across upper back and centered in black letters, read "CARY AREA RESCUE SQUAD"
 2. Footwear, black shoes or black boots with recommendation of safety type.
 3. In Class B uniform, the squad member will have access to or possession of or personal items of Class A uniform plus:
 - a. Gloves, leather, pliable
 - b. Hard hat, safety type

AMENDMENT: David Weaver made an amended motion that we accept Salotti's motion with the exception of black for blue. Salotti did not accept the amendment. Servis made a substitute motion that:

1. Pants will be dark blue or black without cuffs.
2. Shirts will be plain white dress shirts with patches appointed in previously approved manner
3. Tie will be plain solid blue or black corresponding with the pants.
4. Shoes will be black or dark brown. Belts will be black or dark brown respectively with shoes.
5. Socks will be plain solid color to match pants.

Powell seconded the motion and it carried 11 for and three against.

AMENDMENT: Powell made a motion that we change the color of pants to black. Henderson seconded the motion and it carried 12 to seven.



John Owen and Jim Waters in the new building at 107 Medcon.

Volunteers in the communications room in May 1975 including Benny Ridout, Bruce Walton, Thomas Babb, (seated) Stephen Acai. In a Jan. 21, 2017 Facebook post, Michael Hodgson says, "Motorola 'Compa-Station' with a Motorola 'Fire Fighter' monitor on the top left and a Regency TMR-8 VHF Hi/Lo scanner to the right. Also note the Motorola Modem paging encoder to the left of the base." Photo courtesy Stephen Acai.



It was a young group with plenty of enthusiasm

BY JOHN OWEN, JULY 1984

Prior to the formation of the Cary Area Rescue Squad, the Emergency Medical Service available to the area was provided by Beacon Ambulance Service, a private, for-profit operation. Response time for their services was about 30 minutes on average.

A few people had talked about forming a rescue squad or adding the service to one of the fire departments, but no firm steps had been taken toward making it operational. In the summer of 1971, a child was hit by a truck on Plantation Drive. The Beacon Ambulance responding was met by a police car at East Chatham Street and Maynard Road. While leading the ambulance to Plantation Drive, the police car wrecked (on Maynard Road just south of McSwain's Trailer Park), and the ambulance continued on, not knowing the area at all. The ambulance arrived at the scene over 30 minutes after being dispatched. It was in the middle of the afternoon, not during rush hour. Needless to say, the child hemorrhaged to death in the middle of the street.

For those who had talked about a rescue squad and others, the incident involving the

child was the last straw. There was definitely a need for Emergency Medical Service with a reasonable response time. Interested residents formed a committee, and things began to take shape. In October of 1971, the Cary Area Rescue Squad became official. It was registered with the North Carolina secretary of state as a nonprofit organization. The first and most important matter was training. The members of the committee and a few additional people who had become involved completed Red Cross basic and advanced first-aid courses.

With training under way, the committee tackled the red tape of acquiring an ambulance. This effort started with no money, just a lot of enthusiasm and faith. Thanks to help from the town government, the committee was able to order an ambulance (designated 571) under a federal matching grant. At that time, the state did not have an Office of Emergency Medical Services to help, and we had to do all the paperwork to satisfy the feds.

We needed a building to hold our meetings and also to house an ambulance when it arrived. Up until then, we had met in churches,

continued on page 18



This article was originally printed in the *CARS Communicator*, an internal newsletter for the organization, July 1984.



RESCUE HONORS - Jerry Adams, organizer of the Cary Area Rescue Squad, was honored April 27 by the N. C. Rural Safety Council as the state's Outstanding Rescue Squad Member of 1973. He received the plaque from the council's president, Mrs. Ada Dalla Pozza, the council's president, at the group's annual meeting in Raleigh.

**May 2, 1973, The Cary News
"RESCUE HONORS"**

Jerry Adams, organizer of the Cary Area Rescue Squad, was honored April 27 by the N.C. Rural Safety Council as the state's Outstanding Rescue Squad Member of 1973. He received the plaque from the council's president, Mrs. Ada Dalla Pozza, the council's president, at the group's annual meeting in Raleigh.



H. Lee Gupton With Rescue Squad Award ...he was named Outstanding Rescue Squad Member in N.C. for 1973. The award was made in Raleigh by the N.C. Rural Safety Council. Gupton, 35, is a veteran member of volunteer emergency services. He is training coordinator and a member of the board of directors of the Cary Area Rescue Squad.-(T. Babb)

**undated article, unknown publication
LEE GUPTON WITH RESCUE SQUAD AWARD**
...he was named Outstanding Rescue Squad Member in North Carolina for 1973. The award was made in Raleigh by the N.C. Rural Safety Council. Gupton, 35, is a veteran member of volunteer emergency services. He is a training coordinator and a member of the board of directors of the Cary Area Rescue Squad. - (T. Babb)

continued from page 17

members' homes, and anywhere else we could find. The town had recently acquired some property on North Academy Street for the future site of a new town hall. The site included an old house. The town planned to tear the house down but could hold off a couple of years if we wanted to use the house until the site was needed for the town hall. We cleaned, we painted, we paneled, we improvised. We also added a two-bay enclosed shelter onto the house. The only money spent on this project was for some of the framing and siding for the shelter. The rest of the materials used to make this house livable were donated. This place was not a modern facility, but it sure had a warm feeling and enough pride to supply the world.

The next undertaking was raising money to pay for the ambulance that had been ordered and to provide funds for the Squad to operate. The first fund drive probably had as much to do with the success of the Squad as any other effort or event in the history of the Squad. We were in the beginning stages with training and trying to get our headquarters building usable. We again went to the leaders of the Town of Cary for help. We also went to the civic community and got its leaders and other interested people to listen to our story. We told this group that we were willing to train and to pull the necessary duty to provide this area with a professional Emergency Medical Service. We also told them that we felt like it was important for the community to support us if we were willing to put in the hours of training and duty time. We said that we could not train and pull duty if we had to get out and raise money ourselves. This group was all ears to this approach. They organized a door-to-door fund drive and raised more than \$20,000. Not only was their money important, but they also told our story to the community. The community let us know that we had its support.

We received our ambulance in early August of 1972. It took a few days to get it operational. We ran our first call on the 18th day of August, 1972. The call was received at 9:20 p.m., and we had a

response time of two minutes, a far cry from the 30 minutes it had been taking. And, above all else, the patient lived.

In late 1972, we were still a very young group but had plenty of energy and enthusiasm. We undertook the responsibility of having a building built just off Kildaire Farm Road. A street was put in and named Medcon Court. With the building under construction, but not completed, the town notified us that they needed the property we were using on Academy Street. In the summer of 1974, we moved in with the Cary Fire Department. We used their bays and set up sleeping arrangements in a room they used for their lounge. This was the easiest time of all. All we did was pull duty and the firemen did all the housekeeping. We didn't let them do all the work, but it did make it easy on us. In December of 1974, we moved into our new building. We moved in December mainly because the cornerstone had already been laid. The contractor had to do a lot of hurry-up work to get us in. We could have been in sooner, but we pulled some political strings, for the first time, to get the state to pave our parking lot free of charge. The process took a while because the town had to give the street to the state so that we would be located on a state road. Once the parking lot was paved, we had them wait for the state to give the street back to the town so it could pave the street. But we made it. The fire department burned down our old building for training.

The Squad has always been progressive. We have always looked for ways to make the Squad and the system better. We were the first squad to use pagers. We were also the first squad in this part of the state, and maybe in the state, to have the Hurst power tool. We built a command post to help in disaster situations. This command post vehicle is still one of its kind today. Even as other agencies have come up with their own, there is not another vehicle or many communication centers that can tie as many services together as this one unit does. Also, our crash truck (581) is the best-built and best-equipped unit of its kind in this state. ■

CARY AREA RESCUE SQUAD
CHARTER MEMBERS
OCTOBER 1971

11/13

✓ ADAMS, Wm. JERRY
AUSTIN, ROBERT L. (BOBBY)
LA EDWARDS, WILLIAM E. (BILL)
FINCH, HOWARD A. Jr.
✓ HENDERSON, WILLIS E. (BILLY)
HODGES, JOSEPH R. (JOE)
HUNTER, JOHN P. Jr. (JACKIE)
LAMSON, ARTHUR K. (ART)
✓ OWEN, JOHN L.
LA RIDOUT, C. BENJAMIN (BENNY)
SANDERSON, GREGG A.
✓ SERVIS, JOHNNY N. (JOHN)
SMITH, W. SCOTT
WEBSTER, ROBERT C. (BOB)
WHITE, JAMES G. (JIM)
WHITE, JOHN M.
WINSTEAD, JEFFERY S. (JEFF)

(17)
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**Charter Members
OCTOBER 1971**

W. Jerry Adams, Robert (Bobby) Austin, William (Bill) Edwards, Howard Finch, Willis (Billy) Henderson, Joseph (Joe) Hodges, John (Jackie) Hunter, Arthur (Art) Lamson, John Owen, C. Benjamin (Benny) Ridout, Gregg Sanderson, Johnny (John) Servis, W. Scott Smith, Robert (Bob) Webster, James (Jim) White, John White, Jeffery (Jeff) Winstead

Jerry Adams was the first chief.

JULY 1972 – emergency phone number added, 467-6101; members marked with * if they were available for daytime calls.

CARY AREA RESCUE SQUAD, INC.
P. O. BOX 2 - 310 N. ACADEMY ST.
CARY, N. C. 27511
SQUAD PHONE (NCR-EMER.) 467-1116

MEMBERSHIP
JULY 7, 1972

NAME	ADDRESS	HOME PHONE	BUSINESS PHONE
SIKAS, Wm. JERRY	204 MEADOW DRIVE	467-6313	549-4542
AUSTIN, ROBERT L. (BOBBY)	300 S. WALKER ST.	467-0190	833-7136
BROWN, L. THOMAS	523 HERRINGTOWN DR.	467-9919	549-5631
DIXON, CHARLES L.	110 KEMNEY CIRCLE	467-8209	467-1821
EDWARDS, WILLIAM E. (BILL)	223 GORDON STREET	467-3002	467-6478
FINCH, HOWARD A. Jr.	1308 DOTLIN DRIVE	467-7989	834-4118
HENDERSON, WILLIS E. (BILLY)	233 URBAN DRIVE	467-9485	829-7956
HODGES, JOSEPH R. (JOE)	1220 WALNUT STREET	467-9415	549-5242
HUNTER, JOHN P. Jr. (JACKIE)	310 S. WALKER ST.	467-4444	832-4504
LAMSON, ARTHUR K. (ART)	621 ASHE AVENUE	467-6458	829-3222
LITTLE, ARY C.	238 W. DURHAM ROAD	467-1595	549-4081
OWEN, JOHN L.	1021 WINGWOOD DRIVE	467-9998	549-4754
RIDOUT, C. BENJAMIN (BENNY)	P. O. BOX 27, MORRISVILLE	467-6949	876-2341
SERVIS, JOHNNY N. (JOHN)	201 PAT DRIVE	467-7285	828-8267
SULLIVAN, E. LEE	505 WILLOW STREET	467-8818	467-8479
WEBSTER, ROBERT C. (BOB)	117 CHEST ROAD	467-1398	549-5124
WHITE, JOHN M.	503 ASH CIRCLE	467-8315	549-4714
WINSTEAD, JEFFERY S. (JEFF)	227 URBAN DRIVE	467-3921	467-6111

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CARY AREA RESCUE SQUAD, INC.
P. O. BOX 2 - 310 N. ACADEMY ST.
CARY, N. C. 27511
SQUAD PHONE (NCR-EMER.) 467-1116

MEMBERSHIP
JULY 31, 1972

NAME	ADDRESS	HOME PHONE	BUSINESS PHONE
SIKAS, Wm. JERRY - CHIEF	204 MEADOW DRIVE	467-6313	549-4542
BROWN, L. THOMAS (TOM) - LEAD	700 KENNEDY PLACE	467-9919	549-5631
* EDWARDS, Wm. E. (BILL) - LEAD	110 KEMNEY CIRCLE	467-8209	467-1821
* FINCH, HOWARD A. Jr.	223 GORDON STREET	467-3002	467-6478
* HENDERSON, WILLIS E. (BILLY)	1308 DOTLIN DRIVE	467-7989	834-4118
* HODGES, JOE	5324 OLIVE RD., HALEIGH	851-4791	467-1821
HENDERSON, WILLIS E. (BILLY)	233 URBAN DRIVE	467-9485	829-7956
HODGES, JOSEPH R. (JOE)	1220 WALNUT STREET	467-9415	549-5242
HUNTER, JOHN P. Jr. (JACKIE)	310 S. WALKER ST.	467-4444	832-4504
LAMSON, ARTHUR K. (ART)	621 ASHE AVENUE	467-6458	829-3222
LITTLE, ARY C.	238 W. DURHAM ROAD	467-1595	549-4081
OWEN, JOHN L.	202 ETHAN STREET	467-9757	549-4346
OWEN, JOHN L.	1021 WINGWOOD DRIVE	467-9998	549-4754
RIDOUT, C. BENJAMIN (BENNY)	P. O. BOX 27, MORRISVILLE	467-6949	876-2341
SCHANDLER, KENNETH S. (KEN)	LOT 22, HI-GROVE FARM	467-6297	834-3749
SERVIS, JOHNNY N. (JOHN)	201 PAT DRIVE	467-7285	828-8267
SULLIVAN, E. LEE	505 WILLOW STREET	467-8818	467-8479
WEBSTER, ROBERT C. (BOB) - LEAD	117 CHEST ROAD	467-1398	549-5124
WHITE, JOHN M.	503 ASH CIRCLE	467-8315	549-4714
* WINSTEAD, JEFFERY S. (JEFF)	227 URBAN DRIVE	467-3921	467-6111
* WEAVER, DAVID L.	830 UNION STREET	467-9692	467-1836

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OCT. 3, 1972
Arey Little still works with Cary EMS today.

MEMBERSHIP
OCTOBER 3, 1972

CARY AREA RESCUE SQUAD, INC.
P. O. BOX 2 - 310 N. ACADEMY ST.
CARY, N. C. 27511
SQUAD PHONE (NCR-EMER.) 467-1116

NAME	ADDRESS	HOME PHONE	BUSINESS PHONE
ADAMS, Wm. JERRY - CHIEF	204 MEADOW DRIVE	467-6313	549-4542
BROWN, L. THOMAS (TOM) - LEAD	700 KENNEDY PLACE	467-9919	549-5631
* COOK, FRANCIS J. Jr. (FRANK)	205 PARLSON CIRCLE	467-8404	HOME
* DIXON, CHARLES L.	110 KEMNEY CIRCLE	467-8209	467-1821
* EDWARDS, Wm. E. (BILL)	223 GORDON STREET	467-3002	467-6478
FINCH, HOWARD A. Jr.	1308 DOTLIN DRIVE	467-7989	834-4118
HENDERSON, WILLIS E. (BILLY)	233 URBAN DRIVE	467-9485	829-7956
HODGES, JOSEPH R. (JOE)	1220 WALNUT STREET	467-9415	549-5242
HUNTER, JOHN P. Jr. (JACKIE)	310 S. WALKER ST.	467-4444	832-4504
LAMSON, ARTHUR K. (ART)	621 ASHE AVENUE	467-6458	829-3222
LITTLE, ARY C.	238 W. DURHAM ROAD	467-1595	549-4081
LAMSON, HOWARD H.	202 ETHAN STREET	467-9757	549-4346
OWEN, JOHN L.	1021 WINGWOOD DRIVE	467-9998	549-4754
RIDOUT, C. BENJAMIN (BENNY)	P.O. BOX 27, MORRISVILLE	467-6949	876-2341
DALOTTI, MURIEL J. Jr. (MUR)	116 CHEST ROAD	467-1487	829-4488
SCHANDLER, KENNETH S. (KEN)	LOT 22, HI-GROVE FARM	467-6297	834-3749
SERVIS, JOHNNY N. (JOHN)	201 PAT DRIVE	467-7285	828-8267
STONE, THOMAS C. (TOM)	3721 HICKET SPRINGS DR., NW.	433-6661	871-8666
SULLIVAN, E. LEE	505 WILLOW STREET	467-8818	467-8479
WEBSTER, ROBERT C. (BOB)	117 CHEST ROAD	467-1398	549-5124
WILLIAMS, SCOTT	1214 WINGWOOD DRIVE	467-9822	755-5335
* WINSTEAD, JEFFERY S. (JEFF)	227 URBAN DRIVE	467-3921	467-6111
* WEAVER, DAVID L.	830 UNION STREET	467-9692	467-1836

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* DAYTIME CALLS

**CARY AREA RESCUE SQUAD
EMERGENCY CARE RECORD** CALL # 1
FRI.

Name [REDACTED] Date of birth 38 Date 8/18/72
Address 5800 BRIDWOOD DRIVE, RALEIGH Phone [REDACTED] M F
Next of kin [REDACTED] Relationship WIFE
Address SAME Phone 772-1225
Vehicle dispatched to YATES PLACE, OLD U.S. 1, CARY
Situation and condition of patient upon arrival at scene PATIENT WAS BLEEDING SEVERELY FROM WRIST (ARTERIAL);
TOURNIQUET HAD BEEN APPLIED PRIOR TO OUR ARRIVAL (BUT NOT EFFECTIVE)
PATIENT FELL ON BROKEN BOTTLE.
Rescue measures used and emergency treatment of pt DIRECT PRESSURE USING 4X4 AND BRACHIAL PRESSURE POINT.
PATIENT WENT INTO SHOCK, TREATED FOR SAME

MILD	ACUTE	MILD	ACUTE	MILD	ACUTE
<input type="checkbox"/> 1	<input type="checkbox"/> RESPIRATORY PROBLEM	<input type="checkbox"/> 6	<input type="checkbox"/> CHEST INJURY	<input type="checkbox"/> 11	<input type="checkbox"/> GUNSHOT WOUND
<input type="checkbox"/> 2	<input type="checkbox"/> CHEST PAIN	<input type="checkbox"/> 7	<input type="checkbox"/> ABDOMINAL INJURY	<input type="checkbox"/> 12	<input type="checkbox"/> STAB WOUND
<input type="checkbox"/> 3	<input type="checkbox"/> UNCONSCIOUS	<input checked="" type="checkbox"/> 8	<input type="checkbox"/> LACERATION	<input type="checkbox"/> 13	<input type="checkbox"/> DELIVERY
<input type="checkbox"/> 4	<input type="checkbox"/> HEAD INJURY	<input type="checkbox"/> 9	<input checked="" type="checkbox"/> BLEEDING	<input type="checkbox"/> 14	<input type="checkbox"/> CARDIAC ARREST
<input type="checkbox"/> 5	<input type="checkbox"/> NECK + BACK INJURY	<input type="checkbox"/> 10	<input type="checkbox"/> FRACTURE	<input type="checkbox"/> 15	<input type="checkbox"/> OTHER

Comments (medical history, changes in patient's condition, injuries or illness not listed above, etc.)

Transported to REX HOSPITAL Diagnosis at hosp. LACERATION, LOSS OF BLOOD
AT SCENE - ADVISED WIFE & BIRTH RESIDENT
BOSLEY, TOWNSEND, TOWN SENDERS
 Attendant completing record JERRY ADAMS Other attendants _____
 AUTO ACCIDENT DONATION
 OTHER ACCIDENT WELFARE
 SUDDEN OR SEVERE ILLNESS
 TRANSPORTATION
 SEARCH, DRAGGING
 OTHER _____
 ODOMETER READING _____
 END OF CALL? _____

TIME	
Call received	9:20 PM
Dispatched	9:20
Vehicle out	9:20 P.M.
Arrived scene	9:22 (2)
Left scene	9:27
Arrive Hosp.	9:40
Return to base	10:01
Total time on call <u>41 MINUTES</u>	
PLUS 2 AT SCENE	
Number of attendants <u>4</u>	
Total man hours <u>3.0</u>	

AUG. 18, 1972, CALL NO. 1

at Yates Place, Old US 1

Patient was bleeding severely from wrist (arterial); tourniquet had been applied prior to arrival (but not effective); patient fell on broken bottle; direct pressure using 4x4 and brachial (artery) pressure point; patient went into shock; treated for same

Transported to Rex Hospital

Jerry Adams

In a March 14, 2001, interview, Adams recalled: "Our first call was at a bar on Chatham. Some guy fell on a bottle. (Someone) got a flyswatter and wrapped it around his arm. We were out testing procedures when we got the call. The guy was inebriated. We really weren't going to start making calls until the next day."

166,268
2020 population

\$104,669

Median household income
(\$62,843 nationally)

\$439,900

Median list prices of the homes for sale
in Cary in the summer of 2021

39.9

Median age
(38.1 nationally)

4.8%

Poverty rate
(10.5% nationally)

67.8%

Bachelor's degree
or higher

68.5%

Employment rate

66,492

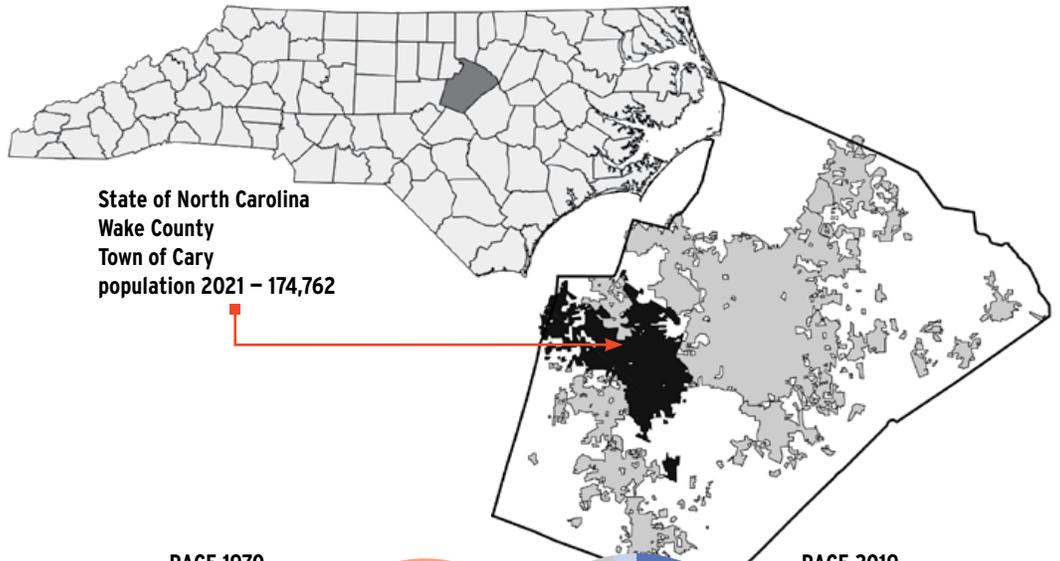
Total housing units

75.9%

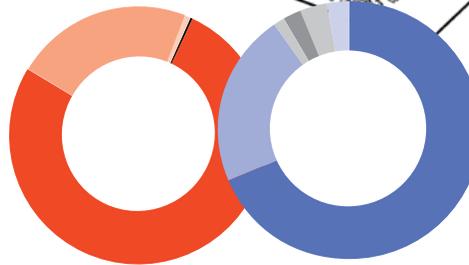
English only spoken at home

6.5%

Disabled
(12.6% nationally)



RACE 1970
Population: 50,694
White: 76.9%
Black: 22.2%
American Indian: 0.8%
Asian: <0.3%
Other: <0.1%
Two or more races: 0%



RACE 2019
Population: 103,516
White: 68.1%
Black: 21.5%
American Indian: 1.2%
Asian: 3%
Other: 3.3%
Two or more races: 2.9%

TOWN OF CARY

Growth of EMS system reflected in town's growth

In the 50 years that Cary EMS existed, the population of the Town of Cary is 2.04 times larger than it was when the organization was formed. Cary is the largest town and seventh-largest municipality in North Carolina

For comparison, the United States has grown only 1.62 times.

However, population growth is not the only change the town has seen in half a century. The town has evolved in almost every measurable way. All of these changes have had an impact on the way the Cary Area Rescue Squad, at first, then Cary Area EMS, has done business.

Six mayors, including people

like Fred Bond and Koka Booth, have served the town. With each, the political dynamics changed.

Money magazine ranked Cary as one of the country's "Best Places to Live." Home of the USA Baseball National Training Complex, a hot spot for soccer with North Carolina Football Club and North Carolina Courage pro soccer teams at WakeMed Soccer Park and summer home of the North Carolina Symphony, Cary is located just 17 minutes from downtown Raleigh.

The cost of living in Cary is about 15% higher than the state average. ■

1880	1890	1900	1910	1920	1930	1940	1950	1960	1970	1980	1990	2000	2005	2010	2014	2020
316	423	333	383	645	909	1,141	1,446	3,356	7,686	21,763	45,497	96,260	112,928	135,234	155,227	166,268

TOWN POPULATION

Behind the Scenes

Images from some early calls



Organization evolves, with consistent mission: timely, efficient high-level care

BY BRADLEY WILSON

Long before Wake County EMS adopted its slogan: “Prompt, Compassionate, Clinically Excellent Care.” And long before their uniforms were green, much less blue, the Cary Area Rescue Squad set forth with a mission: “to provide EMS service and transport” according to Jerry Adams, the first chief. And, in Cary, he said, “you can’t do anything halfway.”

“Our focus was 100% on emergency medicine,” Adams said.

However, during the first few years, members and their families got distracted raising money, getting equipment, setting standards, and finding a building — a place to exist. While all those tasks took a toll on the early leaders, they did lay a foundation for the organization that lasted 50 years.

“It was up to those involved to give a solid foundation,” Adams said.

They did.

They had the foresight to realize how the fire department was different from pre-hospital health care. For example, towns had sirens to alert volunteers to come get a truck and go to the fire. After all, most of those early volunteers at Cary Area Rescue were volunteer firefighters.

“When the siren went off on sick calls, we didn’t want everyone responding,” said Arey Little, who said he got his start in the organization now as the “head of the refreshments.”

So they became the first emergency responders in the area to use pagers.

But it was also up to the hundreds of volunteers and paid staff who came after those early innovators to change and evolve with the organization.

From the time the organization was founded with \$100 Adams put in the bank, the budget grew to \$4.1 million. From the five volunteer men who attended that first steering committee meeting, the personnel grew to become a diverse array of volunteers, part-timers and full-time staff. From the first truck, the agency grew to staff four ambulances in Cary and Morrisville 24 hours a day, seven days a week without fail and often staffed more than that, often with volunteers, during special events and disasters such as hurricanes.

Those early volunteers remained committed to providing patient care, especially when no one else was available.

Lu Little said there was one call, a sick call, she remembered from decades ago.

“It was a second-duty call,” she said, meaning that the first ambulance with a scheduled crew was on a call. “I was dressed in heels and a skirt, and I responded.”

In the days before scene management, mass casualty training and district chiefs, Arey Little recalls when they got called after a deck collapsed at an apartment complex.

“It was a second-story deck. It rotted. The whole thing just went down,” with a large group of partygoers on it, he said. “A family was having a birthday party.”

Ultimately, everyone was OK, but Arey Little and his crew took a pregnant woman to the hospital.



David Dolan after helping a patient in 1990.

Behind the Scenes

Images from some early calls.



Perhaps the biggest change was the move from solely volunteers to having a paid staff, at first just during the day, then at night.

At one point, Adams even took a leave of absence from the Squad to get his family and job back in order.

The evolution of the agency wasn't without its bumps. As John Owen reminded the group at a business meeting March 5, 1979: "Cary is very fortunate to have the community's support. Other areas are not so lucky. The Cary squad is a professional organization, and we intend to stay that way."

And on July 21, 1986, Bob Annunziata, who had just announced he would not run again for chief, said, "[The name] Cary Rescue in the rescue community is mud. This image is partly due to the fact that many squads have to struggle to get something and Cary Rescue does not. The image may be due to jealousy or past situations that he is unaware of. Whatever the reason, Squad members should be careful what they say. The subject is sensitive and other squads do not want to hear about what equipment the Squad has or that Cary Rescue is better than their squad. Cary is not better than anyone else in respect to dedication, etc. Cary Rescue is better because of the caliber of members and the support the Squad receives from the community."

Bill Stevenson, who retired from North Carolina State as the university fire marshal, said, "We had weeks when all we did was run calls. I spent many hours up there. I really enjoyed it. When I sit back and think about all we did, it's very rewarding." ■

CARY AREA RESCUE SQUAD, INC.
EMERGENCY RESPONSE RECORD

CALL #: 24

PATIENT NAME: [REDACTED] DATE OF BIRTH: [REDACTED] DATE: 10/5/72
 ADDRESS: 204 DUKE ST., CARY PHONE: 404-0503 H D
 NEXT OF KIN: [REDACTED] RELATIONSHIP: MOTHER
 ADDRESS: SAME PHONE: _____

SITUATION AND CONDITION: PARENT SEATING IN VEHICLE, CONSCIOUS
COMPLAINED OF SORE FOREHEAD, NECK AND ANKLE
(SEAT BELT WAS IDENTIFIED BY SQUAD)

RESCUE AND FIRST AID: CERVICAL COLLAR, AIR SELECTION
MEASURES USED: RIGHT ANKLE, PLACED ON TOE SPREAD EGGAL

SPECIFIC MEDICAL PROBLEM: MILD ACUTE; POSSIBLE NECK INJURY
POSSIBLE ANKLE INJURY, SWELL ON FOREHEAD

COMMENTS (Medical history, changes in patients condition, injuries or illness not listed above): PULSE RATE 90

TRANSPORTED TO: RED HOSPITAL DIAGNOSIS AT HOSPITAL: _____

CALL RECEIVED FROM: POV FROM DEPT. PHONE RADIO BY (INITIALS) _____

ADDRESS DISPATCHED TO: POWERS OF KILDAIRE ROAD & MAYNARD

WEATHER CONDITIONS: RAINING, Cool ODOMETER READING AT END OF CALL: 01110

SUPPLIES USED ON CALL: _____

TYPE CALL:	TIME:
<input checked="" type="checkbox"/> AUTO ACCIDENT	CALL RECEIVED <u>10:30 PM</u>
<input type="checkbox"/> SUDDEN ILLNESS	DISPATCHED <u>10:35</u>
<input type="checkbox"/> TRANSPORTATION	VEHICLE OUT (10-76) <u>10:40</u>
<input type="checkbox"/> SEARCH	ARRIVED SCENE (10-23) <u>10:45</u>
<input type="checkbox"/> DRAGGING	LEFT SCENE (10-76) <u>10:50</u>
<input type="checkbox"/> MUTUAL AID	ARRIVE HOSPITAL (10-7) <u>10:55</u>
<input type="checkbox"/> FALSE ALARM	LEFT HOSPITAL (10-8) <u>11:00</u>
<input type="checkbox"/> OTHER	RETURN TO BASE (10-8) <u>11:05</u>

ATTENDANT COMPLETING RECORD: Adams
 OTHER ATTENDANTS ON CALL: WATSON AND DIXON
 IF SCENE ONLY: WATSON

TOTAL MANHOURS ON THIS CALL: 2.6 NUMBER OF MEMBERS INVOLVED: 4

DIFFICULTIES OR OTHER COMMENTS: WATER FAN WOULD NOT WORK

OCT. 5, 1972, CALL NO. 24
 @corner of Kildaire Road and Maynard; pt. sitting in upright position in seat c/o sore forehead, neck and ankle.

CARY AREA
RESCUE SQUAD
EMERGENCY RESPONSE RECORD

Call No. 260

Ambulance Sent To _____ Tel No. _____
 Patient's Name: [REDACTED] Home Address: Newton Rd Zip: _____
 Home Address: _____ Zip: _____
 Call Received From: Mrs. B. Abbott Radio Radio _____
 Family Doctor _____
 Nearest of Kin _____
 Address/Nearest of Kin _____ Male Female Age 56

PATIENT STATUS

HOW/WHERE FOUND: OTHER (Specify, Initial, etc.)

ILLNESS/INJURY: Lung Cancer

PART INVOLVED

PART INVOLVED	INITIAL CONDITION
<input type="checkbox"/> HEAD	<input type="checkbox"/> ALERT
<input type="checkbox"/> FACE	<input type="checkbox"/> IMPERMENT OR
<input type="checkbox"/> NECK	<input type="checkbox"/> SEMI-CONSCIOUS
<input type="checkbox"/> BACK	<input type="checkbox"/> UNCONSCIOUS
<input type="checkbox"/> CHEST	<input type="checkbox"/> BLEEDING
<input type="checkbox"/> ABDOMEN	<input type="checkbox"/> VOMITING
<input type="checkbox"/> PELVIS	<input type="checkbox"/> CONVULSING
<input type="checkbox"/> UPPER LIMB	LIMB CIRCULATION
<input type="checkbox"/> LOWER LIMB	<input type="checkbox"/> Normal <input type="checkbox"/> Swollen <input type="checkbox"/> Other
PUPILS	<input type="checkbox"/> NORMAL BREATHING RATE _____
<input type="checkbox"/> UNEQUAL	PULSE RATE _____
<input type="checkbox"/> DILATED	BLOOD PRESSURE _____

ATTENDANT COMPLETING RECORD: Williams
 OTHER ATT. ON CALL: None
 AT SCENE ONLY _____

ODOMETER READING AT END OF CALL: _____

RECEIVING HOSPITAL _____

COMMENTS OR DIFFICULTIES (Use other side if necessary):
Mrs. Abbott requested that we come out & check regulator for Mrs. Abbott. Since it was not an emergency, POV was sent. Instructed daughter how to use regulator. Mrs. Abbott is daughter of firefighter's wife. Rec. 5:00 Dispatched

PATIENT MANAGEMENT

<input type="checkbox"/> AIRWAY CLEAR
<input type="checkbox"/> Suction Used
<input type="checkbox"/> ORAL AIRWAY INSTALLED
<input type="checkbox"/> ENDOTRACHEAL TUBE INSTALLED
<input type="checkbox"/> OXYGEN
<input type="checkbox"/> ARTIFICIAL RESPIRATION
<input type="checkbox"/> EKG TAKEN
<input type="checkbox"/> CARDIAC MASSAGE
<input type="checkbox"/> DEFIBRILLATOR USED
<input type="checkbox"/> MEDICATION GIVEN
<input type="checkbox"/> BLEEDING CONTROLLED
<input type="checkbox"/> BACKBOARD
<input type="checkbox"/> SPLINT
<input type="checkbox"/> TRACTION
<input type="checkbox"/> DRESSING
<input type="checkbox"/> HEAD ELEVATED
<input type="checkbox"/> TRANSPORTED ON SIDE
<input type="checkbox"/> RESTRAINED
<input type="checkbox"/> DELIVERED BABY
<input type="checkbox"/> MEDICATIONS BROUGHT WITH PATIENT
<input type="checkbox"/> TRANSFER CALL

CHANGES NOTED

BETTER SAME WORSE SHEET

SUPPLIES USED _____

TYPE OF CALL

<input type="checkbox"/> AUTO ACCIDENT
<input type="checkbox"/> SUDDEN ILLNESS
<input type="checkbox"/> SEARCH
<input type="checkbox"/> DRAGGING
<input type="checkbox"/> MUTUAL AID
<input type="checkbox"/> FALSE ALARM
<input type="checkbox"/> RESCUE
<input type="checkbox"/> HEART
<input type="checkbox"/> OTHER

TIMES

Call Received	<u>10:20</u>
Dispatched	<u>10:30</u>
10-76 From Scene	<u>10:35</u>
10-23	<u>10:40</u>
10-76 From Base	<u>10:45</u>
10-07	<u>10:50</u>
10-0010-76	<u>10:55</u>
10-08 Base	<u>11:00</u>

DRIVERS: _____
 To Base: _____
 To Hospital: _____

FEB. 1, 1974, CALL NO. 260
 Caller requested that we come out and check regulator for another person; since it was not an emergency, POV was sent.

GEMS FOUND IN THE MINUTES OF VARIOUS MEETINGS

SEPT. 10, 1973, CARY AREA RESCUE SQUAD

A motion was made and seconded and approved to initiate the Squadman of the Year award. A permanent award will be purchased for the building, and an individual award will be purchased for the winner. One hundred dollars is to be allocated for this purpose.

DEC. 8, 1973, CARY EMS BOARD OF DIRECTORS

A motion was made by Lee Gupton, Seconded by Billy Henderson to name the Squadman of the Year award the "W. Jerry Adams Award" for Squadman of the Year. The motion carried. (Unanimous)

NOV. 4, 1974, CARY EMS MEETING

The Committee on Squadman of the Year Award made its report on criteria for making this annual award. The award will be made on a point and voting system with members accumulating the highest total of points being made eligible to win the award to be voted on by the members in a secret ballot. Bruce Walton mentioned that the chief and assistant chief will be recognized separately as an entirely different category. The names of the five members with the highest number of points will be submitted to the members for vote to select the winner. A motion was made by Norman Williams, seconded by Lee Gupton to accept the report and recommendations of the awards committee. Motion passed.

DEC. 14, 1977, CARY AREA RESCUE SQUAD SPECIAL MEETING

Chief Owen said the Pizza Inn was off limits to any member in uniform or in the vehicle.

JULY 16, 1979, CARY AREA RESCUE SQUAD BOARD MEETING

Stevenson ask about the restriction on the Pizza Inn. Chief Owen lifted the restriction.

JULY 21, 1980, CARY AREA RESCUE SQUAD BUSINESS MEETING

Terry Jones stated that he had acquired a pool table. Terry estimated it would cost approx. \$150 to fix it up. Terry stated that if the Squad was interested, each member could donate \$5 to cover the cost of fixing the pool table and the Squad would then own the table. Dr. Oliver made a motion that the members be assessed \$6 fee to be put in the social fund for the purchase and repair and refurbish of the pool table and that the board establish rules on the use of the pool table to be approved by the membership. Second: Hawkins. Motion carried.

continued on page 26

PAID DAYTIME PROPOSALS PRESENTED

Oct. 26, 1980
Proposal by John Owen, chief

BOARD MEETING
Reaser made a motion to accept the paid daytime proposal as attached.
Second: Annunziata
Motion carried (5 to 0)

BOARD MEETING
Aug. 3, 1981
Motion by Bill Stevenson
The half-day pay arrangement be discontinued and the two paid members receive pay for a full five days and continue to have a half-day off if they arrange for a volunteer to cover that half-day.
Second: Whitcomb
Motion carried

SECTION I: General

The purpose of the paid daytime people is to ensure that the Cary Area Rescue Squad can provide the necessary basic coverage to serve our service area.

The daytime personnel available to pull duty has reached a critical level. Every day is pieced together on an hour-by-hour basis. There does not seem to be a solution that would remedy the situation for the near future or on a continuing basis. Also economic conditions and change in fobs of present members threaten the situation even further.

The Main point of consideration is that this Squad is able to maintain a complete 24 hour per day coverage. The State of North Carolina places the responsibility of providing emergency medical coverage on the county commissioners of each county. As long as we provide this service, then we are fulfilling this responsibility for the county for our service area. The county subsidizes us for doing this job because it would cost them much more to provide this service. However, if we were not able to provide this service, even though it was just for part of a 24 hour day, then the county would be forced to provide this service to our area which would mean that they would take control.

This approach of paid day time personnel in a volunteer group is not new. Other squads have been forced into the situation for the very same reasons and it has worked well. The fact is that it can work for us provided the proper attitude of all involved is right from the start. There will have to be a basic understanding of what is to be expected and what is not expected of the paid people as well as the volunteers. It is important that we try to accomplish this with people that are already familiar with our operation. Consideration must also be given to those that are presently daytime members that will still be able to volunteer their time.

SECTION II: Authority

The Board or Directors shall have full control of hiring of paid personnel. The Board will also have the some authority to remove a person from paid status. The Board will also appoint one person to be the in-charge person in case the bylaws do not cover the situation (such as a person already being an officer). All personnel to receive pay for duty shall be approved by the Board according to the schedule set forth later in this proposal. Use of the Executive Committee or the Board may be used to handle a temporary situation until the until board can meet. The chief shall have the authority to handle an emergency

situation, for one day, that may occur due to illness or other justifiable reason. The in-charge person shall report to the daytime captain as to coverage and duties. On personnel matters will be the responsibility of the chief and the Board of Directors if necessary.

Section III: Personnel

There will be at least one primary, person (the in-charge person) and preferably another full-time person. These people will be termed full-time personnel. To accommodate the people that volunteer to pull other daytime duty (2nd duty and assist 1st duty) the full-time personnel will work for 4½ days. The other approved volunteers will be allowed to pull the other ½ day if they so desire. The full-time people will be expected to pull to pull the full 5 days if no one else is available as described above. All pay will be based on ½ day and will not be broken down any further. A full-time person may also let another approved person pull their duty for them to be off foe a justifiable reason with the alternate being paid for every half day worked. Any other arrangements made by full-time personnel will be between the two persons involved but the full-time person will be the responsible person.

SECTION IV: Pay and benefits

Both full-time people will receive \$17.50 per half day paid on a weekly basis. The same rate will apply to other approved part-time people. An additional \$10 per week will be paid to the in-charge person for the extra responsibility.

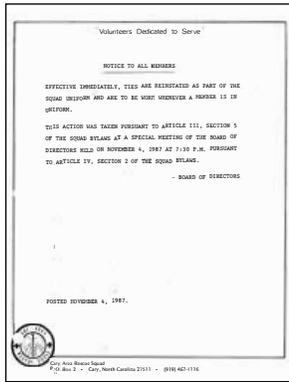
Each full-time person will receive a week off with pay. The time off will have to be coordinated to ensure coverage. No additional benefits will be provided beyond the benefits of all the other members.

SECTION V: Duties of full-time personnel

The in-charge person shall have the responsibility to ensure the duties assigned and the routine operation of the Squad is carried out. The in-charge person shall also report any problems with other paid persons to the chief or the Board of Directors. The in-charge person shall also leave another person in charge in their absence.

The duties of the full-time personnel will be defined in more detail by the Board of Directors. The over-all guide to the duties will be to ensure the general cleanness of the building, to keep the Bay area in order and clean, to do office duties as assigned by the chief, to handle public relations during the day, and to ensure vehicle maintenance is done when vehicles have to be taken to repair shops.

Behind the Scenes



THE TIE CONTROVERSY

NOV. 4, 1987, SPECIAL MEETING OF THE BOARD OF DIRECTORS

Chief Bob Annunziata called the meeting to order and stated that the purpose of the meeting was to discuss the action taken at the regular meeting of the General Membership held Monday, Nov. 2, 1987, in which the membership voted to remove ties from the Squad uniform code except for use at standbys, special events and public relations events.

Rick Whitcomb made the motion to reinstate ties as part of the Squad uniform. Motion was seconded by Arey Little. Motion carried. Dave Boone, who was returning from a call with the duty crew, cast his vote by cellular phone. An attempt to reach Bobby Cockrell by telephone was unsuccessful.

After reviewing the provisions of the Squad's bylaws, a notice to all Squad members regarding the reinstatement of ties as part of the uniform was prepared for posting on Squad bulletin boards and placement in each member's mailbox. A copy of such notice is attached.

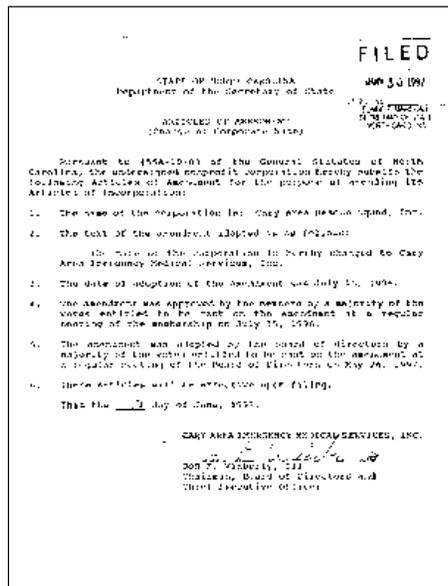
OCT. 1, 1990, CARY AREA RESCUE SQUAD REGULAR BUSINESS MEETING

Abolishment of ties: Tom Modafferi motioned that ties be dropped from the CARS uniform completely. Heated discussion ensued about the appearance of the ties. The vote carried 8 to 5 to abolish the ties.

IN 2021, JOHN BARILE RECALLS

The older people around the squad who were never up there and not running calls wanted the ties. They were reserve members. They would show up. Their friends would call them and say they're trying to vote the ties out. They would show up and vote.

I remember Bart taking his tie out back and burning it.



After the Cary Area Rescue Squad turned rescue duties over to the Cary Fire Department, the organization changed its name to Cary Area Emergency Medical Services effective June 26, 1997.

continued from page 24

SEPT. 1, 1980, CARY AREA RESCUE SQUAD BUSINESS MEETING

Chief Owen stated that the board has not established rules for the pool table yet, but members should use common sense rules such as limiting use of the table to members and their families.

OCT. 20, 1980, CARY AREA RESCUE SQUAD BOARD MEETING

Purchase of new vacuum cleaner discussed. Stevenson made a motion to buy a moderately priced commercial grade vacuum cleaner. Second: Annunziata. Motion carried.

DEC. 1, 1980, CARY AREA RESCUE SQUAD BUSINESS MEETING

Bob Annunziata made a motion to put up a plaque with the names of members who have put in five years of active service. Second: Welch. Motion carried.

SEPT. 13, 1982, CARY AREA RESCUE SQUAD BOARD MEETING

Chief Owen said someone had come to him concerning the X-rated movies. He felt the movies were getting to be a problem. Motion by Stevenson no longer to allow the X-rated movies at the building Second by Annunziata. Motion carried.

NOV. 7, 1983, BUSINESS MEETING

Paschall said the pig-picking went off very well and that everyone who attended seemed to have a good time, discussed a fish fry in the future.

NOV. 12, 1984, TRAINING MEETING

The chief reported on the issue to limit Squadsman of the Year Award to a one-time award per person. Bruce Walton made the motion, 2nd by Bob A. Motion carried.

FEB. 4, 1991, CARY AREA RESCUE SQUAD BUSINESS MEETING

AJ Stocks presented several design suggestions for a new squad patch. Since an order for patches would be occurring soon, this was considered an appropriate time to consider designing a new patch for the squad. Drawings of the suggested patches were passed throughout the membership for review. There was discussion of the need to post these examples so that more members could review them. AJ reported that the announcement of this review had been posted for several weeks before the meeting and that no further delay was needed. Rick Henry expressed concern over the cost of converting to a new design. He reported that the art work done for the patch several years ago cost approximately \$250. Others expressed concern over the expense of changing all the current uniform patches to the new design. The question of "is a change wanted" was discussed. Tom Modafferi suggested picking a possible replacement, checking on the cost to produce it and then deciding if a change was wanted. Modafferi made a motion to maintain the current patch design until the squad is better able to fund such a change. Fred Sessions provided a second and the vote carried in favor of the motion.

DEC. 5, 1994, CARY RESCUE BUSINESS MEETING

Comments about probationary member whose hair does not meet the guidelines. Discussion followed on new motion for pinning up hair so that it does not touch collar. However, if this is not passed this member will have to either cut his hair or will be asked to leave the Squad. The section is in the Uniform Policy in the Rules and Regs. 3.1 read by Paul. Eddie stated that the squad attorney has checked with the courts and as a volunteer organization we can adopt any standards even if they are different for men and women. In January a change to this section will be put up for a vote which may state that a man's hair may be pinned up. Paul had some further information on this topic. Section 1 states that interpretation is up to the chief. Questions regarding rules will follow the chain of command and will end up at the board of directors. If you will not be able to make the January meeting you can give a sealed envelope to Eddie with your vote enclosed.

JANUARY 2000, CARY EMS BOARD OF DIRECTORS

There was a discussion on the proposed pay plan and I got bored so I went to pick up my son from the Gaming Zone and then went home to have a glass of wine.

JULY 21, 2003, CARY AREA EMS ANNUAL MEETING

Kyle _____, Marion Houle and Joe Bowman transport the devil.

NOV. 5, 2007, BUSINESS MEETING

New Business – Steve asked Bradley to talk about bylaws. Bradley made an evil quiz (see page 38) that sparked some great discussion and discovery about our governing documents. All of the members present agreed to never take a class that Bradley taught.

MAY 25, 2011, CARY AREA EMS BOARD OF DIRECTORS

Greg Edwards: Greg has received an Outstanding System award for his save of the person trying to jump off a bridge. Congratulations to Greg!

FEB. 25, 2013, CARY AREA EMS BOARD OF DIRECTORS

Quincy Harris was awarded the EMT of the Year award by American Legion Post 67. Had a nice event on Feb. 12. Congratulations to Quincy!

APRIL 22, 2013, CARY AREA EMS BOARD OF DIRECTORS

Court Cases: The patient we filed assault charges on was found guilty and fined. The small claims case involving Atlantic Tire and the company they subbed work out to was settled. The defendant did not show up for Court and was fined and found guilty. Atlantic Tire is due money from the defendant. We will still need to pay Atlantic for repairs to the vehicle.

MARCH 23, 2020, CARY AREA EMS BOARD OF DIRECTORS

Coronavirus CAEMS Style: We were tasked late Friday last to provide all of our PPE to Wake County EMS. There is about one month's worth left in the system as of today. Larry West said Duke is recollecting used masks and looking into reusing them. Evan MacIntyre has secured 6 gallons of hand sanitizer from the local brewery Top of the Hill. They are also giving some to Orange and Durham Counties.

JAN. 25, 2021, CARY AREA EMS BOARD OF DIRECTORS

Chief Houle reported that Tom Maynard was awarded the Hometown Hero award from WQDR for January.

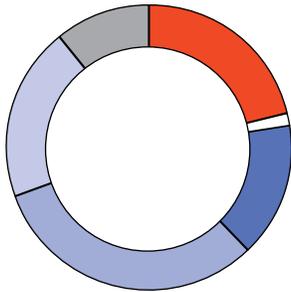


Andy McWilliams participates in a Super Scenario Sunday drill in the summer of 2001. The Super Scenario Sunday drills were an opportunity to practice hands-on scenarios. They were, a flyer said, "a fun and easy way to get up to three hours of continuing education as well as a chance to get to know new volunteers and Explorers and for them to know how to run calls." Photo by Bradley Wilson

THE ROSTER

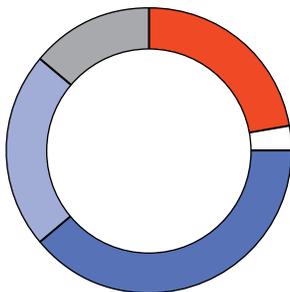
NUMBER OF PEOPLE ON ROSTER

October 1971.....	17
May 14, 1981.....	33
Sept. 13, 2000.....	55
Nov. 2, 2010.....	72
Feb. 28, 2020.....	67



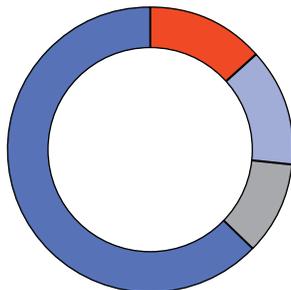
MARCH 23, 2001

Volunteers	13
Leave/Lifetime.....	2
Full-time	10
Part-time ALS	21
Part-time BLS	13
Probationary	8



NOV. 2, 2010

Volunteers	16
Leave/Lifetime.....	2
Full-time	28
Part-time	16
Probationary	10



FEB. 28, 2020

Volunteers	9
Full-time	42
Part-time	9
Probationary	7

TRAINING

One of the biggest challenges the members faced was the amount of training required of pre-hospital health providers. In the first few years of the organization, there were no requirements to be certified in anything. In 1973, however, the General Assembly consolidated the rule-making authority over ambulances and personnel in the Medical Care Commission with continued advice from the State EMS Advisory Council. Chapter 1121 authorized training emergency medical technicians to perform advanced first aid and limited medical procedures under rules and regulations of the Board of Medical Examiners.

But, with the growth of a formalized and regional network for Emergency Medical Service, there was concern that the process was moving too fast, according to a 1977 report to the General Assembly of North Carolina from the Legislative Research Commission Committee on Emergency Medical Services. There was concern that voluntary effort by the rescue squads would be displaced. Unhappy with the Medical Care Commission’s requirement of an 81-hour training course for emergency medical technicians, and fearing the requirements would mean that rescue squads in many rural communities would disband, the General Assembly created Chapter 612, HB 957, another classification of emergency medical personnel — certified ambulance attendants — for whom less training would be required.

Quickly, the Squad required that volunteers working on the ambulance become certified. “We were the first to have certified ambulance attendants,” Adams said. All charter members of the organization were certified by the North Carolina Board of Health as ambulance attendants, according to an article in *The Cary News* on May 23, 1973.

Later, Adams attended EMT school in Winston-Salem. The two-week school was concentrated, with 80 classroom hours and 20 hours in the emergency room.

Adams said, “I became the first EMT in North Carolina.”

During the first full year, the First Aid Committee, as Lee Gupton reported June 30, 1973, conducted 11 training sessions and drills at the Squad facilities. Subject matter ranged from first aid to casualty handling and CPR skills. At least two drills were held in cooperation with other resources and the Rescue Committee, chaired by George Heckman, conducted another.

As recorded in the Aug. 13, 1973 annual meeting minutes, Gupton said, “You must be trained. Training and more training is necessary to be able to deal effectively with human life under emergency circumstances that will be trying, to say the least, of anyone’s patience and ability. Training and more training.”

Bill Stevenson, Squad member, reflected, “We are here to help people. I did training in customer service — sensitivity, all that. I had guest speakers come in and talk about helping the elderly, the young, mentally affected. People. The more you know, the more you can help people.”

As the organization grew, the training continued, spearheaded at first by a committee at first and then a training officer. Examples of training sessions:

- Training meeting was held Sept. 5, 1978, with Dr. Cunanan. Training involved ECG interpretation.
- Chief Owen stated that an EVOC course will be taught in December. (Business Meeting, Dec. 3, 1979)
- Seventeen Squad members attended MAST training. Every member who is an EMT will be required to take this training. (Feb. 2, 1981)
- (Bob) Annunziata and Rick Henry attended a meeting on the Shearon Harris disaster plan. The chief said the purpose of the meeting was actually to rally support for the power plant. The reactor achieved criticality in January 1987 and began providing power commercially on May 2, 1987. (Cary Area Rescue Squad Business Meeting, July 7, 1986)
- There will be a Shearon Harris nuclear exercise on or about the third week in June. Cary and Apex rescue squads will be graded at this exercise. (April 1993)

FILE COPY DO NOT REMOVE
 CARY AREA RESCUE SQUAD, INC.
 P. O. BOX 211 111 SLOUGH CT.
 CARY, N. C. 27513
 ACTIVE MEMBERSHIP
 OCTOBER 10, 1977

NAME	ADDRESS	HOME PH	BUS PH
****	*****	*****	*****
*** BROWN, TOM	729 KENNEDY PLACE	467-9419	349-5550
BROWN, HARRY	407 GLENGLEN ST. (TRAIL)	833-9550	755-4388
BURTON, JERRY	604 S4. MORRISVILLE	467-2873	467-6111
CAUSEY, KEITH	1230-C HAMILTON CT.	467-6094	
CLARK, THOMAS	693 BRIDGEGREEN DR.	467-0902	872-3077
*** CAVES, WILLIAM, JR.	1225 DONALDSON CT.	467-2485	467-6111
DIANO, CHARLES	926 REEDY CREEK ROAD	467-8209	467-1821
FUNKLE, GREGORY	317 RIDGECREST DR.	467-2168	467-6111
GANTT, BECKY	2607 VILLAGE COURT (TRAIL)	787-9108	
GASSEN, JAMES	1918-W SHERWOOD ST. (TRAIL)	834-5849	
*** GREENWALD, MIKE	352-D BARGATE DR.	467-0509	755-8311
GUY, SHELTON	80X 204. RUTH DRIVE	467-4810	
HET, EDWARD, JR.	927 WASHINGTON ST.	467-1482	876-2584
HINES, MICHAEL	1025 WASHINGTON ST.	467-7610	
HENDERSON, BILLY	233 URBAN DRIVE	467-9485	733-8648
LAW, CHUCK	110 IRONDALE DRIVE	467-2833	834-2210
LITTLE, ABEY	238 W. DUNHAM ROAD	467-1595	549-4805
L.T. * MALLARD, JAMES	6315 ARNOLD RD. (TRAIL)	851-7522	755-8279
MASSEY, PAULINE	1451 W. HAYWARD DR.	467-1268	787-4580
*** MCGEE, DAVID	313 RIDGECREST DR.	467-1894	467-6111
PEARLS, BILL	1111 CAROLINA DR. (HOBET)	467-2841	
FRANCIS, DEAN	1408 SUTELAND RD.	342-8118	834-5819
PHOEN, RANDALL	5495-G DANA DR. (TRAIL)	851-2349	834-6499
OWEN, EDNA	1021 WINGWOOD DR.	467-9996	
CHIEF OWEN, JOHN L.	1021 WINGWOOD DRIVE	467-9998	834-5870
PONELL, WALTER	714 KENNEDY PLACE	467-0497	849-0371
PEASER, DAVID C.	810 PALMETTO DR.	467-8730	549-6096
** REYNOLDS, WILLIAM	5425-B DANA DR. (TRAIL)	851-4530	467-6111
SCHROEDER, KEN	1713 WASHINGTON DR. (TRAIL)	851-6090	755-4174
SHULL, CHRIS	510 REEDY CREEK ROAD	467-3882	733-2548
A.B. SPANGLER, FERRIS	429 WINDING STREET	467-8273	733-2883
L.T. * STEVENSON, BILL	350 YORK STREET	467-8726	467-6111
LATEKS, JIM	829 REED STREET	467-2340	828-0641
CHARLIE WALTON, GORDON	908 HOND STREET	467-1920	849-5943
WHITCOMB, RICHARD	610 DYLAN CT. (TRAIL)	851-4403	
AST. CH. WILLIAMS, NORMAN	1214 WICKLOW DRIVE	467-7822	834-5535
ZACNY, MICHAEL	315 E. GUYTHAM ST.	467-3901	933-7376

* DAYTIME CALLS
 ** PARTIAL DAYTIME CALLS
 *** RESERVE MEMBER
 * LIFETIME MEMBER

 * SQUAD PHONE ***** 467-6101 *
 * MON-EMERGENCY 467-1116 *
 * PERSONAL BUSINESS 467-0734 *

OCT. 10, 1977
 Reserve members marked on roster with ***; those available for daytime calls with *; those sometimes available for daytime calls with **; and lifetime members with L.

CARY RESCUE AREA SQUAD
 MEMBERSHIP AS OF 5/14/81

STATUS	NAME	ADDRESS	HOME	WORK
JR.	AMERSON, PAUL	8721 LAKEWOOD DR. RAL.	787-5691	
CAPTAIN	ANNUNZIATA, BOB	1524 HILARNEY DR.	467-5834	834-5261
SR.	BAKER, JEFF	511 STROTHER DR.	851-1094	467-8800
SR.	BOONE, DAVID	3502 W. HARRISON AVE.	467-9649	
SR.	BREWER, GORDON	606 W. HAYWARD DR.	467-6636	
RESERVE	BROWN, TOM	720 KENNEDY PL.	467-9419	543-0271
SR.	CARTER, BOB	1317 HOBBS DR.	469-0400	
SR.	COOK, KEN	2113 RIDGE DR. RAL.	787-7544	755-3309
SR.	CHERRY, STEVE	328 LOCH LOWMOOR CIR.	362-7370	467-0184
RESERVE	DIXON, CHARLES	916 REEDY CREEK DR.	467-8209	467-1821
SR.	GUYTON, LEE	1204 HIGHLAND TR.	466-3025	733-3083
SR.	HAM, EDDIE	7513 WINE VALLEY RD. RAL.	848-1011	876-2586
SR.	HENDERSON, BILLY	233 URBAN DR.	467-9485	733-8648
LIFETIME	JOHNSON, TRIP	306-B BARGATE DR.	469-2723	851-8310
SR.	KESSELE, TOMMY	1309-A VILLAGE GREENWAY	469-2790	683-1460
CAPTAIN	LITTLE, ABEY	238 W. DUNHAM DR.	467-1595	543-4805
SR.	MASSEY, ARNOLD	1231 STONEDWYNT ST.	469-1295	467-6111
SR.	MEDGORS, KEITH	1700A W. HARRISON AVE.	467-3997	733-3711
RESERVE	MORE, DAVID	308-B HOLLOWAY ST.	467-6184	755-6910
SR.	MORE, DAVID	640-A THE LAKES DR. RAL.	847-8168	782-9307
SR.	MORE, RANDY	308-B HOLLOWAY ST.	467-6184	755-6279
SR.	OLIVER, FRED W.D.	115 OVERVIEW LN.	467-6126	467-6125
SR.	OWEN, JOHN	1021 WINGWOOD DR.	467-9998	834-5870
CHIEF	OWEN, JOHN	1021 WINGWOOD DR.	467-9998	834-5870
SR.	PELLIPS, MIKE	1700A W. HARRISON AVE.	467-3997	
SR.	PEPPER, BOB	1237-B PARKSIDE CIR.	469-1069	
CAPTAIN	PEASER, DAVID	810 PALMETTO DR.	467-8730	543-6400
JR.	SART, AYOAN	4521 CORNELL DR. RAL.	781-9056	
ASST. CHIEF	STEVENSON, BILL	350 YORK STREET	467-8726	755-6910
RESERVE	VALTON, BOUCE	903 FORD ST.	467-1920	543-4305
SR.	WELSH, MIKE			
CAPTAIN	WELSH, MIKE	1401 HIGHLAND TRAIL	466-1973/800-527-5863	
SR.	WHITCOMB, RICHARD	610 DYLAN DR. RAL.	833-3848	733-5550

CARY F.D.#1.....467-8684
 CARY F.D.#2.....467-8000
 EMS #1.....755-6279
 EMS2.....755-6266
 EMS #3.....781-8237
 CARY CENTRAL COMM. 467-8111

MAY 14, 1981
 Cary Police Department number becomes Cary Central Communications

MOVING TO PAID STAFF

By 1980, call volume had topped a thousand calls per year, almost three a day — a lot to handle for an entirely volunteer staff, most with other full-time jobs. Chief John Owen said in October 1980, “[D]aytime coverage problem was becoming critical.” He discussed the idea of having paid staff members. On Oct. 26, he wrote a proposal, which the board passed, to have paid daytime people “to ensure that the Cary Area Rescue Squad can provide the necessary basic coverage to serve our service area.”

Paid \$17.50 per half-day, employees immediately began encountering problems given that the Squad had few policies or guidelines for employees (or volunteers for that matter), not much more than Owen’s two-page proposal.

On Jan. 4, 1982, Bob Annunziata said the Squad was not getting its money’s worth out of the first two paid employees, Edna Owen and Dave Boone.

John Owen said, “With \$9,100/year and 7 a.m. - 6 p.m. requirements, it would be hard to find anyone to work this job.” (Working 49.5 hours/week, this equates to \$3.54/hour or \$10.25/hour in 2021 dollars. In 2021, the starting salary for an EMT-Basic is \$31,550/year or about \$15/hour.) But, at the time, Cary Area Rescue Squad had little to compare to.

Chief Owen agreed that Boone needed to be told to work sometimes and Owen said he felt one of the biggest items the full-timers needed was a daily list with duties to be done. It was.

On Jan. 11, 1982, the board voted a \$15/week pay raise effective immediately. However, there was also discussion and frustration and, after saying she earned every penny of her salary, Edna Owen left the meeting. “Edna Owen stated that she felt that she wasn’t the person for the job and felt that the problems were never resolved.” She did return at the next meeting Jan. 19.

On Aug. 29, 1982, the board voted to hire Joe Austin with a starting salary of

\$10,000, increased by \$500 every three months for nine months to bring his salary up to \$11,500. He started Sept. 6, 1982.

These full-time, paid staff members — and the growing number of new volunteers — also started wanting to do things differently. For example, they didn't want to wear ties.

"People were complaining that they were too hot," John Barile said.

But even in the middle of the night, a Class A uniform was the standard.

Bill Stevenson said, "You better not get caught by John Owen without a tie."

Eventually, the Squad moved to wearing gray knit polo shirts in cooler weather and gray T-shirts in warm weather.

Barile recalled, "I remember Bart (Lineback) taking his tie out back and burning it."

Arey Little said, "The uniform change was due to complaints from our paid staff."

And Eddie Wimberly recalled, "The class uniforms were changed out due to cost and comfort. Several agencies had changed over to polos. The membership proposed moving forward with the change and the board approved. Class A's were kept for special occasions."

Melissa Stevenson also said she enjoyed the culture of the agency, including such discussions and having a voice in the future of the group.

"One thing I liked about Cary EMS was the camaraderie," she said. "If you pulled weekend duty, it was not unusual to have 10 to 15 people cooking out, just hanging out, making ice cream, just having a good time."

The last big personnel change was the addition of division chiefs. Wake County called them district chiefs, but Chief Steve Cohen said Cary did things differently. Not only did Cary pull the supervisors off ambulances, they gave them more responsibility, one for training, one for volunteers.

"They still did their district duties," Cohen said. "They were interchangeable from a field standpoint."

Over the years, about 520 people worked full time or part time or volunteered for the agency.

In fiscal year 2021, personnel accounted for \$3,352,344 (83.6%) out of a \$4,012,234 budget. ■

OCT. 20, 1980, CARY AREA RESCUE SQUAD BOARD MEETING

Chief Owen said the daytime coverage problem was becoming critical and discussed the possibility that the Squad may have to go to paid members during the day. Owen stated that he had already talked to an accountant and discussed items such as Social Security, retirement, and other benefits we would have to provide for paid personnel. Discussion followed. Owen asked board members to think about duties that we would require of paid members. It was suggested that Owen prepare a preliminary draft for the board to consider at the next meeting.

JAN. 11, 1982, BOARD MEETING

Discussion of daytime salaries. Present: Edna Owen, \$185/week; Dave Boone, \$175/week since July 1981; Original: Edna Owen \$167.50/week; Dave Boone: \$157.50/week/half/day off; Edna Owen stated that she felt that she wasn't the person for the job and felt that the problems were never resolved. Edna left the meeting.

JUNE 4, 1984, BOARD OF DIRECTORS

Motion to go to Wake EMS for temporary EMT-I coverage. The persons providing this coverage would be paid \$55 per 11-hour day. They would be covering from 0700 to 1800. Two persons could split the day up, but the one who started the day would receive the money. It would be up to the two of them to work out any arrangements regarding this. "Splitting the day" would be limited to two persons. A paycheck will be issued on each Friday. Squad members who provide the coverage, as well as EMS persons, would get paid for same. Motion by Jones, second by Moore, motion carried.

Motion to grant Ivan Dickey a raise to Edna Owen's previous salary level by Carter, second by Whitcomb, motion carried.

Behind the Scenes



(back) Deborah Stein, Christian Heinrich, Justine Hollingshead, Steve Cohen, Marion Houle; (front) Tammy Patton



Shawn Davis, Steve Cohen



Tammy Patton, Mike Fall



Kaylor Mead, Steve Cohen, Jacob Schlieman

continued on page 32

Town of Cary
North Carolina
27518-1147

September 21, 1989

Mr. Tom Maynard
Chief, Cary Area Rescue Squad
Post Office Box 2
Cary, North Carolina 27511

Dear Mr. Maynard:

I want to thank you, Mr. Bob Annunziata, and Mr. Aray Little for meeting with Mayor Booth, Town Manager Jim Westbrook, Fire Chief Ned Perry, and Fire Marshal/Assistant Chief Don Daniels, and me last week in Johnson the Rescue Squad. As you know, the Town is very proud of the Rescue Squad and the meeting as a means of expressing our concern for the Squad's well-being.

As a result of the meeting, I would like to express to you, on behalf of the Town, our concerns. We are naturally concerned with your financial condition. We are also concerned about management and dollars, the Squad cannot continue to exist. Your request for funding from the public should be professional, about taste, and aggressive. You should also search out new revenue sources which will help keep the Squad financially sound presently and build for a strong financial future. Your financial records must be kept in impeccable order. The Town will continue to insist on an audit report. It is my understanding, at this time, that the Town has not been furnished an audit report, though we have been funding the Rescue Squad at a higher rate for the past several years. Public accountability must be maintained. You should ensure that budgets are realistic, both in terms of what expenditures need to be made and that revenues are realistic. It is my understanding that a non-profit, volunteer organization is unable, unfair to the public, and ultimately unable to be profitable. If you need additional help in the technical preparation of a budget, I will be happy to discuss with the Town Manager the possibility

Mr. Tom Maynard
September 19, 1989
Page 2

of Town employees, skilled in this area, working with the Squad for a short period of time to help you adopt good budget procedures.

2. In addition to a strong financial base, your management needs to be solid, fair, innovative, and professional. The Town Council would recommend that you think seriously about having a full-time Rescue Squad manager who has full authority to run a Squad as a professional organization, reporting to a volunteer board of directors. A good manager uses many tools to get his source resources to the best possible use. The Cary Fire Department's number of assistance calls to the Rescue Squad has increased dramatically over the past several years. The Fire Department cannot continue the level of support of the Rescue Squad without impacting its current operations. The Council would, therefore, request that the Fire Department personnel be called only when needed and when all other volunteer or paid personnel have been utilized properly.

3. Council would also request that the Squad work as closely as possible with the Wake County Emergency Management Office. It is generally the County's responsibility to such Councils to provide the Rescue Squad services. The citizens of Cary pay for their services through their taxes. The Council thinks you should be realistic in your budget request to the County in the future and would like to see you pay attention to discussing your budget with them before it is submitted. Wake County can be your biggest asset to helping your way through the current problems; there will need to be many hours devoted to cultivating the County's interest in the Cary Squad.

Once again, I want to thank you for meeting with us. I assure you that the Town of Cary has the best interest of the Rescue Squad at heart and will continue to support the Squad. I would ask, as you continue to work on the current problems, that you consider the above information.

Sincerely,
Thomas E. Brooks, 202
Chairman
Finance/Personnel Committee

TJB/mlr
cc: Mayor Bob Booth
Town Council Members Gorman, Godwin,
Hinsbee, McLean, and Sparrow

SEPT. 21, 1989, LETTER FROM THOMAS BROOKS, CHAIR, TOWN OF CARY FINANCE/ PERSONNEL COMMITTEE TO TOM MAYNARD, CARY EMS CHIEF

I want to thank you, Mr. Bob Annunziata, and Mr. Aray Little for meeting with Mayor Koka Booth, Town Manager Jim Westbrook, Fire Chief Ned Perry, and Fire Marshal/ Assistant Chief Don Daniels, and me last week to discuss the Rescue Squad. As you know, the Town is very proud of the Rescue Squad and saw the meeting as a means of expressing our concern for the Squad's well-being.

As a result of the meeting, I would like to express to you, on behalf of the Town, our concerns. We are naturally concerned with your financial condition. We are also concerned about management issues within the Squad, as well as, what appears to the public at times, internal bickering and malcontent among the members.

1. The financial well-being of a nonprofit, volunteer organization is a must.
2. In addition to a strong financial base, your management needs to be solid, fair, innovative, and professional.
3. Council would also request that the Squad work as closely as possible with the Wake County Emergency Management Office.

Motion to accept Edna Owen's resignation made, second carried.
Henry made a motion to accept the proposal on a two-month trial basis ending Feb. 1, 1985. Hurlbut seconded. Motion carried.

OCT. 1, 1984, CARY RESCUE SQUAD BOARD MEETING

Chief Owen brought up Edna Owen's resignation. R. Whitcomb stated that he had heard Edna wanted to withdraw her resignation and apply for a six-month leave of absence. He confirmed this by phone. Annunziata made a motion seconded by Hurlbut that we act on Edna Owen's resignation. Motion defeated. Chief Owen tendered his resignation as chief. Hurlbut phoned Edna to inform her of the situation. She withdrew her request for a leave of absence and requested that the board act on her resignation. Motion was made to accept her resignation by Annunziata, 2nd by Hurlbut. Three members abstained from voting reducing the voting members to less than a quorum, therefore defeating the motion.

NOV. 30, 1984, LETTER FROM PAID DAYTIME MEMBERS (IVAN DICKEY AND MARK HOLLAND) TO BOARD

The paid daytime members have been discussing the problem of working 55 hours a week with no time off. We have tried to work out this situation on our own by having only one regular volunteer daytime members. Other daytime members are unable, because of employment, to pull regular hours.
After much discussion, we feel justified in having one day off a week. We are running some very serious calls and both of us are beginning to feel signs of psychological fatigue – commonly referred to as “burn out.” By having a three-day weekend (one of us would take Monday off and the other would take Friday), we would be more refreshed and the “quality” of our accomplishments would far exceed our present “quantity.” A three-day weekend would also make it possible for us to acquire part-time employment to supplement our present income.

JAN. 4, 1985, BOARD MEETING

561 (Annunziata) said he would meet with the town council when they request it to resolve any questions that have arisen from the article in *The Cary News* regarding John Owen's resignation.

JAN. 7, 1985 BUSINESS MEETING

Owen submitted a verbal resignation.

JAN. 15, 1985, BOARD MEETING

Rick Henry made a motion seconded by Anderson to accept Chief Owen's verbal resignation.

FEB. 15, 1985, BOARD MEETING

Rick Henry made a motion to start the new person (replacing Ivan Dickey) at a salary of \$12,000, leaving Mark Holland at his present salary, and put him in charge of daytime operations. Motion seconded by Don Hurlbut. Motion carried.

Whitcomb made a motion to set vacation policy for paid personnel as follows: employee will accumulate 0.5 days of vacation leave per month. He/she will not be allowed to take a vacation during the first six months of employment, but accumulates vacation leave during this time. Motion was seconded by Paul Anderson. Motion carried.

FEB. 25, 1985, BOARD MEETING

Rick Henry made a motion to hire Susan Carlson to fill one of the daytime positions at a salary of \$12,000 per year. Don Hurlbut seconded the motion. Motion carried. She can start on March 4, 1985. Assistant Chief Rick Whitcomb (562) made a motion, second by Rick Henry to hire Bill Ott at a salary of \$12,000 per year, starting on March 11, 1985. Motion carried.

MARCH 4, 1985, BOARD MEETING

Letters of resignation from Ivan Dickey and Mark Holland. 561 (Annunziata): Ivan and Mark have resigned in good standing to pursue other careers. The board has hired two other people Susan Carlson and Bill Ott for daytime employment.

APRIL 1, 1985, BOARD MEETING

Chief Bob Annunziata (561) read the letter of resignation from Bill Ott. Rick Henry made the motion, seconded by Dave Boone to accept the resignation. Motion carried. Annunziata reported that Susan Carlson resigned.

APRIL 9, 1985, BOARD MEETING

Board meeting called to order by Chief Bob Annunziata (561) for the purpose of an interview with Bobby Cockrell for daytime employment. Dave Boone made a motion to accept Cockrell for employment contingent

on his showing proof of his EMT-I certification and upon confirmation of his background information. Motion 2nd by Robert Powers. Motion carried.

DEC. 7, 1985, BOARD MEETING

SALARIES. The beginning salary for the EMT position will be based on experience. An increase of 10% shall be provided for each increase in level of certification. Examples of this would be EMT-I, EMT-P or cardiac tech certification. A paycheck shall be issued each week, on Friday. A merit increase may be granted each year, at or around the employee's anniversary date. Other increases may be granted, as deemed necessary, by the board of directors.

JAN. 16, 1986, BOARD MEETING

Gerald Brown, director of Wake EMS, was approached about their pay schedule. EMS pays EMT-I's \$16,188; EMT-P's \$18,500 for a 56 hour work week.

AUG. 3, 1987, CARY EMS BUSINESS MEETING

Paramedic salary will be \$18,000/year.

MARCH 27, 1989, CARY EMS BOARD OF DIRECTORS

Raise base salaries for all full-time employees.

JAN. 25, 2010, CARY AREA EMS BOARD OF DIRECTORS

Over the next three years, Wake County EMS System is going to phase out 24-hour shifts. There will only be a handful of ambulances that will be 24 hours. We are one person short of converting 51 to all 12 hours. Cohen is asking to hire a new paramedic between now and the end of the fiscal year. There was a discussion regarding how the staffing and the system worked for the new board members. The motion was made to create a new paramedic position by Chad Hunter and seconded by Kimberly Clement. 6 yes 0 no's

AUG. 22, 2011, CARY AREA EMS BOARD OF DIRECTORS

Volunteers: Our volunteer staff is really growing. We can thank Christian Heinrich and Kimberly Clement for implementing a new program for the volunteers. Three weeks ago a panel of four people interviewed 21 people and "hired" eight out of those. Clement has set up an orientation program for them to go through which will enable them to move up from the third person position faster. As of right now we have 17 volunteers. Chief Cohen said he is proud of how the new training is going. Brent Miller commented on how much money having volunteers saves CEMS. Last year it was about \$80,000. Chief Cohen said our volunteers are a very important part of the organization. Our volunteers meet the same standards and training as paid employees.

OCT. 28, 2013, CARY AREA EMS BOARD OF DIRECTORS

EMS 54 switched to 12-hour shifts on Oct. 12. Wake County should be switching theirs over in November.

AUG. 25, 2014, CARY AREA EMS BOARD OF DIRECTORS

EMS 53: We are on track for going into service in October. The shift will be 0830-2030 to begin with. Will evaluate in six months to see if the times need to change. The truck will be stationed at Cary Fire Station #8 at Mills Park. We are in the process of ordering the new truck.

CARY AREA RESCUE SQUAD, INC.
P.O. BOX 2, CARY, N.C. 27511 ID# 5239

DISPATCH TO: 740 W. HARRISON AVE DATE: 7/9/85

PATIENT NAME: [REDACTED] ADDRESS: 1323 Canterbury Rd. CITY: Raleigh STATE: NC ZIP: 27608 PHONE: 787-9939

RELATIVE ADDRESS: [REDACTED] CITY: [REDACTED] STATE: [REDACTED] ZIP: [REDACTED] PHONE: [REDACTED]

AGE/SEX: 65 DOB: [REDACTED] RACE: WHITE SEX: MALE

PRESENT SITUATION: FOUND SITTING IN AUTO VERY UNRESPONSIVE

VITALS: TIME 11:48 B/P 120/80 PULSE 82 RESP 20 MAST 0 IV/MED 0

MAST/IV: 0 IV 0 MAST BY EMT: B. COCKRELL ORDERED BY: ER: [REDACTED] DR: [REDACTED]

EYES: EQUAL ON RESP LEFT: [REDACTED] RIGHT: [REDACTED]

SKIN: COLOR: [REDACTED] COND: [REDACTED]

CONSCIOUS: [REDACTED] MENTAL: [REDACTED]

HISTORY: MEDIC TAG: [REDACTED] TAG: [REDACTED]

MEDICATIONS: 27 UNITS OF INSULIN ONCE A DAY

ALLERGIES: N/A

DOCTOR: [REDACTED]

ILLNESS: [REDACTED]

INJURY: [REDACTED]

TREATMENTS: [REDACTED]

COMMENTS: 65yo Fm FOUND SITTING IN AUTO VERY UNRESPONSIVE - AFTER PLACING IV IN AN AMBLYOPIC SLE BECAME UNRESPONSIVE - PT BLOOD SUGAR 110 ON URDEX APPROX 40 - AT ALSO VERY HOT & STARTED A LINE OF D5W 2000cc BOLUS ASXV TO RVD - AFTER NEARLY 100cc OF INT PT BECAME CONSCIOUS ALERT & WALKED THIS STAIR THROUGHOUT TRANSPORT

TRANSPORT: [REDACTED]

CALL INFO: CALL NO. 70 TYPE CALL 1 TRANSPORTED FROM 740 W. HARRISON AVE

PERSON IN: [REDACTED]

EMT INFO: COMPLETE AT SCENE [REDACTED]

DRIVERS: [REDACTED]

DIFFICULTIES: [REDACTED]

PROVIDER NAME: CARY AREA RESCUE SQUAD

PROVIDER ADDRESS: 1323 Canterbury Rd. Raleigh, N.C. 27608

RELATIVE NAME: [REDACTED] RELATIVE ADDRESS: [REDACTED]

RELATIVE EMPLOYER: [REDACTED]

CALL NO. 70 TYPE CALL 1 TRANSPORTED FROM 740 W. HARRISON AVE

ARRIVE SCENE 11:48 DEPART SCENE 12:30

ARRIVE DEST 12:35 TRIP MILEAGE 12.00

OTHER EQUIPMENT USED: [REDACTED]

EMT SIGNATURE: Bobby S. Cockrell

DRIVER SIGNATURE: [REDACTED]

I hereby authorize all treatments contained in this report. I have been made aware of the Patient's condition and authorize exchange of the above equipment for [REDACTED] treatment/transportation by (Provider Name) [REDACTED]. The patient was offered and refused treatment/transportation on this date.

JULY 9, 1985, CALL REPORT ID #5239
65yo female found sitting in car; very incoherent; after putting in ambulance, she became totally unresponsive; started IV D5W; after bolus approx 100cc input, pt. became conscious and alert. Bobby Cockrell

Behind the Scenes



Jon Wallace, Shawn Davis, Frank Tallarico, Tara Truelove, Christian Heinrich, TV's "Emergency!" cast member Randolph Mantooth who played paramedic John Gage, Chasidy Kearns, Doug Alumbaugh, Justine Hollingshead; and (kneeling) Larissa Harris at 2005 North Carolina EMS Today conference in Greensboro.



Erin Drohan shows off information about Cary EMS at a community event in August of 2003. Erin is now physician assistant hematology/oncology at Rex Cancer Center.



Christian Heinrich, Betsy Bowers, Mike Prevatte, Tammy Patton and Chris Dye at the kid's park, May 2005.

MOVE TO PAID CHIEF

While the Squad had paid personnel starting in 1982, the chief executive officer continued to be a volunteer. After John Owen served almost a decade, there was a rapid succession of chiefs — seven in the next 7.5 years. An increasingly large staff, all requiring more and more training, became a lot for a volunteer leader.

John Barile said, "Typically a chief position was a two-year position. Ever since David Boone had left and we had money trouble, no one had stayed more than a year."

In July 1987, the chief, Bob Annunziata, recommended that the chief's job become an administrative one, not running calls. It was left up to the chief how to handle that.

Then, in a straw that seemed to weigh heavily on the backs of the volunteer leaders, Town of Cary officials summoned newly minted Chief Tom Maynard in to discuss the finances of the organization, which appeared shaky at the time.

"I'm a kid," Maynard recalled. "They look at me and ask why you're in such danger. I really copped out. (I told them that) I just came into this position and found out. We'd always been solvent."

The agency remained solvent. But Maynard served as chief for only five months. His successor, Charles Cheek, finished out Maynard's term, but that was it.

Jon Olson served for a year. Tom Modafferi lasted for five months. And John Barile for seven.

Barile said, "At the time the talk started more seriously about getting a paid chief because it was such a big job. I didn't want to continue being chief in July when we had elections. I didn't want the new paid person to be assistant chief. Let the big chief be a volunteer. The majority voted on having the chief be paid."

Then, for reasons that are unclear from the written record — there are no written records for Barile's term as chief — the Squad hired a full-time, paid chief — Eddie Wimberly.

Wimberly recalled that he was told the organization needed a full-time, paid chief because the organization, like the town, was growing.

"They reached the point that the board felt it would be best to hire a full-time chief."

Barile said, "At the time I had been working part time in Harnett County. I had met Eddie, and I was impressed with him. He was sharp and he knew what was going on. I encouraged Eddie to apply for the job. I thought he would do really well. An outside panel selected Eddie."

Wimberly said he started in 1974 as a volunteer with Angier Rescue Squad, worked for the county full time starting in 1982, was chief at Angier from 1986 to 1988, was assistant director/training officer for Harnett County EMS and started with Cary in June 1992. ■

JULY 20, 1987, ANNUAL MEETING

Bob made a request to make the chief's position an administrative one due to increased time demands on the office. He felt the chief should be excluded from active duty and that no minimum duty hours should be placed on the position. Lu Little made a motion to accept this request that was seconded by Rick Henry. Before a vote could be taken, Don Hurlbut made a request to amend the motion to allow the chief the prerogative of making his position an active duty or an administrative one. J.C. Childers provided a second to the amendment. Vote carried to accept.

SEPT. 21, 1989, LETTER TO CARY AREA RESCUE SQUAD CHIEF TOM MAYNARD FROM THOMAS BROOKS, TOWN OF CARY, CHAIRMAN, FINANCE/PERSONNEL COMMITTEE

In addition to a strong financial base, your management needs to be solid, fair, innovative, and professional. The Town Council would recommend that you think seriously about hiring a full-time Rescue Squad manager who has full authority to run a Squad as a professional organization, reporting to a volunteer board of directors. A good manager uses many tools to put his scarce resources to the best possible use.

OCT. 16, 2000, CARY EMS BOARD

Letter of Resignation: Eddie (Wimberly) wrote a letter to the board stating that he was resigning his position as chief of Cary Area EMS. His official ending date will be on Nov. 10, 2000.

Lynn York recommended that there be a search committee appointed to establish guidelines for the Chief's position. This committee would begin by reviewing the job description and recommending any changes. They would also begin advertising and to determine a potential interview committee. The committee would also recommend which Asst. Chief would be acting chief until a new chief was hired.

Lynn asked Eddie if he would be willing to act as a consultant to Cary Area EMS in the interim.

Fred Toms made a motion that the board approves the committee to have a recommendation for the interim chief by the next meeting, select an interview committee and have an informal social for Eddie before he leaves. Seconded by Marion Houle. Motion passed.

Search Committee: Outside board members Fred Toms and Russell Buxton; Internal board members Jessica Matthews, Marion Houle; Volunteer member Justine Hollingshead; At large committee member John Barile.



DEC. 4, 2000, CARY EMS BUSINESS MEETING

Sixty applications for chief's position were received. Thanks were expressed to the people who returned the survey giving them input into what to look for in a chief. "There are awesome people out there." The search committee consists of Marion Houle, Justine Hollingshead, John Barile,

Jessica Matthews, Fred Toms and Russell Buxton. The position was advertised in local papers, the *Charlotte Observer* as well as on *JEMS* website and monster.com. Marion said most of the applicants were coming from North Carolina. Nov. 30 was the closing date with interview commencing after New Year's. They expect the new chief to be in the job at the end of February.

CHIEFS (back) John Owen, Dave Boone and Steve Cohen; (front) Jerry Adams, Tom Maynard, Tammy Patton, Eddie Wimberly.
Photo by Bradley Wilson

JAN. 2, 2001, CARY EMS BUSINESS MEETING

Fred Toms talked about search committee status. He said that a selection of six applicants was made with from the 59 applicants received. Interviews have been arranged for Monday the 8th and Tuesday the 9th of January. There will be a formal interview committee which will be the search committee as well as some outside people (Mike Jones of WVMC, Jeff Chambers of SAS, Captain Melvin Matthews of RPD and Nicky Winstead of Apex EMS.)

The formal interviews will be held off site and an informal interview panel comprised of members will be held at Cary EMS. Evaluations will be filled out by all who sit in on any of the interviews. These will be used by the search committee to aid in its efforts to rank the candidates.

JAN. 3, 2001, CARY EMS BOARD

Interview committee has chosen two candidates. The top rated was Steve Cohen and they are waiting on his criminal background. Recommendation by Fred Toms to make Steve Cohen a letter of employment with Cary EMS, pending information on background. Second by Marion Houle. Motion passed.

Motion to set the salary range between \$45,000 and \$65,000 by Bob Heater. Second by Marion Houle. Motion is amended to include Fred Toms to negotiate a salary between \$45,000-65,000, including benefits and a possible relocation package. Second by Marion Houle. Motion passed.

FEB. 5, 2001, CARY EMS BUSINESS MEETING

Steve Cohen has accepted the position. We're waiting for part of his background check. He will be here this weekend with his wife to start checking housing, etc. Tammy has his resume if anyone wants to see it.

FEB. 26, 2001, CARY EMS BOARD

Update on Search Committee: Fred Toms has negotiated a starting salary with Steve Cohen which the board approved. The new director will start March 26, 2001. Fred also has discussed and negotiated the benefits with Steve Cohen. Fred Toms is going to send a final letter to Steve explaining the benefits and salary in detail to him before he arrives.

MARCH 5, 2001, CARY EMS BUSINESS MEETING

Tammy - Chief will start March 26, 2001. He will be in town starting March 25.

continued on page 36

Greg Edwards talks to a patient Feb. 21, 2017, on a call with the Morrisville Fire Department after an automobile accident on Aviation Parkway. Photo by Mike Legeros

Christian Heinrich talks to a patient at Lazy Daze in 2003.



BECOMING A PARAMEDIC-LEVEL SERVICE

The early days of EMS were a lot of “load and go.” An ambulance showed up on the scene, the ambulance attendants — as they were called at the time — would pick up a patient and take him or her to the hospital. However, all that changed with paramedic-level care.

Is this patient going to die? Probably load and go. Trauma.

Will delaying transport harm the patient? Probably load and go. The cerebrovascular accident — CVA. The ST-elevation myocardial infarction—STEMI.

“If the answer to the question is no, which it is 95% or more of all calls, we can then chitchat a little,” said Peter Canning, author of *Killing Season: A Paramedic’s Dispatches from the Front Line of the Opioid Epidemic*, in an April 15, 2007, blog post. “Set the stretcher up, make certain there is someone to feed the dog, water the plants, tell a relative the patient is going to the hospital, make certain they have their keys, and the doors are locked on the way out.”

Paramedic students complete a program of between 1,200 and 1,800 hours of training over six to 12 months. Many earn their associate’s degree. The paramedic provides the highest level of health care on the streets. At Wake Technical Community College, students can complete a five-semester associate of applied science degree in emergency medical science to obtain a paramedic credential.

Thus, moving to a paramedic level of care was a big step for an organization that started with a few volunteers who wanted to serve their community. After all, the whole profession of pre-hospital health care was relatively new. It was only in 1969 that Miami, and then Seattle, started the nation’s first paramedic programs. Cary made the move to providing paramedic-level care about 15 years later.

Really, as the minutes reflect, the organization didn’t have much choice. The choices were (a) start providing paramedic care, which would be subsidized by Wake County; (b) continue providing basic life support service only, but on ambulances equipped for paramedic care and staffed by paramedics provided by the county; (c) discontinue service and let the county provide advanced life support service to the entire county, including the Town of Cary.

It didn’t come free even with Wake County’s help.

The board’s minutes of Aug. 12, 1987, reflect the concern over finances.

“In light of the additional expenses to be incurred with the paramedic program, Chief Bob Annunziata announced he had approached Assistant Town Manager

James T. Westbrook regarding increasing the funds currently received from the Town of Cary from \$27,000 to \$54,000 annually.”

On Aug. 24, “Although no official commitment has been given, Chief Annunziata said he felt the Town Council was receptive to increasing its funds to the Squad.”

Neither that money nor the move to ALS care came easy.

In the fall of 1987, Bart Lineback provided the board with a lengthy report on the true cost of implementing paramedic service, including everything from employee benefits to uniforms to training. Entire meetings that fall were devoted to approving the job description and policies. ■

MARCH 4, 1985, BUSINESS MEETING

561 (Annunziata): County EMS has been approved for paramedic. Each squad needs to decide if they will go paramedic.

JULY 21, 1986, CARY RESCUE SQUAD ANNUAL MEETING

Rick Whitcomb discussed the future goals of the squad. Rick discussed moving toward EMT-IA or EMT-P level of training and the future need to expand daytime coverage.

JAN. 5, 1987, GENERAL BUSINESS MEETING

Bob Annunziata discussed the rescue squad’s plans for the next one to three years. He said our main options were (1) continue at our current level; (2) advanced to EMT-P level; or (3) quit providing service. Annunziata said he would like to see us go to EMT-P this year. Steve Parham made a motion for the board to try to find a way to fund and implement paramedic coverage by Jan. 1, 1988, and present the plan by June 1, 1987. Seconded by Lu Little. Motion carried.

FEB. 2, 1987, BUSINESS MEETING

Announcement of paramedic coverage early because of budget considerations. Met with Gerald Brown Jan. 13 for lunch. Wake County will pay all of the cost for paramedic equipment so if the squad cannot provide coverage, EMS will get the equipment. Budget for outfitting two ambulances estimated at \$20,000 for each unit.

JULY 13, 1987, BOARD MEETING

The group returned to the office to review the paid/volunteer status of the Squad’s paramedics. Bob announced the Squad would probably have to hire three full-time paramedics to provide coverage.

JULY 20, 1987, ANNUAL MEETING

Bob announced his anticipation for an even better year ahead for the squad. He said activities for bringing the squad into the paramedic level of service are well underway. Presently the idea of hiring three paramedics is being considered to insure adequate coverage.

JULY 29, 1987, SPECIAL MEETING OF THE BOARD OF DIRECTORS

Chief Annunziata summarized previous board discussions regarding paramedic employees by stating that the Squad would hire three paramedics, one of whom would be current daytime employee Tom Maynard, to work a 24-hour, A-B-C shift cycle. The paramedics would work an average of nine 24-hour shifts in a 27-day cycle, an identical cycle to that run by Wake County EMS.

A comparison of competitive paramedic salaries showed salaries ranging from \$16,000 annual starting salary in Guilford County increasing to \$20,000 annually with six months experience to \$21,800 annual starting salary with Wake County EMS. The motion was made by Arey Little that the starting salary for paramedics will be \$16,000 annually. Pay will increase automatically to \$18,000 annually with three months’ experience with CARS.

AUG. 3, 1987, GENERAL MEMBERSHIP

Chief Annunziata congratulated the four Squad members, Bart Lineback, Tom Maynard, Bob Sik and Rick Whitcomb, who had recently completed their paramedic preceptor requirements. Cary Area Rescue Squad is the only squad to have all of its paramedic personnel complete the requirements. Chief Annunziata reported that the board met to discuss and decide upon the paramedic job description, rules and regulations, policy matters and starting salary. Discussion followed.



March 6, 2001, Cary EMS press release

CARY AREA EMS HIRES NEW CHIEF

After reviewing 60 applicants, search committee members selected Steve Cohen for the chief of the Cary Area EMS. He will start April 1.

Cohen, currently the director of education for Medical Rescue Team South Authority near Pittsburgh, has been involved in EMS for 19 years. He is responsible for recruiting, training, retaining and overall management of the volunteers, something Cary Area EMS Acting Chief Tammy Patton said made him the ideal candidate.

“I really liked his approach on working with volunteers,” she said, noting that Cary Area EMS supplements its nine, full-time paid paramedics and approximately 20 part-time medics with more than 20 volunteers who run the same shifts as paid personnel. “He came in (to the interview) with a lot of energy and eagerness,” Patton said.

Cohen has his bachelor’s degree in emergency medical services management from Hahnemann University and is a certified instructor in Automatic External Defibrillation, Advanced Cardiac Life Support, Pediatric Advanced Life Support and in all levels of EMS education.

In addition, Cohen has created and implemented a volunteer orientation program, served as educational coordinator for the American Heart Association Save-A-Life Saturday CPR Mass Training, presented sessions on such topics as “How to Train 1,000 Students in CPR and Enjoy It,” and served as daily operations director for a large, private ambulance service.

He worked in the City of Pittsburgh Department of Public Safety, Bureau of EMS for six years and also has worked in the Medical College of Pennsylvania and the Philadelphia Fire Department.

Cary Area EMS was founded in 1971 and serves the greater Cary area of more than 150,000 citizens. Paid staff and volunteers ran nearly 4,500 calls last year.

continued on page 39

QUIZ

BASED ON BYLAWS APPROVED IN JANUARY OF 2019

(given to members Nov. 5, 2007 - see page 27)

CHOOSE THE BEST ANSWER FROM THE CHOICE BELOW.

1. **Cary EMS is incorporated by the State of North Carolina as ... (1.1)**
 - a. a business.
 - b. a governmental entity.
 - c. a division of the Town of Cary.
 - d. a nonprofit organization.
2. **According to the bylaws, if there are eight members present, how many constitute a "majority"? (3.3)**
 - a. more than half (more than 5)
 - b. 50% + 1 (5)
 - c. the whole number of 50% + 1 (5)
 - d. 51% (4)
3. **The purpose of the bylaws is to lay out the rules of conduct and authority for the board of director, officers and members. To change the bylaws requires that proposed amendments be posted... (2.2)**
 - a. seven days prior to the next meeting.
 - b. online.
 - c. 72 hours in advance of the meeting in accordance with North Carolina open meetings laws.
 - d. none of the above.
4. **An amendment to the bylaws must be passed by... (2.2)**
 - a. 51% of all members eligible to vote.
 - b. a majority of all members present.
 - c. two-thirds of all members eligible to vote.
 - d. two-thirds of all members present.
5. **How many business meetings shall be held? (3.1)**
 - a. 6, one every other month
 - b. 6, in odd-numbered months
 - c. 12, every month
 - d. 2, scheduled to conduct the organization's business
6. **Three governing documents were created by the bylaws and the Board of Directors is charged with resolving any conflicts between the documents. Which of the following is NOT one of the documents created by the bylaws? (Article 2)**
 - a. Standard Operating Guidelines
 - b. Personnel Policy
 - c. Training Protocol
 - d. Medical Protocols
7. **Meetings of the Board of Directors shall be... (3.3)**
 - a. every other month.
 - b. in odd-numbered months.
 - c. every month.
 - d. five times per year.
8. **If the board meeting does not occur as part of a regular schedule, notice of the change in the date, time or place must be posted by the secretary...**
 - a. two weeks in advance.
 - b. 72 hours in advance in accordance with state open meetings laws.
 - c. a the previous meeting.
 - d. none of the above.
9. **Who can call a special meeting of the board? (3.5)**
 - a. any officer
 - b. any four board members
 - c. any two Squad members eligible to vote
 - d. none of the above
10. **An absentee vote is the same as a proxy vote.**
 - a. True
 - b. False
11. **How many members sit on our Board of Directors? (4.2)**
 - a. 5
 - b. 8
 - c. 11
 - d. 13
12. **Which of the following is NOT a criteria for being on the Board? (4.2)**
 - a. five members must be non-active squad members who are respected citizens of Wake County
 - b. one member must be a full-time, paid, senior member
 - c. two active volunteer, senior members
 - d. the chief and assistant chief
13. **How many people does it take to vote to fill the position of a Board member who has resigned? (4.4)**
 - a. a majority of members present eligible to vote
 - b. one
 - c. two-thirds of members eligible to vote
 - d. the president of the board appoints people to fill vacancies.
14. **The nominating committee is charged each year with identifying individuals who are eligible, qualified, and interested in filling a position on the board. They are appointed by the chief how far in advance of the Annual Meeting? (4.5)**
 - a. one week
 - b. 72 hours in accordance with North Carolina open meetings laws
 - c. one month
 - d. 45 days
15. **Cary EMS is organized as... (Art. V)**
 - a. a military hierarchy (like the fire and police departments).
 - b. a dictatorship.
 - c. a representative form of corporate administration.
 - d. a democracy.

Behind the Scenes

Images from some early training



Bill Stevenson, observing in bottom picture, said, "When I was here we did all rescue work. If we needed help, we called the fire department. They came. They were great. We had good relationship with the fire department. [Plus,] the guys here were really good about training. We would tear up a car once a month."

Discussion then followed regarding the implementation of the paramedic service as of midnight Sept. 14, 1987. As the only fully equipped paramedic unit, 575 is to be the first-run unit until further notice is given. Chief Annunziata also announced that the Squad is pursuing the use of a cellular phone for telemetry. A trial unit will be arriving soon.

Chuck Cheek, EMT-P, applied for daytime membership. Discussion followed. Motion to accept Chuck Cheek as a trial member was made by J.C. Childers and seconded by Alan Jones.

OCT. 5, 1987, CARY EMS GENERAL MEMBERSHIP

Chief Annunziata then commented on the recent favorable publicity the Squad had received regarding the implementation of the EMT-Paramedic program, and he stressed the importance of continued training within the Squad. Paramedic program started Sept. 15. Things are running well.

NOV. 2, 1987, GENERAL MEMBERSHIP

Chief Annunziata also reported that Six Forks Rescue anticipates implementing its EMT-Paramedic program after Christmas.

DEC. 7, 1987, GENERAL MEMBERSHIP

Chief Annunziata stated that after much discussion, the Chiefs Association voted to request a \$4,000 increase in annual funding from Wake County. Paramedic-level squads are to receive an additional \$2,000 for a total of \$6,000. The Chiefs Association also decided to plan a study and present data for its 1989 budget request. Chief Annunziata reported that the pediatric protocols for EMTs-Paramedic being developed by Audit and Review Protocol Committee are expected to be completed by January 1988. Discussion followed.

He also announced that Wake County will implement EMT-D training and certification in 1988.

DEC. 16, 1987, BOARD OF DIRECTORS

Rick Whitcomb then presented the proposed job description and employee handbook for part-time employees. Review of the handbook and discussion followed. After a comparison of competitive salaries, the board decided to pay part-time EMTs-Intermediate at the hourly rate of \$6.50 and part-time EMTs-Paramedic at the hourly rate of \$7.49, the same pay scale used by Wake County EMS. Arey Little made the motion to adopt the part-time employee handbook as presented incorporating the salary inserts and typographical corrections made during the discussion. David Boone seconded the motion. Motion carried.

JAN. 13, 1988, BOARD OF DIRECTORS

After general discussion of equipping 572 as a paramedic-level unit, Rick Whitcomb made the motion to authorize purchase of a Lifepak defibrillator and drug kit for 572. Arey Little seconded the motion. Motion carried.

FEB. 1, 1988, GENERAL MEMBERSHIP

Chief Annunziata reported that at the most recent meeting of the Board of Directors, the board authorized the hiring of part-time EMTs-Paramedic to supplement the full-time employees. Applications are being accepted.

Chief Annunziata reminded members to attempt to have an EMT-Paramedic, whether an employee or volunteer, on second duty whenever possible.

MARCH 7, 1988, GENERAL MEMBERSHIP

Chief Annunziata announced that Tim Bullock and Wallace Piper had been recently hired as part-time EMTs-Paramedic. Both will start work immediately to become familiar with the Squad's territory and procedures. Additional part-time EMTs-Paramedic are being sought.

MAY 2, 1988, BUSINESS MEETING

Beginning April 8, Garner Rescue began paramedic level service.

MAY 11, 1988, BOARD MEETING

Chief Annunziata said he felt that we need to look into second duty crew during the day at the paramedic level. Discussion followed. Tom Maynard said that if the position became open, he would be interested in being put on days again.

JUNE 6, 1988, BUSINESS MEETING

Bob Annunziata discussed Apex Rescue responding to the hospital with cardiac arrest patients and having Cary Rescue intercept their ambulance en route for paramedic intervention. Chief Annunziata did not encourage this practice until he spoke to the Audit and Review Committee. After reviewing the situation, the Committee concluded this practice was a liability and should be discontinued.

Patient Information		Clinical Impression	
Last	Address	Primary Impression	Dizziness
First	Address 2	Secondary Impression	Nausea
Middle	City	Protocol Used	Universal Patient Care
Gender	State	Anatomic Position	General/Global
DOB	Zip	Onset Time	
Age	Country	Chief Complaint	Dizziness
Weight	Tel	Duration	12 Units Hours
Pedi Color	Physician	Secondary Complaint	Nausea/vomiting
SSN	Ethnicity	Duration	12 Units Hours
Race		Patient's Level of Distress	
Advance Directives		Signs & Symptoms	Abdomen and Digestive System - Nausea and vomiting Cognitive Functions and Awareness - Dizziness and giddiness Other - Abrasions to scalp
Resident Status		Injury	
		Mechanism of Injury	Blunt
		Medical/Trauma	Medical & Trauma
		Barriers of Care	None Noted
		Alcohol/Drugs	None Reported
		Pregnancy	
		Initial Patient Acuity	
		Final Patient Acuity	
		Patient Activity	

Medication/Allergies/History	
Medications	
Allergies	No known allergies
History	Hyperlipidemia, Hypertension (HTN), Other - BPH, Vertigo
Last Oral Intake	

Vital Signs															
Time	AVPU	Side	POS	BP	Pulse	RR	SPO2	ETCO2	CO	BG	Temp	Pain	GCS(E+V+M)/Qualifiers	RTS	PTS
08:40	Alert		SIR	141/87 A	72 R	16 R	98 Rm			134	98.1 F/TY	1	15+4+5+6/NQ		
08:43					68										
08:47					68										
08:59	Alert	R	Sit	176/82 M	72 R	16 R	98 Rm								
09:16					66		97								
09:34	Alert	R	Sit	178/94 A	67 R	15 R	99 Rm					1	15+4+5+6/NQ	12	

ECG			
Time	Type	Rhythm	Notes
08:41	12-Lead	Sinus Arrhythmia	

Flow Chart			Provider
08:36	ALS Assessment	Comments: See narrative; Patient Response: Unchanged; Successful; Complication: None;	
08:41	12-Lead ECG	Comments: Sinus arrhythmia; no ST elevation noted; RBBB; Patient Response: Unchanged; Successful; Complication: None;	
09:01	IV Therapy	18 ga; Forearm-Left; Saline Lock; Total Fluid: 8 ml; Patient Response: Unchanged; Successful; Complication: None;	
09:04	Zofran	4 Milligrams (mg); Intravenous (IV); Patient Response: Improved; Complication: None;	

Initial Assessment	
Category	Comments
Mental Status	Mental Status + Event Oriented, Person Oriented, Place Oriented, Time Oriented - Combative, Confused, Hallucinations, Unresponsive
Skin	Skin - Cold, Cyanotic, Diaphoresis, Hot, Jaundiced, Lividity, Mottled, Pale

Number: [redacted] Page 1 of 4
 Chart Number: [redacted] Template Version: PCR-WEB-1.3.1
 Data Version: 00397-000000001734608

Narrative	
Responded to a stroke. Upon arrival, I observed the 92 y/o M pt sitting on the edge of his bed in the care of family. The pt was C/A/O to person, place, time and event and appeared to be in NAD.	
The pt stated he was hanging a picture above his bed on Thursday evening when he "felt" and tripped off the side of his bed. The pt stated he did not actually fall and land on the ground, but rather stumbled into the wall. The pt stated his head struck the wall, as did his right arm and ribcage. The pt stated he had some "scrapes" but was fine and did not seek medical attention. The pt stated the next day, he was working on taxes with a magnifying glass (normal), and after approximately 6 hours, felt nauseated. The pt ate some soup, then ice cream, and felt much better. The pt went to bed, and some time during the night vomited one time. He did not look at his emesis. The pt stated he woke up this morning feeling dizzy and nauseated. He stated he has a history of vertigo, and this feels similar. The pt denied blurred or double vision. The pt denied any LOC when he struck his head. The pt stated he is much more unsteady on his feet today, but believes that is due to his dizziness. The pt denied any other complaints. The pt denied HA, blurred vision, paresthesia, difficulty breathing, chest pain, abdominal pain, diarrhea, recent medical changes, recent illness. The stroke screen was negative. The pt's c-spine was cleared.	
The pt's skin was pink, warm and dry, pupils PERLL, breathing even and unlabored. There were two small abrasions noted to the top and right of the pt's skull. There were no tenderness/deformity/crepitus noted to the pt's skull. There was no hematoma noted. The pt had equal grimace and no slurred speech. The pt had no tenderness/deformity/crepitus noted to his neck/clavicles/chest wall. Airway free from blood/fluid, no JVD noted; no tracheal deviation noted. There was equal rise and fall of the pt's chest with each breath. The pt's abdomen was soft, non-rigid and non-tender to palpation in all quadrants. The pt's pelvis was stable. There was no arm drift, and the pt had equal grip. The pt had an unsteady gait, which is new. The remainder of the secondary assessment was unremarkable.	
VS as listed above. BGL, 12 lead and IV established. 12 lead was unremarkable. Zofran administered with improvement.	
The pt was assisted to the stretcher and secured using all available seatbelts. The pt was monitored en route to Duke. Pt care was transferred to ER RN via verbal report.	

Specialty Patient - CDC 2011 Trauma Criteria			
Vital Signs	None	Trauma Activation	
Anatomy of Injury	None	Time	
Mechanism of Injury	None	Date	
Special Considerations	None	Trauma level	
		Reason Not Activated	

Specialty Patient - Spinal Immobilization					
Immobilization Recommended?	Altered Mental Status	Evidence of Alcohol/Drug Impairment	Distracting Injury	Neurologic Deficit	Spinal Pain/Tenderness
No	No	No	No	No	No

Specialty Patient - Cincinnati Stroke Scale				
Time Performed	Last Known Well		Stroke Symptoms Resolved	
Onset of Signs/Symptoms	Screening Criteria Met	Facial Droop	Arm Drift	Speech
	NO	Normal	Normal	Normal

Incident Details		Destination Details		Incident Times	
Location Type	Home/Residence	Disposition	Transported No Lights/Siren	PSAP Call	08:28:53
Location		Transport Due To	Patient's Choice	Dispatch Notified	08:28:53
Address		Transported To	Duke University Hospital	Call Received	08:28:53
Address 2		Requested By	Family	Dispatched	08:29:08
Mile Marker		Destination	Hospital	En Route	08:29:14
City		Department	Emergency Room	Staged	
County		Address	2301 Erwin Rd	Resp on Scene	08:34:01
State		Address 2		On Scene	08:34:01
Zip		City	Durham	At Patient	08:36:00
Country	US	County	Durham	Care Transferred	
Medic Unit	EMSS1	State	NC	Depart Scene	09:02:43
Medic Vehicle	50-507	Zip	27710	At Destination	09:36:38
Run Type	911 Response	Country	US	PL Transferred	09:59:45
Response Mode	Emergent	Zone		Call Closed	10:18:13
Shift	E Days- 12	Condition at Destination	Improved	In District	
Zone		Destination Record #		At Landing Area	
Level of Service	Advanced Life Support	Trauma Registry ID			
EMD Complaint	Stroke/CVA	STEMI Registry ID			
EMD Card Number	28CX	Stroke Registry ID			
Dispatch Priority					

Crew Members		
Personnel	Role	Certification Level
	Lead	

Number: [redacted] Page 3 of 4
 Chart Number: [redacted] Template Version: PCR-WEB-1.3.1
 Data Version: 00397-000000001734608

JUNE 5, 1995, CARY AREA RESCUE SQUAD BUSINESS MEETING

Eddie Wimberly noted that the board was investigating the possibility of putting a paramedic on the first and second duty trucks 24 hours a day, seven days a week. Wimberly discussed some concerns that had come to his attention, specifically concerns by volunteers that they were being phased out. Wimberly pointed out that at this point, he is simply gathering information for the board to determine feasibility. Wimberly noted that in no way was this going to preempt the volunteers.

JUNE 4, 2001, CARY EMS BUSINESS MEETING

We're looking at expanding the Morrisville truck to seven days a week 7 a.m. - 6 p.m. The committee doing the needs assessment is Steve Cohen, Shawn Mitchell, Tammy Patton and Marion Houle. Cohen will be meeting the MFD chief about this. As calls increase, we may look at a third 24-hour truck. This may not be a Morrisville truck but a third truck running out of Cary.

MAY 24, 2004, BOARD OF DIRECTORS

July 2003 starting salary for EMT-P was \$29,650. Now proposing to start EMT-P at \$32,000 neither raises nor bonuses will be given. Payroll last year was \$579,000 and if new pay scale is adopted, all employees' pay if adjusted will be \$587,000. Captain's and assistant chief's pay will increase each pay period.

2021 Sample Patient Care Report
 Responded to a stroke. Upon arrival, I observed the 92-year-old male patient sitting on the edge of his bed in the care of family. The pt was conscious, alert and oriented to person, place, time and event and nothing abnormal detected.

Behind the Scenes



Thea (Hall) Haggist, Rebekah Itterman, 2018



Sarah Craven and Liz Coykendall practice working with the Morrisville Fire Department.



After a little snow in 2014

NO MORE RESCUE, JUST EMS

On Sept. 15, 1987, Cary started providing paramedic-level care in the town. But it was still a rescue agency — Cary Area Rescue Squad, an agency founded largely by volunteer firefighters to be a “volunteer ambulance service.” In the decade since paramedic-level care began, the demands on the agency had kept increasing as the population of the town doubled. The fire department’s funding came from taxes, so it was secure and growing. The demands on the still partly volunteer EMS agency grew. The agency just couldn’t find enough people to staff rescue operations.

Wimberly recalled, “The Cary Fire Department was becoming more and more involved with all aspects of rescue. There was specialized training for each area: high angle, trench, hazmat, etc. At the same time, the training requirements for EMS were also increasing. We could continue to do both, or we could do one extremely well. After much discussion, the decision was made to turn rescue over to the fire department.”

So, on Sept. 25, 1995, the agency officially ceased rescue operations. On July 22, 1996, the Cary Area Rescue Squad became Cary Area Emergency Medical Services.

Melissa Stevenson said, “I was kind of taken aback when it became Cary Area EMS. As big as Wake County is getting, I don’t know that there was an alternative. Ultimately, the responsibility of any rescue squad is to help people.”

Her husband, Bill Stevenson, whom she met while working for EMS, said it certainly was a culture change moving from EMS/rescue to EMS only. ■

TOWN OF CARY TOWN COUNCIL, MAY 13, 1993

Assignment of Rescue Services to the Cary Fire Department

After lengthy discussion, Committee recommended this issue be referred to Council for discussion and set up a tentative Special Safety/Public Works Committee meeting would be scheduled for Thursday, May 20th, at 7:30 p.m. with the Committee, Staff, Chief Ed Wimberly with the Cary Area Rescue Squad, and a representative of Wake County Emergency Management.

Dr. Brooks stated that this item basically deals with OSHA requirements of confined space and anything that would involve Town employees being put in a situation where rescue services are required. He stated that the rescue squad could be paid to hire three people to provide this service or three people on staff paid by the Town could be hired to head up this service. It has been recommended to conduct a special Safety/Public Works meeting on Thursday, May 20 at 7:30 p.m. with the Committee, staff, Chief Ed Wimberly with the Cary Area Rescue Squad and anyone from Wake County who would be involved with our rescue service provision. Dr. Brooks recommends calling for this special meeting to discuss this service.

TOWN OF CARY TOWN COUNCIL, MAY 20, 1993

Special Safety/Public Works Committee

Chairperson Tom Brooks called a Special Public Works Committee meeting to examine the Town of Cary and Cary Area Rescue Squad’s role in rescue operations. Chief Eddie Wimberly, Cary Area Rescue Squad, reported to the Committee the Rescue Squad’s decision at a meeting held Monday, May 17, 1993, that it would be in the best interest of the citizens to let the Town of Cary provide specialty rescue operations. The board feels that volunteers could not provide the level of service needed by the citizens and the Town of Cary. The Rescue Squad will continue to cooperate as in the past and provide ambulance service for rescue operations. Mr. Bass, with Wake County Emergency Management, was also in attendance and concurred with Chief Wimberly’s assessment. Committee members recommended approval by Council to acquire necessary personnel and equipment as proposed in the FY1994 Budget in order that Town can assume responsibility effective July 1, 1993.

ACTION: Dr. Brooks made a motion to approve this item and Ms. McLaurin provided the second. Council unanimously approved this item.

Dr. Brooks emphasized that Cary’s relationship with the rescue squad remains the same. The Town will continue to financially assist in support the rescue squad to enable them to continue providing their ambulance service.

Mayor Booth thanked Dr. Brooks for negotiating what could have been a very difficult situation. The rescue squad through the years has and will continue to provided a much needed service.

FEB. 6, 1995, CARY RESCUE BUSINESS MEETING

The last item on business was Rescue. The decision has to be made as to whether we are going to run as a rescue squad or whether we are going to get out of the rescue business. The biggest problem is getting the truck out of house in the daytime. John Barile brought up a recommendation to establish a rescue division of individuals just to run the rescue trucks. This deviation would be between 15 and 20 people. The current squad volunteers would have first choice as to rescue or not. Barile noted that he felt these people should be EMT or better and be able to assist as third person on the ambulances. Within one year, these people would have to become BRT certified. Preferences would be given to those people who live in the district. For members that would like to do both, they will have 18 months to become BRT certified. Much discussion followed.

Several members brought up very important points and addressed them at length. Chief Wimberly made a recommendation in the form of a motion that we find 15 individuals that would be willing to come on board as rescue techs with a basic level of EMT. This would be for a one-year period of time. Discussion followed.

Arey Little seconded the motion that if we did not show improvement within the one year that we would give vehicle extrication to the fire department. The period would be from February of 1995 to February of 1996.

SEPT. 25, 1995 CARY AREA RESCUE SQUAD BOARD MEETING

The rescue/EMS issue was discussed. Results were read from a vote taken by membership on whether to keep rescue as part of CARS. The vote was approximately 4:1 to get rid of Rescue. Heater motioned to offer the city rescue responsibilities. Second by Henshaw. Much discussion followed. Board voted and approved.

NOV. 6, 1995, CARY RESCUE BUSINESS MEETING

The reason we are not going to sell the truck right away is because we get money from the Town of Cary every year for rescue service. If we loan the truck to the Cary Fire Department, we should be able to get money from Cary.

JAN. 22, 1996, CARY AREA RESCUE BOARD OF DIRECTORS

Discussion came up on 581. It was confirmed that CARS will loan CFD the equipment and truck until they buy replacements at which time it will be given back to CARS. Steve Green asked Eddie to review the benefits of giving the rescue equipment away as opposed to selling it. Eddie explained that the main reason would be that it would be extremely difficult to find a buyer who would want to purchase old rescue equipment. Eddie said it would be in the best interest of the squad to furnish equipment to CFD since they were going to take over our rescue responsibilities at our request.

APRIL 1, 1996, CARY RESCUE MEETING

Chief Wimberly discussed the fact that with Rescue I leaving we need to think about our charter, name, and patch design. The new license plates were discussed at length. The colors will be blue and white. They will say CARY AREA (top line), CAPTAIN (middle line), EMS (bottom line). The other plates will say CARY AREA (first line) and EMS (second line).

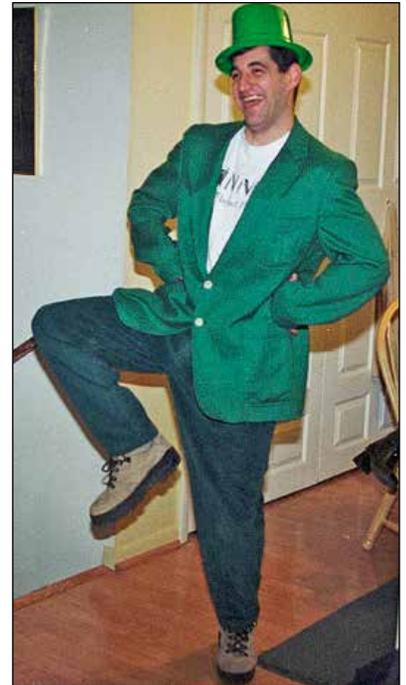
JULY 15, 1996, CARY RESCUE BUSINESS MEETING

There was much discussion about our name change. Motion was made by Watson to change to our name to Cary Area EMS, seconded by Liepins. Motion passed.

JULY 22, 1996, CARY EMS BOARD OF DIRECTORS

The board was told of the vote that the members took regarding the name change of the squad. It is now Cary Area Emergency Medical Services.

Behind the Scenes



Larry West



Dean Broz and Andy McWilliams participate in a Super Scenario Sunday training exercise in the summer of 2001.



Daniel Raynor, Alan Colvin

Behind the Scenes

FROM JOHN QUESNEL

I did an initial ride along with Dave Bowen and his crew. The other staff at the station were all amazing and friendly (at that time we only ran two trucks). I had to laugh: As we had breakfast out, they started to plan lunch since it would take hours to come up with a consensus on where to eat next.

I joined as an EMT volunteer shortly thereafter and continued for years and while onsite for my 24-hour shifts we always had a great time, made some great friends and provided exemplary medical service.

FROM HOLLY GERBER

Being a part of the Explorers program was such a great experience. Bradley was so passionate and a wonderful teacher. The rest of the staff was always so friendly and allowed me to gain experience on calls. 50 years from now, I can look back and see that the Explorers program really helped me reflect on what profession I wanted to pursue and I'll always be grateful for that!

FROM JUSTINE HOLLINGSHEAD

My first trauma call was with Tammy Patton and Chris Hegele. It was a pin-in on 64 at Laura Duncan Road. Our patient had stolen a car and was chased by SHP and wrecked his car at the intersection, hitting other cars including a minivan with a family in it and killing at least two people.

The fire department was trying to get our patient out of the car.

One of the firefighters holding c-spine was about as new as me and just trembling like a leaf.

Tammy was a newly released medic and buzzing around like a bee getting everything ready although it was pretty obvious our patient had circled the drain multiple times. When the person was pulled out of the car, their legs were like pretzels. We worked the person anyway in the back of the truck.

Back in the old days you could call for Life Flight and that is what we did. The person was flown to Duke but died en route. Tammy did a heck of a job intubating the person but was flicking the ET tube above her head and we all had to do some pretty fancy maneuvering in the back of the truck just to avoid the splatter.

OBJECTIVE BOARD

As with most nonprofits, the charter members evolved and became the core of the governing body, the board. Cary Area EMS evolved and the organization began hiring a paid staff, but voted in a volunteer chief executive officer, the chief.

As Maynard said, before the group hired a paid chief, the volunteer chief had unilateral control and could pretty much do anything he wanted, even ignore motions of the board.

By the late '80s, members began to see the lack of checks and balances when members of a fast-growing and evolving organization govern themselves. Still, as late as the turn of the century, the chief remained in charge and outsiders held one-third of board positions; volunteers and paid staff, the other two-thirds,

Then, led by attorney Fred Toms, the structure started to change, with outsiders at least potentially holding a majority of board positions.

As the July 17, 2000, minutes reflect, "[T]here was some discussion on the potential for the makeup of the board of directors to be outside members. Toms reminded the members that we are the ones who elect the board of directors and we have control over who sits on the board."

At the same meeting, the members approved having assistant chiefs and captains hired by the chief, not elected by the membership.

Steve Cohen was hired as chief in 2001.

By 2008, the members – and it's unclear when or why – had made the chief the chief executive officer, but not a voting member of the board, in line with contemporary best practices for nonprofit boards for organizations the size of Cary Area EMS. ■

OCT. 8, 1987, COMMITTEE MEETING ON PAID BOARD POSITIONS

It is the overall opinion of the committee asked to look into paid members being in executive board positions (i.e. chief, assistant chief, treasurer, secretary), that in the long-term outlook, it would not be in the squad's best interest to have paid members in executive-level board positions. This committee also wishes that paid members be allowed to hold non-executive board positions. The committee feels that the input of all members, paid and volunteer, is needed to make the squad grow and to accomplish our goals and to continue to be the best that we can be.

JULY 16, 1990, CARY AREA RESCUE SQUAD BUSINESS MEETING

PROPOSED REVISION TO THE BYLAWS OF CARY AREA RESCUE SQUAD ARTICLE III, SECTION 1: NUMBER, TERM, AND -QUALIFICATIONS

The number of directors of the corporation shall be seven. The initial Board of Directors shall be composed of the president (chief), the vice president (assistant chief), and two other directors. The president and the vice president shall be elected for renewable terms of one-year. The other directors shall be elected to renewable terms of two-years. Three additional directors shall be elected to terms of one year. One each successive year the required number of directors shall be elected and their term of office shall be a renewable two-years, with the exception of the president and vice president, whose terms will remain one-year in length and renewable. The president, vice president, and each director shall hold office for his/her designated term until his/her successor is elected, unless his/her office is earlier vacated by his/her death, resignation, removal, or disqualification. Directors must be residents of Wake County, North Carolina, and must be active members of the corporation.

JULY 19, 1993, CARY AREA RESCUE SQUAD REGULAR BUSINESS MEETING

Eddie Wimberly then turned the meeting over to Assistant Chief (Mark) Gallick to cover the proposed bylaw changes. Copies attached. Gallick went over the bylaw changes one article at a time and explained the changes from the old bylaws. Much discussion was held on Article 4.1 and 4.3 – dealing with assistant chiefs being automatically on the board of directors. It was agreed to come back to this issue and resolve later in the meeting. Rick Henry made a motion to eliminate the last sentence in 5.4 dealing with the chief only having a vote on tied issues. Motion seconded by Marion Houle, motion carried. Chief Wimberly asked the question as to why we had chosen to have two assistant chiefs on article 6.1. Discussion followed.

Jon Olson brought up a conflict on 7.5 and 4.1 which would allow paid personnel to serve on the board. Article 4.1 will be changed to reflect volunteer senior members. This change will resolve the conflict with squad intentions not to have paid personnel on the board. Mark noted this was an oversight and a motion

was not needed to change this article. Gallick covered the fairness clause in some detail and noted that this article provided a strong check and balance to ensure that all members had a fair appeals process. Gallick covered the remainder of the bylaws and then opened the floor for discussion of article 4.1 and 4.3 dealing with assistant chiefs. Rick Henry made a motion to strike the portion of the article dealing with assistant chiefs automatically being on the board. Olson seconded the motion. Considerable discussion was held on this issue. John Barile expressed strong sentiments that he felt it would be unfair to ask someone to serve as assistant chief and not give them a board position. Motion carried.

AUG. 2, 1999, CARY EMS BUSINESS MEETING

Proposed bylaw change

The board shall consist of 13 members. Five of the 13 shall be respected citizens of Wake County who shall either be non-departmental members, inactive Lifetime members or Honorary members. Six of the remaining board members shall be volunteer senior members of the department with one or more years of service. The 12th position shall be the chief who shall also be the president. The 13th position shall be a full-time, paid senior member with one or more year of service.

The proposed change submitted by Christian Heinrich and Curtis Lowe passed by a two-thirds vote.

JULY 17, 2000, CARY EMS BUSINESS MEETING

Fred Toms proposed that the board have five outside members, two senior member volunteers, one paid member, three at-large members which could be outside participants, senior volunteer members or one additional paid member (no more than two paid staff allowed on the board).

There was a motion to accept the amendments 14-0.

JAN. 8, 2008, BYLAWS

4.1 The board shall consist of eleven members as follows:

- a. Five board members shall be "outside members" – i. e. respected citizens of Wake County who shall not be active squad members, but who may be either inactive lifetime squad members or Honorary squad members;
- b. Three board members shall be at large members, only one of whom may be a paid member and any of whom may be, but are not required to be, volunteer senior members with one or more years of service;
- c. One board member shall be a full-time, paid senior member with one or more years of service; and
- d. Two board members shall be active volunteer senior squad members with one or more years of service.

The chief shall be the chief executive officer of the corporation but shall not be a director. He shall be an employee at will and may be terminated with or without cause at any time by the Board of Directors. Subject to the direction and control of the board, the chief shall supervise and control the management of the corporation and shall have such duties and authority as are normally incident to the position of chief executive officer of a corporation and such other duties and authority as may be provided for from time to time by the Board of Directors or as provided for elsewhere in these bylaws.

JANUARY 2019, BYLAWS

The Board of Directors shall consist of eight members as follows:

- a. Five (5) board members shall be "Outside Members" – i.e. respected citizens of Wake County who shall not be active members of the organization.
- b. One (1) board member shall be a full-time, paid senior Member with two (2) or more years of service (non-voting); and
- c. Two (2) board member shall be active senior volunteer members with two (2) or more years of service.

Each board member will serve a three-year term, unless filling a vacancy or unexpired term.

The chief shall be the chief executive officer of the corporation but shall not be a board director. They shall be an employee at will and may be terminated with cause at any time by the Board of Directors. Subject to the direction and control of the board, the chief shall be responsible for all operations, supervise, and facilitate the management of the corporation.



Attorney Fred Toms with his wife Pam, December 2000



Arey Little, December 2000

At a house fire on July 21, 2015, EMS 55 Sarah Lolli responded with the Cary Fire Department, Apex EMS and others to a working structure fire on Livingstone Drive in Cary. Photo by Mike Legeros



TECHNOLOGY ADVANCES

Largely because of the volume and cost, EMS is sometimes reluctant to advance technologically. Wake County implemented 911 in January 1982. According to the town's website, the Cary 911 Center was the first in Wake County to participate in the Emergency Medical Dispatch program, which trains emergency communications officers how to provide callers with lifesaving instructions on various types of medical emergencies, such as how to control bleeding from a laceration, how to free an object from someone's throat, and how to administer CPR.

Chris Hegele, now an emergency communications specialist with the Town of Cary, said in a 2021 e-mail, "The entire county was going to EMD but since Cary EMS was dispatched by Cary communications at the time and Cary got all of their employees through class first, Cary went live before Raleigh, so that made them the first agency in Wake County to use EMD by several months."

Then came the use of paperless patient care reports that could be mined for statistical data (including times) and given directly to insurance companies and health-care providers.

"They had been talking about going paperless for years. Joseph (Zalkin) just never got it done," Barile recalled. "Basically they told Joseph they would be paperless. All of a sudden it happened."

One challenge was getting reliable computers in all of the ambulances. Wake County officials chose the Panasonic Toughbook, the little tiny Toughbooks, Barile said, "for motorcycle cops."

"It made your hands hurt."

Of course, with such advances come problems.

In January 2008, one of the computers was stolen from WakeMed Hospital in Raleigh.

In a Feb. 8, 2008, article in the *Raleigh News & Observer*, reporter Sam LaGrone

wrote, "More than 3,500 firefighters, paramedics and other Wake County emergency workers and 1,100 patients transported by county ambulances had their names and Social Security numbers recorded in a laptop that has been reported stolen."

LaGrone continued, "The county has hired a private company for \$19,629 to help protect their personal information."

Impacted individuals, including all staff members from Cary Area EMS, weren't notified for about three weeks.

Annie Antón, a North Carolina State University computer science professor who specializes in data theft, said in the article that Wake County EMS could have done much more to protect personal information. "Clearly the data should be encrypted and strong passwords should be used as well," Antón said. ■

JAN. 7, 1980, BUSINESS MEETING

Chief Owen said that just prior to the installation of 911 in Cary there was discussion on the best type of advertising for this change. After checking several routes, an ad was placed in the yellow pages in Cary and Raleigh. Both numbers were incorrect as they appeared in the phone book. After several rounds with the phone company it was decided that the number in the Cary pages would not be forwarded as most people in Cary are aware of 911. The number in the Raleigh yellow pages will be forwarded. Also, the phone company said there will be no charge for yellow page ads for the next two years,

MARCH 26, 1990, CARY EMS BOARD OF DIRECTORS

John Barile reported that the Computer Aided Dispatch system is coming to Cary in April. A printed and dedicated phone line are needed to use this system. A request for further information from the town will be made to see if we will be involved in its use.

FEB, 26, 2001, CARY EMS BOARD OF DIRECTORS

Cary EMS has been approved as a Beta test site for Premis. This will begin as of April 1st, 2001. This is the new online form submittal for all of the ACR's that the state is going to. The state is going to mandate this system in August or September statewide. They will start the electronic ACR later on after we get used to the new paper ACR. Motion to approve the beta test site by Bob Heater.

FEB. 2003, BOARD MEETING

New Trip Sheet Program: CEMS has received the Toughbook Notebook and it will hopefully start next Saturday. There has been a deadline to have all training and all equipment installed by 3-1-03. Cary is looking at an approximate cost of \$14,000 to equip the other trucks that Wake County does not.

MARCH 24, 2003, BOARD OF DIRECTORS

Steve is meeting with the EMS Project Committee on a weekly basis for the transition from paper ACR to computer. Hopefully the program will go live the second week of April.

NOV. 24, 2003, BOARD OF DIRECTORS

RESCOM visit (Communication Center): Christian Heinrich and Steve Cohen went to visit RESCOM. They had asked RESCOM if they could handle another 5000 calls and their response was no. It was a very nice setup and very professional. The reason for the visit was to see if we should switch communication centers. CEMS has decided to stay with Cary Communications.

NOV. 22, 2004, STAFF MEETING

Morrisville will be dispatched by Raleigh RESCOM starting in 1/05. The calls will then be transferred to Cary Central. Please be patient as bugs are worked out

APRIL 25, 2005, CARY AREA EMS BOARD OF DIRECTORS

Communication Center Update: Steve is working with Wake County. Leaning toward moving to RESCOM to receive AVL. AVL will not work with the Cary dispatch center. Still unsure of what kind of navigational system they will choose. The money has been approved for 40 AVL units to be installed.

DEC. 12, 2005, STAFF MEETING

Because Cary Central is unable/unwilling to pull data from their CAD, it will be sometime after we move to RESCOM until we have the data we need to justify an additional truck.

Behind the Scenes

CARY AREA EMS PERSONNEL ROSTER						
NAME	STAT	C	Start Date	Full-Time Hire Date	Part-Time Hire Date	Annbr 2015
VOLUNTEER STAFF						
Wright, Michael	SR	E	Dec-19 2015			2
Franz, Noah	SR	E	Feb-19 2019			0
Gilbert, Tessa	SR	E	Oct-16 2016			2
Hollingshead, Justine	CAPT	E	Aug-96 1996			23
Jackson, Nathan	SR	E	Oct-16 2016			1
MacIntyre, Evan	SR	E	Oct-17 2017			2
Nesmith, Lynn	SR	P	Jan-96 1996			24
Roche, Kayla	SR	E	Feb-19 2019			0
Sefler, Megan	SR	E	Feb-19 2019			0
FULL-TIME STAFF						
Adams, Brian	SR	A	May-08 2008	09/02/09		11
Arnold, Mike	LT	P	Sep-15 2015	09/06/15		4
Barile, John	FTO	P	Apr-98 1998	10/20/99		26
Bennett, Christian	FTO	P	Feb-16 2016	02/10/16		3
Bozelli, Katie Jo	SR	P	Sep-16 2016	09/02/16		1
Brower, James	PROB	P	Sep-19 2019	09/18/19		0
Carter, Tim	SR	A	Jan-04 2004	03/01/07		25
Cherry, Kellyanne	PROB	E	Oct-19 2019	10/14/19		0
Cohen, Steve	CHP	P	Mar-01 2001	02/26/01		38
Coykendall, Liz	LT	P	Oct-13 2013	12/11/13		6
Cuozzo, Hannah	SR	P	Mar-20 2019	02/20/19		0
Cuzzo, Hannah	PROB	E	Feb-19 2019	10/23/19		0
Davis, Michael	SR	E	Apr-17 2017	08/20/17		2
DeBrecht, Jennifer	SR	E	Apr-17 2017	08/19/18		2
Dewell, Chelsea	SR	P	Nov-18 2018	11/01/18		1
Feehan, Brooke	SR	P	Mar-19 2019	02/20/19		0
Hales, Don	SR	P	Mar-18 2018	06/20/18		1
Haynes, Maureen	SR	E	Nov-15 2015	01/12/16		4
Hays, Kaylee	SR	E	Feb-19 2019	02/20/19		0
Heinrich, Christian	D-CH	P	Oct-06 1996	04/25/03		23
Houle, Marion	D-CH	P	Sep-91 1991	07/22/93		28
Itterman, Rebekah	SR	E	Apr-16 2016	04/07/17		3
Jackson, Joshua	PROB	E	May-19 2019	5/20/19		0
Kearns, Chasidy	D-CH	P	Apr-07 2007	07/10/07		18
Kimbrough, Tom	SR	A	Oct-13 2013	6/11/17		6
Kimbrough, Tom	SR	A	Oct-17 2017	01/10/17		8
LaGrone, Tom	PROB	E	Mar-18 2018	11/09/18		1
McLamb, Alev	D-CH	P	Mar-19 2019	12/12/14		7
Mitchell, Alex	FTO	A	Feb-12 2012	2/11/12		7
Mussler, Nicole	SR	P	Oct-17 2017	1/6/19		0
Nesmith, Thomas	SR	P	Jan-19 2019	7/1/19		0
Ruble, Mark	SR	P	Oct-13 2013	09/20/13		6
Ruble, James	SR	P	Apr-14 2014	03/01/14		5
Singer, Helene	SR	E	Mar-14 2014	07/01/14		5
Singer, Helene	SR	E	May-201 2019	05/20/19		0
Skelton, Addison	ADJN	N	Feb-09 2009	07/01/16		2/12/20
Smith, Anthony	SR	P	Apr-18 2018	11/01/18		1
Stewart, Anthony	SR	P	Oct-17 2017	10/09/17		2
Werner, Amber	FTO	A	Mar-14 2014	10/20/15		4
West, Kimberly	SR	P	Mar-18 2018	3/5/18		1
Zoland, Brandon	SR	E	Feb-19 2019	6/20/19		0
Zougarh, Yasmine	SR	E	Feb-19 2019	3/20/19		0
CASUAL STAFF						
Davis, Nathan	PT	P	Oct-15 2015	09/24/15		7/8/19
Forster, Leah	PT	A	Jan-14 2014	12/12/14		12/28/18
Hudson, Susan	PT	P	Feb-19 2019	10/08/17		5/19/18
Harris, Raven	PT	P	Sep-19 2019			9/25/19
Jimenez, Maria	PT	E	Feb-15 2015			3/21/15
Owens, Emily	PT	P				7/6/19
Scalia, Mark	SR	P	Jan-19 2019	06/17/19		11/12/19
Swaik, James	PT	P	Jan-20 2020			1/1/20
Tart, Sarah	PT	E	Mar-14 2014	03/01/14		7/1/18
PROBATIONARY MEMBERS						
Byrne, Connor	PROB	E	Oct-19 2019			0
Eyring, Anna	PROB	E	Oct-19 2019			0
Kinnough, Rachel	PROB	E	Oct-19 2019			0
Odeh, Ahmad	PROB	E	Oct-19 2019			0
Prohaska, Makenah	PROB	E	Oct-19 2019			1
Smith, Leale	PROB	E	Oct-19 2019			0
Stiller, Savannah	PROB	E	Oct-19 2019			0

THE ROSTER AS OF DECEMBER 2020

VOLUNTEER STAFF

Noah Franz, Evan MacIntyre, Lynn Nowak, Megan Sefler

FULL-TIME STAFF

Brian Adams, Mike Arnold, John Barile, Christian Bennett, Katie Jo Bozelli, James Brower, Tim Carter, Kellyanne Cherry, Liz Coykendall, Hannah Cuozzo, Michael Davis, Nathan Davis, Jennifer DeBrecht, Chelsea Dewell, Alexa Eyring, Brooke Feehan, Naomi Garner, Don Hales, Maureen Haynes, Kaylee Hays, Christian Heinrich, Marion Houle, Rebekah Itterman, Joshua Jackson, Chasidy Kearns, Rachel Kimbrough, Tom Maynard, Matt McLamb, Alev Mitchell, Nicole Mussler, Doug Pluta, Jaime Redig, Kayla Roche, James Ruble, Mark Scales, Helene Singer, Julie Skelton, Addison Smith, Anthony Stewart, Savannah Stiller, Ryan Veno, Amber Werner, Brandon Zoland

CASUAL STAFF

Michael Dalba, Tate Gilbert, Susan Hudson, Marie Johnson, Sarah Tart, Kimberly West

PROBATIONARY MEMBERS

Andi Bunting, Connor Byrne, Lesley Chao, Reece Nuessmeier, Ahmad Odeh, Caroline Pate, Roslyn Reynoso Marmolejos, Melissa Saavedra Castrejon, Alyssa Schuster, Margaret Anne Smith, Timothy Sweeney, William Welborn

continued on page 48



Cary EMS 51 responded to a wreck on Glenwood Avenue with the Raleigh Fire Department on Aug. 23, 2017. Photo by Mike Legeros

MAY 1, 2006, BUSINESS MEETING

Steve isn't sure when we are going to RWCC (RESCOM), but it won't be until they get AVL. Cary Central has finally budgeted for a new CAD that would have AVL capability.

AUG. 28, 2006, STAFF MEETING

Plan to go to RESCOM is Nov. 1. Apex is supposed to go Oct. 1.

OCT. 9, 2006, STAFF MEETING

Jon Olson from WCEMS spoke about our transition to RESCOM. Go live date is still Nov. 1. Much discussion & questions. Marion: Remember to be quick at night for status heads when switch to RESCOM. You have 90 seconds to be en route to call.

NOV. 6, 2006, BUSINESS MEETING

We switched to dispatch by RESCOM this past week. There have been bumps, but please bear with the changes. We are going to spend some time now answering questions, talking about the change, etc.

A few gems:

1. Status button 5 is not "at coverage" but is "returning to district."
2. The alpha-numeric pagers don't work when you are sitting in the recliners in Morrisville.
3. Status button 8 does not work. You must call RESCOM and be acknowledged.
4. There is one Minotaur pager per truck per now, and two alpha-numeric pagers per truck. We are working on getting more pagers & radios.
5. RESCOM will start a run number and time for special events.
6. Move-ups (standbys for Apex, Garner, Fuquay, etc.) do not create a run number and times. There is now a log book in each truck for logging of move-ups. Each week, they will be collected.
7. There is a brand new log book. You will not be logging your call after each call. You print your ticket, log it in the next space in the logbook, and drop it in the box.

JAN. 7, 2008, BUSINESS MEETING

- Through stage 1 with the Town of Cary regarding the move to Cary Fire Station # 5. Lockers and beds are here.
- The AVL go live date is Jan. 23.
- Congratulations to Jay Royster who was the first recipient of the VFW EMT of the Year award.
- Congratulations to Kimberly Clement who got the American Legion EMT of the Year award.

MARCH 2, 2008, BUSINESS MEETING

In-vehicle navigation is on track for April according to Steve. County officials are in the next-to-last step installing software. It's supposed to be the state-of-the-art system.



SUMMER 1989. (back) Rick Henry, Jon Olson, Harry Mendelson, AJ Stocks, Dirk Seib, David Boone, Garry Pomerleau, John Barile, Matthew Burke, Arey Little, Dave Bowen; (middle) Alvis Reaves, Lu Little, Glenn Baker, Dick Orander, Kathy Cheek, David Dolan, Loy Helms, Bruce Walton; (front) Tom Maynard, Tom Modafferi, Bob Sik, Chuck Cheek, Mark Gallick, Tim Palo

A YOUNG CHIEF

Family comes before agency

BY BRADLEY WILSON

Tom Maynard served as chief for only five months. And he was only 23. He recalls his first meeting with town officials when he took over as chief.

“I was just a kid,” he recalls feeling.

The meeting was about the financial stability of the organization.

“I walk in the door and find out we have enough money for one or two months’ payroll and that was it,” said Maynard, a newlywed at the time. “It had all been spent on equipment.”

So they started the annual fundraising drive early and raised around \$100,000.

“Everything was fine again.”

He became chief in July 1989, but, on a personal level, “It was not a good thing.”

“I was either working 24s in Wake County or I was in Cary being chief,” he said. So he resigned as chief, leaving Charles Cheek in charge.

He also recalls how he never wanted to be a medic. He finished two quarters working on a degree in radio/television but had more fun working on his degree in emergency medicine science. After all, he was a part of the “Emergency!” generation.

“I never meant to have an EMS career,” he said. “It just happened.”

When a job position with the YRAC Fire Department didn’t work out because he

didn’t live in Cary, he turned to EMS in the spring of 1985.

“I went and got a pair of black pants and a white shirt and put a Star of Life on the shirt and went to ride along with Cary,” he said. “I knew it was serious. But it was also a lot of fun.”

In some ways, however, Maynard probably had a more lasting impact on the agency than many of the other chiefs.

Maynard worked for Wake County EMS for almost a year but quickly took a job with Wake Technical Community College, where he was on the EMS faculty for 18 years. At one point he had probably taught more than three-fourths of the pre-hospital health-care providers working in the area.

He runs into them all the time.

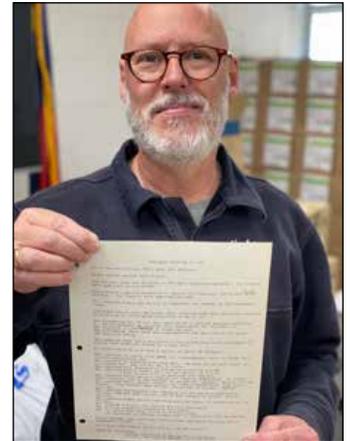
“I was in Rack Room Shoes in Smithfield,” he recalled, when a former student came up to him and said, “You taught my first responder class when I was at Six Forks. Because of that class I got a job as a fireman.”

He recently retired from Wake Tech and is now working for a pediatric urgent care, but he said he has no regrets.

“I still feel like that 25-year-old paramedic who owns the world,” he said. “I’m loving what I’m doing. I can’t believe that I’m getting paid to do that. I would have done it all for free.” ■

“I had just become chief and dropped the clip on neck ties.”

TOM MAYNARD



Tom Maynard, 2021, looks over the business meeting notes of April 1, 1985: “561 (Chief Bob Annunziata) reported Tom Maynard had completed his two-month probationary period. Bob Sik made motion, seconded by M.B. Powers to accept. Motion carried.”

However, Maynard recalled it wasn’t that simple. Apparently, upon the request of a senior member, he had driven an ambulance on a call while still on probation. At the meeting, another senior member explained what happened and, eventually, his membership in the Cary Rescue Squad was approved.

TIMELINE

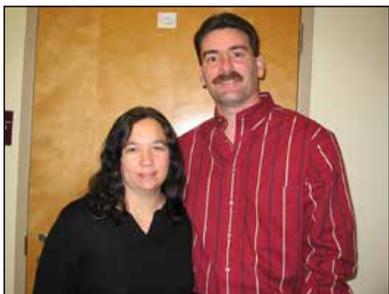
- 1985, January.....began volunteering at Cary Area EMS
- 1988, October.....began working at Wake County EMS
- 1989, July.....elected chief
- 1989, November ..resigned as chief
- 1999, August.....began working at Wake Tech; received associate degree
- 2005.....received bachelor’s degree in EMS
- 2017, July.....retired from Wake Tech
- 2021.....began working at PM Pediatrics Urgent Cary: “The entire culture is just like Cary EMS. There’s no attitudes. There’s no egos. It’s the whole family care kind of thing.”



LYNN NOWAK

When I first started volunteering in 1995, a volunteer had to choose a night to ride to try to cover all the nights. I chose Monday and so every Monday night for 26 years I was at Cary Area EMS, which was Cary EMS at that time. At that time our Monday night volunteers were me, Kim Kirk and Terri Kerr. Our trucks were Medic 1 and Medic 2 then and we were not very busy so we would stay up and just hang out. I remember:

- Class A uniforms
- Our gas station jackets
- Jumpsuits for night calls
- Checking off the BART truck-rescue truck
- Wake Med Cary being Western Wake
- In-house training (EVOC class with Stumpy at Henry Adams Elementary School)
- Running my first released second person call with Deborah Stein
- Having my first F-frank with Tammy on Old Apex Road.
- Many pranks
- Marion putting an ammonia inhalant under the commode seat for me to sit on
- Super Scenario Sundays
- Explorer post and my daughter Holly being a member of it
- Having lots of support when my daddy was sick (died after 40 days in the hospital)
- EMS field guides
- Protocol books



Lynn and Allen Nowak, 2003

STATISTICS

More people = more calls

One traditional way to assess EMS systems and fire departments is by looking at call volume. Call volume and response times. There's little doubt that the staff at Cary Area EMS tracked these things — randomly and sporadically. They were seldom reported in any organized fashion, and, if they were, it was only for a short period of time.

It's tedious. It's time-consuming. The data below reflect what information was available over the years.

As expected, there's an 86.9% correlation between call volume and the population of the Town of Cary. ■

JULY 16, 1979, CARY AREA RESCUE SQUAD BUSINESS MEETING

Chief Owen stated that the Squad averages three calls per day and the new unit will be used more as our calls increase. The advantage of identical units was discussed. Also, with advanced training in the future, the Squad would need more than one unit equipped as a MICT unit.

JAN. 11, 1982, CARY AREA RESCUE SQUAD BOARD MEETING

Edna discussed a breakdown of December day calls:

- Response times
- 7 out of 33 - <1 minute
- 7 out of 33 - <2 minutes
- 4 out of 33 - <3 minutes
- 2 out of 33 - <4 minutes
- 2 out of 33 - <5 minutes
- 2 out of 33 - <6 minutes

MAY 1984, COMMUNICATOR, NEWS AND INFORMATION FOR MEMBERS OF THE CARY RESCUE SQUAD

Call statistics – January 96; February 85; March 121; April 95
The average response time for March was 7 minutes.

SEPTEMBER 1984, COMMUNICATOR, NEWS AND INFORMATION FOR MEMBERS OF THE CARY RESCUE SQUAD

Call statistics – July 113; August 121.

JUNE 30, 1985, CARY AREA RESCUE SQUAD CALL REPORT TOTALS

JUNE 30, 1986, CARY AREA RESCUE SQUAD CALL REPORT TOTALS

Illness.....	599 (42%)	642 (41%)
Overdose.....	42 (3%)	62 (4%)
Accident.....	571 (40%)	655 (42%)
Fire calls.....	35 (2%)	41 (3%)
Rescue.....	7 (0%)	6 (0%)
Misc.....	162 (11%)	157 (10%)
Total.....	1,416	1,563

MARCH 21, 1997, LETTER FROM JOHN BARILE TO CHIEF EDDIE WIMBERLY REGARDING CAAS

We seldom track our run statistics. This will have to change if we are to be successful in our quest to obtain accreditation. Both Chris Hegele and myself are trying to obtain this data by going through old run logs, and CAD reports.

MARCH 23, 1998, LETTER FROM BOB HEATER, CARY AREA EMS BOARD TO WAYNE HOUSE, CHIEF, CARY FIRE DEPARTMENT

In the past, there was a concern that a significant number of the calls answered by Cary EMS were outside the city limits. In 1997 we responded to 3,580 of these approximately 90% were within the city limits. This year we have also entered an agreement with Apex Rescue Squad that will expand our coverage of the Town.

NOV. 2, 1998, CARY AREA EMS BUSINESS MEETING

John Barile reviewed the stats for times on calls. The average response time was 6.6 minutes, shoot time was 1.7 minutes, scene time was 18 minutes, and total call time was 57 minutes. Code 3 response = 70%.

MARCH 1, 1999, CARY AREA EMS BUSINESS MEETING

Robin Pope gave the stats for February calls. 268 calls. 70% hot response. 30% cold response. Shoot time 1-2 minutes. Response time 7-8 minutes.

MARCH 14, 2001, JERRY ADAMS INTERVIEW

We focused a lot on how can we get there faster? In that first year, our average response time averaged 4.5 minutes.

SEPT. 26, 2007, OFFICERS MEETING

Steve: Call volume has decreased from last year. Working with Kimberly on stats for June:

- avg hospital time: WWMC: 30, Rex: 42, Wake: 53 DHR: 41 Out of County: 50
- 6 code blues to WWMC
- 7 code blues to Rex
- "reflex times" - people taking 90 seconds to get out
- by shift: C-shift is the quickest out (24), followed by A shift (32), then B-shift (41).

MARCH 2, 2008, BUSINESS MEETING

Call volume through Jan. 28 - Feb. 11. 51 ran 193 calls. 52 ran 143 calls. 44 ran 136 calls

Eastern Wake ran 60 additional calls, all in Raleigh. They've been hitting Garner, EMS 5, EMS 7 leaving Wake. They've been hit the hardest compared to us. Garner has run a bunch of calls in Cary, so has Six Forks. The average speed of trucks in the county during the last few days was 86.4 miles per hour. We'll never be able to defend a truck going 91 miles per hour. You operate the ambulances and vehicles in a safe manner.

OCT. 27, 2008, CARY EMS BOARD OF DIRECTORS

EMS 55: Started Oct. 1, 2008 and, as of today, that truck has transported 82 patients. CEMS predicted 62 patients per month so we are above that. Chief Cohen called the nurse manager at WakeMed Cary to find out if EMS55 could stage there and he hasn't heard back from her as of today. If WakeMed Cary does not agree to let us stage at their location, we will continue to stage at Station 4.

MARCH 23, 2009, CARY EMS BOARD OF DIRECTORS

A community meeting was held out at Cary West and there were seven people there. The two issues that came about were both had interactions with EMS and fire (long response times). The first one was Mr. Faizia who stated he had a 25-minute response time. This happened back in September and we did not know anything about it until right after the meeting when they looked at the response time. From the time of dispatch to the time on-scene was 13 minutes, which is outside the parameter. Chief Cohen has not heard back from him since the meeting. Mr. Faizia was very outspoken at the meeting and would not ease up and Dr. Myers handled the situation very well with him. One of the outcomes from this meeting is that EMS 55 will be sent to Station 7 for 60 days from 10 a.m. - 4 p.m. while the other trucks will be moved around to cover the area. The second issue from the community was that a guy waited 25 minutes for a response. He has an internet phone. When he called 911 nobody answered so he used a cell phone to call 911 which was sent to the Raleigh dispatch center and there was still no answer. The dispatch center called him back; someone triaged the call and the response time was 6 minutes and 47 seconds. Chief Cohen hasn't heard anything since the meeting. There is an AED in the community center now.

NOV. 3, 2009, CARY AREA EMS BOARD OF DIRECTORS

Call Volume: So far we are at 9,967 total calls including standbys. Last year we finished up with 8,486 total calls. The crews are working really hard and we are doing this with three and a half trucks.

JAN. 28, 2012 CAEMS BOARD

Calls in 2011: Chief Cohen reported that CEMS had 8722 PCR's in 2011. 51 had 2979, 52-2019, 53-80 (special events), 54-1956, 55-1640, 56-5 and DC-5 had 43. Wake County numbers were EMS 11-3716, EMS 7-3609, EMS 1-2491 and EMS 4-2968. We had 109 special events in 2011. Call volume is down since last year for a number of reasons. We did 10% less than 2010 but Chief Cohen is not bothered by this since we are no longer receiving the billing money directly.

JAN. 27 2014, CARY AREA EMS BOARD OF DIRECTORS

Operations Totals for 2013: Chief Cohen went over the call numbers for each truck for 2013. In total there were 12421 calls and move-ups. EMS 51 had the most at 3180 (March 293), then EMS 54 at 2243 (March 199), EMS 55 at 1834 (August 174) and EMS 52 at 2153 (May 204).

YEAR.....CALL VOLUME

1970.....	NA
1971.....	NA
1972.....	97
1973.....	251
1974.....	470
1975.....	569
1976.....	581
1977.....	702
1978.....	817
1979.....	960
1980.....	1,008
1981.....	1,015
1982.....	1,020
1983.....	1,144
1984.....	1,353
1985.....	1,416
1986.....	1,563
1987.....	NA
1988.....	NA
1989.....	2,081
1990.....	2,100
1991.....	NA
1992.....	NA
1993.....	NA
1994.....	NA
1995.....	3,383
1996.....	NA
1997.....	3,580
1998.....	NA
1999.....	NA
2000.....	NA
2001.....	NA
2002.....	4,991
2003.....	NA
2004.....	5,197
2005.....	6,952
2006.....	7,625
2007.....	7,588
2008.....	7,639
2009.....	8,788
2010.....	8,946
2011.....	8,884
2012.....	9,421
2013.....	8,623
2014.....	9,908
2015.....	11,961
2016.....	12,254
2017.....	12,820
2018.....	13,412
2019.....	15,689
2020.....	12,796
2021 (through April 1).....	7,572

RESPONSE TIMES (in minutes)																	
Unit	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	Average
CH500		5.7	3.9	3.7	3.9	3.3	2.7	3.8	4.1	6.1	5.3	5.2	3.7	3.3	5.1		4.3
CH502									1.0								1.0
DIST5		5.7	5.9	6.0	6.6	6.3	6.7	6.6	7.5	7.8	7.6	7.3	7.4	6.1	4.9	5.0	6.5
E561	2.6	4.0															3.3
E571	6.1	6.1															6.1
E572	6.4	6.4															6.4
E573	6.1	8.9															7.5
E574	7.3	7.4															7.4
E580	6.2	6.4															6.3
EMS50														6.6	6.3	6.8	6.6
EMS51		6.3	6.1	6.1	6.5	6.6	6.8	6.7	7.4	7.8	7.8	7.7	7.8	7.5	7.2	7.7	7.1
EMS52		6.3	6.6	6.7	7.2	7.3	7.5	7.8	8.6	8.2	8.0	8.3	8.6	7.9	7.0	7.7	7.6
EMS53			5.0	2.3	3.9	6.5	3.8	3.0	6.9	8.2	8.3	8.6	8.6	9.4			6.2
EMS54		7.6	7.8	7.7	8.0	8.3	8.1	8.1	8.3	8.5	8.7	8.8	9.0	9.0			8.3
EMS55			5.7	5.9	6.0	6.5	7.1	7.0	7.3	7.5	7.9	8.0	8.1	7.6			7.1
EMS56				0.3	-0.2	5.7			16.3	4.7	0.9	5.3	7.4	6.4			5.2
EMS57										-0.1	3.4	1.6	-0.4				1.1
EMS58														7.2	7.2	7.8	7.4
EMS59														6.7	6.7	6.8	6.7
EMSCART5														4.7			4.7
UNIT580						0.8											0.8
Total	5.8	6.4	5.9	4.8	5.2	5.7	6.1	6.2	7.5	6.5	6.4	6.8	6.7	6.9	6.3	7.0	

SOURCE: Wake County Office of Emergency Medical Services, July 19, 2021

MARCH 24, 2014, CARY AREA EMS BOARD OF DIRECTORS

2013 Cardiac Arrest Data: In 2013 of the 608 cardiac arrest calls, 79 survived to discharge in the whole system. This is down from 91 in 2012.

JAN. 26, 2015, CARY AREA EMS BOARD OF DIRECTORS

Call volume is up from 2013. EMS 52 will convert to 12-hour shifts in January 2016.

AUG. 22, 2016, CARY AREA EMS BOARD OF DIRECTORS

January-July Call Volume Report: 8,641 PCR's have been written by CAEMS. It has been really high due to Wake County EMS having so many trucks out of service. Chief Cohen and Tammy Patton are keeping track of our overtime costs that have been incurred due to staffing trucks for WC. So far this FY (July) our costs have amounted to \$6,638.29. Christian Heinrich said we are being good partners within the system. Discussion about the topic followed.

JAN. 23, 2017, CARY EMS BOARD OF DIRECTORS

January - December 2016 Call Volume Report. A total of 16,843 PCRs have been written by CAEMS. 14,381 were 911 calls and 2,462 were move ups. DC5s have written 1,412 tickets.

JAN. 19, 2019, CARY EMS STAFF MEETING

Robert Davis, chief of data

Year-end numbers:

- 19,016 calls and move ups vs. 18,800 last year
- EMS 51 was the busiest truck @ 4198 calls. Busiest month was October with 383
- EMS 52 @ 3274 busiest month was August with 312
- EMS 54 @ 3181 busiest month was August with 310
- EMS 55 @ 2348 (12-hour resource) October was their busiest month with 219
- EMS 53 @ 1483 (12-hour resource) October was their busiest month with 152
- EMS 56 @ 148 busiest month was September with 51 calls
- E#MS 57 @ 33 busiest month was April with 11 calls
- DC-5 @ 1704 busiest month was May with 171 calls
- Chief 500 @ 69
- Cart 5 @ 6



MARCH 13, 2010 RALEIGH/DURHAM AIRPORT DRILL

(top) Vanessa Dees; (middle left) Steve Cohen was an evaluator for the drill. Cary Area EMS sent one ambulance, a crew of two and member of the command staff to the drill. Photos by Mike Legeros

AUG. 23, 2010, CARY AREA EMS BOARD OF DIRECTORS

Chief Cohen and several employees participated in a national drill at RDU last week. Tom Hegele also participated. This participation also helps with CAAS accreditation. Chief Cohen felt it went well.



DEBORAH STEIN

My first thought is the feeling of family that we had. When you were part of Cary Area EMS you knew that you had people who would help you through anything that life threw at you.

The second is my sense of what a great job we did for the community. We cared about the “town” of Cary and wanted to – and did – provide the very best emergency medical care. We made sure our members were trained, compassionate, caring – and cared about what we were doing.

I would not change a thing about my time with Cary Area EMS. I have loved every minute of it and every memory and the sense of pride it gave to me.



Alvis Reaves and Deborah Stein, 2003



Tammy Patton and Deborah Stein, 2003



Chris Fortune and Deborah Stein, 2001

TEAMWORK

Despite desire for independence, agency plays well with others

BY BRADLEY WILSON

From the first days of the organization, there was a desire to remain independent. Independent from the Town of Cary, from the YRAC Fire Department, from Wake County and from the local funeral homes that ran ambulance service at the time.

But the staff at Cary Area Rescue Squad and later Cary Area EMS, still valued teamwork with those agencies and worked with them regularly on everything from training to special events to running calls together.

“We cared about the ‘town’ of Cary and wanted to — and did — provide the very best emergency medical care,” said paramedic Deborah Stein, who worked for Cary EMS from 1994 to 2014 as a volunteer, on the paid staff and as an officer, including as training officer. “We made sure our members were trained, compassionate, caring — and cared about what we were doing.”

In fact, this commitment to service became part of the group’s culture.

In August 1973, Squad member Lee Gupton wrote an essay for the members at the request of Chief Jerry Adams. In it, he shared:

If everyone would dedicate a full third of his life to the service of others, what a wonderful utopia the world would be. But, the realities of life and nature being what they are, this, we know, is not very likely. So we must depend on others as we depend on them to help each other without forgetting our families and friends and the fact that all work and no play does make one an extremely dull person.

When you joined the Rescue Squad, you had already made the decision to offer your time and skill to serve. Perhaps you were new at this game and were just curious. Maybe you liked the excitement of responding to an emergency call. Maybe you just wanted to join a group of fellows for the companionship. That’s fine. And that’s all well and good as long as you don’t lose sight of the purpose of it all. And that purpose, gentlemen, is to save lives, to prevent suffering, to prevent tragedy, to comfort those involved in unfortunate circumstances. Although we socialize, the Rescue Squad is not a social club. Although we fraternize, the Rescue Squad is not a fraternal lodge. Although we work together, the Rescue Squad is not a job. Although we are each individuals, we must become members of the rescue team. We are all bound by one common purpose. We must rededicate ourselves to that purpose as often as necessary to see that the task is done.

That teamwork was evident in many ways.

For example, in 1974, the emergency care teams began working at North Carolina State football games. And Cary High School required one ambulance and two men for each of five home games.

Squad members worked and lived together for 12-24 hours a day at least one day a week, celebrating birthdays and taking care of the building in addition to providing patient care.

Chief complains about recognition

To the Editor:

The proverbial straw has fallen. For the "umpteenth" time I have read how traffic deaths are down and it is attributable to lower speeds, law enforcement agencies, driver education programs and good driver habits. Now I have just read where the reason Cary has not had a traffic death in four years is due to "a hell of a lot of luck." LUCK? Yes, maybe it is luck. Maybe Cary is lucky enough to have one of the finest rescue squads in North Carolina. Maybe Cary is lucky enough to have 27 men willing to man, 24 hours a day, emergency ambulances and equipment. Maybe Cary is lucky enough to have these men trained well enough to stabilize and maintain the life of an accident victim.

On behalf of the Cary Rescue Squad, the six other rescue squads in Wake County and the thousands of men and women throughout North Carolina who operate emergency ambulances, I cannot sit by and let this service to the citizens go by the boards in this manner.

Without a doubt, law enforcement agencies, driver training programs and lower speeds have helped to reduce traffic deaths. But there is another factor. As was noted in an article appearing in your paper on February 18, 1976, the last recorded traffic death in Cary was in August, 1971. It was two months after that date that the Cary Rescue Squad was formed. It was also about that time that across the state of North Carolina, rescue squads were receiving the first of Federally funded ambulances. Thousands of dollars were spent purchasing vehicles with the latest design and life support systems. Also, Federal funding was used to start one of the most comprehensive emergency training

Thinking out loud

programs this state has ever had. All of this was done primarily to lower traffic deaths. Now, four years later, I feel it is about time that people start to realize there might be another factor that has helped to lower traffic deaths, a goal that has been reached and is still being worked on. I feel that credit must be given to the community rescue squads in the state.

I can tell you that I know personally that there are at least two traffic accidents that happened over the last four years where Cary citizens would have died in the city limits of Cary if there was not immediate and skilled help minutes away, help that is far better trained and equipped today than it was four years ago.

For the Cary Rescue Squad and all others involved in a similar service, people who have spent thousands of hours of training and training and more training, I'll blow the horn and ring the bell for you. I know all the reasons for lower traffic deaths statewide and the reason Cary has had no traffic deaths over the last four years.

Walter R. Powell
Chief
Cary Area Rescue Squad

CARY News
2-25-76

Feb. 25, 1976, *The Cary News*

"We would get together and cook out all the time," Bill Stevenson said. "And I washed at least one ambulance every day of my life."

Even before the Squad was established, medics did training with others such as in November 1974 when members participated in a disaster drill at Angier sponsored by the Angier Squad.

And leaders made it clear that members needed to work with other agencies.

In December 1979, Lee Gupton introduced two rescue officers from the Raleigh Fire Department's Rescue Squad who discussed their squad's equipment, manpower and facilities. "There was a discussion of mutual aid policies for our two organizations." In April 1977, John Owen reported on the airport disaster plan. "The latest plan calls for Cary Rescue to be the primary call unit on minor disasters and for Wake EMS to be in charge for major disasters."

And people appreciated what the Cary Area Rescue Squad had to offer. Stacks of notebooks and 5-inch-thick files of thank-you notes at the station exemplify their appreciation. ■

OCT. 21, 1974, CARY EMS SPECIAL MEETING

From Chief Powell: What are some of our other responsibilities?

- to the citizens - train ourselves to help ourselves and them
- to ourselves - help one another with coverage as per
- to our duty - coverage as per rules
- to our new building?
- to communication - tell others
- to training - attend meetings, listen, learn and make sure we understand

MAY 27, 1976, TOWN OF CARY TOWN COUNCIL MINUTES

Mrs. Jane Whynot, Cary Junior Woman's Club, asked the Council to take under advisement a study of allowing them to paint house numbers on the curbs. She advised that Chief Powell, Rescue Squad, and Chief Perry, Fire Department, were very enthusiastic about the program. Mayor Pro Tem Harold Ritter stated that the Council had, about two years ago, made a study on this and been unable to find paint that would hold on concrete, that cars parked where they obscured the numbers, and that there is an ordinance in the code book requiring property owners to display numbers where they can be seen.

MARCH 23, 1978, TOWN OF CARY TOWN COUNCIL MINUTES

Mr. John Owen, Cary Rescue Squad, was recognized by Mayor Bond and stated that the squad had unanimously voted to award a plaque of recognition and thanks to former Town Manager Charles W. Williams for his aid to and support of the Rescue Squad during his tenure as Town Manager. Mr. Williams accepted the plaque with thanks.

Behind the Scenes



Cary EMS Explorers including Peyton Hassinger (*on stretcher*) practice splinting and patient transport skills. Hassinger was one of the founders of the N.C. State Krispy Kreme Challenge.

Jan. 30, 2007, *The Cary News*

"EATING YOUR WAY TO THE FINISH LINE" BY REID MINER

The Triangle is home to lots of road races, but I have always felt that something was missing. The Triangle has been without a seriously silly road race.

No more. The Krispy Kreme Challenge has arrived.

The third annual Krispy Kreme Challenge was run last Saturday, attracting almost 1,400 participants.

The concept is as simple as it is silly. From the Bell Tower at N.C. State University, you run 2 miles to the Krispy Kreme doughnut store on Person Street, eat a dozen doughnuts and run back to the Bell Tower. If you do this in under an hour, you have met the challenge....

[O]n race day I caught up with Peyton Hassinger, an N.C. State student and one of the organizers of the race. ...

Peyton ... went on to share the credit with two other students, Saket Vora and Greg Mulholland, and to explain that this year they were on track to raise about \$10,000 for the North Carolina State Children's Hospital. ...

I was surprised to see a Cary EMS van at the race, so I wandered over and chatted with a guy who introduced himself as Bradley Wilson.

Wilson works at NCSU and was at the race with Cary Emergency Medical Services and members of the NCSU EMS Club. When asked about the antidote for an overdose of doughnuts, Bradley chuckled and answered, "lots of water." "We're not planning on having to treat any cases of low blood sugar," he added.

JAN. 30, 2013, OFFICERS MEETING

Feb. 9 will be the NCSU Krispy Kreme Challenge for 8000 runners. Head's up because last year Wake County used EMS 8 to cover the event and we were at NCSU coverage most of the day.

Behind the Scenes



Thanksgiving Day 2016 in between calls at WakeMed Cary: Brandon Joostema, Mike Arnold, Beth (Chieffo) Garrett, Christian Bennett.

FROM BETH (CHIEFFO) GARRETT

There are so many favorite things. I loved being able to sit around the table and share a meal with everyone and laugh until we cried. All of us would come together to do the daily crossword puzzle to see who could finish first. One Christmas Chief and I made the best Cary EMS gingerbread house. Julie always had a new puzzle for us to put together. Cary EMS always was and will always be family. I'm thankful for everything Cary EMS has done for me.



Community learning with Colonial Baptist Church

FROM THOMAS JACOBY

After 19 years of watching my dad respond with the amazing crews with Cary EMS, I was finally able to join the crew for a short while. From my first night train crash to every 17AIG, I loved every day/night of it.

NOV. 3, 1993, CARY EMS BUSINESS MEETING

On new business Eddie Wimberly talked briefly about the exercise we did with Cary Fire reference the confined space incident. Chief Wimberly asked members to not take personally any critique about the incident. Chief Wimberly brought out several things we could have done better, including not being in quite as much of a hurry.

SEPT. 11, 1980, TOWN OF CARY TOWN COUNCIL MINUTES

No fire department unit shall give a 10-22 order to any rescue squad unit at any time. It is good operations to have a responsible member of the Rescue Squad to make any and all decisions about when and if to 10-22 any rescue call. The Fire Department may, however, advise the squad to reduce its response to a 10-40 run if the situation is not critical.

Where the Fire Department arrives first, their actions will be to provide interim rescue aid until the Rescue Squad arrives and at that time the call would be turned over to the Rescue Squad. The fire personnel may take a reading of vitals, if time permits, before the squad arrives. The squad personnel will, however, take vitals again prior to leaving the scene because the squad personnel is responsible to the hospital for vitals reported over the radio en route to the hospital. This will provide a double check of questionable vitals and it can be beneficial in regards to changes noticed in the patient. The Fire Department will transfer to the squad any written information already obtained so that the patient or family does not have to answer the questions twice.

OCT. 5, 1987, CARY AREA RESCUE SQUAD GENERAL MEMBERSHIP

Chief Annunziata announced a special joint training meeting scheduled for Saturday, October 24, 1987 at 8:30 a.m. at Morrisville Fire Station No. 1. This meeting will be conducted by Mike Welsh and will focus on rescue training involved in school bus wrecks. A junked school bus has been purchased for \$75 for use during the training exercise. First Responders from Morrisville Fire Department will also participate. A registration sheet for interested Squad members will be posted in the radio room. All members were urged to attend.

OCT. 14, 1987, CARY AREA RESCUE SQUAD BOARD OF DIRECTORS

Chief Annunziata stated he intends to write a letter of appreciation to Wake County EMS for its assistance in the implementation of the EMT-Paramedic program by the Squad. Copies of the letter will be sent to Maxine Maurice, Wake County Commissioner, and to the Wake County Manager.

TOWN OF CARY TOWN COUNCIL MINUTES, DEC. 10, 1987

Jack Hinkel, 212 Farmington Woods Drive – "I represent Cary residents that favor the Hampton Valley/ Cary Parkway connection as a planned, approved, and logical means of improving and balancing traffic flow and volume in the Hampton Valley/Farmington Woods areas. We offer the following information to support this connection."

The connection is strongly endorsed by Cary's fire, police, and rescue departments

AUG. 28, 1990, LETTER FROM JON OLSON, PRESIDENT CARY EMS BOARD OF DIRECTORS, TO GERALD BROWN, DIRECTOR, WAKE COUNTY EMS AFTER COMPLETION OF THE NEW WAKE EMS STATION (AT THE RDU AIRPORT)

It is the intention of the Cary Area Rescue Squad to provide any needed assistance for Wake County Emergency Medical Services in the way of rescue/disentanglement or additional ambulances. These services may be accessed by way of Cary Central Communications (467-1911). Please notify my department as soon as these changes have been finalized so that necessary changes may be made with the Computer Aided Dispatch system currently in use by Cary Communications. As of today, we intend to relinquish service to the aforementioned areas as of Dec. 1, 1990, however this is flexible dependent upon the status of your operations with the new ambulance to cover these areas.

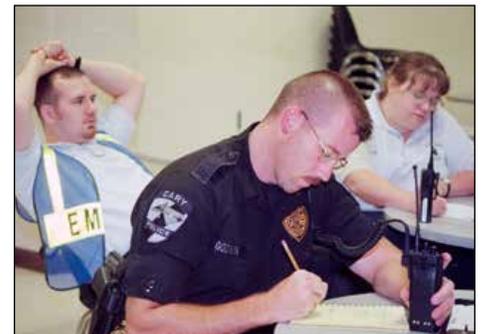
TOWN OF CARY TOWN COUNCIL MINUTES, FEB. 9, 1995

PUBLIC HEARINGS

Consideration of readdressing and renaming Tarbert Court.

Mr. Fisher of the Construction Management Department came forward and stated that the Cary Rescue Squad has requested this action. He stated Tarbert Drive and Tarbert Court are very similar in name and have duplicate numbering systems. He stated staff recommends that Tarbert Drive be extended across the Court area and the numbers be changed to the 1100 series. Mr. Fisher stated there are four affected property owners who were notified personally and in writing.

Mr. Bill Moore, 1419 Tarbert Court, came forward representing the Tarbert Court property owners. He stated he does not feel the proposal to change the name and numbering system addresses the problem. He stated house numbers on Tarbert Court are in sequence with the numbers on Lake Pine Drive. He stated Tarbert Court was built prior to Tarbert Drive. He stated part of the problem is that the 1200 block runs



DAYLONG SWAT DRILL For this drill, the Cary Police Department responded to a hostage situation involving a fake explosive device in a town building. Curtis Lowe played the part of a medic who rushed in to help and was shot. Tammy Patton, Christian Heinrich and Justine Hollingshead served in EMS command roles. Photos by Brad Smith and Bradley Wilson

one way, and the 1300 block and higher blocks run in the other direction on Tarbert Drive. Mr. Moore stated he currently receives his utility bill at a Tarbert Drive address, and the Cary maps do not depict Tarbert Court. He stated maps need to reflect the accurate street numbers so that rescue units can easily find the locations. He noted the inconvenience to the Tarbert Court homeowners of changing the name and numbering system.

Mr. Eddie Wimberly of the Cary Rescue Squad came forward and stated they have tried diligently to keep up with Cary's growth. He stated they do have both Tarbert Court and Tarbert Drive in their map book. He stated they received a letter from a homeowner indicating that people were having difficulty finding their address, which led the rescue squad to believe they may in the future have a problem in an emergency situation. He stated they explored other ways to solve this problem prior to coming to the Town Council. He stated he feels the most economical solution would be to change Tarbert Court to Tarbert Drive and change the numbering system. Mr. Wimberly stated the numbering system on Lake Pine Drive is unusual, and this system seems to be prominent in the entire area.

Mr. Godbold stated just changing the name of Tarbert Court will not solve the problem. He stated problems similar to this particular situation exist all over Cary.

Dr. Brooks stated changing the numbering system on Tarbert Court may be the easiest way to solve the problem, and it would be a good change for safety reasons.

Mr. Godbold stated the numbers on Tarbert Drive need to be in the proper sequence. Mr. Henderson, Town Attorney, stated a separate public hearing would be required to accomplish this. ACTION: Dr. Brooks made a motion to change the numbering system ONLY on Tarbert Court from the 1400 series to the 1100 series effective April 1, 1995. Mr. Godbold provided the second. Mr. Burton voted "no," and all other Council Members voted "aye." The motion carried by majority vote.

Council directed staff to bring similar problems and recommendations (including the problem on Tarbert Drive) to the Safety/Public Works Committee.



Working with the Cary Fire Department at a demonstration for students May 20, 2009. (top and right) Jay Royster, Brian Adams; (middle) Justine Hollingshead, Dave Cockman. Photos by Mike Legeros



NOV. 27, 2000, CARY EMS BOARD

The Town of Morrisville would like to increase EMS status to 24 hours a day. The options for this advancement include: placing a Cary EMS crew in Morrisville, Cary EMS placing a SRV paramedic unit in Morrisville, or Morrisville starting their own squad with additional staffing from Wake County EMS. Motion by Bob Heater to discuss options with Morrisville officials, second by Jessica Matthews.

AUG. 27, 2001, CARY EMS BOARD

Town of Morrisville update: Steve met with Morrisville and the county about the service areas. Morrisville wants to have 24-hour coverage from EMS. EMS #6 would take part of our service area after 1800hrs. The issue is that if a Wake County unit is closer than a Cary EMS unit, who is going to respond to that call? Lynn York and Steve are going to be working on some proposals to move ahead with this issue. Morrisville doesn't care who provides them with EMS service.

SEPT. 23, 2002, CARY EMS BOARD

September 11th Cary EMS went out to Swift Creek Elementary school to talk with the students. Also went out and participated in the Cary Fire Department ceremony. We ran a campaign in the N&O for the elementary schools, which we received 85 responses. The winner will receive a visit from Cary EMS.

MAY 23, 2005, CARY AREA EMS BOARD OF DIRECTORS

EMS Week: CEMS purchased mugs and stethoscope ID tags for all staff and Board members. CEMS gave ice cream from Goodberry's to the nurses at WakeMed of Cary to show our appreciation. No other agencies are doing anything like this for their staff.

AUG. 22, 2005, CARY AREA EMS BOARD OF DIRECTORS

Special Events Update: Jimmy V and Lazy Daze is coming up at the end of the month. CEMS is also covering Middle Creek and NC State football games. Senior PGA and Aggie/Eagle also coming up soon. The rate for coverage has changed from \$75 per hour to \$105 per hour.

OCT. 24, 2005, CARY AREA EMS BOARD OF DIRECTORS

Jonathan Garner's funeral participation: Steve received an e-mail from the county, when Jonathan passed away, asking for assistance for Jonathan's funeral. CEMS covered EMS-8 area as well as the supervisor's slot; also sent an ambulance to the funeral. CEMS has not ever covered a supervisor's position for the county, so this was unusual. Wake County staff was very appreciative of CEMS assisting with coverage.

NOV. 20, 2008, TOWN OF CARY TOWN COUNCIL

Mr. Brent Miller commented on the "I Knew What To Do" award presented to Grace Downen. He said the emergency response team deserves recognition, as well as the Cary Area EMS for their response to the situation. He said Cary EMS is an exemplary agency in the community.

FEB. 28, 2011, CARY EMS BOARD

Centralized Billing Model: Right now it costs about \$7.6 million to run EMS in the County. That's what is in the budget for them. The EMS division is going to go after all the money. Wake County will not distribute anything over the budget presented to them by the companies. The chiefs are meeting with David Cook two times soon. Chief Steve Cohen said the county manager is going to make his decision based on the information provided him by his board. There is a happy medium to be met but Cohen doesn't think all of those involved see it that way. Cohen thinks it would be a good idea for the board members to call and write the commissioners about Cary EMS staying independent. We need to present a united front. Cohen will send the board members the contact information for the commissioners. He thinks phone calls make the biggest impression. The majority of the community/county does not know the difference of what 911 service comes to them. There is some community education Cohen and Mike Prevatte are doing, but most of the public does not know the whole story behind the agencies vs. Wake County. Cohen and the other agencies are meeting with the county managers on April 7.

FEB. 28, 2011, CARY EMS BOARD OF DIRECTORS

40TH BIRTHDAY OF CARY AREA EMS: Jessica Teel is heading up the committee. Melissa Smith and Cody Jetton volunteered to be on the planning committee. Tom Hegele will provide any resources/information he has on the history of CEMS. Brent Miller would like the committee consider a proclamation by the Town of Cary. He would also like to include any alumni, former chiefs, staff, etc. The Wake County commissioners will be included in the festivities. This will be a year-long celebration. CEMS incorporated on Oct. 1, 1974. A picnic to start the year long festivities will be on Sunday, June 27 at Bond Park in Cary. Chad Hunter also volunteered to help out at the picnic as well and thinks it will be a good idea if the Board Members are all involved in that.

OCT. 23, 2017, CARY AREA EMS BOARD OF DIRECTORS

Chief Cohen said the data from the research Tammy Patton did for him showed that we do make a profit from working special events so we will continue to do them although they have been suspended until the first of the year due to our staffing issues. Made \$63,000 of which some \$30,000 went to salaries. This did not include fuel costs which would be about \$500.

Behind the Scenes



FROM KIMBERLY KIRK

[M]y story actually goes pretty deep with Cary EMS. My father died in May 1984. But before that, he died in the house in February 1984. Cary Rescue came and I always remembered that.

When I came to volunteer, I joined the ladies auxiliary. Well, they were boring. I hated the sight of blood, and I was going to be an F-15 fighter pilot, a lawyer, an FBI agent, anything not typically female because my mom said I could.

I decided to take the EMT class while still at Peace College and then NC State. I started riding. I saw very traumatic things with kids and people I knew growing up – suicide, car wrecks and missed the shooting of a friend by one call one night. He was trying to help another friend.

I got excited going in the emergency departments and decided I wanted to be a nurse. Mom wouldn't let me transfer, so I finished at NC State and went back to nursing school at Wake Tech.

Kris Harrison and I were both from the Goldsboro area and at NC State at the same time, and we joked that Cary EMS and NC State taught us we wanted to be nurses.

If it weren't for Cary EMS, I wouldn't have found my passion or be where I am today. It's a huge part of my story.

Wendy Willard and I were one of two or three females allowed to drive and operate the tools on the crash truck. It really molded me into who I am today.

I know God knew what he was doing, but I treasure my time there like you wouldn't believe.



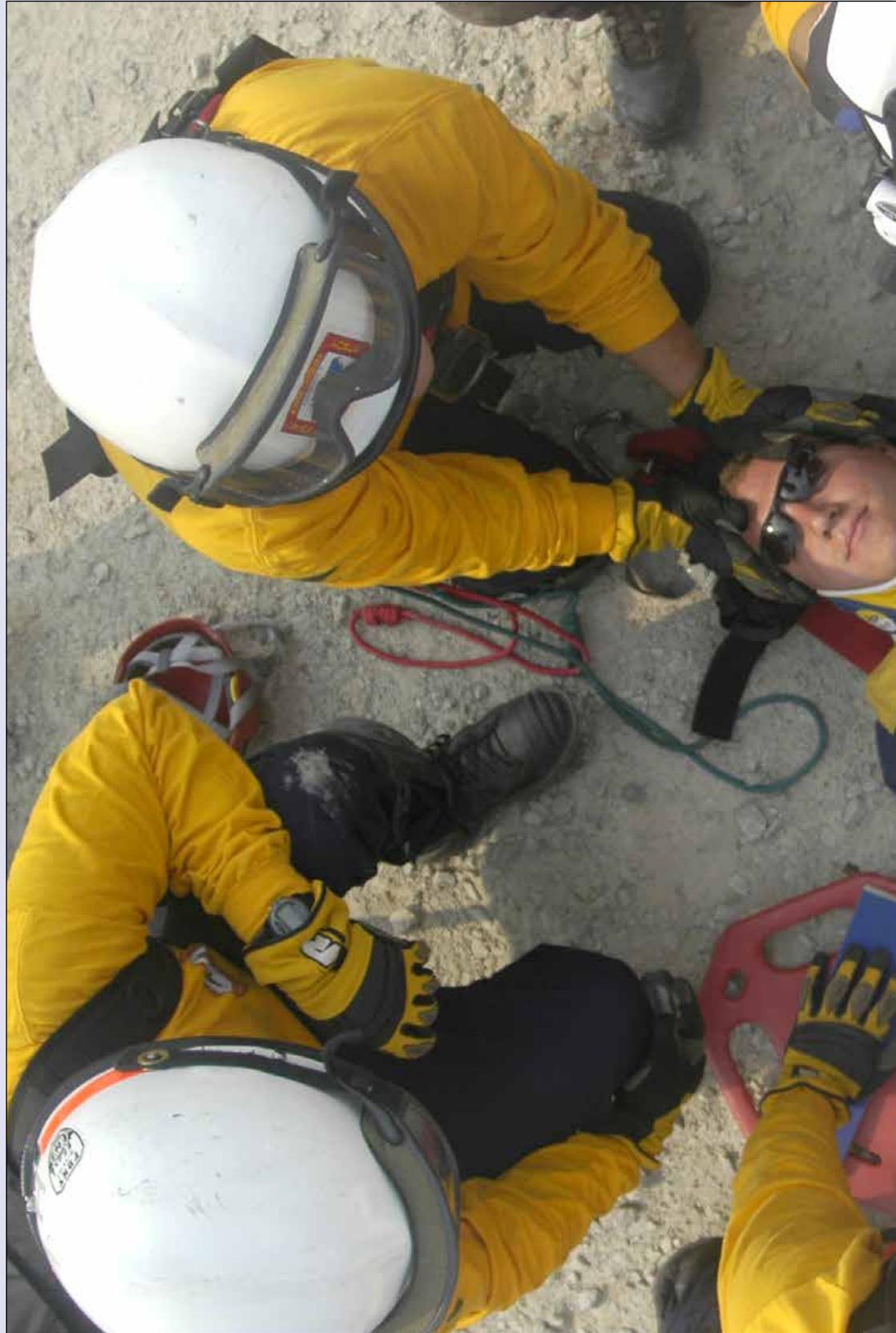
WAKE COUNTY READY RESPONSE DRILL 2005

Talk about a complicated and involved drill. This one was. And lots of agencies from all over the county participated.

The scenario started at North Carolina State University at a football game where a person planted a bomb and put out some sarin gas, an extremely toxic synthetic organophosphorus chemical weapon, at Carter-Finley Stadium. The police chased an individual into the RBC Center, guns blazing.

Then the rescue began. (right) Terry Putman, a Raleigh Fire Department recruit, gets removed from the rubble at Carter-Finley, rubble that was real because the stadium was under construction at the time. Photo by Austin Dowd.

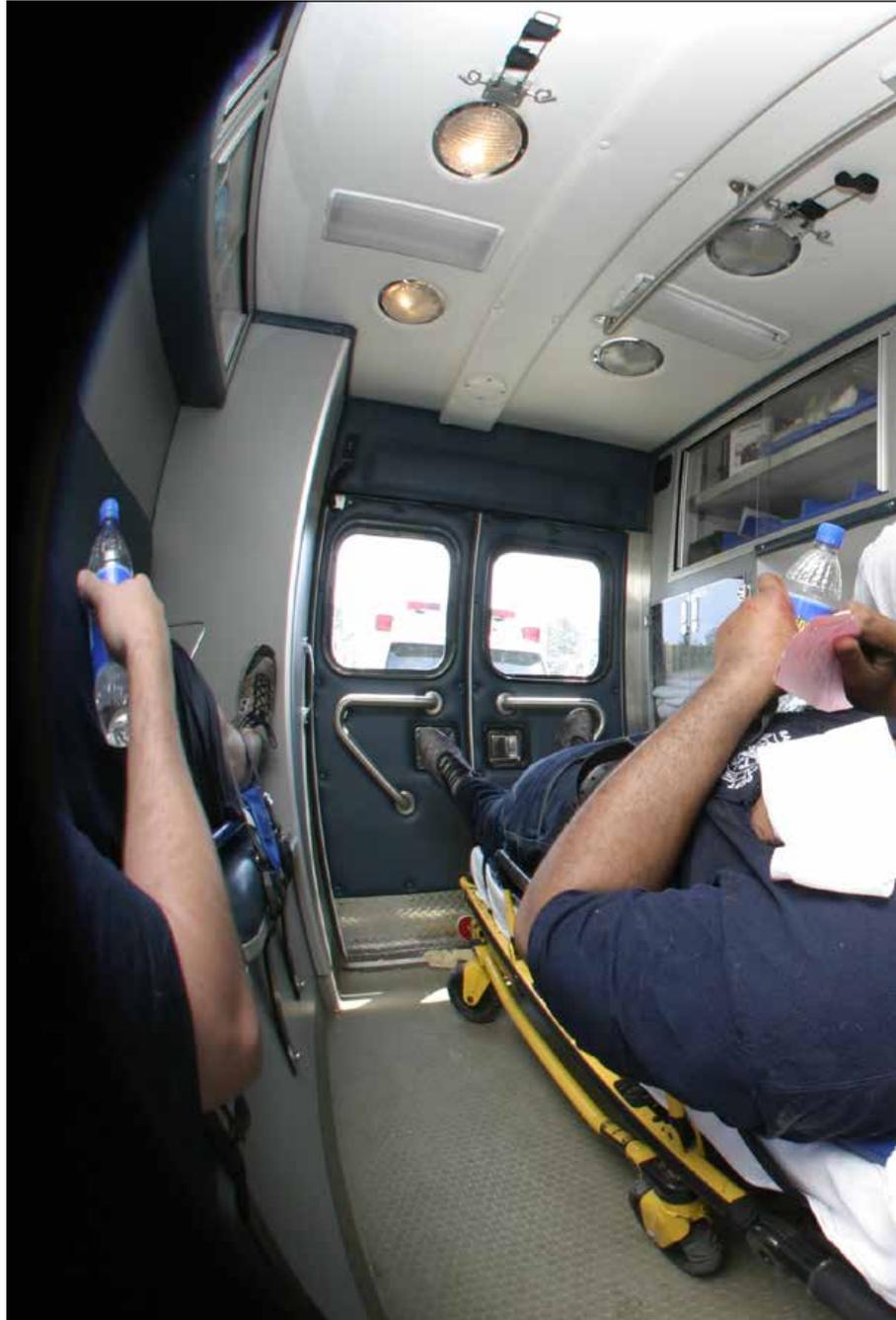
Photos by Austin Dowd, Rob Bradley, Dustin Patterson, Jeff Reeves, Nick Pironio, Matt Robbins, Bradley Wilson





READY RESPONSE 2005

(top) Deb Braun puts moulage on a patient at Carter-Finley. (second) Medical Director Brent Myers talks with other Wake County officials during the drill. (third) Christian Heinrich and Angel Vives bring a stretcher to the scene. (fourth) Rob Squires and Christian Heinrich wait for instructions during the May 12, 2005, drill.

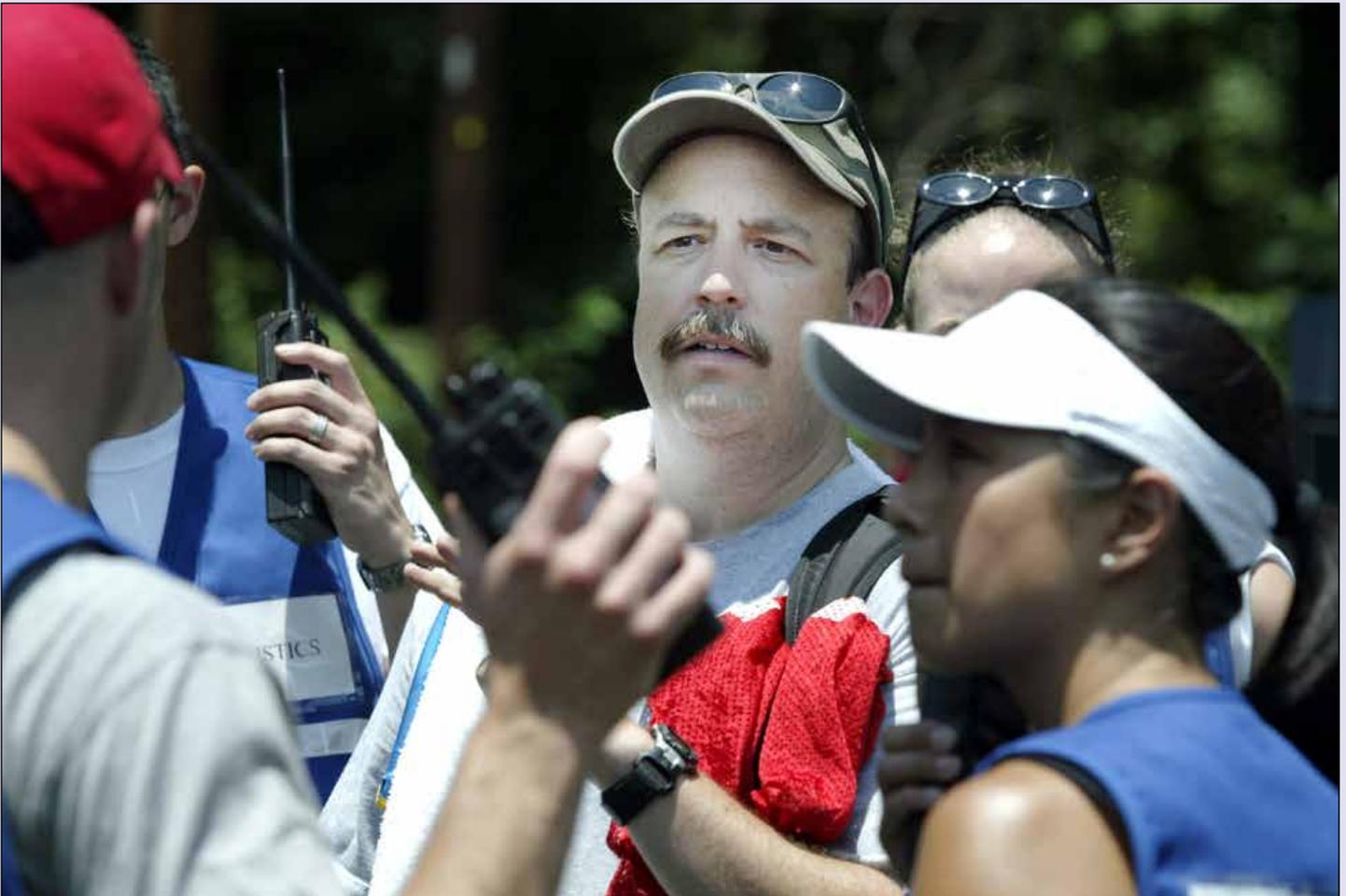




(top left) Rex ERT nurse Terri Friedhoff became the “victim” of the sarin gas after treating patients during the drill. (middle) Raleigh firefighters also became victims of the gas. (right) Some were washed off in decontamination tents set up on the scene. (bottom) Patients were actually transported to local hospitals where the drill continued.



(top) EMS agencies from all over the county transported patients to the hospital. (bottom) Tammy Patton helped to coordinate transport.



(above)
John Barile served as a preceptor.



(right)
Erin Drohan was a student at the time



DUKE UNIVERSITY INTERSESSION 2005 DISASTER MEDICINE

The drill for the medial students at Duke University, sponsored by and hosted at Duke June 15, 2005, started off with a simple statement: Duke football wins the NCAA and fans celebrate.

Then it got complicated. "There is some type of ID (infectious disease) outbreak at a local church picnic that is starting to flood hospitals with patients with gastrointestinal symptoms."

Then it got more complicated.

"Durham to Freeman Center command, be advised that the 911 center is receiving multiple calls re: an explosion."

"Duke EMS to communications, we're on the scene of an MCI. There's been some sort of explosion. We have lots of injured. We need help."

For this drill, in real time, the SWAT team responded, students started actual IVs and intubated mannequins, officials set up actual decontamination tents and made public safety providers put on hazmat suits, despite the heat.

Photos by Bradley Wilson, Jeff Reeves and Nick Pironio





DUKE UNIVERSITY INTERSESSION 2006 DISASTER MEDICINE

In 2006, the drill sponsored by Duke University and hosted at Duke, was a lot less complicated. It focused much more on training the medical students in intubation, starting IVs, wound management and airway management.

(above) John Barile and Larry West served as preceptors.

Photos by Bradley Wilson and Austin Dowd



Squad Auxiliary Forms Wednesday

Wives of members of the Cary Area Rescue Squad met at the Squad building the first day of this month to form an auxiliary organization. The new group, to be known as Cary Area Rescue Squad Auxiliary, elected officers, appointed committees and set a meeting date. Jerry Adams, squad chief addressed the ladies. Edna Owin, president, will be assisted by vice-president Lu Little. Treasurer duties will be performed by Debbie Bullock, and Cyndy Servis will serve as chap-

lain. Linda Brown will have the double job of secretary and chairman of the telephone committee. The fund-raising committee will be headed by Reba Sullivan, and Ellen Adams will be chairman of the social committee. The group will meet on the second Tuesday of each month, at 7:30 p.m. at the Squad building on N. Academy Street. Wives of all squad members are welcomed to join.



ELECTED—Officers of the newly formed Cary Area Rescue Squad Auxiliary are in the back row from left Edna Owen, Debbie Bullock and Lu Little; front from left are Linda Brown and Cyndy Servis.

Nov. 8, 1972, *The Cary News* "SQUAD AUXILIARY FORMS WEDNESDAY"

Wives of members of the Cary Area Rescue Squad met at the Squad building the first day of this month to form an auxiliary organization. The new group, to be known as Cary Area Rescue Squad Auxiliary, elected officers, appointed committees and set a meeting date. Jerry Adams, squad chief addressed the ladies. Edna Owin (*sic*), president will be assisted by Lu Little. Treasurer duties will be performed by Debbie Bullock and Cyndy Servis will serve as chaplain. Linda Brown will have the double job of secretary and chairman of the telephone committee. The fund-raising committee will be headed by Reba Sullivan and Ellen Adams will be chairman of the social committee. The group will meet on the second Tuesday of each month, at 7:30 p.m. at the Squad building on N. Academy Street. Wives of all squad members are welcome to join.

WOMEN IN SQUAD

Women play key role in Squad's development

BY BRADLEY WILSON

The men of the Cary Area Rescue Squad were, by all accounts, team players, working with each other and other agencies to provide state-of-the-art patient care.

As the organization evolved, especially after the initial push for members, Arey Little recalls, "We were running short on members a lot of times."

Lu Little said, "There were only about two people running daytime calls."

They often ran ads and sent out press releases trying to recruit members.

However, at least initially, one group wasn't welcome into the ranks of ambulance attendants: women.

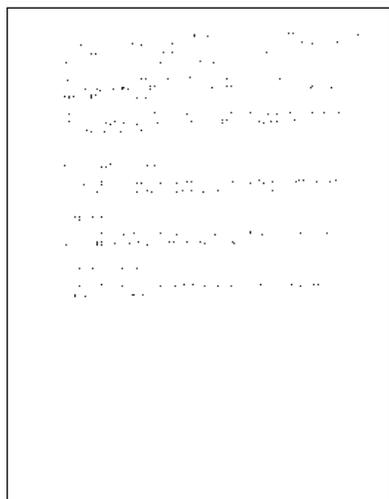
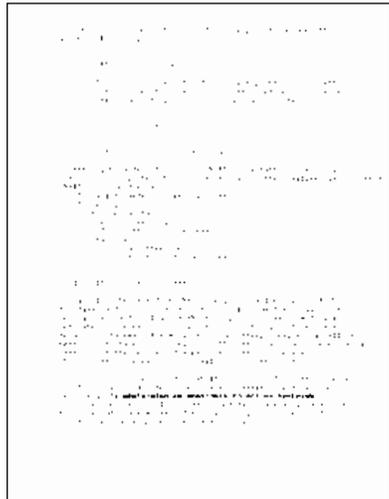
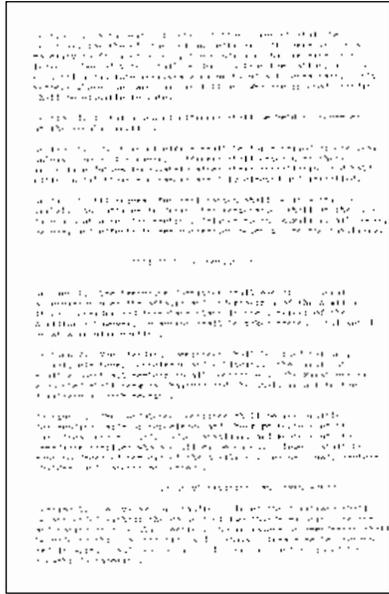
Lu Little, a member of the Women's Auxiliary and eventually the Squad, said, "(The feeling was) you don't even dare apply if you're female."

Arey Little said, "It was a male-dominated organization, like the fire department."

Jerry Adams, in a March 14, 2001, interview, recalled, "We got some bad publicity on not having women."

The headlines and news articles painted a picture.

From a Jan. 21, 1971, article in the *Raleigh Times* by Tricia Grimes: "For those who require eight hours of uninterrupted sleep, the night-owl existence of Mrs.



Bylaws of the Ladies Auxiliary became effective Nov. 14, 1972.



Josie Essig takes a break in night quarters for CARS' female members. The quarters, opened in 1976 when the first female members were admitted to CARS, is a converted storage area.

A day at the office

Cary Area Rescue Squad members work one night, all night, every five days, reporting to the building at 8 p.m. and leaving the next morning at 8. On weekends, the shifts are 24 hours. A paramedic is always on duty, and usually a second-duty crew—two people who would answer the next emergency call to come in while another crew is out—is on stand-by. During times, when most of the squad's volunteer members are working, it is more difficult to get a second-duty crew. Pulling a second-duty crew nights is generally not a problem. —Suzy Brett



Josie Essig, one of CARS' female volunteers, is among the personnel answering a recent 1-911 P.E. an accident with personal injuries.

From humble beginnings ...

Cary Area Rescue Squad has become an elite life-saving force

Cary Area Rescue Squad's desire to be a firefighter can be traced to its beginnings when a small group of Cary residents decided to stop relying on rescue service from Raleigh.

"We were chartered in October of 1971, and ran our first call when we responded to a plane crash on Killbuck Farm Road in July, 1972," said Alex C. Little, who joined the squad in May, 1972.

Although the squad's ambulance had not arrived, rescue workers were on the scene within three minutes of the midnight accident.

"While this accident was not as bad as some (auto) accidents we've had, we could have saved a little time if we had had an ambulance stationed here in Cary," said the chief, Jerry Adams, after the rescue effort.

An ambulance from Raleigh took four injured passengers to the hospital.

Here are some highlights since that first call took place:

- A 1972 fund drive netted \$20,000 and an ambulance was purchased and used for the first time Aug. 13.

- In 1974 the squad building was completed ending years of shared quarters with the Cary Fire Department. It features kitchen, living room, sleeping quarters, training room, office space and communications room and vehicle bays.

- In 1975 a storage room at the Medecon Court squad building was converted to sleeping quarters for women and CARS accepted its first female members.

- By 1978, 22 volunteers were providing on-call service during the day with the members on night duty every five days. The squad's equipment included three ambulances, a van used as

- a command post, a crash truck and a chief's car. That year, \$20,000 was raised.

- In 1980, two full-time EMTs were hired, with volunteers continuing on night duty and on call for second and third duty calls during the day.

- In 1981 a fundraising letter went out to area residents in 1981, with the squad asking for a \$20 donation from each family.

- Between 1982 and 1984, the number of calls had increased to nearly four a day, and the 1984 fund-raising drive sought \$60,000.

- In 1985, Annunziata succeeded John Owen as fourth chief of the 14-year-old organization and the youngest at 26. He also was the youngest captain ever selected when he assumed that position at age 21. —Suzy Brett

n.d., *The Cary News*

"FROM HUMBLE BEGINNINGS" BY SUZY BRETT
 PHOTO CAPTION: Josie Essig takes a break in night quarters for CARS' female members. The quarters, opened in 1976 when the first female members were admitted to CARS, is a converted storage area.

Betty Lane Bright would mean disaster. Mrs. Bright has the distinction of being Wake Forest's only woman ambulance driver, and 2 a.m. calls and strangers in the night are merely part of her routine working day."

In a Dec. 13, 1972, article in an uncredited publication, Billy Henderson said, "You participate in a group effort, and with another 20 men you can do a job that one man alone cannot do."

From *The Cary News*, a Feb. 21, 1973, letter to the editor by Mishelle Lehman, "I would like to take this opportunity to let all you know what a fine group of young men there is serving our community ..."

A headline from *The Cary News*, Dec. 5, 1973: "Cary Rescuemen Complete Training"

From an article in *The Cary News*, March 20, 1974: "The three men on duty inside the large frame house ..."

From an undated letter to the editor by Elizabeth Pate, a registered nurse, in *The Cary News*, "I volunteered to work with the Cary Rescue Squad. I was given the usual speech to discourage applicants. There were no females; women are not as strong as men; sleeping accommodations were nonexistent; the hours were long and it would be necessary to work every other weekend and to sleep in."

And an undated response by Chief John Owen: "As to the comments about women, this was about the only truth in the article."

While women weren't initially allowed in the back of the ambulance, they did play a pivotal role in the formation and growth of the organization.

From *The Cary News*, Feb. 20, 1974: "Brownies Help Squad"

From the March 17, 1980 business meeting: "March 29 and 30 the Rainbow Girls will do blood pressures at the building with proceeds going to the Rescue Squad."

By 1976, as Chief Walter Powell wrote in a letter to the editor in the Feb. 25, 1976, edition of *The Cary News*, "On behalf of the Cary Rescue Squad, the six other rescue squads in Wake County and the thousands of men and women throughout North Carolina who operate emergency ambulances ..."

Women were allowed as members after a 7-4-2 vote of the membership in February 1975, but Becky Eddins first appears on the Feb. 28, 1977, roster. Becky Gantt and Pauline Massey appear on the Aug. 8, 1977, roster. And Edna Owen first appears on the Oct. 3, 1977, roster (as available for daytime calls). ■

FEB. 23, 1975, CARY EMS SPECIAL BUSINESS MEETING

Discussion was held on female membership (rules for women, special facilities, husband and wife teams, etc.) Motion by Salotti, seconded by Hutson that Squad accept women members. Motion carried (7-4-2)

MAY 16, 1976, CARY EMS BOARD OF DIRECTORS

Application for membership from Linda Duncan was reviewed and voted on. The votes were three nos and two yeas; chairman did not vote. Part of the discussion at this time was that the time was not right for a female member.

DEC. 6, 1976, CARY EMS BUSINESS MEETING

Chief brought up membership: Application Becky Eddins - stated that recommendation of membership committee was that she be accepted. Motion by Little, seconded by Williams that she be accepted as a member.

SEPT. 5, 1977, CARY EMS BUSINESS MEETING

Edna Owen - Motion made by Bill Stevenson, 2nd by Becky Gantt that she be accepted as a regular day time member. Motion carried,



Danny Cline, Angel Vives, Jessica Leezer, Brian Adams



Beth (Chieffo) Garrett and Liz Coykendall

Operation Pink

NOV. 3, 2011, CARY AREA EMS OFFICERS MEETING

Marion got approval from Steve to wear pink next year during the month of October for Breast Cancer Awareness Month.

SEPT. 24, 2012, CARY AREA EMS BOARD MEETING

Operation Pink: Last year several of our members requested we wear pink uniform shirts this October for Breast Cancer Awareness month. Marion Houle worked hard on getting them ordered so we have them this year and will be wearing them the month of October. Also, we had such an interest from outside people that we ordered 99 more shirts and are selling them for \$15. We will be donating all of our proceeds from the sale of the shirts to "1 in 9" (now "1 of Us"), a local breast cancer charity. Imagescapes is giving us a break on the cost of the shirts so we should be able to give \$9-10 per shirt to the charity. Chief Cohen is excited about this project and feels it will be a good press thing for us as well. We have sent the press release out to many outlets including "The Ellen Show."

OCT. 1, 2012, CARY AREA EMS STAFF MEETING

Steve Cohen would like to get a picture of everyone in our pink shirts to post on our website. We ordered over 100 shirts for folks who wanted to purchase them outside of the staff. Marion was able to order shirts and get the vendor to waive processing fees, so we will be donating almost \$9 per shirt to a local breast cancer charity "1 in 9" (now "1 of Us"). Awesome!

OCT. 22, 2012, CARY AREA EMS BOARD OF DIRECTORS

Operation Pink: Chief Cohen estimates we will have between \$1,500 and \$1,600 to give to the charity "1 in 9" (now "1 of Us") once all the numbers are in. We are still waiting for a few more people to pay. The whole project was very well received by the members. Larry West said he had a contact at News14 who are looking for stories on this subject for the month of October so he is hoping they will contact us about that.

NOV. 26, 2012, CARY AREA EMS BOARD OF DIRECTORS

Operation Pink: Chief Cohen announced to the board that we contributed \$1,061 to "1 in 9" (now "1 of Us"). He felt we had a successful quick project and may consider doing something similar next year.

AUG. 6, 2013, CARY AREA EMS STAFF MEETING

Stacy Forbes has some ideas for the pink shirts for October, maybe changing the design and making it into a fundraiser. Discussion about timelines and Marion says he needs at least 30 days for the order. Stacy will be working on this project, if you are interested in helping, let her know.

SEPT. 1, 2015, CARY EMS MEETING

Pink gloves have been purchased for Breast Cancer Awareness Month in October. If you are someone who wants to wear pink gloves during that month, grab a box and keep up with it. He ordered a case of small and medium. October is the month for pink T-shirts, and if you need one, please email him and let him know. At the end of October, we will be swapping back to golf shirts. There was a suggestion about adding some graphics to the T-shirt, if you have suggestions please let him know by Sept. 10.

JAN. 25, 2016, CARY AREA EMS BOARD OF DIRECTORS

Tammy's Day: The event was a big success. We raised about \$1,500 plus \$320 for the hats and more for the T-Shirts. We will be getting it all together to present to the charity "1 in 9" when Tammy is available.

FEB. 29, 2016, CARY AREA EMS BOARD OF DIRECTORS

We will be presenting a check in the amount of \$1,966 to "1 in 9" (now "1 of Us") on behalf of Tammy Patton and her Fight Like-A-Girl campaign.

AIRLINE CRASH 1975



Rescue squad workers aid injured passenger

Reaction speedy

Emergency crew was ready

By DUDLEY PRICE
Times staff writer

The men of Raleigh-Durham Airport's crash, fire and rescue squad didn't know beforehand that Eastern Airlines' flight 576 with 137 people aboard would plow into the runway infield Wednesday night.

But they were ready. In 60 seconds, three of the \$200,000 fire-fighting vehicles at RDU had been brought alongside the plane in case fire broke out. It didn't.

The squad members in the trucks were among about 50 airport employees and hundreds of area rescue firefighting and law enforcement personnel on call in the event of an emergency or disaster at RDU.

According to a written plan, the airport employees and area agencies can be summoned according to the severity of the disaster.

In the event of an emergency or disaster, a siren at the airport is sounded and airport employees,

including company personnel and airline representatives, take assigned positions. Airport Authority Chairman R. Dillard Teer, explained.

Senior emergency officials on duty then place calls to emergency communications headquarters in both Raleigh and Durham. According to the magnitude of the event, the Highway Patrol, Wake and Durham Sheriff's men, and Raleigh and Durham police may be notified. Hospitals in Raleigh, Durham and Chapel Hill may be put on alert.

Rescue and firefighting units may be summoned from communities surrounding the airport — Morrisville, Raleigh, Cary, Apex, Durham and Leesville.

In Wednesday night's crash landing, the Raleigh emergency headquarters dispatched the Cary Area Rescue Squad to transport the six people who suffered minor injuries. Backing up the RDU firefighting force was the Morrisville Volunteer Fire Department.

Police from Raleigh and Durham aided RDU security personnel in directing traffic.

In all there are 20 men in the crash, fire and rescue squad at RDU. Some alternate as linemen who service light aircraft that use the airport.

Regardless, they all have first aid and firefighting training and work in shifts around the clock, ready to man the airport's four, four-wheel drive, diesel powered firefighting behemoths.

"Our emergency plan worked very well," commented Airport Manager James R. Weaver of the response last night. He termed the 8:15 p.m. accident one of the worst at RDU, which has never experienced a major disaster. "The surrounding area's backup units were on the scene expeditiously," Weaver added.

Weaver said that additional rescue trucks and ambulances could have been called from Raleigh and Durham but weren't needed.

"I was exceptionally well pleased," he said.

THE RALEIGH TIMES, NOV. 13, 1975

"Emergency Crew Was Ready" by Dudley Price

The men of Raleigh-Durham Airport's crash, fire and rescue squad didn't know beforehand that Eastern Airlines' Flight 576 with 137 people aboard would plow into the runway infield Wednesday night.

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WHAT HAPPENED

Eastern Air Lines Flight 576 struck the ground about 282 feet short of runway 23 at the Raleigh-Durham Airport, North Carolina, bounced and touched down on the runway, then slid to a stop off the right side of the runway 4,150 feet past the runway threshold. The airplane was damaged substantially. Of the 139 persons aboard the airplane, eight were injured; one was injured seriously.

PROBABLE CAUSE

An encounter with heavy rain and associated downdrafts and wind shear during the final stages of landing when the airplane was less than 100 feet above the ground.

Behind the Scenes



Most calls 2002, 498

CHASIDY KEARNS

Cary Area EMS was a home away from home. When on duty you served with a mentor, brother, sister or a new best friend. You name it, this place created lifelong friendships and the best tenured mentors in EMS.



Rachel Cohen, Shawn Davis, Tammy Patton, Chasidy Kearns, Steve Watson, John Barile



Chasidy Kearns in radio room, 2002



Chasidy Kearns, Steve Watson, 2003

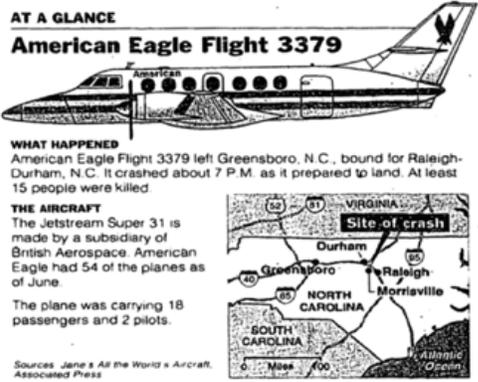
AIRLINE CRASH 1994

15 Killed in Crash Of Commuter Plane

An American Eagle commuter plane carrying 20 people to Raleigh-Durham International Airport crashed about four miles southwest of the airport last night, killing 15 people, Federal aviation officials said. Three survivors were in critical condition.

The plane, American Eagle Flight 3379, was a Jetstream Super 31, not an ATR. The F.A.A. last week prohibited ATR planes from flying in icing conditions. The plane was arriving from Greensboro when it crashed about 7 P.M. in rain and fog. The temperature outside was 37 degrees.

Article, page A16.



AT A GLANCE American Eagle Flight 3379

WHAT HAPPENED
American Eagle Flight 3379 left Greensboro, N.C., bound for Raleigh-Durham, N.C. It crashed about 7 P.M. as it prepared to land. At least 15 people were killed.

THE AIRCRAFT
The Jetstream Super 31 is made by a subsidiary of British Aerospace. American Eagle had 54 of the planes as of June.

The plane was carrying 18 passengers and 2 pilots.

Sources: Jane's All the World's Aircraft, Associated Press

The New York Times, Dec. 14, 1994 • p1 and pA16

DEC. 13, 1994, NOTES BY MIKE LEGEROS AND INTERVIEW BY BRADLEY WILSON

A British Aerospace Jetstream 3201 was approaching Runway 5L carrying 18 passengers and two crew members, and was scheduled to land at 6:32 p.m. Dec. 13, 1994.

The plane, flying as American Eagle Flight 3379, subsequently crashed about four nautical miles from RDU International Airport into a dense wooded area in Morrisville.

At 6:35 p.m., a resident at 1709 Old Maynard Road reported the crash, heard another explosion, and saw an orange glow from the woods behind his house. He and another neighbor grabbed flashlights and walked to the crash site in about 10 minutes. They discovered the wreckage scattered across 500 yards of dense woods, with the plane in two parts, and flames engulfing the cockpit and forward cabin. They also found survivors.

The National Transportation Safety Board determines the probable cause of this accident/incident as the captain's improper assumption that an engine had failed, and the captain's subsequent failure to follow approved procedures for engine failure, single-engine approach and go-around, and stall recovery. Contributing to the cause of the accident was the failure of AMR Eagle/Flagship management to identify, document, monitor, and remedy deficiencies in pilot performance and training. (NTSB Report AAR-95/07)

AMERICAN EAGLE FLIGHT 3379

- **Around 7 p.m.** Cary EMS listens, is dispatched. Cary Medic 1 had three people that night, Marion Houle, Kris Harrison and Steve Watson, who was precepting. They were at the Cary Towne Center mall, eating supper. On the radio, they heard MFD Car 1 transmit on Cary Dispatch. He was "as calm as could be" and asked Cary to send one CPD officer to Koppers Road for traffic control, due to an aircraft down. Curiosity "got the best of them" and they went to their ambulance to listen. Houle said he was thinking, "If they have a plane down, they're going to need their help." They were in the truck for no more than five minutes, when they were dispatched to the crash, to the intersection of Davis and Koppers. "It all happened very fast." At the time, EMS 6 was stationed at the airport and Apex EMS covered everything west of Davis Drive to the County line.
- **7:15 p.m. Cary Medic 1 arrives.** Arrives at Koppers and Davis, staging location. They were third or fourth ambulance arriving at about the same time as EMS 4. They grab their backboards, c-collars, neck blocks, and "med box," place on stretcher, and headed to treatment area. They arrived at the treatment area, equipment taken off 481, laid out, in preparation of arriving patients. They spent maybe 15 or 20 minutes doing that, before the first patients arrived. "We just waited for patients to come out to us," Houle said.
Houle said it was cold outside, might have been lightly raining. It was quiet. They were would hear some sirens, and people talking around them. But not a lot of "outside noise." There was also a strong smell of jet fuel.
- **7:45 p.m.** Patients begin arriving in triage. Out came the first pickup truck, remembers Houle. Mark Justice and his wife brought one of the first patients. "The plane was in such a remote area, they would have to take patients to a pickup truck that would drive to an area for the patients to be loaded on an ambulance. Most of the patients came out two at time."
- **8:30 p.m.** Cary EMS, the fifth or sixth truck, transports two patients, both with orthopedic injuries. Houle said he remembers Watson asking if he could start an IV. But it was so cold, Houle said he just said, "If you can find a vein." They transported their patients to Wake Med in Raleigh.

15 Die as Commuter Plane Crashes in North Carolina

Second Recent Accident for American Eagle

By MATTHEW L. WALD

An American Eagle commuter flight approaching Raleigh-Durham International Airport in North Carolina crashed last night, killing 15 of the 20 people on board.

The flight, a hop of about 60 miles from Greensboro, N.C., ended in rain and fog, according to the Federal Aviation Administration. The plane, a Jetstream Super 31, crashed into a wooded area about four miles southwest of the runway, said Daniel F. Bruneau, an airport spokesman.

Mr. Bruneau said seven survivors were taken to two area hospitals. But two of them soon died, one of the hospitals said.

The accident was the second for American Eagle in two months, but the earlier crash, in which 66 people died, involved a different type of aircraft. That plane was an ATR-72, which the F.A.A. last week barred from flying in icy conditions.

Martin Howard, a truck driver who lives less than half a mile northwest of the crash site, in Morrisville, N.C., said the Jetstream plane appeared to have flown into the woods almost parallel to the ground, ripping the tops off some pine trees and tearing others from the ground, in a swath 400 feet to 600 feet long. When he reached the scene, Mr. Howard said, he thought there were no survivors until he heard someone moaning.

He said a piece of the airplane 12 to 14 feet long that he believed was the midsection was intact and some people there were alive but seriously injured.

"There were legs and arms broke and torn off and people with their eyes messed up," Mr. Howard said. "It was hard to tell what was what."

Mr. Howard said he helped emergency workers pull passengers who were still alive from their crumpled seats in that sector.

Another person who lives nearby, David Stanley, said on ABC's "Nightline" program that he heard an explosion, told his wife to call 911, and went to the scene. There, "one fellow was walking around; he was looking for his wife," Mr. Stanley said. There were also people in the fuselage asking for help, he said.

An airport spokeswoman who went to the scene after the crash, Theresa Damiano, said the wreckage was in two parts about 25 feet from each other. The plane had disappeared from the airport's radar screens at 6:38 P.M., she said.

She said she had "no information on fire or weather or any cause." But officials had recovered the flight data recorder and the cockpit voice recorder from the plane, which was delivered to the airline in January 1991 and was considered "a relatively young aircraft," said Al Marucci, a spokesman for American Eagle. It had made fewer than 8,500 takeoffs and landings, he said.

Three of the injured people were in critical condition at the Wake Medical Center in Raleigh, said Rebecca Christian, a spokeswoman. Two were identified as John Ciulla, 31, of Manorville, L.I., and Don H. Merkel, 60, of Windsor, Ill. A third man, about 35 years old, was able to tell doctors his first and last names before he was sedated at the hospital, but Ms. Christian said the airline was not able to tell the hospital where he was from. As a result, hospital officials had not yet reached his family and thus would not disclose his name, she said.

Four survivors were admitted to Duke University Hospital in Durham, and two died soon after, said

Renee Twombly, a spokeswoman there. The two still alive, a man and a woman, were "doing pretty well," she said. She would not identify any of the four, she said, because the hospital had not reached relatives of the dead and had not asked the two survivors for permission to disclose their names.

At the scene, a strip about 500 feet long strewn with wreckage, some of it burning, officials completed their search for bodies about four hours after the crash and brought in floodlights to look for parts of the plane. A representative of the National Transportation Safety Board was on the way from Winston-Salem, N.C., last night.

The plane, a British Aerospace Jetstream Super 31, was carrying 18 passengers, one short of its maximum load, and a pilot and co-pilot, American Eagle said.

The plane is a twin-engine turbo-prop, but of a different design from the American Eagle flight that crashed in northeastern Indiana on Oct. 31, killing all 68 on board. That was an ATR-72, and the F.A.A. last week banned those planes and a smaller version, the ATR-42, from flying in conditions where ice can develop.

But the Jetstream Super 31 also has a history of crashes in similar weather. On Dec. 26, 1988, a United Express Jetstream Super 31 crashed on approach to Pasco, Wash., killing all six people aboard, and on Jan. 30, 1991, a USAir Express Jetstream Super 31 crashed while trying to land in Beckley, W.Va. No one was killed, but 16 of the 19 on board were injured.

A Northwest Airlink Jetstream 31 crashed in Hibbing, Minn., on Dec. 1, 1993, in fog and freezing drizzle, but the accident was later attributed to pilot error. The National Transportation

Five survive a crash in fog and rain.

Safety Board concluded after a lengthy investigation that that accident could have been avoided if the plane had had a ground proximity warning system, of the kind that larger planes routinely carry, and that the Jetstream should have had one.

A spokesman for American Eagle, Patrick Henry, said last night that the plane that crashed yesterday in North Carolina did not have such a device. It was not immediately clear, however, whether it would have made any difference.

Kathleen Bergen, a spokeswoman for the F.A.A.'s Atlanta office, said more than 300 of the Jetstream Super 31's were in service worldwide. American Eagle said last night that it has 54 of them.

Ms. Bergen said she was not aware of any trouble reported by the crew before the crash.

American Eagle is scheduled to stop operations at Raleigh-Durham next month because it has been losing money there. The plane that crashed was last inspected on Saturday, Mr. Marucci said.

The crash site was at the edge of Research Triangle Park. The weather was near freezing and wet all day long. Temperatures a few hundred feet above the ground could have been well below freezing, but Ms. Bergen said she did not have any information on weather in the area.

HIGHWAY WRECK 2001

Behind the Scenes



Cary firefighters work to get the driver out of a tractor-trailer that overturned on northbound U.S. 1 just north of Walnut Street.

STAFF PHOTO BY HARRY LYNCH

Wreck injures man, snarls traffic

BY OREN DORELL
STAFF WRITER

CARY — A merging motorist caused a tractor-trailer to overturn on U.S. 1 just north of Walnut Street, shutting down both sides of the highway Monday from 2:30 p.m. until about 5 p.m., police said. The wreck left the truck's driver injured and caused major traffic delays on adjacent routes, including Interstate 40.

The truck skidded about 100 yards on northbound U.S. 1 before veering into the median, where it flipped on the driver's side.

Susan Moran, public information officer for Cary, said the accident occurred when a car merging onto U.S. 1 from Walnut Street cut in front of the 18-wheeler. The truck, hauling a load of logs, skidded, swerved into the median and

came to rest atop the guard rail in some tall bushes. The car did not stop. No other cars were involved in the wreck.

Moran said police have information from witnesses about the car and will try to find the driver.

Cary police closed the northbound side of the highway at Walnut Street and the south side at Jones Franklin Road, while rescue workers worked from both sides of the median to extricate the driver. The wreck caused traffic to back up for miles on U.S. 1 in both directions and on eastbound I-40 at least as far as Wade Avenue.

Duke University's Lifeflight helicopter waited on the roadway as rescue workers pulled the driver out of the top of his truck almost two hours after the wreck. The driver was alert and communicating

with rescue workers before he was wheeled on a gurney to the aircraft. It took off just after 4:30 p.m. and transported him to Duke Hospital. Police reopened the highway about a half hour later.

Moran said rescue workers had a tough time getting the man out because of the position of the truck when it crashed. Cary firefighters cut away the top of the tractor to give workers with Cary EMS access to the victim. State Highway Patrol and Division of Motor Vehicles investigators also responded to the scene.

The victim's identity was not released because his family had not yet been notified, but co-workers at the scene said he was in his early 40s and lived in the Raleigh-Garner area.

Todd Griffin, general manager of Curtis L. Jones Development Inc., said the driver was traveling from a job site in Apex to American Woodyards at 5199 Hillsborough St. near the state fairgrounds. He reported the accident to a company dispatcher over his radio as soon as it occurred.

"He's a very good, dedicated employee, and I'm glad he's going to be all right," Griffin said.

About a dozen Curtis employees converged on the scene of the accident. Pamela Sauls, Curtis transportation coordinator, said she rushed over but felt helpless.

"You hear somebody crying for help — and what can you do?" she said.

Staff writer Oren Dorell can be reached at 829-8963 or odorell@mando.com



(center) Chief Steve Cohen



Paul Kumhyr, John Barile



Cary EMS (Mario Vaccarelli, Steve Cohen, Paul Kumhyr and Paul Pitrb) responded to an overturned truck on Hwy 1/64 in the spring of 2001. Photos by Bradley Wilson



Josh Davis



John Barile, Dameion Rutherford, Duke Life Flight nurse

APRIL 17, 2001, RALEIGH NEWS & OBSERVER, TUESDAY
"Wreck Injures Man, Snarls Traffic" by Oren Dorell

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Cary firefighters cut away the top of the tractor to give workers with Cary EMS access to the victim.

APRIL 19, 2001, THE CARY NEWS

A tractor-trailer crashed into the median and overturned on U.S. 1 just north of Walnut Street around 2:30 p.m. Monday, April 16, 2001, shutting down traffic in both directions for about 2.5 hours. The driver of the tractor-trailer, Dennis Silver, 43, of Middlesex was taken via Duke Life Flight to Duke University Hospital. Cary officials said a car merging onto U.S. 1 northbound from Walnut Street cut in front of the tractor-trailer, Cary officials said.

VOLUNTEERS

Despite declining volunteerism, Cary EMS still going strong

BY BRADLEY WILSON

In 1971, an unfortunate traffic accident occurred in Cary, North Carolina. A furniture truck struck a 4-year-old boy who died in the street after waiting 45 minutes for an ambulance to respond from Raleigh.

It was a tragedy to be sure, but something good came from this tragedy: a group of volunteers got together to form the Cary Area Rescue Squad. The desire to make their community a better place to live brought these individuals together. It wasn't about what each one of them could do; it was about what they could do together to make Cary a better, and safer, place to live.

These volunteers made some tremendous accomplishments. As the founding volunteers have said repeatedly, they set their standards high from the very beginning. They were the first volunteers to require members to serve their duty from the station, giving up their family time to cut down on response times. They were the first rescue squad to require members to complete state certification as emergency medical technicians and paramedics, certifications requiring hundreds of hours of class time and continuing education.

The list of firsts goes on, but it isn't nearly as important as the volunteer spirit these members instilled, a volunteer spirit that continues in Cary EMS today.

DECLINING VOLUNTEERISM

Cary EMS, serving a city of more than 100,000 people and running more than 5,000 calls annually, isn't run solely by volunteers anymore. It hasn't been in years. Cary was the first county rescue squad to have a paid chief. Nor are the ambulances staffed solely by volunteers. Now, the highest-ranking volunteer is a captain, not an assistant chief or chief. The amount of time required to run the agency and comply with an increasing volume of regulations required a full-time staff.

Of late, the viability of the volunteer program in many agencies has been questioned. Historically, such programs have been the backbone of many organizations such as the Red Cross, the Lions Club and neighborhood swim teams. However, volunteer involvement nationwide has been declining.

When French aristocrat and political philosopher Alexis deTocqueville visited the United States in the 1830s, it was the Americans' propensity for civic association that most impressed him as the key to their unprecedented ability to make democracy work. "Americans of all ages, all stations in life, and all types of disposition are forever forming associations," he observed in his book *Democracy In America*. "There are not only commercial and industrial associations in which all take part, but others of a thousand different types — religious, moral, serious, futile, very general and very limited, immensely large and very minute."

But as Robert Putnam has noted in his "Bowling Alone" studies, America has changed. For example,

- Membership in the Parent-Teacher Association has dropped drastically over the last generation, from more than 12 million in 1964 to barely 5 million in 1982 before recovering to approximately 7 million now;



This article originally appeared online on merginet.com, "The Ultimate EMS Resource," Sept. 4, 2003.

- Volunteer involvement in the Boy Scouts is off by 26% since 1970;
- Volunteer involvement in the Red Cross is off by 61% since 1970;
- Membership in Lions Clubs is off 12% since 1983;
- Membership in the Elks is off 18% since 1979; and
- Membership in the Shriners is off 27% since 1979.

Putnam's point is that "bowling alone" is a metaphor for the way that Americans have come to view civic involvement and citizenship. People have less time available because many households have two wage-earners instead of one. We are more mobile and, as a society, are more influenced by television. There is a serious lack of a sense of civic obligation, said U.S. Senator Barbara Mikulski.

CARY EMS SURVIVES

Despite declining volunteerism and the death of many volunteer EMS agencies nationwide, Cary EMS has a strong cadre of more than 20 volunteers serving on the three ambulances in Cary and Morrisville 24 hours a day, seven days a week and at numerous standby operations such as the citywide arts festival and local university football games. These volunteers are all valued members of the Cary EMS team, a team that provides some of the finest pre-hospital care in the county.

But the commitment that the volunteers have for the organization doesn't come without a price. Volunteer programs require an investment in what Putnam terms "social capital," capital that can be spent on any of a variety of activities. But it must, from the individual's point of view, be spent wisely.

Current volunteers with Cary EMS say their desire to learn a new profession, that of being an emergency medical technician, is one of their reasons to get involved. Clearly, they're investing their capital in hopes of getting a return on that investment in the future.

Volunteer programs encourage people to develop a broader identity and solidarity that helps translate an "I" mentality into a "we" mentality. Instead of being a homogeneous group of highly skilled medics, Cary EMS is a heterogeneous group of highly skilled medics that includes computer technicians, newspaper salespeople, teachers, insurance inspectors and much more. Each volunteer provides a unique viewpoint to the organization.

And, best of all, the volunteers make for better patient care. The volunteers get to learn their trade from some of the best medics in the area. They don't come out of class with little or no field experience, hop on an ambulance and start providing patient care. They work as a third person for weeks or months, and end up more familiar with Cary and as better medics.

Perhaps more Americans today are bowling alone. Perhaps there is a declining membership in bowling leagues resulting in less social interaction and civic conversation.

But Cary EMS, following that tragic accident in 1971, is bucking the national trend for declining involvement, providing a quality training program for young medics as well as allowing them to give back to their community. It's a win-win situation. ■



VOLUNTEERS, 2003: (back) Jay Royster, Scott Hardison, Alvis Reaves, Larry West, Mason Baldwin; (front) Lynn Nowak, Susan Swann, Larissa Harris, Jessica Matthews, Sue Henshaw, Jan Royster

Volunteer Information

(circa 2006)

Cary Area EMS has three 911 ambulances in service, 24-hours a day, 7 days a week. We staff our ambulances with full-time, casual-time, and volunteer members. To apply to volunteer, you must first have a current EMT certification.

Volunteering in EMS is an exciting way to gain experience if you are considering a career in EMS, or anywhere else in the health field. Cary Area EMS receives approximately 7,500 calls for service per year, and sees a wide variety of patients and situations. Volunteers are expected to uphold the same guidelines, policies, and procedures as paid staff, and it would be difficult to tell a volunteer from a paid staff member.

If you are considering volunteering, or getting an EMT certification, but aren't quite sure, Cary Area EMS allows people to sign up to ride as observers. You are allowed to ride as an observer between the hours of 7 a.m. and 11 p.m. any day of the week, up to twice a month, as long as there is space on the schedule. You may call Cary Area EMS to sign up. You must be at least 18 years of age, and must dress and act professionally when observing.

If you are looking for EMT classes, visit the community college websites.

If you have your EMT certification, you can fill out a VOLUNTEER APPLICATION. Along with a completed application, you will need to provide a copy of your current driving record, CCBI report, and a copy of your EMT certification.

Once we have that information, there will be an informal interview where we make sure that you understand the time commitment involved with volunteering for Cary, the environment of Cary EMS, and give you a chance to ask any questions you may have.

In the meantime, here is more information about the application process:

1. Turn in an application which includes a copy of your certification, driving record, and CCBI report.
2. Informal interview and question opportunity.
3. If everything is agreeable, the application will be taken to the next membership meeting and the membership will vote on the application.
4. If the application is approved by the membership, the applicant will go through an orientation. During the orientation, applicants will be given a training packet, uniform, a detailed tour of the building, and will be instructed on how to sign up to ride, and what to expect when they start to ride.
5. It typically takes a new person about 6-8 months to complete the training packet. The applicant will be responsible for getting checked off on skills and will be evaluated by volunteer and paid staff during that time.

As far as time requirements, as a new person, you make your own schedule, but should be riding at least one 12-hour shift a week. The more you are able to ride, the faster you will complete the training. Once you move from "3rd Person" status to "2nd Person" status, where you will be on a truck with a paramedic partner, you will be responsible for five shifts a month, at least one of which needs to be a weekend shift.

In addition to your shifts, you should attend our business meetings (first Monday of odd numbered months) and training meetings (second Monday night of each month). The total number of hours, including meetings ends up being about 65 hours a month.

In the meantime, you can be working on obtaining your Hepatitis B vaccination or records. If you have not had the vaccination series, you can get it through your personal physician, or I can get you a letter to start the process through the Wake County Health Department.

If you have any questions about volunteering, or about Cary EMS in general, please feel free to contact me. Good luck!

Christian Heinrich

Captain, Cary Area EMS

As the number of volunteers dwindles, tight-knit rescue fraternities must pay to supplement their staffs. But even though all 10 private squads in the county have paid members, the squads can still be less qualified and slower to respond than the full-time career rescuers employed by Wake County EMS.

BONNIE ROCHMAN and KRISTEN COLLINS, staff writers
Raleigh News & Observer, Feb. 17, 2001

PAYING FOR SPEED



Paramedic Molly Carrier checks on a baby.
STAFF PHOTO BY MEL NATHANSON

Volunteer EMS on the way out

BY BONNIE ROCHMAN AND KRISTIN COLLINS
STAFF WRITERS

FUQUAY-VARINA — Melanie Mangum never wanted a career as an emergency medical technician. Helping neighbors in trouble wasn't something you did for money, at least not in 1991 when she began volunteering at this town's dingy rescue station.

Yet come April 1, the tradition she helped build will end. Fuquay-Varina EMS is closing.

What's ending is an era, not a service. Ambulances will still answer emergencies in Fuquay-Varina, but the rescuers inside will be paid Wake employees.

The heyday of the emergency medical services volunteer is over, not just in Fuquay-Varina, but

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From Page One



Paramedic Dallas Britt washes one of Rolesville's two ambulances between calls at the station.

STAFF PHOTO BY MEL NATHANSON

EMS

CONTINUED FROM PAGE 1A

across Wake County and the Triangle. People have less free time and more responsibilities, and training for paramedics can top 1,000 hours.

As the number of volunteers dwindles, tight-knit rescue fraternities must pay to supplement their staffs. But even though all 10 private squads in the county have paid members, the squads can still be less qualified and slower to respond than the full-time, career rescuers employed by Wake County EMS.

Wake is monitoring the situation, said John Rukavina, the county's public safety director.

Wake Forest's volunteer squad disbanded a few years ago, and several others are struggling. Wake realizes it may eventually have to centralize rescue services in the county, much like Durham and Orange counties.

"What's happening to Fuquay is happening all over the place," Rukavina said. "The rescue squad that depends on volunteers is having a difficult time. It's going to be tougher and tougher for them to provide the level of service that I think people expect."

Gordon Joyner, executive secretary of the N. C. Association of Rescue and EMS, said volunteer squads are faltering in most in urban areas, where city dwellers expect faster and better service than can be provided by volunteers, who usually must rush to the station before responding to calls. Although 70 percent of the state's 500 emergency medical service departments still rely entirely on volunteers, Joyner said Wake and Mecklenburg together use more than 450 paid staff members to supplement volunteers.

In the coming months, Wake and its municipalities will study the role volunteer groups play in the rescue network. They might look closely at Orange County. It has a centralized

squad that operates from stations all over the county without district lines, just the kind of rescue system recommended by consultants hired by Wake.

More than a year ago, those consultants told county commissioners that ambulances reach only 57 percent of life-threatening emergencies in 8 minutes or less, the national standard.

Fuquay EMS was one of the slowest squads, averaging 9 minutes, 23 seconds. And that is significant in why the squad in this town of about 7,000 is folding, despite the camaraderie that volunteers such as Mangum forge as they chain-smoke and swap stories waiting for their beepers to signal them.

But the situation is different in Rolesville, a town of less than 1,000, where people talk with pride about why these grass-roots departments started.

It was only seven years ago that Mayor Joe Winfree — fed up with waiting 15, 20, sometimes 30 minutes for an ambulance to arrive from Wake Forest or Raleigh — led the charge to start Rolesville's own squad.

"The people in our area would drive themselves to the hospital rather than call for an ambulance," Winfree recalled. "We needed a squad. We were not going to be defeated."

He formed a committee of six people to knock on every door within five miles of town, seeking donations. They wrote to businesses and held bake sales and barbecues, raising \$179,000. In 1996, they turned an abandoned building into a station for emergency medical services and got started with a handful of volunteers and a used ambulance donated by Cary.

Last year, county statistics show Rolesville EMS took an average of 7 minutes, 34 seconds to respond to calls, only 33 seconds longer than the response times logged by the all-paid staff of Wake County EMS.

Today, Chief Tina Como has a waiting list of would-be volunteers. She uses paid staff members only

'It's going to be tougher and tougher for them to provide the level of service that I think people expect.'

John Rukavina
 Wake County public safety director

on weekdays, when most volunteers are at work.

Volunteers and paid staff members alike consider fellow squad members family. They gather around a folding table in the windowless station even when they're not working. Sometimes, a dozen off-duty people show up at a call. Several squad members have moved closer to the station, so they can get to emergencies faster.

"We had to tell people, only three to a truck," Como said. "We had people piling on the trucks."

She's not sure what made Rolesville EMS work. Maybe it's the training sessions she holds at the station, encouraging everyone to become a certified paramedic. Maybe it's the fact that the staff knows most of its patients. Maybe it's the Christmas party.

But one thing is sure: Talk of abandoning volunteer rescue squads is sure to face fierce resistance in Rolesville.

It's cause for nostalgia in Fuquay-Varina, too.

Melanie Mangum's identity is bound up in the world of emergency services. As a child, she idolized two paramedics on the television series "Emergency." During the day, she works as an administrative assistant at the Holly Springs public safety department. Her husband is a 911 dispatcher, and it's not unusual for him to send her on a call.

"Some people have a hobby," said Mangum, 33, sitting in a folding chair at the station with its stained carpet and smell of stale smoke.

"They cross-stitch. I'm in EMS."

But today's EMS is a much different entity than it was when Mangum began volunteering.

The changes came first in the daytime shifts. As more people commuted outside the community to work, the pool of volunteers shrank and Fuquay EMS began paying weekday workers in the early 1990s, said squad Chief Donald Page. Slowly, resentment built among volunteers, who would work at night and on weekends, doing the same jobs for free. In 1998, Fuquay began paying its whole staff. Mangum gets \$11 an hour.

Mangum, who was volunteering up to 10 shifts of 12 or 24 hours a month then, still isn't completely at ease with her paycheck. "I know it sounds terribly greedy," she says. "I struggled with it for a long time."

But paying workers didn't solve Fuquay's problems. Squads were still taking too long to respond, and the training requirements overwhelmed many employees.

Mangum is an emergency medical technician, which requires nearly 300 hours of training. But to become a paramedic — the most highly trained rescuer — she would need more than 700 additional hours of training, and that's free time she doesn't have.

Over the long run, Mangum says, the transfer of power to Wake EMS, with its all-paramedic staff, is better for her community. But it still hurts.

"In a way, I kind of feel like a failure because I couldn't give them what they need," she said. "We were just treading water."

On a shelf in the Fuquay-Varina EMS office, there is a pile of brochures about the squad. "Fuquay-Varina Area Emergency Medical Service," they read. "Dedicated to serving the people of southern Wake County."

Mangum glances at the pamphlet and shrugs. "I guess we'll save them for our scrapbook."

Staff writer Bonnie Rochman can be reached at 829-4871 or brochman@ncdo.com

1999

North Carolina receives brunt of storm's destruction

Hurricane Floyd caused 51 fatalities in North Carolina, many of them from freshwater flooding.

The storm surge amounted to 9-10 feet along the southeastern portion of the state. The hurricane also spawned numerous tornadoes, most of which caused only minor damage. Damage to power lines left over 500,000 customers without electricity at some point during the storm's passage.

Hurricane Floyd produced torrential rainfall, amounting to a maximum of 19.06 inches in Wilmington.

Nearly every river basin in eastern North Carolina reached 500-year or greater flood levels. Many residents were not aware of the flooding until the water came into their homes. The U.S. Navy, National Guard and the Coast Guard performed nearly 1,700 fresh water rescues of people trapped on the roofs of their homes due to the rapid rise of the water.

The Tar River suffered the worst flooding, exceeding 500-year flood levels along its lower stretches. It crested 24 feet above flood stage. Flooding began in Rocky Mount, as much as 30% of which was underwater for several days. In Tarboro, much of the downtown was under several feet of water. Nearby, the town of Princeville was largely destroyed when the waters of the Tar poured over the town's levee, covering the town with over 20 feet of floodwater for 10 days.

North Carolina Secretary of Health and Human Services H. David Bruton said, "Nothing since the Civil War has been as destructive to families here. The recovery process will be much longer than the water-going-down process."



Hurricane Floyd was a Category 4 hurricane that struck the Bahamas and the East Coast of the United States in September of 1999. It was the sixth named storm, fourth hurricane, and third major hurricane in the 1999 Atlantic hurricane season. Floyd triggered the fourth-largest evacuation (2.6 million coastal residents) in U.S. history (behind Hurricane Irma, Hurricane Gustav and Hurricane Rita). Photo courtesy the National Oceanic and Atmospheric Administration

HURRICANE RESPONSE

NCEMS systems, other agencies work together in hurricane relief

BY BRADLEY WILSON

The plans were in place.

Even as national forecasters predicted that Hurricane Floyd would hit land along the Carolina coast, medics all across North Carolina reminisced about Hurricane Fran that hit North Carolina with winds topping 100 mph three years before.

"We learned a lot from Fran," said Lynn York, a paramedic with Cary EMS.

When Fran hit with inland winds topping 60 mph, residents of Central North Carolina had some damage: structural, trees down and power lines dangling. Damage estimates statewide topped \$6 billion.

"When Fran came through, it was pandemonium out here," said Tim Carter, chairman of the Lake Royale Property Owners Association. "Fran brought the awareness."

During Fran, medics responded to calls with no power to streetlights, a particularly dangerous situation as fallen trees and poles blocked streets.

"If everything goes out, you won't be able to see five feet in front of you," Marion Houle, EMT-P, cautioned medics working the night of the hurricane. "(During Fran,) we had high beams on and couldn't see three feet in front of us."

As Floyd took almost the same path, officials expected similar damage. Having learned from Fran when medics simply could not get to patients because of blocked roads, they had their medics stationed accordingly and had, they thought, ample staff on hand.

"Everybody was a little better prepared," said Tony Horton, EMT and chief of the Bunn Fire Department.

But the hurricane moved inland.

IMPLEMENTING PLANS

What local, county and state officials learned from Fran changed the way they deployed medics during Floyd.

In rural and suburban communities, paid and volunteer medics didn't stay at their usual stations, instead opting to spread out around the county, so if trees blocked the streets they would be more likely to reach their patients. Medics shared personal cell phone numbers in case land lines were knocked out. And medics (practically every certified medic) working the Wednesday night shift were told to bring in enough supplies to last three days — in case things got rough. They were prepared to work through the night and for the next several days.

"I'm sure that sleep time is going to be at a premium for the next 36 hours," said John Barile, EMT-P.

Although disaster plans called for increased staffing, relief and mutual aid assists as needed, they also called for continuous response, just like they would on any other day.

"We were here 'round the clock," said Dave Cauble, chief of the Nashville Fire Department, "and ran eight to 10 calls (the night of the hurricane) including cars in the water and people stranded."

Cauble said they did turn down some calls the night of the hurricane, something he described as "very unusual," mostly related to downed power lines.

In fact, all rural, suburban and urban EMS systems had plans on when to stop service depending on the nature of the storm.

Eddie Wimberly, chief of Cary EMS, said, "We do not have a policy on non-response. It will be made jointly when police, fire and EMS are together."

Wimberly said he would expect service to be significantly curtailed if winds reached 45 mph. Other medics around the state said they would stop service when winds reached 40 mph. "Once stuff starts falling, it's too dangerous out there," he said.

York said, "We're going to run calls as long as we can."

However, he told medics that there may come a time during the storm when resources such as fire department assistance may be severely curtailed.

"Sometime after 9 p.m. (a couple hours before the eye of the storm was due to pass over the area) you won't get a first responder. You're on your own," he told a staff of over 17, mostly volunteer medics that staffed five ambulances and rode with police officers all night.

York said he also planned for extra staff so medics could take time off, something that could prove critical in an extended response.

NO PLANS FOR RECORD FLOODS

While they were prepared for the high winds, lack of power and trees blocking roads, that wasn't what they got.

Instead, they got water. Lots of water.

The hurricane made a last minute turn to the northeast as it hit land around Wilmington, pushing it east of the populated areas of Raleigh and Durham and moved quickly north through Virginia and the Northeastern states. By noon on Thursday morning, most EMS and fire departments returned to normal staffing and the sense of urgency changed into a deep sigh of relief. Floyd moved across the state in almost record time and by early afternoon the sun was shining.

The winds only reached sustained speeds of 20 mph in most areas, and although all areas reported a few downed trees and snapped power lines, it was the rain that caused delays and changed the entire nature of the medical response.

But, Floyd dumped more than a foot of rain on grounds Hurricane Dennis had already soaked a week or so earlier and all that water simply ran off the ground. By late Thursday and early Friday, officials had evacuated residents from low-lying areas and hundreds of roads were impassable because of rising waters. Coastal residents who had moved inland

continued on page 78



This article originally appeared online on merginet.com, "The Ultimate EMS Resource," November/December 1999



Sept. 17, 1999, the Raleigh News & Observer "FLOYD LEAVES N.C. AWASH" by Bob Williams, John Wagner and Jerry Allegood A weakened by still powerful Hurricane Floyd charged across Eastern North Carolina on Thursday, killing at least five people, knocking out power to more than a million people, tearing down beach homes, and drowning much of the region with record-breaking rains.

Although Floyd did plenty of damage when it pushed ashore with 115-mph winds and huge waves early Thursday, it was floods caused by the storm's incredible rainfall that inflicted the most widespread destruction. Even more flooding is expected in the next few days as rivers and streams spill out of their banks.

Behind the Scenes

Hurricane Katrina was a large Category 5 Atlantic hurricane that caused more than 1,800 deaths and \$125 billion in damage in late August 2005, particularly in the city of New Orleans and the surrounding areas. It was at the time the costliest tropical cyclone on record and is now tied with 2017's Hurricane Harvey. In the days and weeks that followed, thousands of people were evacuated from Louisiana including to Cary. Photos by Bradley Wilson



Members of the Rex Healthcare Emergency Response Team set up and staffed a hangar at the RDU airport. No patients came the first night.



Marion Houle



Justine Hollingshead



At 1:15 a.m., members of the Rex ERT rested while waiting for patients from Louisiana.

continued from page 77

to get away from the storm surge were cut off from their homes as even major highways were shut down and would remain closed for several days, leaving small towns isolated and alone.

"Essentially, your community owns the crisis for 24-36 hours," said Diane LeFiles, acting as the public information officer during the emergency efforts after Floyd hit Tarboro, a small town about 50 miles northeast of Raleigh. "The level of support increases depending on the magnitude."

As the days following the hurricane passed, it became clear to these small towns that this was going to be a "big one" that no one was really prepared for.

"We were right down to (needing the) basics: food, shelter and water," LeFiles said at the dry Emergency Operations Center miles from her town, which was covered under over four feet of water in the downtown business district and 14 feet in nearby areas.

The evacuation of Tarboro took place in phases as the water levels rose, ultimately to 53 feet above sea level, 20 feet above the normal height of the river and over the height of the 48.5 foot dike built to protect the town.

All of this water simply prevented ground-based EMS crews from reaching patients or assisting with evacuations.

At one point, the Nash County Hospital was a "castle," according to Tim Nelson, an assistant fire marshal who was called into Nashville as part of the State Emergency Response Team.

"It was completely surrounded by water."

Military personnel flew in medicine, fresh supplies and patients on helicopters.

George Winstead, a paramedic who oversaw the Nash County EMS response, said at one point it took medics over four hours to get to the hospital with a patient.

"There were some patients we just had to treat until they could get them out," he said after four days and his first chance to get some real sleep since the hurricane blew through.

But in at least one case, high water didn't prevent medics from trying to get to isolated people, even though the Coast Guard and National Guard had been called in to assist with rescue operations.

According to Winstead, paramedic Larry Carpenter was riding with a National Guardsman in a "deuce and a half" (2 1/2-ton truck) to get a woman in a wheelchair trapped in her house when they crossed a creek with rising water. They had made it across the bridge over the creek when water apparently pushed their back wheels off the road, tipping the truck down the embankment.

"Both (men) got up on the hood of the truck," said Sgt. David Smith of the National Guard stationed in Nashville, pointing out that the hood was the only part still above water.

Carpenter said he and the guardsman stayed on the truck for an hour or two until civilians drove a tractor into the water and helped them out.

After making it out of the water, Carpenter, who was uninjured, set up a shelter on the other side of the creek, which was virtually unreachable from any other direction, just one example of the extended response.

"North Carolina is throwing everything it has into rescue and relief. It has stretched us to the limit. It has strained every resource and tested every emergency plan to the maximum," Gov. Jim Hunt in a televised speech.

For more than two weeks after the hurricane moved inland, some homes were still reachable only by boat. Water flooded over 30,000 homes and FEMA said the government will buy over 10,000 buildings so residents won't again build in flood plains.

OUTSIDE AGENCIES ASSIST

Rescuers, including Coast Guard Lt. Cdr. Tim Frazier, would be glad to hear that people won't be rebuilding there after 33 hours straight pulling people out of flood areas.

“We’ve completed 600 total rescues with all units in the past two days,” Frazier said in between flights and a snack at the Emergency Operations Center.

The Coast Guard and National Guard weren’t the only agencies assisting.

Brookes Peters, a local family physician, helped out at Tarboro High School, one of the shelters for hundreds of local residents and one of the first places to receive clean water being airlifted in.

“I see my role to be somewhat of a calming influence and to keep people from unnecessarily going to emergency rooms.”

The North Carolina Office of EMS put out an appeal for medics at all levels to assist in the relief and recovery operations after normal crews were virtually exhausted from running calls and cleaning up their own houses.

The state allowed paramedics and EMT-Is to assist the local health department with any “public health initiative” including administering immunizations under the guidance of local medical control. They also allowed medics to volunteer with services other than their own.

And volunteer they did.

Medics came from all over the state to assist local medics, some of whom had lost everything in the floods.

“They came in to relieve some of our people that have been going for days and days,” said Bobby Harrell, president of the Edgecombe County Fire and Rescue Association.

“We’ve got guys in our fire department that lost their homes or businesses,” said Harrell. “They’ve been up there every day trying to help.”

Medics ran the typical, everyday calls that normally filled the schedule and assisted in research and recovery operations. They also helped with general disease prevention as officials tried to clean up after massive sewage spills which occurred when water overran treatment plants and as thousands of dead animals (including 2.8 million chickens and turkeys along with 28,000 hogs drowned) and coffins started turning up floating in the smelly water. A rare outbreak of encephalitis in New York also caused some, apparently unfounded, concern.

Brian Phelps, a paramedic from Dare County EMS on the coast, said they arrived to relieve a crew in Princeville who had been dealing with all these concerns, along with their own personal concerns.

“(There were) two crews that had worked for days straight and that had not been home to see their families,” Phelps said.

Georgianna Dunn, also a paramedic from Dare County EMS, said she played cards as the hurricane came over their service area and felt fortunate, unlike in past hurricanes that have devastated the coastal county.

“We were so fortunate this time,” she said. “We didn’t get any damage.”

So she came up to help Edgecombe County and started running calls within 10 minutes because “if this happens to us, we know there’s going to be people to help us. So many times we’ve been helped out we thought it only appropriate that we come help.”

And local citizens had nothing but positive things to say about medics from places like Mount Holly and Gaston County in South Central North Carolina, and Forsythe County in North Central North Carolina, that responded.

“The medical response has been great,” said Mitch Stensland, an assistant site manager at one of the shelters. “Local pharmacies just opened their doors to get medications to people. A lot of nurses just showed up (to help).”

No disaster plan could build in that kind of response.

“The elements of nature can overcome anything you can prepare for,” said Carpenter in a clean, white uniform shirt in a sparkling clean and tidy EOC, in the middle of a dirty, smelly town.

Now the task for these Central North Carolina residents becomes one of rebuilding. And then it’s time to start planning for the next hurricane. ■

Behind the Scenes

Only days after Katrina, Hurricane Rita hit Louisiana. Hurricane Rita was the most intense tropical cyclone on record in the Gulf of Mexico and the fourth-most intense Atlantic hurricane ever recorded. Evacuees arrived in North Carolina on Sept. 23, 2005. Photos by Bradley Wilson

SEPT. 26, 2005, CARY EMS BOARD

Last Thursday CEMS was activated for Rita. Skip Kirkwood called CEMS at 1:25 a.m. to activate. CEMS sent one truck out to RDU. Steve Cohen was the safety officer and then assumed the role of supervisor for intake.



At 5:36 a.m., Brent Myers, Wake County medical director, helps to coordinate efforts at RDU.



Rex ERT staff members and volunteers attend to evacuees.



Evacuees were brought in on large cargo planes and bused to the hangar.



At 10:20 a.m., fire department and EMS staff members from all over Central North Carolina were still working with evacuees.



**“THE POWER OF ENERGETIC HEALING”
By Suzette Faith Foster**

“I met up with my friends Charlie and Andy for our weekly bike ride at Lake Crabtree. The bike trails were miles of roughly cleared paths worn smooth by riders over the years, yet enough bulging roots remained to force our focus.

“We reached a familiar teeter-totter, one we had mastered many times, riding up one side and down the other. Then we stopped and contemplated a much bigger and heavier teeter-totter that was new to the trail. I wanted to try it. The challenge excited me. Charlie and Andy rode on by, stopped, and turned around to watch me.

“In mountain biking, speed is your friend. I pressed forward.

“My front tire made contact with the teeter-totter and climbed to the top. But, my bike never came down the other side. It stood upright at the top of the teeter-totter for several seconds, without me. I had gone flying over my handlebars. Then the bike fell to the ground. My only memory is of sailing through the air. A flood of thoughts rushed through me. I knew I was barreling head-first into the ground.

“I heard my neck snap.

“I tried to move my arms, my legs, my body—nothing moved. I waited for the pain—there was no pain. I was just lying there. Charlie had rushed to my side. I wanted to talk—I really did, but no sound would come out. I mouthed 911 three times before he understood.

...

An ambulance was on the scene in 17 minutes, whisking Ms. Foster to Duke University Medical Center. Doctors said her full paralysis was the result of fractures of her C1 and C2 neck vertebrae, and a profound spinal cord injury. Her C2 vertebra was broken into two separate pieces.

SOURCE: <http://healthandhealingonline.com/the-power-of-energetic-healing/>



Marion Houle was featured in the docudrama “I Hope You Dance: The Power and Spirit of Song” for a call he ran in Lake Crabtree County Park on Nov. 3, 2005, to a woman, Suzette Faith Foster, who fell in a biking accident and broke her C2 vertebra. She fully recovered. Foster is now, she says, a transformational author, life coach, speaker and energetic/sound healer.

DOCUDRAMA

‘I Hope You Dance’

BY BRADLEY WILSON

The use of a backboard is controversial. So controversial, in fact, that the National Association of EMS Physicians had to issue a position statement on the use of the boards used to attempt to provide rigid spinal immobilization among trauma patients: “[T]he benefit of long backboards is largely unproven.”



Further, the group warned, use of backboards for spinal immobilization during transport should be judicious, so that potential benefits outweigh risks.

However, back in 2005 when Marion Houle and Jesse Sorenson were dispatched to a cycling accident in Lake Crabtree Park, the index of suspicion was high

for the use of a backboard: mechanism of injury, the pop, the partial paralysis. It was quickly clear that on this call, the potential benefits outweighed the risks.

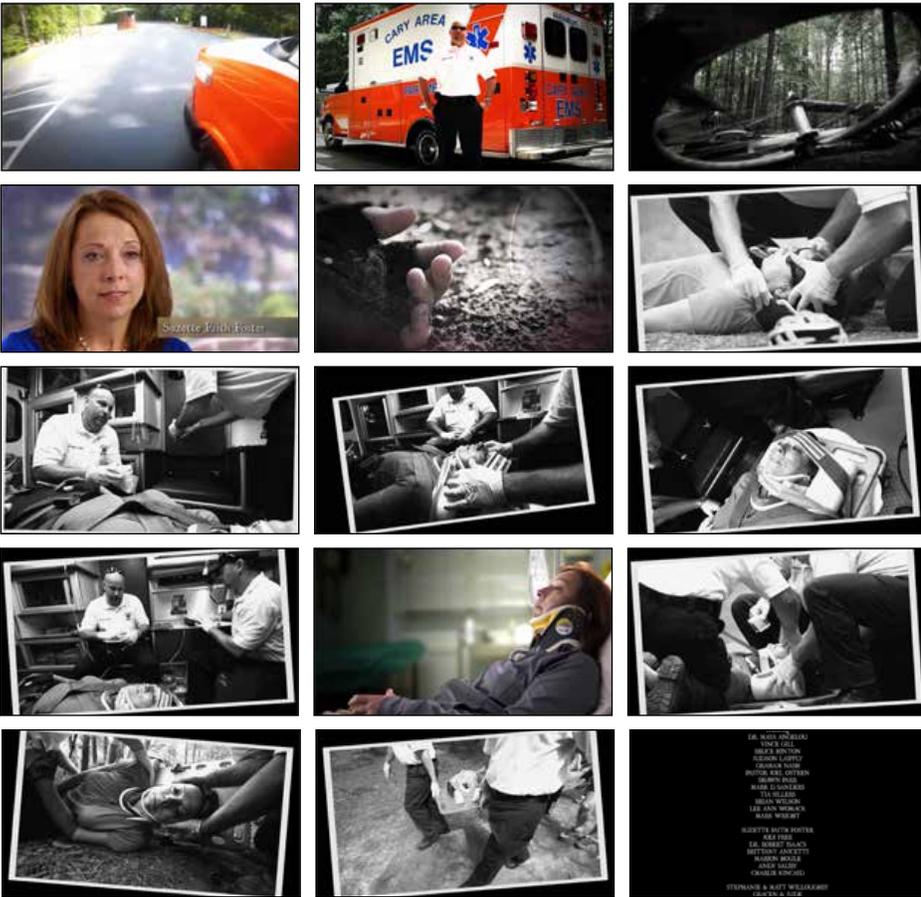
Although backboards are often misused, this was one call in which a backboard and proper patient care made a difference.

“Every once in a while, there comes a time when you have to do the right thing properly,” Houle said. “We train and we drill. Backboarding is done all the time. To me, that was that call that you think, “Oh, crap. This is it. We have to be super careful to get her on the board to walk her out of the woods.”

Houle and Sorenson got Suzette Faith Foster to the ambulance, held her hand and transported her to Duke where doctors discovered fractures of her cervical spine in vertebrae 1 and 2.

Today, Houle said, “The amazing thing is that she’s up and walking.” And dancing. ■

**ORIGINAL CREW: Marion Houle, Jesse Sorenson
DOCUDRAMA CREW: Marion Houle, Greg Edwards, Bradley Wilson**



FROM THE DOCUDRAMA

SUZETTE: Life can change in a split second. I should have been dead.

MARION: My name is Marion Houle, and I'm a paramedic. That day in November (Nov. 3, 2005), we responded to a traumatic injury at the park. We knew that somebody had had some type of bicycle accident.

SUZETTE: The next thing I remembered is flying over the handlebars. I knew I was going head first into the ground.

FRIENDS: She hit on the back of her head and I heard a big pop. You could hear it. It was that god-awful cracking of a bone.

SUZETTE: The moment I hit the ground I was immediately paralyzed. And then I stopped breathing. I believe in a powerful connection between the mind, the body and spirit.

I could not talk. I could not breathe. I couldn't move. I had everything I needed within me because I did have my mind. I knew I could choose the way I think in that moment. The mantra I used was I refuse to accept this limitation. God is my source. ...

MARION: I remember walking in, and I kind of looked around at the scene. Looked at the bike. I looked at the patient. You're always worried about someone breaking their neck. That was my worst fear. The worst case scenario possibly was that she had broken her neck and we need to do something to make sure that she is not going to get any worse. With that type of injury, I would have expected her to potentially have been dead or be left into a paraplegic or a quadriplegic.

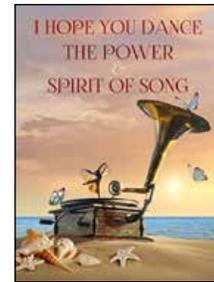
SUZETTE: In the ambulance, Marion was doing what he was supposed to be doing. Preparing me. Helping me understand. Helping me be quiet. And still. And I knew the power of my mind needed me to focus on the positive.

MARION: She wanted me to hold her hand and said I want you to have positive thoughts. I want you to see me walking again. I remember thinking, "This is all great but right now you're broken and I need to fix you. I need to use the skills that I have to fix you." So this is what I was thinking in my mind. But in the meantime, I did what she wanted me to do. I held her hand and I said, "You know, I can see you walk again." You know, not knowing if this was true or not. If she had really broken her neck. I wasn't sure she was ever going to walk.

SUZETTE: I was out of ICU in two days. I was literally out of the hospital in a week. I should have been dead. I should have been a quadriplegic. But I'm here fully functioning because of what I believe.



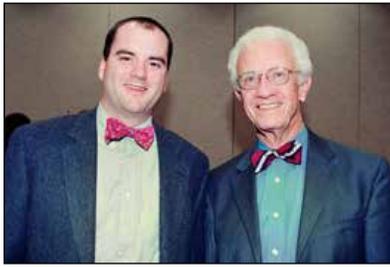
LAKE CRABTREE COUNTY PARK
1400 Aviation Pkwy, Morrisville



**I HOPE YOU DANCE:
THE POWER AND SPIRIT OF SONG**
1 h 35 min • 2015

I Hope You Dance: The Power and Spirit Of Song is the first full-length documentary film to explore how one extraordinary song has transformed people's lives in profound, meaningful and sometimes startling ways. It is a film about hope, faith, optimism and the power of music to inspire and heal.
Director: John Scheinfeld
Starring: Mark Sanders, Vince Gill, Graham Nash

The film highlights true stories of love, inspiration, second chances, forgiveness and miracles: A father who honors his daughter's memory by saving four lives through organ donation; a homeless shelter that teaches ballroom dancing, literally getting people back on their feet; a woman who miraculously recovers from a devastating spinal cord injury that should have killed her instantly; a couple who overcome the pain of their respective pasts to find love and redemption; two Nashville songwriters whose life experiences combine to create a breathtaking piece of music for the ages.



Brian Dean and Medical Director Donald Vaughn

MEDICAL DIRECTORS

- Oscar Cunanan, medical adviser
- Fred Oliver, medical adviser ..1984-1985
- Donald Vaughn 1985-2002
- Brent Myers 2002-2015
- Jose Cabañas 2015-present

JUNE 6, 1978, CARY RESCUE SQUAD

BUSINESS MEETING

PROPOSED AMENDMENT to the Bylaws of the Cary Area Rescue Squad, Inc.

It is hereby proposed to amend Article V, section 9, to read :

“Sec. 9 APPOINTMENT OF PHYSICIAN AS MEDICAL DIRECTOR: The Board of Directors shall appoint a physician, preferably from the Cary area to serve in an advisory capacity to the Squad on medical and medical training matters, who will be referred to as the Medical Director of the Squad. This physician shall also have the authority to use the Squad’s name in matters in which he represents the Squad. The Medical Director may also appoint another medical professional to act as his assistant, and in his behalf on training matters and serve the Squad as a Medical Advisor. The Medical Director and/or his assistant will be encouraged to respond to emergency calls when available and offer guidance as indicated. They will periodically review call sheets and recommend ways to improve emergency management and patient care. They are encouraged to participate in Squad training sessions, sit in on Training Committee meetings and other special training activities.”

No action was taken on the proposed amendment because it lacked the required number of signatures as stated in the bylaws.

Slit wrists in a Motel 6

BY DAVID “BUCKY” LANTRIP

It was 3 a.m. I don’t remember how old he was or anything else about him. But I do remember how much blood was on the ceiling. It was a solid attempt. His blood pressure was low and he was fading fast. He survived — that one at least.

In retrospect, that night was weird for me. There are no strong feelings to recall, no sadness, no fear, nothing. Clearly it was impactful if I still remember it well, or at least some part of me does.

Now, I feel deep sadness for him, like any other person I’ve seen who attempted or committed suicide. Having matured a bit and no longer working on a truck, I look back at that scene as the turning point. I recognize that as the day I should’ve felt ANYTHING — even if it was only frustration at his failure to just get it done. But I didn’t. That capacity was lost.

Lost in the back of an ambulance working a dead 2-month-old.

I’ll never drive with that intensity again. En route and only a few miles away, the dispatcher upgraded the call and said three little words: CPR in progress. We were on scene seconds after the fire engine. The firefighters carried the lifeless little guy straight to the back of the ambulance. I was 20 years old. Carrying the weight of explaining to his mother that the baby’s heart isn’t beating — but we’re doing everything we can — is something I didn’t understand until I got older.

It’s something you just have to DO.

There is no thought; there is just a job that needs doing. I grew up about a mile from that house, and (probably mistakenly) bought a house a mile away. I drive that route daily, and there isn’t a day I don’t think about that baby and his mom. And selfishly I think about what I lost that day too.

Lost in a parking lot.

She was in her mid-20s, and it was a busy holiday morning. It was just a tragic, very public scene. The rawness of working her with her friends and neighbors looking on, and having to leave her body there under a sheet stays with me.

Minutes later, we restocked the bags and were back in service for the next call.

Lost in a small basement bedroom.

This one was likely a blip on the radar for everyone

else there, but it was my first, and it stuck with me. He was older than I was at the time, early 20s, but now that I’m older than he was, I look back on it differently. I can still see the horrified looks of his mother and sister. It’s probably a similar look to what I would see in my own face if an 18-year-old me could see the damage that would come from working in an ambulance.

In all three of those incidents, doing chest compressions, an intimate and violent act, in an already emotional situation, made things harder.

I couldn’t sleep one night in the station. I found myself praying our tones wouldn’t drop. I rationalized it as wanting sleep and a break from nursing home falls. Deep down it was something different. It was revulsion. Every call is a lottery ticket. Those three were my “winning” ones. You play enough times, and the wrong one hits you hard. Kids and suicides are big ones, but sometimes a scene simply eats at you.

Maybe I am weak. Maybe I wasn’t mature enough. Maybe I wasn’t old enough. Those calls affected me. They changed who I would become. They changed WHAT I would become, and what I think about. But I also wouldn’t trade those experiences for anything. For better or worse, they become part of you. It’s a burden you carry, but it’s also a confidence. ■



David Lantrip, EMT with Cary Area EMS, 2008-2010

Board of Directors

1971 CARY AREA RESCUE SQUAD STEERING COMMITTEE

Jerry Adams, Howard Finch, Joe Hodges, Jackie Hunter, John Owen

DEC. 12, 1971, BOARD OF DIRECTORS

Jerry Adams, Benny Ridout, Joe Hodges, Howard Finch

AUG. 21, 1972, BOARD OF DIRECTORS

Jackie Hunter, David Weaver, Billy Henderson, Tom Brown, Benny Ridout, Jerry Adams, Bob Webster

1973-1974

Jerry Adams, David Weaver, Billy Henderson, John Servis, Walter Powell, L. Sullivan, George Heckman, Lee Gupton

1974-1975

Walter Powell, Billy Henderson, Lee Gupton, John Owen, Norman Williams, John Owen, Bruce Walton

1975-1976

Walter Powell, Norman Williams, John Owen, Billy Henderson, Lee Gupton, Bruce Walton, Charles Dixon, Chuck Law, Tom Brown

1976-1977

Walter Powell, Tom Brown, Bob Abernathy, Chuck Law, Norman Williams, John Owen, Billy Henderson

1977-1978

John Owen, Norman Williams, Chuck Law, Bob Abernathy, Jim Waters, Bill Stevenson, Arey Little, Frank Stanley Whitcomb, Mike Zacny

1978-1979

Bill Stevenson, John Owen, Stanley Whitcomb, Jim Waters, Arey Little, Dave Reaser

1979-1980

John Owen, Stanley Whitcomb, Bill Stevenson, Randy Moore, Arey Little, Jim Waters, Dave Reaser

1980-1981

Bob Annunziata, Edna Owen, Eddie Ham, John Owen, Stanley Whitcomb, Dave Reaser

1981-1982

John Owen, Bill Stevenson, Bob Annunziata, Edna Owen, Eddie Ham, Stanley Whitcomb, Dave Reaser, David McGee

1982-1983

Eddie Ham, Bob Annunziata, John Owen, Bill Stevenson, Don Carter, Rick Whitcomb, Edna Owen, David Moore, Ellis Price

1983-1984

John Owen, Rick Whitcomb, David Moore, Ellis Price, David Boone, Dale Johnson, Don Carter, Terry Jones

1984-1985

John Owen, Bob Annunziata, David Boone, Terry Jones, Dale Johnson, Mark Holland, Don Hurlbut, Rick Whitcomb, Rick Henry, Paul Anderson, Robert Powers

1985-1986

Arey Little, Steve Parham, Bob Annunziata, David Boone, Rick Henry, Don Hurlbut, Rick Whitcomb

1986-1987

Bob Annunziata, Rick Whitcomb, Steve Parham, Rick Henry, Don Hurlbut, Arey Little, Bobby Cockrell

1987-1988

Bob Annunziata, Rick Whitcomb, Lura Anthony, Arey Little, Mike Welsh, David Boone, Bart Lineback, J.C. Childers, Don Daniels

1988-1989

Bob Annunziata, David Boone, J.C. Childers, Don Daniels, Rick Whitcomb, Dick Orander, Arey Little, Don Hurlbut, Bart Lineback

1989-1990

Kevin Path, Bruce Walton, Alvis Reaves, Tom Maynard, Arey Little, Dick Orander, Chuck Cheek, Bob Annunziata, Josie Essig, J.C. Childers, Tom Modafferi, Mike Dean, John Barile, Matt Burke

1990-1991

Jon Olson, Arey Little, Jeff Lewis, David Boone, Loy Helms, John Barile, Matt Burke, Dick Orander, Don Daniels, Sid VanGilder, Bruce Walton, Tom Maynard

1991-1992*

Matt Burke, Loy Helms, Jon Olson, Arey Little, Josie Essig, Dick Orander, Tom Modafferi, John Barile

No official minutes were available from this year.

1992-1993

Janice Frohman, Chris Hegele, Jon Olson, Paul Hirtle, Eddie Wimberly, Bob Heater, Arey Little

1993-1994

Eddie Wimberly, John Barile, Sue Henshaw, Bob Heater, Janice Frohman, Jim Razor, Arey Little, Rick Henry, Don Daniels, Larry Leathers, Chris Hegele, Mark Gallick

1994-1995

Eddie Wimberly, Paul Hirtle, Sue Henshaw, Richard Hammonds, Fred Toms, Bob Heater, Janice Frohman, Arey Little, Larry Leathers, Allan Cain, Rick Henry, Daphne Ashworth

1995-1996

Eddie Wimberly, Lynn York, Steve Green, Sue Henshaw, Bob Heater, Chris Hegele, Fred Toms, Janice Frohman, Daphne Ashworth, Allan Cain, Andy Kreem, Larry Leathers

1996-1997

Sue Henshaw, Robin Pope, Eddie Wimberly, Andy Kreem, Bob Heater, Chris Hegele, Lynn York, Allan Cain, Arey Little, Fred Toms, Daphne Ashworth, Steve Green

1997-1998

Daphne Ashworth, Allan Cain, Bob Heater, Donna Jordan, Arey Little, Robin Pope, Fred Toms, Mike Williams, Lynn York, Eddie Wimberly, Don Dixon, Justine Hollingshead, Andy Kreem

1998-1999

Linda Patrone, Chris Hegele, Lynn York, Donna Jordan, Fred Toms, Bob Heater, Allan Cain, Arey Little, Rick Henry, Lynn Nowak, Justine Hollingshead

1999-2000

Marion Houle, Justine Hollingshead, Christian Heinrich, Chris Hegele, Bob Heater, Linda Patrone, Lynn Nowak, Fred Toms, Arey Little

2000-2001

Lynn York, Jessica Matthews, Fred Toms, Donna Jordan, Marion Houle, Bob Heater, Mike Jones, Christian Heinrich, Lynn Nowak, Russell Buxton, Tammy Patton

Rescue Chief Eddie Wimberly watches as Bob Heater tries on a jacket given to him as a birthday present. Heater served on the board until July of 2003.



2001-2002

Lynn York, Russell Buxton, Lynn Nowak, Donna Jordan, Bob Heater, Rebecca Hoover, Mike Jones, Jessica Matthews, Fred Toms, Marion Houle

2002-2003

Jessica Matthews, Marion Houle, Lynn Nowak, Donna Jordan, Bob Heater, Fred Toms, Rebecca Hoover, Russell Buxton, Lynn York, Mike Jones

2003-2004

Lynn Nowak, Fred Toms, Rebecca Hoover, Mike Jones, Angela Pigott, Jessica Matthews, Linda Patrone, Lynn York

2004-2005

Linda Patrone, Jeff Chambers, Mike Jones, Rebecca Hoover, Marion Houle, Fred Toms, Lynn Nowak, Lynn York, Donna Jordan

2005-2006

Sue Hannum, Rebecca Hoover, Lynn Nowak, Lynn York, Fred Toms, Brent Miller, Donna Jordan, Pete Donahue, Linda Patrone, Marion Houle

2006-2007

Joan Kuruc, Pete Donahue, Brent Miller, Lynn Nowak, Gay Perez, Marion Houle, Rebecca Hoover, Linda Patrone, Frank Tallarico, Jeff Chambers, Lynn York

2007-2008

Frank Tallarico, Gay Perez, Lynn Nowak, Cody Jetton, Jeff Chambers, Brent Miller, Joan Kuruc, Pete Donahue, Marion Houle, Rebecca Hoover, Lynn York, Tom Hegele

2008-2009

Cody Jetton, Brent Miller, Gay Perez, Larry West, Frank Tallarico, Carrie Zelna, Joan Kuruc, Mike Prevatte, Lisa Plunkett, Kimberly Clement, Tom Hegele

2009-2010

Brent Miller, Cody Jetton, Frank Tallarico, Larry West, Carrie Zelna, Kimberly Clement, Melissa Smith, Chad Hunter

2010-2011

Brent Miller, Larry West, Kimberly Clement, Frank Tallarico, Cody Jetton, Chad Hunter, Melissa Smith, Tom Hegele, Mimi Soule, Carrie Zelna

2011-2012

Brent Miller, Mark Wilcox, Kimberly Clement, Chad Hunter, Larry West, Melissa Smith, Chris Cooper, Mimi Soule, Frank Tallarico, Tom Hegele

2012-2013

Melissa Smith, Mark Wilcox, Larry West, Chris Cooper, Tom Hegele, Ed Clayton, My-Châu Matrick, Christian Heinrich, Mimi Soule, Frank Tallarico

2013-2014

Tom Hegele, Mark Wilcox, My-Châu Matrick, Chris Cooper, Larry West, Mimi Soule, Melissa Smith, Christian Heinrich, Ed Clayton, Justine Hollingshead

2014-2015

My-Châu Matrick, Tom Hegele, Mark Wilcox, Christian Heinrich, Ed Clayton, Justine Hollingshead, Larry West, Melissa Smith, Chris Cooper, Kate Paradise

2015-2016

My-Châu Matrick, Tom Hegele, Mark Wilcox, Larry West, Christian Heinrich, William Upchurch, Ed Clayton, Justine Hollingshead, Chris Cooper, Kate Paradise, William Churchill

2016-2017

My-Châu Matrick, Tom Hegele, Larry West, Christian Heinrich, Ed Clayton, William Upchurch, Mark Wilcox, Chris Cooper, Justine Hollingshead, Kate Paradise

2017-2018

My-Châu Matrick, Christian Heinrich, Mark Wilcox, Kate Paradise, Justine Hollingshead, Ed Clayton, Gary King, William Upchurch, Larry West

2018-2019

My-Châu Matrick, Gary King, Larry West, Justine Hollingshead, Liz Coykendall, Kate Paradise, Mark Wilcox

2019-2020

My-Châu Matrick, Gary King, Larry West, Liz Coykendall, Justine Hollingshead, Marty Nusbaum, Kate Paradise

2020-2021

My-Châu Matrick, Gary King, Marty Nusbaum, Liz Coykendall, Kate Paradise, Larry West, Justine Hollingshead, Justin Boatwright



Jerry Adams talks to the crowd at the 40th reunion in Bond Park, June 26, 2011. Photo by Bradley Wilson

Squadsperson of the Year

THE JERRY ADAMS AWARD

Willis E. Henderson, 1973
Bruce W. Walton, 1974
James B. Waters, 1975
Charles W. Law, 1976
William H. Stevenson II, 1977
Randy Moore, 1978
Bob Annunziata, 1979
Edna Owen, 1980
Eddie Ham, 1981
Ellis Price, 1982
David Boone, 1983
Don Hurlbut, 1984
Greg Lilly, 1985
Bart Lineback, 1986
Tom Maynard, 1987
Dick Orander, 1988

Arey Little, 1989
Bob Sik, 1990
Chris Hegele, 1991
Chip Payette, 1992
Alvis Reaves, 1993
Dave Bowen, 1994
Steve Geen, 1995
Deborah Stein, 1996
Donna Jordan, 1997
Lynn York, 1998
Christian Heinrich, 1999
Jessica Matthews, 2000
Marion Houle, 2001
Tammy Patton, 2002
Bradley Wilson, 2003
Sue Henshaw, 2004

James Garris, 2005
Justine Hollingshead, 2006
Christian Heinrich, 2007
Kimberly Clement, 2008
Brian Adams, 2009
Matt McLamb, 2010
Matt McLamb, 2011
Julie McRae, 2012
Stacy Forbes, 2013
Wes Wright, 2014
Wade White, 2015
Kaylor Mead, 2016
Quincy Harris, 2017
Mike Arnold, 2018
Liz Coykendall, 2019
Jennifer DeBrecht, 2020

Henderson named squadman of year

W. E. "Billy" Henderson of 233 Urban Drive, Cary was named Squadman of the year at the Cary Area Rescue Squad. The Award was presented at ceremonies during the Squads annual Christmas Party.

Henderson, a veteran member and Treasurer of the local volunteer group, was cited for his devotion to his community and his efforts on behalf of the Rescue Squad.

Cary Mayor Fred G. Bond was named an Honorary member of the Cary Squad at the party and in accepting the award, had high praise for the work the Squad has done and urged them to "continue to maintain their high standards of service to the community."

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The Cary News, undated article, 1974
HENDERSON NAMED SQUADSMAN OF THE YEAR

W.E. "Billy" Henderson of 233 Urban Drive, Cary was named Squadman of the year at the Cary Area Rescue Squad.

Profile AREY LITTLE



By SHERRY WILLIAMSON
 STAFF WRITER

Arey Little was a member of the Cary Area Rescue Squad even before it had an ambulance and then went on to make some of the 270 calls during the first year it did.

A quarter of a century later, Little remains a volunteer with the nonprofit organization that responded to 3,383 calls last year and is now called the Cary Area Emergency Medical Services.

No one, not even Little, can begin to tally the number of hours he has given over the years as a certified emergency medical technician and now as treasurer of the squad and a member of the

board of directors.

"He's really one of a kind," said Bob Annunziata, rescue squad chief from 1985-88. "He's very different (from many other volunteers) because his service in the rescue squad isn't about Arey. He doesn't expect to get anything out of it personally. He's there for everybody else."

Annunziata said the amount of work Little has put into the rescue squad over the years was incredible.

Another special thing about Little is that he has always been a jack-of-all-trades and is always thinking, Annunziata said.

So much that there used to be a joke going around the squad that not only would Arey Little rescue someone's

family member but he would fix their television at the same time, Annunziata said with a laugh.

The former chief also recalled once being with Little at a warehouse fire that had left the building filled with smoke. While others scurried to find fans to suck the smoke out, Annunziata saw Little looking up to the ceiling and then visually following the path of a power line. Little then walked to a wall and pulled a switch that activated the warehouse's ventilation system and removed the smoke in 30 seconds.

"He's always thinking," Annunziata said about Little, who retired from IBM in Research Triangle Park after 30

See LITTLE, PAGE 2B

Arey Little has been a member of the Cary Area Emergency Medical Services for about a quarter of a century.

LITTLE

FOX 18

years as a computer systems programmer in July 1996. The rescue squad honored Little for contributions on July 26th with a 25-year anniversary plaque and a celebration. He had been made a lifetime member several years ago.

During the peak of his involvement, Little was averaging 113 hours a month of volunteer time and was on duty every fifth day. He worked on Monday through Friday overnight and 24 hours on Saturdays and Sundays.

"It was a commitment," said Little, with no fanfare and his characteristic self-effacing manner that colleagues say means he never willingly puts himself in the spotlight but enjoys being around other people.

"I enjoyed helping people," he said about his ambulance riding days. "When it was the roughest, when there was not enough people (volunteers) to do it, I felt the commitment. That it had to be done."

The then 29-year-old Little joined the rescue squad in May 1972 less than a year after it had been chartered after seeing an advertisement for volunteers in the newspaper. The squad got its first ambulance about four months later.

"One of the first things we established was that we would spend our time training and recruiting as long as the community supported us," he said. "That's changed now. We get moral support now from the community."

When it started, the rescue squad did not charge for its services but was supported financially by the community. Now it charges and is supported by Wake County and the town of Cary, plus has subscription service.

The squad used to cover all of Cary, Raleigh-Durham International Airport, Morrisville, Swift Creek and Meadow Estates. It now no longer covers the airport and only parts, not all, of Cary, plus the other original areas.

"It was a new organization, and I had a chance to get in on the ground level," said Little, who had no idea he would be a volunteer for so long.

He was among the second group of volunteers trained for the squad, which had 12 charter members. Those members are long gone, with Little having the most longevity of the current 24 active volunteers.

When Little joined the squad, volunteers only had to have advanced first aid and CPR training to ride an ambulance. Today, tight state and federal regulations

Arey Little

BORN: In Union County on Jan. 29, 1942.
OCCUPATION: Installs computer systems for Triangle businesses. Retired as a computer systems programmer for IBM after 30 years.

RESIDENCE: 1214 Wilkesbrooke Drive, Cary.
FAMILY: Wife, Lu Little, and two grown children, Luann Little and Genell Little.

EDUCATION: Degree in electronics from Gaston Technical Institute, now called Gaston Community College in Gastonia, in 1963.

ORGANIZATIONS: Member of the Cary Area Rescue Squad, now called Cary Area Emergency Medical Services, for 25 years, currently treasurer and a member of the board of directors. A member of the Cary Masonic Lodge since 1979 and a Shriner since 1978.

CHURCH: Member of First Baptist Church of Cary since 1969 and has served on numerous committees.

FAVORITE TELEVISION SHOWS: News and variety.

HOBBIES: Gardening and a N.C. State University sports fan.

FAVORITE HANGOUT: Cary Area Emergency Medical Services.

require volunteers to be at least certified EMTs and for ambulances to have paramedics. The rescue squad was formed by YKAC Fire Department firefighters because the closest ambulance service was in Raleigh after the main funeral home in Cary quit providing the service.

"It was a conflict of interest," said the usually reserved Little, with a hint of a smile. Little, 54, remembers the town giving the squad its first home at 210 N. Academy St., where the Cary Town Hall complex is now. The squad built two bay garages on the side of the house before getting its first ambulance.

But in 1974, the town started construction of the town hall complex and relocated the squad to where Fire Station No. 1 is at 180 N. Academy St. The squad was there a short while until building its current site on Medlock Court.

Little has gone on many calls, including numerous cardiac arrests, accidents, train wrecks

and building fires. To his amazement, he has been to about seven or eight airplane crashes, but none with fatalities.

One of his most memorable calls was when a plane crash landed on its belly at RDU with 120 passengers in the rain during the late '70s. None of the passengers were injured, except for minor injuries in evacuating the plane.

Little says he's learned not to dwell on the traumatic things he's seen. "You have to set your mind to things," he said. "You have to do what you have to do and go on."

But what he does remember is the gratitude of those he helped. "People thank you when you're there," he said of family members who on a call. "Sometimes you get written correspondence, or see them later and they thank you. It makes you feel great."

Little calls being a computer systems programmer his other occupation. It's the one that has given him the ability to support himself and his family.

He graduated in 1963 from what is now Gaston Community College in Gastonia with a degree in electronics. He worked for General Electric for three years in Lynchburg, Va., at a plant that built two-way radios until getting an opportunity to work for IBM.

"I didn't know much about computers," he said. "But it was electronics and a chance to move back to North Carolina." He and family moved to Cary in 1966 and have been here since.

Little currently installs computers for various companies in the Triangle, including Sprint.

He met his wife, Lu, through mutual acquaintances while he was in college and she was attend-

ing a Gastonia high school. Little is the instructor for Continuing Education Technical Community and also teaches CPR and

The couple has two daughters, Luann Little Genell Little, who lives home on Wilkesbrooke. Little says his family sacrifices by having it him sometimes over it because of his involvement with the squad.

He also has been a member of First Baptist Cary since joining in 1 served on numerous committees, a member.

He has been a member of the Cary 31 Lodge since 1978. He's Shriner since 1978, an chairman of the Shrine.

"I was brought up in a family and taught that part of raising a fine Hired Car, who has Little on church council he has run the dinner Wednesday night for 11 years on Family Night than 200 church meal command meal."

"He's extremely depressed and a hard work said. "I think the work his family. I've enjoyed with him and as far as earned, he's a top-of-it Little grew up on a farm near Marshville County, where he had 2 a.m. to milk the cows to school, and milked 1 when he came home.

Excerpt from *The Cary News*, Aug. 20, 1997

PROFILE: AREY LITTLE

By Sherry Williamson, staff writer

Arey Little was a member of the Cary Area Rescue Squad even before it had an ambulance and then went on to make some of the 270 calls during the first year it did.

A quarter of a century later, Little remains a volunteer with the nonprofit organization that responded to 3,383 calls last year and is now called the Cary Area Emergency Medical Services.

No one, not even Little, can begin to tally the number of hours he has given over the years as a certified medical technician and now as treasurer of the squad and a member of the board of directors.

"He's really one of a kind," said Bob Annunziata, rescue squad chief from 1985-88. "He's very different (from many other volunteers) because his service in the rescue squad isn't about Arey. He doesn't expect to get anything out of it personally. He's there for everybody else."

York recognized for extra service as Squadman of Year

By SHERRY WILLIAMSON
STAFF WRITER

Lynn York enjoyed studying the human body and the disease process while getting a bachelor of science degree in biology.

But he wanted to learn more. So while doing post-baccalaureate studies, York was quick to notice a campus flier advertising a class on becoming an emergency medical technician.

"I went the first night and got hooked," said York, who became an EMT and five years later a paramedic. "The sole drive behind it is that I love talking and working with people. I have compassion for their needs."

And for that compassion and dedication York was named Squadman of the Year for 1998 by Cary Area Emergency Medical Services in December.

York, 29, who has worked with the squad for five years this March, is the assistant chief, infection control officer and vice chairman of the medical services' board of directors.

The award is one of the highest honors the organization bestows and recognizes the person who demonstrated the most outstanding leadership qualities during the year. The recipient is selected by the 42 paid and volunteer members.

"I think it went to a very deserving individual," said Chief Eddie Wimberly. "I can say he has done an excellent job and been able to juggle all his varied duties without

breaking a stride."

York also has done the little things that keep the organization running smoothly and has taken on a lot of responsibility, the chief said. In addition to his regular duties, he also volunteers for other work and never hesitates to come in when someone else is sick.

The Raleigh native's regular duties include administrative work, plus going on emergency calls. He also coordinates orientation of new volunteers and helped create a mentoring program for them.

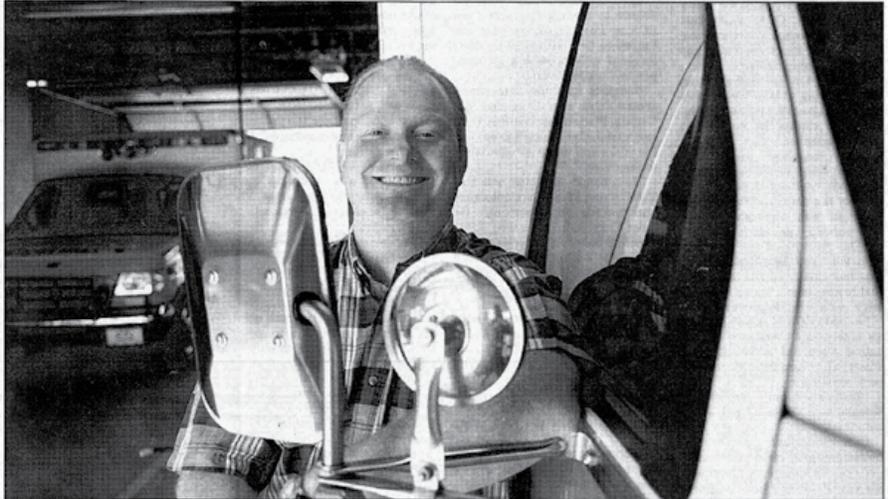
"I think number one, not to slight anyone else, is that he stepped forward a lot times in crunch time to get the job done," Wimberly said.

York said the award holds special significance for him because it comes from his peers, whom he praised as some of the most professional colleagues he has ever worked with.

"I feel very good," York said about getting the award. "It's a little bit overwhelming. I certainly wasn't expecting to win."

York has served in various capacities while working part-time, an average of 20 hours a week, at Cary Area EMS. He started as an EMT and later became a paramedic. York was promoted to captain three years ago and became assistant chief a year ago.

He works full-time at York Custom Designs, a Knightdale company owned by his father that does design work for agricultural and biomechanical firms. His



STAFF PHOTO BY CHARLIE PEEN

Lynn York was named the Squadman of the Year for 1998 by Cary Area Emergency Medical Services. He has been a member of the group for five years.

father also is a research scientist at N.C. State University.

York, who earned a bachelor of science degree in biology from the university in 1993, worked as a scientist in Research Triangle Park for a couple of years.

He started working in emergency medical services part-time while in RTP and also currently is a part-time paramedic with Durham County Emergency Medical Services.

In addition, York is a part-time

student at Campbell University studying pharmaceutical science.

He wants to make a career change into pharmaceutical biotechnology or possibly management in the emergency medical services field.

York wanted to credit his wife, Carol, for any of his success.

"She's the most important person in my life," he said, and "allows me to spend all this time away from home to help others."

Excerpt from *The Cary News*, Feb. 10, 1999

YORK RECOGNIZED FOR EXTRA SERVICE AS SQUADSMAN OF THE YEAR

By Sherry Williamson, staff writer

Lynn York enjoyed studying the human body and the disease process while getting a bachelor of science in biology.

But he wanted to learn more. So while doing post-baccalaureate studies, York was quick to notice a campus flier advertising a class on becoming an emergency medical technician.

"I went the first night and got hooked," said York, who became an EMT and five years later a paramedic. "The sole drive behind it is that I love talking and working with people. I have a compassion for their needs."

Profile CHRISTIAN HEINRICH

By SHERRY WILLIAMSON
STAFF WRITER

Christian Heinrich has been named the 1999 Squadman of the Year by Cary Area Emergency Medical Services.

When Christian Heinrich got involved with emergency medical services, he felt for the first time that he was really doing something important. He still does six years later. But Heinrich, a paramedic and member of the board of directors with Cary Area Emergency Medical Services who was just named the 1999 Squadman of the Year, also had to learn a painful lesson.

That despite the best emergency services training and medical knowledge, you can't save everybody.

The lesson came early when as a new emergency medical technician in

Virginia, Heinrich performed CPR (cardio pulmonary resuscitation) for the first time on a patient.

He vividly remembers pushing on the elderly woman's chest and cracking her ribs. Then realizing that despite his best efforts, she had died. "I can almost feel that in my hands," he said. "It's the first time when you realize that even if you know the stuff backward and forward, if someone's meant to go they will ... and that you can't save everyone, no matter how hard you try."

That harsh lesson was repeated in a big way when Heinrich responded when a train struck a mini-van at the edge of Cary in April 1998. The collision killed the woman driving and her

12-year-old son, while critically injuring her baby.

"It was the most horrible thing I've ever seen in my life," said Heinrich, 25, who volunteers at least 30 hours a week at EMS. "It's hard to handle children getting separated from their parent like that."

But for every bad call like that one, Heinrich said there are so many good ones where you can help someone.

"It's what makes this job so rewarding," he said. "... You get to see people and help people. You get to feel like every day that you're doing something important and being a part of the community."

See HEINRICH, PAGE 2B



HEINRICH

Page 2B

GETTING INVOLVED IN EMS
Heinrich became involved with emergency medical services his sophomore year at James Madison University in Harrisonburg, Va.

One of his student friends was an emergency medical technician and firefighter with the Harrisonburg Rescue Squad and invited his fellow resident advisor out on some calls.

"I started observing and riding on the truck," Heinrich said, "and thought this is pretty cool." During summer break, his father helped him to get into an EMT training course in his hometown of Damascus, Md. A police officer, Heinrich's father happened to work in a training academy. Heinrich's grandfather also was a firefighter.

Heinrich joined the Harrisonburg squad as a volunteer when he returned to college that fall and became more dedicated to pursuing a bachelor's degree in health sciences, which he obtained in 1996.

After college, Heinrich moved back home to Damascus, which is 45 minutes south of Baltimore. He lived there a few months before a friend told him about a graduate assistantship in the Residence Life Program at N.C. State University.

Heinrich accepted the assistantship and moved to Raleigh to study counseling and student development and be the director of a residence hall, the Great Ferry complex at the former Mission Valley Inn.

Shortly after moving, Heinrich started asking every police officer and firefighter he saw where he could volunteer with a rescue squad.

He quickly learned that most emergency medical services in Wake County had paid staff, and there were only a few that were volunteer or had a combination of the two.

Cary EMS was one of them. He joined the non-profit organization in December 1996 and two years later became a paramedic.

"It's awesome," Heinrich said about the equipment, training, and knowledge and support of personnel at Cary EMS. "I've learned so much here. It's amazing ... I love this place."

A MULTITUDE OF DUTIES
Heinrich not only works two or three, 6 p.m. to 7 a.m. shifts a week but represents the about 32 members of the squad on the Cary EMS Board of Directors. The members selected him for the position.

In addition, Heinrich assists with training youth involved in the squad's Juniors Explorers Post, which meets on Tuesday nights. He also helps train and recruit new volunteers for the squad.

"He does all this on a volunteer basis," said Eddie Wimberly, Cary EMS chief. "He more than epitomizes a volunteer: If we could get 10 more volunteers like him, it would be unreal what this squad could do."

Wimberly said Heinrich also pulls a lot of extra duty as a paramedic by filling in when other members get sick or are on vacation, or when staffing levels are low.

"He's always willing to do those things, to go the extra mile to make sure we have the proper coverage," the chief said. "He was very deserving of the award."

The award has always been considered especially significant by the squad since the recipient is determined by the membership itself.

"I think it's one of the coolest awards here because it's from

Christian Heinrich

AGE: 25
BORN: In Baltimore and raised in Damascus, a small town in central Maryland.
OCCUPATION: Benefits specialist with PriceWaterhouseCoopers in Cary.
VOLUNTEER: Paramedic with Cary Area Emergency Medical Services and received the 1999 Squadman of the Year in December.
FAVORITE MUSIC: Rock/Alternative.
FAVORITE MUSICAL GROUPS: Tonic, O'Jays and locally, the Pat McCree Band.

your peers," Heinrich agreed. "It's saying you're doing a good job ... It's a pat on the back. Totally, I was so excited."

Heinrich had wanted to earn the award for a long time because the people who had gotten it in the past were outstanding. "I wanted to be that person," he added.

Justine Hollingshead, a volunteer captain and EMT with the squad and Heinrich's former supervisor at N.C. State, said the Cary resident definitely deserved the award because of the effort, time and commitment he has given to the organization. She described him as being very professional and personable — two qualities that are important in working in student life and in emergency medical services.

Hollingshead, housing coordinator at N.C. State, also called Heinrich a very outgoing and motivated person, who interacts well with people across different populations.

"He's probably one of the most laid back and fun-loving persons I've ever met," she said. "He'd do anything in the world for you. He's truly dedicated to helping people."

While doing all his volunteer activities at the squad, Heinrich continues to work full-time.

After about a year at N.C. State, he got a job in customer service at Pricewaterhouse Financial in Raleigh. He worked there for about 1 1/2 years in the accident/health division of the company's insurance department.

Meanwhile, he continued to volunteer at night at the Cary EMS and to take intermediate EMT and paramedic classes for the next two years.

Heinrich then went to work with Price Waterhouse Coopers in Cary as a benefits specialist. The company manages pensions and benefits. He's been there for the last 1 1/2 years.

Rannak Patterson, a case specialist with the company, described Heinrich as very commitment-oriented person, who puts a lot of importance on everything he does.

"He's very funny, witty and a real pleasure to be around on many different levels," said Patterson, adding that the EMS award was well deserved. "I'm glad his time and effort were recognized."

Excerpt from *The Cary News*, nd 2000

PROFILE: CHRISTIAN HEINRICH By Sherry Williamson, staff writer

When Christian Heinrich got involved with emergency medical services, he felt for the first time that he was really doing something important.

He still does six years later.

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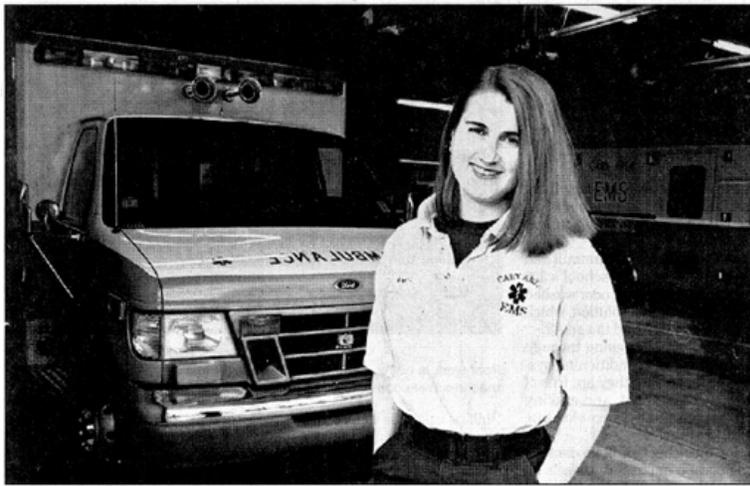
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But for every bad call like that one, Heinrich said there are so many good ones where you can help someone.

"It's what makes this job so rewarding," he said. "... You get to see people and help people. You get to feel like every day that you're doing something important and being part of the community."



Jessica Matthews has been named the Cary EMS Squadsperson of the Year.

Honored for serving others

BY BRADLEY WILSON
CORRESPONDENT

Her peers, volunteers and paid medics with Cary Area EMS, describe Jessica Matthews, Cary EMS Squadsperson of the Year, as someone who is always willing to help.

And in her more than four years of service as a volunteer emergency medical technician, she has proven that time and time again.

Tammy Patton, a paramedic and acting EMS chief, said Matthews is always willing to pull extra duty and has increased her knowledge level, first working as an EMT-basic and now working as an EMT-intermediate and registered nurse.

"She's made us very proud," Patton said.

Alvis Reaves, a long-time EMS volunteer and former squadsperson of the year, said he most appreciates Matthews' dedication to the service.

"She is giving up her personal time, not only serving duty but doing other things as well," he said.

Shawn Mitchell, a full-time paramedic, said he believed Matthews deserved the recognition because of her dedication to the service and perseverance.

"She likes to pursue things until they're done right," he said.

As an EMT-Intermediate, Matthews, a rather reserved person, said she likes being able to help indi-

viduals in a crisis situation.

"I like being able to see the results of my work, talking with people and interacting with people," she said.

Matthews, who got her nursing degree in May 2000 and is now working as a staff nurse in the Intensive Care Unit at Rex Hospital, said she likes the technical aspects of starting intravenous lines, intubating patients to help them breathe and just practicing potentially life-saving skills.

"I like solving problems and getting things done," Matthews said. "I wouldn't call myself one of the ambulance junkies that runs for the lights and sirens, but there is always something exciting about it."

She also said it's just plain fun being around the station between calls and she has had a lot of fun working with the paid and volunteer staff.

Matthews volunteers dozens of hours per month. In addition to working on an ambulance treating patients, Matthews is also the vice president of the EMS board of directors and served on the search committee for a new EMS chief and on a committee to review and restructure the by-laws.

Patton said it was that willingness to help with other aspects of the operation, which that runs some 4,500 calls per year, that contributed to Matthews' recognition.

"She's a well-rounded person," Patton said.

Excerpt from *The Cary News*, March 8, 2001

HONORED FOR SERVING OTHERS

By Bradley Wilson, correspondent

Her peers, volunteers and paid medics with Cary Area EMS, describe Jessica Matthews, Cary EMS Squadsperson of the Year, as someone who is always willing to help.

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NAMES&FACES

A real lifesaver

Marion Houle named Cary's EMS Squad Person of the Year

BY MEGAN JONES
STAFF WRITER

Marion Houle can still remember the night he delivered his first baby.

He was a new paramedic then, answering a post-midnight call from dispatch about a woman whose water had broken. When he and his partner walked in, they found her very close to delivery, and his nerves momentarily took over.

"I forgot what to do," he said, smiling. "I told myself, if I look like I know what I'm doing, then the rest will follow. It worked. It was awesome, amazing. Bringing a new life into the world ... there's nothing like it."

Houle has delivered many babies since that night. He has helped people having heart attacks, people in car accidents and sick children. Houle, an assistant chief for Cary Area EMS, was recognized this month for his work when his colleagues named him 2001 Squad Person of the Year.

Houle has been a full-time paramedic for the Cary squad since 1993, after volunteering for nearly two years. Joining the squad was a kind of lucky fluke, he said; he originally planned to be a firefighter.

Before he could be called by the City of Raleigh to begin the interview process, though, he took an EMS course. He liked it a lot, even more so after he got to ride as the third member on a few EMS calls.

"This is awesome, the things that we can do," he said. "We can help people breathe by intubating them. We can administer IV medications. Sometimes, we can help just by comforting somebody."

He decided to go back to school to become certified as a paramedic, and soon after graduated from Wake Technical Community College with an associate's degree in emergency medical services.

BIO

MARION HOULE

- **AGE:** 33.
- **BORN IN:** Quebec. He lived in the French-speaking province of Canada until he was 18 years old, when he moved to the United States.
- **FAMILY:** He and wife Donna live in Apex with their children. Houle has a stepson, Aaron Bowen, and a daughter, Aubrey.
- **EDUCATION:** Houle has an associate's degree in emergency medical services from Wake Technical Community College. He is a certified paramedic with the Cary Area EMS squad.
- **HOBBIES:** "I have a 10-month old. I don't have time for hobbies," he joked. Actually, he plays hockey once a week at the Rec Zone in Raleigh, and coaches Aaron's roller hockey team at the Dream Sports Center in Apex.
- **FAVORITE TV SHOW:** "JAG."
- **FAVORITE PLACE TO EAT IN CARY:** Los Tres Magueyes.
- **FAVORITE BOOKS:** Anything by Tom Clancy. "There's just so much knowledge in those stories," Houle said.

his stepson's roller hockey league. Houle left Canada when he was 18 to try the very different climate of Florida. He had family there in the construction business, and worked for them for about five years before moving to North Carolina to try his hand at public safety.

"It's something that appeals to me," he said. "I guess for the adrenaline, maybe. I like to be in the middle of things."

Even as a veteran paramedic, the buzzer that indicates a "truck" is ready to roll jump-starts his own heart.

When he was young, Houle was more interested in roughing people up than in patching them up. He grew up in Quebec, Canada, where hockey is a national obsession.

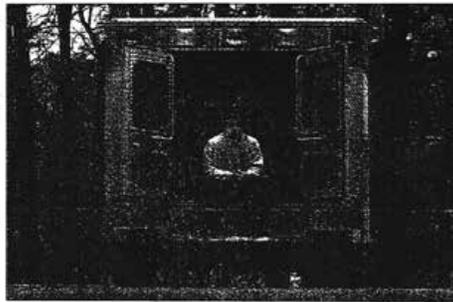
"Everyone wants to be a hockey player," he said, and he was no different. He still plays in a weekly league in Raleigh, and coaches

"Always," he said. "It gets to you. You don't look forward to having sick people, but that's what we do."

Kids are the hardest, he said. Luckily, pediatric cases represent a minority of the calls to which he responds.

"Now that I have kids, it hits home even more," he said. "Kids are just so much more vulnerable

SEE HOULE, 14B



Marion Houle has been a full-time Cary paramedic since 1993.

HOULE

FROM PAGE 1B

than adults."

Treating children also comes with more technical challenges than treating adults.

"A lot of times, they can't or won't talk to you," he said. "You have to really do a good assessment and play medical detective until you find out what's going on with a child."

Houle's colleagues have nothing but praise for him. They've gotten to know him pretty well, because squad members work 24-hour shifts. They work together, eat together and live together during the days they're on-call.

"He pays attention to the small details," said EMS Chief Steve Cohen. "What he does, he does with pride, integrity and efficiency. He's just a good person."

Fellow paramedic Mike Dean said Houle is particularly good at setting people at ease when he's out in the field.

"He has a calming disposition," Dean said. "He can keep his head about him, no matter how bad people think it is, even his co-workers. That can make all the difference in the world."

Houle is efficient at everything he does, Dean said, from responding to calls to taking care of administrative work to ensuring the house has the necessary supplies. But his most admirable trait might be the obvious love he has for the job, he said.

"He believes in the job he's doing," Dean said. "Some people just perform their job every day, and they don't know why. But he sees this job as important, and he recognizes the ways he can make a difference. You just don't see that in the field as much as you used to."

Of course, in the course of a shift there are usually more jokes

exchanged than praise, and Houle isn't immune.

If you listen to him closely, you can still hear a trace of his native French tongue. He grew up speaking French nearly exclusively, and only really began his English education once he was in the United States. He occasionally slips a wrong word into a sentence, or changes the meaning of common English phrases. His co-workers tease him about it sometimes.

"He gets a hard time about it," Dane said. "It's pretty funny. We can make fun of him because his intentions are so clear. You know whatever he's saying is coming from a good place."

Besides, Houle knows they like him. One of his coworkers likes him so much she married him. He and Donna now live in Apex, and he's a proud papa to two children: stepson Aaron Bowen, who is 9, and daughter Aubrey, who is 10 months old.

When Dean said Houle loves his job, he was right. Houle's very proud of the work he and his colleagues do, more than ever since the attacks on Sept. 11 that killed hundreds of rescue workers in New York.

He said they have talked about the tragedy a lot since then, and they've decided that one of the good things to come out of it has been the enhanced awareness people now seem to have for rescue workers.

"People used to just think about us when they needed to call 9-1-1," he said. "Now I think they're more aware. We've had people here pick up the check for our crews when we're out to eat. We've had strangers come in just to thank us."

Houle said it makes him feel good about what he's doing.

"I've always been proud," he said. "But this has reinforced it."

Contact Megan Jones at 460-2608 or mjon@nando.com

Excerpt from *The Cary News*, n.d. 2002

A REAL LIFESAVER: MARION HOULE NAMED CARY'S EMS SQUAD PERSON OF THE YEAR

By Megan Jones, staff writer

Houle has been a full-time paramedic for the Cary squad since 1993, after volunteering for nearly two years. Joining the squad was kind of a lucky fluke, he said; he originally planned to be a firefighter.

Before he could be called by the City of Raleigh to begin the interview process, though, he took an EMS course. He liked it a lot, even more so after he got to ride as the third member on a few EMS calls.

"This is awesome, the things that we can do," he said. "We can help people breathe by intubating them. We can administer IV medications. Sometimes, we can help just by comforting somebody."

Fellow paramedic Mike Dean said Houle is particularly good at setting people at ease when he's out in the field.

"He has a calming disposition," Dean said. "He can keep his head about him, no matter how bad people think it is, even his co-worker. That can make all the difference in the world."



Tammy Patton, voted EMS Squad Person of the Year, relies on the support of her team. She tells new volunteers for the Cary EMS that it's like getting 40 new siblings at once.

STAFF PHOTO BY GRANT HALVERSON

NAMES & FACES

The special attraction of emergency medicine

BY ANN CLAYCOMBE
STAFF WRITER

In 1991, Tammy Patton took a job as a desk clerk in the emergency room of Western Wake Medical Center. As the patients came in, Patton would take their information and fill out their registry forms.

"That's where I was first exposed to EMS," Patton said. She made several friends among the ambulance crews that came regularly to Western Wake. They convinced her to try her hand at emergency medicine.

"I took the EMT [emergency medical technician] class to see if I would like it," she said. "And I was hooked."

She started volunteering with the Cary EMS in 1993, and came on as a full-time employee in 1997. She was promoted to assistant chief in the summer of 2000, and served as interim chief from November 2000 to May 2001.

In December, Patton was chosen as the Cary EMS Squad Person of the Year. Though she's held several titles in the organization, this one is particularly dear to her heart. The Squad Person of the Year is chosen by the entire EMS, with each employee and volunteer having a vote.

"That's what makes it so special," she

SEE PATTON, 3B

PATTON

FROM PAGE 1B

said. "I love the people I work with. Cary EMS is like one big family."

There to help

Patton said the attraction to the job is people. First, there are the patients. While most nurses must care for several patients at once, EMTs can take each case as it comes.

"As a paramedic, you go to someone's house and care for them one on one," she said.

Often, ambulance crews are the first people who see a patient. A paramedic who has good medical skills and good people skills can do a lot to make an emergency more manageable.

"A lot of people are just relieved when you arrive and they know there's somebody there to help them," Patton said.

Patton also values the strong ties between EMTs on the job.

"We depend on each other on calls," she said. "You're always looking out for each other."

The teamwork extends from the ambulance to the station house and beyond. Patton said she tells new volunteers that joining the Cary EMS is like getting 40 new siblings at once.

Patton had to run the family on her own for six months, after

chief Eddie Wemberly left in November 2000 and before the current chief, Steve Cohen, started work the next May. When Cohen arrived, Patton helped him learn Cary's ins and outs.

"She did an outstanding job," Cohen said. "I have nothing but praise for her. It was a tough situation, and she handled it like a professional."

'The EMS bug'

Most full-time EMTs also volunteer or do part-time work for another service. Patton is no different. She's worked part-time for Apex EMS since 1995.

She also is working toward a B.A. in accounting at Campbell University. Patton started an accounting degree when she was younger, "before I got the EMS bug," she said.

Eventually, she said, she plans to become a full-time CPA — better hours plus better pay are hard to turn down.

"But I don't think I'll find it as rewarding as I do this," she said. In fact, she's not planning on giving up emergency medicine entirely. She'll be an EMS volunteer for as long as she can find someone to take her.

"I will stay a paramedic," she said. "I will keep my certification."

Contact Ann Claycombe at 460-2607 or aclaycom@nando.com

Excerpt from *The Cary News*, Feb. 13, 2003

THE SPECIAL ATTENTION OF EMERGENCY MEDICINE

By Ann Claycombe

In 1991, Tammy Patton took a job as a desk clerk in the emergency room of Western Wake Medical Center. As the patients came in, Patton would take their information and fill out their registry forms.

In December (2012), Patton was chosen as the Cary EMS Squad Person of the Year. ... The Squad Person of the Year is chosen by the entire EMS, with each employee and volunteer having a vote.

"That's what makes it so special," she said. "I love the people I work with. Cary EMS is like one big family."

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Eventually, she said, she plans to become a full-time CPA — better hours plus better pay are hard to turn down.

"But I don't think I'll find it as rewarding as I do this," she said.

NAMES & FACES

Saving lives is his reward

Cary paramedics choose volunteer for their Squad Person of the Year

BY ANN CLAYCOMBE
STAFF WRITER

Every year, the Cary Area Emergency Medical Service chooses its Squad Person of the Year. It's a high honor, especially because it's awarded by the paramedics themselves.

This year, the honor went to a man who isn't even employed by the EMS. Bradley Wilson is employed full-time as the coordinator of student media advising at N.C. State — working with students at the university's newspaper, radio station and other media outlets.

But there are a lot of Friday nights when the Cary resident leaves his office at 5, only to report to the Cary EMS by 6 for a 24-hour shift on an ambulance crew.

Wilson does it all for nothing — or at least not for a paycheck. "He's an excellent volunteer for us," said Cary Area EMS Chief Steve Cohen. "He's dedicated. We're happy to have him."

In 2003, Wilson spent more than 760 hours — an average of 15 hours a week — working ambulance shifts. He also spent 36 hours training, and put in hundreds of hours working with the Cary EMS Explorer Post, teaching basic life-saving skills to high school students.

Wilson first got involved in emergency medical services after

BIO

BRADLEY WILSON

■ **PAID JOB:** Coordinator of Student Media Advising, N.C. State University

■ **UNPAID JOB:** Volunteer, Cary Area EMS

■ **HONORED AS:** 2003 Squad Person of the Year

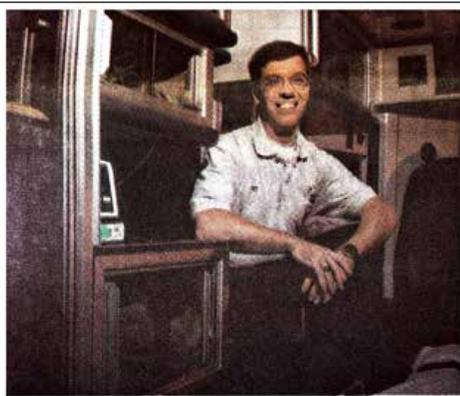
■ **IN HIS SPARE TIME:** Wilson is working on a Ph.D. in public administration. He also plays the euphonium — he filled in for the N.C. State Pep Band at a basketball game or two while students were away for Christmas.

■ **FAMILY:** "I've got me and that's enough," Wilson says. Although he grew up in Austin, Texas, he has plenty of extended family (on his mother's side) in Raleigh and in Goldsboro.

college, when he took a job teaching high school in Wimberley, Texas, a town with a population of about 14,000.

The small town didn't offer a lot of distractions, and Wilson found himself working from 6 a.m. to

SEE EMT, 5B



STAFF PHOTO BY GRANT HALVERSON
A volunteer with the Cary Area EMS, Bradley Wilson was chosen as the Squad Person of the Year by his fellow paramedics.

EMT

FROM PAGE 1B

midnight every day.

"I realized I needed something else," he said with a smile. He saw an advertisement for an EMS class, and decided to give it a try. He got hooked.

"It's the puzzle," Wilson said. Every call is a little mystery, he figures, and the paramedics must use all of their medical knowledge — and all of their people skills — to figure out what's wrong with a patient and how to treat it.

Wilson has been volunteering as a paramedic ever since. He rode ambulances in Syracuse, N.Y., while he got his master's degree in public administration at Syracuse University. When he moved to the Triangle in 1999, he immediately started looking for a service that could use him.

"I started asking around," he said, "asking 'What's the best EMS agency in the area to work for?'" Everyone told him the same thing: If you want to volunteer, go to Cary.

He did, and he has never regretted it. The Cary EMS is a nonprofit, Wilson explained, not a part of a fire department or a county organization. That means it can move more quickly to get the latest equipment or try new

'We're training people to be the future doctors and EMTs of the world.'

BRADLEY WILSON

Volunteer paramedic who also trains high school students to ride on ambulances

techniques.

Best of all, the paramedics can make suggestions about how best to run calls and how best to run the service. When the organization bought a new ambulance last year, for example, crews were able to offer suggestions about the truck's equipment and layout.

"We don't have to go to God himself to get things changed," Wilson said.

Wilson does the work of a part-time employee, but says he doesn't want to go on the payroll.

"I'm not doing EMS because I want to get paid for it," he said. Wilson said he wants to serve his community, and to do things that his paid job doesn't allow.

"I love teaching," he said, offering an example. "I really enjoy teaching."

Wilson — who works with stu-

dents at NCSU, but not in a formal classroom setting — scratches that itch by working with the 20 high school students in the EMS' Explorer Post.

Paramedics teach the students basic life support, and let them ride on the ambulances. Although students can't get certified — or treat patients — until they're 18, they can gather information and check a patient's vital signs at the scene.

One of Wilson's Explorers was in an ambulance that responded to the Nov. 1 wreck that killed six people on Chapel Hill Road just outside Cary. The boy coped remarkably well, Wilson said, both during the call and afterward.

"He did a good job," Wilson said. "He helped. And that's cool."

Wilson himself doesn't think he will stay in the EMS game forever. Training requirements get stricter and stricter, he said, and his own time gets harder and harder to spare.

But in the meantime, he enjoys helping patients, and especially helping his students.

"We're training people to be the future doctors and EMTs of the world," he said.

And that means Wilson will continue helping patients, long after he has run his last call.

Contact Ann Claycombe at 460-2607 or aclaycom@nando.com

Excerpt from *The Cary News*, Jan. 22, 2004

SAVING LIVES IS HIS REWARD

By Ann Claycombe

In 2003, Wilson spent more than 760 hours — an average of 15 hours per week — working ambulance shifts. He also spent 36 hours training and put in hundreds of hours working with the Cary EMS Explorer Post, teaching basic life-saving skills to high school students.

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When he moved to the Triangle in 1999, he immediately started looking for a service that could use him.

"I started asking around," he said, "asking 'What's the best EMS agency in the area to work for?'" Everyone told him the same thing: If you want to volunteer, go to Cary.

He did, and he has never regretted it. The Cary EMS is a nonprofit, Wilson explained, not a part of a fire department or a county organization. That means it can move more quickly to get the latest equipment or try new techniques.

Service isn't optional for Henshaw

EMS Squad Person of the Year balances ambulance runs with work, family

BY ANN CLAYCOMBE
STAFF WRITER

Sue Henshaw is a little bit like a superhero.

The Cary resident has an everyday existence — a husband, three kids, and a full-time job as a Java programmer at SAS Institute.

But five or six nights a month, Henshaw trades in her working-mom life for a 12-hour shift as a paramedic. She likes the people, the work and the sudden change of pace.

"You get the adrenaline rush," she said, "going down Maynard Road at Mach 2, trying to get to the hospital before someone dies."

Henshaw's been leading a double life since 1992, when she first volunteered for the Cary Area EMS. Last month, her fellow paramedics chose her as the Squad Person of the Year. In fact, she got 62 percent of their votes, said

EMS Chief Steve Cohen.

"She's a wonderful volunteer," he said. "She is so dedicated to this organization. I don't know how she balances it all, but she does it — and she has a good time doing it."

Henshaw is pleased with the honor, but not overly proud.

"When you work with a bunch of talented people," she said, "it would be wrong to think of yourself as special."

Henshaw said she fell into paramedic work almost by accident. It started nearly 15 years ago, when she took a beginner's first-aid course. She was left with a lot of questions, so she went on to the advanced class.

Still, she wanted to know more, and the only place to get it was in emergency medical technician classes. By 1992, she was a certified as an EMT.



STAFF PHOTO BY GRANT MALVERSON

Cary resident Sue Henshaw, who has volunteered for the Cary Area EMS since 1992, was named Squad Person of the Year.

"I was filled with information," she said. "I thought 'well, if I don't use it, I'll lose it.'" She signed on at Cary EMS and has been giving her time ever since.

Henshaw kept riding through all three of her pregnancies — for

Sean, now 10, Stephen, 8, and Christian, 6. She went to a few women-in-labor calls, and still remembers the looks of shock on her patients' faces when she climbed off the ambulance, eight months pregnant herself.

She has kept going because she is good at it, and because she loves it. It's a refreshing change from sitting in front of a computer all day, she said.

"You get to help people," Henshaw said. "You see people when they're at their worst — they're hurt, or their scared. You see them when they're real." And then, she added, you get to offer not only medical care, but also comfort.

It's not easy balancing work, family and volunteering, even for a self-proclaimed "workaholic."

Henshaw manages with a healthy dose of help from her husband, Ian, who home-schools and cares for their three boys.

"If you've got kids at home and you don't have somebody to support you, you can't do this," she said.

The "how" might be complicated, but the "why" is simple.

"I don't think that service to the community is optional," she said. "Either you give your money, your talent or your time."

Contact Ann Claycombe at 460-2607 or aclaycom@nando.com.

Excerpt from *The Cary News*, January 27, 2005

SERVICE ISN'T OPTIONAL FOR HENSHAW

By Ann Claycombe, staff writer

... (Sue) Henshaw's been leading a double life since 1992, when she first volunteered for the Cary Area EMS.

"She's a wonderful volunteer," EMS Chief Steve Cohen said. "She is so dedicated to this organization. I don't now how she balances it all, but she does it — and she has a good time doing it."

Paramedic Doug Alumbaugh praised for work and reliability

BY EMILY MATCHAR
STAFF WRITER

Paramedic Doug Alumbaugh works an average of 100 hours a week.

He has taken only one day off in the four and a half years he has worked with Cary Area EMS, and that was only when he became so dehydrated from food poisoning his colleagues could not find a vein in his arm to put in an IV.

He is the building manager at Cary

www.carynews.com

Three Cary EMTs go to Bolivia to teach emergency procedures.

EMS, which means he spends the downtime between calls on such tasks as replacing light bulbs and unclogging sinks.

Still, when Cary Area EMS Chief Steve Cohen told him that he had been named EMT of the Year by American Legion Post 67, Alumbaugh thought he was joking — until the chief announced it at a staff meeting several days later.

"Doug is one of the most reliable employees I have," Cohen said. "He deserved it. For me, it was an easy decision."

SEE ALUMBAUGH, 8A



PHOTO BY RAY BLACK III FOR THE CARY NEWS

Doug Alumbaugh, right, says he never calls in sick. "I go help people who are sick."

Excerpt from *The Cary News*, Wednesday, March 8, 2006

PARAMEDIC DOUG ALUMBAUGH PRAISED FOR WORK AND RELIABILITY

By Emily Matchar, staff writer

Paramedic Doug Alumbaugh works an average of 100 hours per week.

He has taken only one day off in the four and a half years he has worked with Cary Area EMS, and that was only when he became so dehydrated from food poisoning his colleagues could not find a vein in his arm to put in an IV.

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"Doug is one of the most reliable employees I have," Cohen said. "He deserved it. For me, it was an easy decision."

NAMES&FACES

One of the first to help

EMS volunteer of the year called tireless by peers

BY LEAH HART
CORRESPONDENT

Justine Hollingshead stands out at the Cary EMS in a lot of ways.

She is the only volunteer who serves as a captain — all of the other officers are full-time employees. She is also responsible for coordinating the EMS's role in any special events it takes part in — from Lazy Daze to educational visits to area schools. She puts in roughly 1,000 volunteer hours a year while managing to hold down a full-time job with start-up company TransLoc. And if a major event takes place — such as the Apex chemical fire — and she's not on duty, she is one of the first to come in to help.

Longtime friend and coworker Captain Christian Heinrich probably sums it up best.

"I could never keep up with her," he said. "But those are the kind of people that you want."

Perhaps that's why Hollingshead was selected as the 2006 Cary EMS Squad Person of the Year and the Cary American Legion Post 67 EMT of the Year.

Now in her 11th year with Cary EMS, Hollingshead said it all comes back to helping others.

"I really do enjoy helping people," she said. "It's giving back to the community."

And it's not about getting paid. Hollingshead could be a paid employee with Cary EMS, but she chooses to remain a volunteer.

She got involved with EMS when she moved here. While working with campus housing at Ball State University in Indiana, she had a student go into cardiac

SEE EMS, 3A

EMS

FROM PAGE 1A

arrest and did CPR for 45 minutes. It left her with a feeling that she wanted to do more.

When she moved to the area to take a job with N.C. State University, Hollingshead took EMT training and applied to Cary EMS, where she has volunteered ever since.

On any given day the calls can range from someone who simply doesn't feel well and decides to call 911 to car accidents and major traumas. Cary has several senior-living facilities, and so calls often involve the elderly, she said. "Not every day is easy," Hollingshead said.

Sometimes, she must take a reserved approach and try to separate herself from the situation. The most difficult calls are those involving children. She distinctly

remembers going to call a few years back where a child was in cardiac arrest.

"You have to decide, 'I'm going to get through this,'" she said.

Following particularly tough calls, she said the team does debrief back at the station and talk about what happened.

"Everyone here is like family," she said.

While she can never know what to expect when she arrives at Cary EMS, Hollingshead said there is some routine. Equipment on the trucks must be checked, chores must be done inside the building and training takes place on a regular basis. She sometimes works day shifts on the weekends or night shifts during the week.

With all that she does, Hollingshead said it has been helpful to have an understanding employer. She joined TransLoc last year as business manager when she felt it was time for a career change.

TransLoc understands that if she works a night shift with Cary EMS, she may not be in to work as early the next morning.

When she's not busy with Cary EMS or her full-time job, Hollingshead actually finds time to do more. She works with Rex Hospital providing EMT assistance for special events at the RBC Center. She has also worked with N.C. State's Project Safe, Wake County Communities in Schools and other area organizations. She traveled east after Hurricane Floyd and to Mississippi after Hurricane Katrina to help set up field hospitals.

"I try to stay busy," she said, smiling.

Somewhere in there, she finds time to ride her mountain bike and take vacations.

Cary EMS Chief Steve Cohen said both he and Cary EMS benefit from Hollingshead's presence.

"Her dedication to the organization is 150 percent," he said.



PHOTO BY CHARLES E. WARD FOR THE CARY NEWS
Justine Hollingshead is the Cary Area EMS Squad Person of the Year.

Excerpt from *The Cary News*, Wednesday, April 18, 2007

ONE OF THE FIRST TO HELP

By Leah Hart, correspondent

Justine Hollingshead stands out at Cary EMS in a lot of ways.

She is the only volunteer who serves as a captain — all of the other officers are full-time employees. She is also responsible for coordinating the EMS's role in any special events it takes part in — from Lazy Daze to educational visits to area schools. She puts in roughly 1,000 volunteer hours while managing to hold down a full-time job with start-up company TransLoc. And if a major event takes place — such as the Apex chemical fire — and she's not on duty, she is one of the first to come in to help.

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Jerry Adams



Walter Powell



John Owen



Bob Annunziata



David Boone



Tom Maynard



Charles Cheek



Jonathan Olson



Tom Modafferi



John Barile



Eddie Wimberly



Tammy Patton



Steve Cohen



Marion Houle

Leadership Honor Roll

“VOLUNTEERS DEDICATED TO SERVE”

CHIEFS

W. Jerry Adams..... Nov. 1971 - Dec. 1973
 Walter R. Powell..... Jan. 1974 - July 1976
 John L. Owen..... July 1976 - Jan. 1985
 Bob Annunziata Jan. 1985 - July 1988
 David K. Boone..... July 1988 - July 1989
 Tom Maynard..... July 1989 - Nov. 1989
 Charles Cheek..... Nov. 1989 - July 1990
 Jon Olson July 1990 - July 1991
 Tom Modafferi..... July 1991 - Jan. 1992
 John Barile..... Jan. 1992 - July 1992
 Eddie Wimberly..... July 1992 - Nov. 2000
 Tammy Patton..... Nov. 2000 - March 2001
 Steve Cohen..... March 2001 - Oct. 2020
 Marion Houle..... Oct. 2020 - April 2021

ASSISTANT CHIEFS

Robert C. Webster Nov. 1971 - Nov. 1972
 David Weaver..... Nov. 1972 - Dec. 1973
 Johnnie N. Servis..... Jan. 1974 - July 1974
 Norman L. Williams..... July 1974 - Jan. 1978
 Jim Waters Feb. 1978 - July 1978
 William Stevenson, III..... July 1978 - April 1983
 Rick Whitcomb May 1983 - July 1984
 Bob Annunziata July 1984 - July 1985
 Rick Whitcomb Feb. 1985 - July 1988
 Robert D. Hurlbut July 1988 - July 1989
 Charles Cheek July 1989 - Nov. 1989
 Tom Modafferi..... Dec. 1989 - July 1990
 John Barile..... July 1990 - Jan. 1992
 Paul Hirtle July 1992 - April 1993
 Mark Gallick July 1992 - Dec. 1993
 Paul Hirtle Dec. 1993 - July 1995
 Jon Olson July 1993 - July 1994
 Dave Bowen July 1994 - July 1997
 Chris Hegele July 1995 - July 1998
 Robert Fennell..... July 1997 - May 2000
 Lynn York..... July 1998 - April 2000
 Curtis Lowe May 2000 - Nov. 2000
 Tammy Patton Sept. 2000 - Nov. 2000
 Marion Houle..... Nov. 2000 - Oct. 2020

As mentioned in the Sept. 26, 1971, minutes of the Steering Committee, Jerry Adams was “acting chairman.” As mentioned in the Oct. 6, 1971, minutes of the Steering Committee, his title was changed to president. At the annual membership meeting of Aug. 21, 1972, Adams was elected chief with no opposition.



Chris Hegele hugs another attendee at the Cary Area EMS 40th anniversary celebration on June 26, 2011.
Photo by Bradley Wilson

Lifetime Members

W. Jerry Adams.....	Dec. 8, 1972	Angel Vives.....	July 15, 2013
Willis Henderson.....	May 2, 1977	Mike Dean.....	July 15, 2013
Charles Dixon.....	Oct. 5, 1981	Alvis Reaves.....	Jan. 1, 2014
H. Lee Gupton.....	Dec. 6, 1982	Tara Godwin.....	Jan. 3, 2017
Bill Stevenson.....	May 2, 1983	Greg Edwards.....	June 30, 2017
Bruce Walton.....	Dec. 3, 1984	Larry West.....	Jan. 9, 2019
Arey Little.....	Nov. 11, 1985	Mike Prevatte.....	Jan. 9, 2019
David K. Boone.....	Aug. 4, 1986	Tom Maynard.....	Jan. 9, 2019
John L. Owen.....	Nov. 3, 1986	Dave Bowen.....	July 17, 2019
Robert. V. Annunziata... ..	July 18, 1988	Tammy Patton.....	July 17, 2019
Richard I. Whitcomb.....	July 18, 1988	Steve Cohen.....	Oct. 10, 2020
Dick Orander.....	April 3, 1989	Chasidy Kearns.....	Dec. 16, 2020
Charles Cheek.....	July 16, 1990	Brian Adams.....	May 16, 2021
Bob Sik.....	Jan. 6, 1992	John Barile.....	May 16, 2021
Rick Henry.....	Jan. 4, 1993	Christian Heinrich.....	May 16, 2021
Lynn York.....	April 3, 2000	Justine Hollingshead... ..	May 16, 2021
Chris Hegele.....	April 3, 2000	Marion Houle.....	May 16, 2021
Eddie Wimberly.....	Dec. 4, 2000	Matt McLamb.....	May 16, 2021
Donna Jordan.....	June 4, 2001	Alev Mitchell.....	May 16, 2021
Bradley Wilson.....	Aug. 6, 2001	Lynn Nowak.....	May 16, 2021
Deborah Stein.....	July 15, 2013	Julie Skelton.....	May 16, 2021

Years of Service

FIVE YEARS

Kevin Adams
Brian Adams
Doug Alumbaugh
Mike Arnold
Mary Beth Auld
Glenn Baker
John Barile
Christian Bennett
Jim Bona
Dave Bowen
Joe Bowman
Amanda Brooks
Don Carter
Steve Chapman
Chuck Cheek
Kathy Cheek
J.C. Childers
Kimberly Clement
Steve Cohen
Liz Coykendall
Mike Dalba
Joyce Davis
Josh Davis
Shawn Davis
Nathan Davis
Mike Dean
David Demers
David Dolan
Greg Edwards
Robert Fennell
Leah Forster
Beth (Chieffo) Garrett
James Garris
Tate Gilbert
Mark Gottlieb
Jeff Gower
Thea Hall
Larissa Harris
Quincy Harris
Kris Harrison
Chris Hegele
Christian Heinrich
Chris Henry
Sue Henshaw
Justine Hollingshead
Marion Houle
Donna Houle
David Hunnicutt
Don Hurlbut
Trip Johnson
Marie Johnson
Terry Jones
Donna Jordan

Chasidy Kearns
Mark Keller
Kimberly Kirk
Andy Kreem
Paul Kumhyr
Alev Kutay
Jessica Leezer
Jeff Lewis
Bart Lineback
Lu Little
Sarah Lolli
Tiffany Marlowe
Gerald Massey
Jessica Matthews
Tom Maynard
David McGee
Matt McLamb
Julie McRae
Kaylor Mead
Clayton Menzie
Tom Modafferi
Randy Moore
David Moore
Lynn Nowak
Jon Olson
Dick Orander
Edna Owen
Tim Palo
Steve Parham
Tammy Patton
Kevin Phillips
Lisa Plunkett
Garry Pomerleau
Robin Pope
Mike Prevatte
Dave Reaser
Alvis Reaves
Jaime Redig
Rachel Richards
Brad Robinson
Jan Royster
Jay Royster
Jim Ruble
Bob Sik
Jesse Sorenson
Deborah Stein
Frank Tallarico
Sarah Tart
Tara Truelove
Angel Vives
Jim Waters
Steve Watson
Donovan Welsh
Amber Werner

Larry West
Wendy Willard
Norman Williams
Mike Williams
Forrest Wills
Bradley Wilson
Wes Wright
Lynn York

10 YEARS

Brian Adams
Doug Alumbaugh
Bob Annunziata
John Barile
Jan Bean
David Boone
Dave Bowen
Steve Cohen
Mike Dean
Charles Dixon
Greg Edwards
James Garris
H. Lee Gupton Jr.
William H. H. Stevenson
Sue Hannum
Christian Heinrich
Billy Henderson
Rick Henry
Justine Hollingshead
Marion Houle
Chasidy Kearns
Alev Kutay
Arey Little
Lynn Nowak
John Owen
Tammy Patton
Garry Pomerleau
Mike Prevatte
Alvis Reaves
Julie Skelton
Deborah Stein
Tara Truelove
Steve Watson
Michael Welsh
Larry West
Bradley Wilson

15 YEARS

Doug Alumbaugh
John Barile
Angel Carter
Steve Cohen
Mike Dean

Greg Edwards
Christian Heinrich
Justine Hollingshead
Marion Houle
Arey Little
Chasidy Kearns
Lynn Nowak
Tammy Patton
Garry Pomerleau
Alvis Reaves
Bruce Walton
Rick Whitcomb

20 YEARS

John Barile
Mike Dean
Christian Heinrich
Justine Hollingshead
Marion Houle
Chasidy Kearns
Lynn Nowak
Tammy Patton
Alvis Reaves
Deborah Stein

25 YEARS

John Barile
Mike Dean
Christian Heinrich
Marion Houle
Lynn Nowak
Tammy Patton

30 YEARS

John Barile
Marion Houle

LIVES SAVED



SEPT. 12, 2020, EMAIL TO JAMES RUBLE AND CHASIDY KEARNS

It was FIVE years ago today that Summer McLeod made her debut on the bathroom floor at 111 Wilmot! Every year, I give special thanks for fire, police and EMS workers that were covering Southwest Raleigh that day!

Nathan and Anita are blessed with a beautiful, sweet daughter who is strong-willed, high-spirited and always on the go. Summer started pre-K at Grace Christian School and has mastered COVID-19 conditions quite well. Before you know it, Summer will be 18 and most of us will be retired!

On behalf of the family and friends, we once again give thanks for you and your colleagues.

You are never forgotten!!!

Leslie H. Bryant

Heart Start Award

John Barile.....	94, 96, 97, 98, 99, 00, 03, 04, 05, 06, 07, 08, 10, 11, 12, 14, 17, 18, 20, 21	Mike Dean.....	95, 00
Kathy Cheek.....	94	Dave Bowen.....	96
Brian Dalrymple.....	94	Kris Harrison.....	96
Chris Hegele.....	94, 95, 96, 97, 98	Terri Kerr.....	96
Marion Houle.....	94, 95, 96, 98, 99, 00, 03, 04, 05, 06, 07, 08, 09, 10, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21	Alvis Reaves.....	96, 97, 04
Mark Keller.....	94, 96, 98, 99	Deborah Stein.....	96, 97, 01, 04, 05, 06, 07, 08, 09
Andy Kreem.....	94	Donna Bowen.....	96, 97
Shawn Mitchell.....	94, 95, 96, 00, 10, 11	Donna Jordan.....	96, 97
David Polan.....	94	Robert Fennell.....	96, 98
Wendie VanBuren.....	94	Leigh Ayn Keith.....	96, 98
Steve Watson.....	94, 96, 03, 04	Tammy Patton.....	96, 98, 99, 01, 04, 05, 07, 08, 09, 10, 11, 12, 13, 14, 16, 17, 18, 19, 20
Garry Pomerleau.....	94, 96, 05	Jessica Matthews.....	97
Richard Stump.....	94, 95	Shannon Archer.....	98
Michelle Bowen.....	94, 96	Robin Best.....	98, 99
Tim Palo.....	95, 96	Kimberly Kirk.....	98
Lynn York.....	95, 98	Curtis Lowe.....	99, 00
Kevin Adams.....	95	Robin Pope.....	99
		Jeff Gower.....	99, 01
		Lynn Nowak.....	99, 03, 16, 17, 18

Christian Heinrich.....	99, 00, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 17, 18, 19, 20	Christine Hurrick.....	07
Andy Hnat	00	Evan Kinney	07
Clayton Menzie	00, 05, 06	Jorge Lagomasino.....	07
Bradley Wilson	00, 04, 07, 08, 10, 13	Michelle Matthews	07, 08
Dave Garrard	00, 01	Jan Bean.....	07, 08, 13
Sheila Gould.....	00, 01	Angel Vives.....	07, 08, 09, 12, 14, 17, 18, 19
Mike Fall	01	Chris Adams	08, 10, 11
Justine Hollingshead.....	01, 05, 07, 08	Drew Baird.....	08
Jessica Hooks	01	Jackson Deziel.....	08, 11
Andy McWilliams	01	Stacy Forbes.....	08, 10
Brad Robinson.....	01, 06	Matt McLamb.....	08, 09, 10, 12, 13, 15, 16, 17, 18, 19, 20, 21
Larry West	01, 03	Bruce Rifleman	08
Doug Alumbaugh.....	03, 05, 06, 07, 08, 09, 10, 14, 15, 17, 18, 19	Lukus Scott.....	08
Joe Bowman.....	03, 04, 05, 06	Justin Sperlazza.....	08
Amanda Brooks	03, 07	Robby Swendiman	08
Steve Cohen.....	03, 04, 05, 06, 07, 08, 10, 12, 16	Kirsten Watson.....	08, 10
Josh Davis.....	03, 07, 08	Donovan Welsh	08
Shawn Davis	03, 04, 05	Wes Wright	08, 10, 12, 14, 16, 17
Greg Edwards	03, 04, 05, 06, 07, 08, 13, 15, 17	Pete Yohe	08
Mark Gottlieb.....	03	Jill Simpson	09
Chasidy Kearns	03, 05, 06, 07, 08, 17, 18, 19, 20	Brian Adams	10, 11, 13, 14, 16
Xander Ley	03	David Hunnicutt.....	10, 11, 12, 13, 15, 16, 17
Ron Paige	03	Lisa McDougall.....	10, 11
Tara Truelove.....	03, 04, 05, 06, 07, 08, 09, 10, 12	Allison Paula.....	10
Kathy Capps.....	04, 05	Bruce Rifleman	10, 12
Chris Dye	04, 05	Jessica Teel	10, 12, 14
Jan Hansen.....	04, 06	Jonathan Veitch.....	10, 13, 14
Matt Henzel.....	04, 05	Evangelisa Arroyo Jr.....	11
Mike Prevatte	04, 05, 06, 08, 12, 13, 15, 16, 17, 18	Bogart Douglas.....	11
Scott Shields	04	Loretta Jones.....	11
James Garris.....	04, 05, 06, 09	Taylor Ronald	11
Kyle Atkins	05	John Ward	11
Betsy Bowers.....	05, 08, 10, 11, 12	Quincy Harris	12, 15, 16, 17, 18, 19
Eddie Odom.....	05	Christine Malekani.....	12
Bryan Thomas.....	05	Kathy Neal.....	12
Kimberly Clement.....	06, 07, 08, 10, 13	Forrest Wills.....	12
Sue Hannum	06, 07	Thea Hall.....	13
Larissa Harris.....	06, 07, 08, 09, 12	Christopher Meeks.....	13
Paul Kumhyr	06	Kevin Polich	13, 14
Kevin Phillips.....	06	Kimberly Robbins.....	13
Lisa Plunkett.....	06, 07, 10	Daniel Cline.....	14, 15
Sarah Poole.....	06, 07	Mark Dunlap.....	14
Jesse Sorenson	06, 07, 08	Stephanie Furr	14
Rob Squires.....	06	Jake Hardison	14
Caroline Summers	06, 07	Colene James.....	14, 15
Frank Tallarico	06, 07, 08, 09	Grady Johnson.....	14
Jim Bona.....	07	Jamie Olive	14
		Brendan Smith.....	14
		Liz Coykendall.....	15, 16, 17, 18, 19, 20
		Katrina Dierking	15
		Robert Kaplan	15
		Kelly Lewis	15
		Timothy Morrison	15, 17

Behind the Scenes



Arey and Lu Little



(left) Amanda Edwards, (middle) Josh Davis and his wife, (right) Greg Edwards



Erin and Steve Cohen

Scotty Parrish	15	Maureen Haynes.....	19, 20
Trevor Beasley	16, 17, 18, 20	Susan Hudson	19, 20
Jami Benson.....	16	Megan Massengill	19
Justin Dizon.....	16	Nicole Mussler	19, 21
Thea Haggist	16, 18, 19	Kimberly West	19
Marie Johnson.....	16, 17, 18	Katie Jo Bozelli.....	20
Jessica Leezer	16	Kellyanne Cherry.....	20
Sarah Lolli	16, 17, 18, 20	Griffin Connors	20
Morgan Markham.....	16	Hannah Cuzzo.....	20, 21
Kaylor Mead.....	16, 17, 18, 19, 20	Kaylee Hays	20, 21
Patricia Meyerhofer	16, 17, 18, 19	Thomas Jacoby	20
Alev Mitchell.....	16, 18, 19, 20, 21	Evan MacIntyre	20
Jaime Redig.....	16, 17, 18, 20, 21	Sanya Mehta.....	20
Rachel Richards.....	16, 18	Thomas Newcomb.....	20
James Ruble.....	16, 17, 18, 19, 21	Kelsey Oonk.....	20
Ryan Weaver	16	Don Hales	21
Wade White	16, 17	Rachel Kimbrough	21
Jeffrey Armstrong.....	17	Addison Smith.....	21
Mike Arnold Jr.....	17, 18, 19, 20, 21	Ryan Veno	21
Yasr Assisou	17		
Christian Bennett.....	17, 19		
Nathan Davis.....	17, 18, 19, 20		
Leah Forster	17, 18, 19		
Rebekah Itterman	17, 18, 19, 20, 21		
Brandon Joostema	17, 18		
Raheel Mahmood	17		
Alexis Mercer.....	17		
Timothy Morrison	17		
Jacob Schlieman.....	17		
Sarah Tart.....	17, 18		
Tiffany Tran.....	17		
Amber Werner	17, 18, 19		
Michal Bugno.....	18		
Stephanie Carhart	18		
Shannon Casey Wright	18, 19, 20		
Bradley Chestnut	18, 19		
Christopher Childers.....	18		
Michael Davis	18, 20, 21		
Beth (Chieffo) Garrett.....	18, 19		
Tate Gilbert	18		
Ben Gold.....	18		
Elizabeth Herrmann	18		
Joshua Jackson.....	18, 19		
Sina Kazemzadeh.....	18		
Dee Littlejohn.....	18		
Elizabeth Mullis	18		
Ian Powers.....	18, 19, 20		
Parker Roberts.....	18		
Zainab Shah.....	18		
Anthony Stewart	18, 21		
Catherine Arnett	19, 20		
Alan Colvin.....	19		
Mike Dalba.....	19		
Jennifer DeBrecht	19, 20		

HEART START – patient without a pulse regained a pulse and had a pulse at delivery to hospital (Cary Area EMS, 1994-2008)

CODE SAVE – patient had a cardiac arrest and was discharged from the hospital neurologically intact (Wake County, 2009-2021)

NOV. 28, 1994, CARY AREA RESCUE SQUAD BOARD MEETING

Chief Wimberly would like to implement a new program at CARS to promote team building and be able to recognize people who have participated in a successful resuscitation of a code. Wimberly noted that the successful field resuscitation would be a patient found pulseless and was revived when arriving at the emergency department. The program would include a plaque at the building that would recognize the members along with a knit shirt with the words Cary Rescue "Team Code." Wimberly asked the board to fund this program at an approximate cost not to exceed \$500. Bob Heater motioned to approve the chief's plan with the \$500 expense limit. Discussion followed about this recognition program and its merits. Rick Henry seconded the motion. Motion carried.



(top) Doug Alumbaugh on EMS 54; (left) Christian Heinrich as DC5 at a wreck on I-40 June 28, 2012. Photos by Mike Legeros

The Success Of The Rescue Squad Depends On Your Donation

For An Emergency In: Cary Morrisville Airport Area Medfield Estates
or Swift Creek For Rescue and Emergency Ambulance Service

Call **467-6101**



Shown above are the two fully-equipped Emergency Ambulance and Rescue Vehicles maintained by the squad. Both vehicles are able to provide emergency medical care at the scene of an injury or illness. Equipment on board both vehicles exceeds the requirements of government and medical authorities such as the American College of Surgeons. In addition to essential medical equipment, Your Squad is the only one in this area equipped with a portable Heart-Lung Resuscitator. Both ambulances are equipped with hospital-type oxygen devices and supplies for control of bleeding and fractures. We are also one of the few emergency services in the state which is equipped for extrication from wrecked vehicles and structural collapse. We have the Hearst Rescue Tool, power saws, a complete equipment of hand tools and other special rescue items. When our crash truck, newly arrived in Cary, is placed into service, we hope to have the funds available to provide special generating and lighting equipment, water rescue equipment and other needed equipment.

Your Rescue Squad is on duty 24 hours each day to be able to perform their lifesaving skills at a moment's notice. Never less than a team of three highly qualified Cary Area Rescue Squad members are on duty at their present building on North Academy Street. The squad's average response time is only four minutes...time enough to save the life of someone close to you. Their periodic training sessions insure that each squad member not only retains his first aid skills, but that he learns new and valuable methods of emergency care. You can depend on your Rescue Squad to be there when you call. This is their call for help from you. The squad must raise at least \$40,000 during their fund drive going on this week. Won't you take the time to help those who stand ready every day to help you and your family?



The artist's conception of the new rescue squad facility shown above will soon be transformed into reality as this community-wide facility is expected to be under construction shortly. The building will provide garage facilities for the Squad's present and future emergency vehicles and other mobile equipment.

- This page is sponsored by the below merchants who support the Cary Area Rescue Squad and sincerely urge citizens of the community to give generously.*
- | | | | |
|---|---|---|--|
| Air Comfort Incorporated | Cary Office Supply | Heater Well Company Incorporated | Ogburn Realty Company |
| AMP Incorporated | Cary Oil Company | Helmold Ford | Pete's Hardware |
| A & P Food Stores | Cary's Youngest Set Day Care & Kindergarten | Rupert Habbs Realty Company | Pizza House of Cary |
| Arrow Realty Company | Central Carolina Bank | 'Tell a Friend' | Raleigh Savings & Loan Association |
| Ashworth's | Craig Plumbing Company Incorporated | Knotty Pine Motor Court | Ray's Appliance Service |
| Bailey & Rowland Utility Company Incorporated | Crickett Texaco | L A Taylor Building | Roses |
| Bianco's Pizza | Dennis's Luncheonette | Lufkin | Self Insurance Agency Jefferson Building |
| Bob Gordon's Pharmacy | Fidelity Bank | Mangum's Gallery of Floors | Teague Electronics |
| Boulevard Florist | Finley Gallery of Homes | Jerry Miller Associates | Terry's Floor Fashions |
| Branch Banking & Trust Company | Flower Cupboard | Mitchell's Pharmacy | Triangle Real Estate |
| The Carolina Bank | Flowers Electrical Service | Moore, Gardner & Associates, Incorporated | Triangle Sports Camp |
| Cary Clothier's | Goodyear | Nadine Hodge Realty Company | United Federal Savings & Loan |
| Cary Day Nursery & Kindergarten | Great Century Incorporated | Nowell's Furniture | Wolfe's Appliance & Service Company |
| Cary News | | | |

"Volunteers dedicated to serve"



HOW MUCH WOULD YOU SPEND FOR 30 MINUTES OF TIME IF THIS WERE YOUR CHILD?

CARY AREA RESCUE SQUAD

EMERGENCY TELEPHONE: 467-6101

HISTORY

Chartered in October, 1971, the Cary Area Rescue Squad, Inc. is a volunteer, nonprofit organization organized to provide Emergency ambulance and rescue service to Cary and neighboring areas of Wake County.

The volunteers who form the ranks of the Rescue Squad have been carefully selected for their abilities, character, and professional approach to the service of our community. Our Rescue Squad is governed by a board of directors elected from its membership and is supported by an advisory board of leaders from the government, medical and business sectors of the Cary Community. These efforts combine to assure the community of the highest standards of service and conduct in an emergency service operation that are possible.

Now an operational rescue unit, the Squad has 24 members currently certified as ambulance attendants by the State Board of Health. These emergency personnel respond with two fully equipped ambulances including one which is equipped for rescue and extraction as well as emergency cardiac resuscitation. Both are equipped with two-way radio equipment and other special rescue and emergency facilities.

From the time our Squad first became operational in August of 1972, through May 15, 1973, the Rescue Squad has answered a total of 209 emergency alarms. These include 42 automobile accidents, 2 involving trains, 8 where a pedestrian was struck by a vehicle, and 28 other accident calls including home accidents. 36 were calls for sudden illness, 30 heart attack calls, 13 for stroke and 13 for psychiatric patient assistance. 12 drug overdose cases, 2 poisonings, and 4 O.B. or impending childbirth cases were assisted. 15 calls fell into a miscellaneous category and there were four false alarms. One-Hundred and Sixty Three of these persons were transported to area hospitals while 46 did not require transportation.

FACT SHEET

1. The Cary Rescue Squad is composed of volunteers. THEY RECEIVE NO MONETARY COMPENSATION FOR THEIR WORK.
2. All Rescue Squad members receive extensive training in Emergency First Aid, Cardio-pulmonary resuscitation, Rescue and extraction, and other special training. Members have spent more than three thousand hours thus far in attending regular in-service training, schools and seminars conducted by other agencies, and in the local hospitals. This training is complete and is continually renewed and updated.
3. No squad member is allowed to respond in a rescue unit until he is fully certified by the State Board of Health as an Ambulance attendant.
4. The average response time of our Rescue Squad to emergency calls is 4 minutes, i.e., our rescue squad is at the scene of service within an average of 4 minutes from the time they receive a call. NO OTHER EMERGENCY RESCUE SERVICE AND FIRST AID IS AVAILABLE TO US IN LESS THAN APPROX. 20 MINUTES OR LONGER!!!
5. Commercial Rescue service costs approx. \$75,000.00 per year per vehicle. Thus far our volunteer Rescue Squad has received an income of only \$27,313.78 in donations. From this amount of money our Rescue Squad has provided our community with the services of two rescue vehicles and has acquired accumulated assets of approximately \$61,000.00. To do so much with only \$27,313.78 is indeed commendable.
6. Within 12 months our Rescue Squad must have new facilities to house its equipment. Its present quarters being in the town of Cary and must be demolished in order to accommodate a new Town Hall.
7. Rescue Service costs money, even though our Rescue Squad is donating its time and individual service free of charge. Anticipated operational, equipment, and facilities expenses for the coming year are estimated to be \$29,000.00.
8. Support must come from private individuals. Our Rescue Squad is not subsidized or substantially supported by any other means.
9. If we are to continue to receive vital Emergency Rescue Service and First Aid, then we must support our Rescue Squad on a continuing basis, and starting now! Without funds for operation, we might very well lose our Squad this year.
10. Time is critical, not only to victims of emergencies, but also to our Rescue Squad. Your contribution today could very well help our Cary Area Rescue Squad to answer your call for help tomorrow.



"Volunteers Dedicated to Serve"

Emergency Telephone 467-6101

Service to the community, for mankind

Oct. 16, 1971, Raleigh News & Observer

Dec. 6, 1971, Raleigh News & Observer

Cary Promises Funds to Unit

CARY — Mayor Fred Bond has promised "some financial support from the town" for a rescue squad being organized in Cary.

"We'll explore all town land to look for a suitable site for the squad," Bond said at a town council meeting Thursday night.

Jerry Adams, president of the board of directors of the Cary Area Rescue Squad, told the council \$40,000 will be needed to start the squad. The group will depend on gifts and donations to raise the money.

The squad has 15 charter members and expects to grow to 50 in two years, Adams said.

Cary Area Rescue Unit Seeks Funds

The Cary Area Rescue Squad is seeking contributions in a \$40,000 fund-raising drive for complete emergency rescue service.

If the goal is met, the group plans to buy a \$15,000 ambulance and an \$8,000 rescue vehicle, while budgeting \$8,000 for one year's operations and \$10,000 as a down payment on a building.

Jerry Adams, squad president and captain, paid \$2,300 has been raised so far. The date for meeting the goal is next June 1, he said.

The squad intends to serve the Cary area, Morrisville, the airport, Medfield Estates, Macedonia and Swift Creek, according to Adams.

"We estimate the population in the area we'll be serving is about 15,000," he said.

March 4, 1972, Raleigh News & Observer

Rescue Squad In Cary Gets \$7,300 Grant

CARY—The fledgling Cary Area Rescue Squad is closer to obtaining its first vehicle as a result of a grant from the Governor's Highway Safety Program.

The \$7,300 grant will be matched with public donations to the squad's program.

The squad is attempting to raise \$40,000 for vehicles, equipment and a building.

It has received another \$3,000 in recent days, including \$3,000 from a Cary Lions Club benefit barbecue and \$2,000 from IBM.

The squad has raised \$11,000 in its campaign thus far.

FINANCES

Donations key source of funding from day 1

BY BRADLEY WILSON

It started with a simple \$100.

The first chief donated \$100 to the Steering Committee.

But within the first week, the Cary Area Rescue Squad committee members set a goal of \$40,000 to begin operations. That's \$265,871.60 in 2021 dollars, an ambitious goal for a group started by four men determined to remain independent from the Town of Cary, Wake County and the State of North Carolina.

But then came \$7,300 from the Governor's Highway Safety Program, \$1,000 from AMP, more money in donations and \$85 from Cub Scout Pack 210, money the scouts made selling doughnuts.

The only conflict for community funds, at the time, was the Cary High School band parents trying to raise money so the band students could go on a trip.

"We worked around it," said Lu Little, an early supporter.

Within five months, the organization had more than \$7,500 on hand and had accumulated assets of more than \$61,000 within eight months. Clearly the squad had the support of the Town of Cary and the town's residents.

By 1974, the Town of Cary was regularly contributing \$9,000 or more to the Squad, which maintained its volunteer status and ability to provide free service to the community with money coming from many sources, primarily fundraisers.

Arey Little recalled, "It was all volunteer. There were no charges for services."

But that too posed certain problems.

continued on page 105

November 1973, North Carolina Rescue News "SQUAD TOPS FUND GOAL"

An area-wide fund raising effort conducted by civic leaders and volunteer workers has exceeded the goal set for the Cary Area Rescue Squad, Chief Jerry Adams reported.

A fund raising committee led by Terry Hackney, manager of the Brown-Wynne Funeral Homes here, conducted the drive this summer in ... an effort to assure the Squad of adequate operational funds plus additional money with which to begin construction of a building for the all-volunteer organization.

The Squad presently uses a renovated house owned by the Town of Cary which is on the site of the new town hall and is scheduled for demolition. ...

Adams said he was "Gratified by the tremendous response shown by our citizens to our appeal and was tremendously impressed by the effort of Hackney and his staff of volunteers who conducted the independent appeal" ...



CARY, N. C. - September 19 - The driver of this tractor-trailer rig escaped serious injury when the load of building materials being carried shifted as the vehicle rounded a curve on U. S. 64 near here causing the rig to overturn. The Cary Area Rescue Squad transported the driver to Rex Hospital in Raleigh where he was treated and later released.

Squad Tops Fund Goal

An area-wide fund raising effort conducted by civic leaders and volunteer workers has exceeded the goal set for the Cary Area Rescue Squad Chief Jerry Adams reported.

A fund raising committee led by Terry Hackney, manager of the Brown-Wynne Funeral Homes here, conducted the drive this summer in ... an effort to assure the Squad of adequate operational funds plus additional money with which to begin construction of a building for the all-volunteer organization.

The Squad presently uses a renovated house owned by the Town of Cary which is on the site of the new town hall and is scheduled for demolition. The Squad hopes to begin construction before the end of this year on the new facility which will house the Squads two rescue ambulance units and future equipment as well as providing dormitory, office and meeting facilities.

Adams said he was "Gratified by the tremendous response shown by our citizens to our appeal and was tremendously impressed by the effort of

Hackney and his staff of volunteers who conducted the independent appeal"

W. Jerry Adams, Chief and President of the Cary Area Rescue Squad, Inc., announced appointments and elections of officers of the Rescue Organization following their recent annual meeting.

David Weaver, Assistant Chief and Vice-President, John Owen, 2nd Lt., Tom Brown, 2nd Lt., John Servis, 2nd Lt., and Walter Powell, 2nd Lt. as line officers, and Billy Henderson, Treas., Walter Powell, Secretary, Lee Gupton, Director, John Servis, Director, and Lee Sullivan Director comprising the Executive committee.

Committee chairman were also named at the meeting.

Oct. 31, 1973, *The Cary News*

The Cary Fire Department presented a check for \$500 to the Cary Area Rescue Squad Monday. Joel Eatman, fire department secretary; Jerry Adams, Rescue Squad chief; Robert Godbold, fire department secretary; Terry Edmondson, fire chief. The members of the fire department were honored Monday night at a steak supper at the Rescue Squad building.



CHECK PRESENTATION...The Cary Fire Department presented a check for \$500 to the Cary Area Rescue Squad Monday. Pictured are, from left, Joel Eatman, Fire Department Secretary; Jerry Adams, Rescue Squad chief; Robert Godbold, Fire Department secretary; Terry Edmondson, Fire Chief. The members of the Fire Department were honored Monday night at a steak supper at the Rescue Squad building.

Wanted: \$40,000

Cary Area Rescue Squad seeking contributions from citizens

For 33 Cary residents, helping save lives is a day-to-day reality. The victim might be a person trapped in a wrecked car or someone suffering a heart

attack. No matter what the emergency, members of the Cary Area Rescue Squad always are available to help. "We average about two calls each day," said Rescue Squad

Chief John Owen last week. "This figures out to be roughly 60 to 70 calls per month. We really are kept busy."

Beginning Monday, volun-

teers will be asking area residents to contribute money to help buy new equipment for the squad and repair present equipment.

The majority of the calls the

squad receives are for people who have suddenly become sick. The squad transports patients to Rex Hospital, Wake Medical Center and occasionally to Chapel Hill or Durham.

"We try to honor the patient's requests on the hospital where they are transported," Owen said. "It is so much easier if the patient is where the physician has his records."

Each day, although no one is on duty at the squad building on Medcon Dr., several members of the squad are on call. The rescue squad's emergency calls are dispatched by the central dispatcher at the Cary Town Hall. Each member on duty is equipped with a small pager which releases a beeping sound to alert the squad member about an emergency call.

"Several years ago, I figured we averaged about four minutes from the time we heard the emergency call to the time we were at the scene of the accident," Owen said.

Each night, several squad members are on duty at the building. Each member spends every five days, and members spend all day Saturday or all day Sunday there every five weeks.

"Each member of the Cary squad is required to complete an 80-hour course to become an emergency medical technician," Owen said. "Within six months, a member must be in the course or registered to take the course."

The squad building was constructed in 1974. Before that, the squad was located in a house on the site of the present

Cary Town Hall.

Six vehicles serve the Cary area from the squad building. Three ambulances are used regularly, and a van serves as a command post for the squad in an emergency situation. The van provides radio communications between members in case of a search call. The squad also has one crash unit and a chief's car. Owen said he pays for the gas and the minor repairs for the car.

The squad was organized in 1971 after concerned citizens saw the need for an emergency service in Cary.

"A boy was hit by a car in Cary several years ago," Owen said. "It took the ambulance 30 minutes to get to the accident. The boy was dead by that time. This experience shocked many people, and the need for a local rescue squad was realized."

The rescue squad, which is staffed by volunteers, is partially funded by the town and Wake County. Contributions also are received from persons served by the squad and others.

The squad hopes to raise \$40,000 in its drive which will end April 16. The drive is necessary to raise money to buy

new equipment and replace present equipment. Every several years, when operational funds dwindle, a steering committee of volunteers is formed to coordinate a fund drive, Owen said.

Capping off the fund drive week will be a two-day open house at the squad building, Saturday and Sunday, April 15 and 16 from 1 to 5 p.m. Tours will be conducted, free blood-pressure tests will be given, and free refreshments will be served. No fund raising will be done at the open house.

JANE FARMER PAIGE



photos by Jane Farmer Paige

Rescue squad members Dean Miuccio, Bill Stevenson and Edna Owen practice emergency medical training procedures on Dave McGeo, a squad member.



Bill Stevenson (center) explains the use of a Hurst tool designed to free passengers trapped in vehicles to Dean Miuccio and Edna Owen during a training session at the Cary Area Rescue Squad building last week.



APPRECIATION RECEPTION - Three canvassers for the rescue squad fundraising drive recently accepted punch and thanks from rescue squad auxiliary members at a reception June 6 in the squad building. Canvassers are, from

left, Jo Ann Hale, Sandra Weaver, and Mary Walker. To their left are auxiliary members Lou Little, Edna Owen, Debbie Bullock, Ellen Adams, and Peggy Ridout.

June 20, 1973, The Cary News
"APPRECIATION RECEPTION"

Three canvassers for the rescue squad fundraising drive recently accepted punch and thanks from rescue squad auxiliary members at a reception June 6 in the squad building. Canvassers are Jo Ann Hale, Sandra Weaver and Mary Walker. To their left are auxiliary members Lu Little, Edna Owen, Debbie Bullock, Ellen Adams and Peggy Ridout.

Rescue Unit Seeks Funds

CARY - Families in the Cary area will be asked to pledge \$28,600 to the Cary Area Rescue Squad during a June 3-10 fund-raising drive.

Each family in Cary, Morrisville, Swift Creek, and Medfield will be asked to give \$15 a year to the squad.

"The reason why we set up the drive on a pledge system is to give the rescue squad some basis for planning a budget for the coming year," said Terry Hackney, chairman of the drive.

The squad plans to use \$10,000 of the funds as a down payment on a new building, said Assistant Chief David L. Weaver.

The present rescue squad headquarters is an old house at 310 North Academy St., which will be replaced by a new town hall.

Weaver said the squad hopes to start construction of the new building by fall on a one-acre tract on Kildare Farm Road. The land was donated last year by Brice Jones of Cary.

The squad hopes to use \$7,000 of the funds to match a grant from the U. S. Civil Defense Agency to buy a crash truck with equipment specially designed for rescuing persons who are trapped in buildings or pinned by objects.

Another \$2,000 would be used to buy additional radio equipment.

The squad also hopes to use \$2,000 to cover operating expenses for the 1973-74 fiscal year.

Weaver said if the squad doesn't receive most of its goal, it will run out of operating funds within the next three or four months.

With 5,000 families living in the area, Hackney said he doesn't anticipate much problem in reaching the goal.

The rescue squad was organized in October 1971 by five members of the Cary Rural Fire Company with 25 charter volunteers, Weaver



Jim Bullock, left, and Norman Williams of Cary Area Rescue Squad

said. After receiving certification from the State Board of Health as ambulance attendants, the squad began answering calls last August. The squad now has 24 certified ambulance attendants and two ambulances. Through the Governor's Highway Safety Program, the squad got its first ambulance last August and its second in February. "Since we've been in service we have answered 222 emergency calls," said Weaver. "From the time we receive a call, we're usually on the scene within an average of four minutes." PAM JONES

June 3, 1973, Raleigh News & Observer
"RESCUE UNIT SEEKS FUNDS"

Families in the Cary area will be asked to pledge \$28,600 to the Cary Area Rescue Squad during a June 3-10 fund-raising drive.

Each family in Cary, Morrisville, Swift Creek, and Medfield will be asked to give \$15 a year to the squad.

"The reason why we set up the drive on a pledge system is to give the rescue squad some basis for planning a budget for the coming year," said Terry Hackney, chairman of the drive.

continued from page 103

He recalled one call in Morrisville, a sick baby.

"Turned out they had an appointment for a clinic. They called Cary Area Rescue Squad Taxi Service," Little said. "We were taken advantage of occasionally."

Still, one of the foundations of the men who founded Cary Area Rescue Squad was that they would provide service as long as the community provided the funds.

However, by 1991, according to Tom Modafferi, chief, "For 20 years, the individual donations made by members of our community were enough — though barely enough — to cover more than 50% of our annual operating budget." In the brochure, "Cary Area Rescue Squad: Celebrating 20 Years of Service," he said, "Today, rather than billing those who faithfully donated over the years to the rescue squad, we are asking for an annual minimum donation of \$40 to allow us to provide you and members of your family with emergency care and ambulance service at no other cost. When you compare \$40 to the \$255 base charge for a single ambulance trip, you can see the value of becoming a subscriber."

Cary was just following a trend.

According to an article by Wade Rawlins in the Raleigh News & Observer on June 10, 1991, "Squeezed by increasing numbers of calls and higher operating costs, five of the county's nine volunteer rescue squads are being forced to abandon the tradition of free ambulance service."

Leaders looked for other ways to stretch the dollars.

Arey Little recalled one time when he was looking over the bills as treasurer of the organization and saw a bill for someone cutting the grass.

"Why are we paying someone to cut the grass for a volunteer organization?" he asked.

continued on page 107

October 1975, *The Cary News*

"\$40,000 CAMPAIGN GOAL SET FOR RESCUE SQUAD"

Plans were made for the 1975 Cary Rescue Squad fund drive at a recent meeting of committee members. Sandra Blaine, Phil Warlick, Walter Powell, Terry Hackney, Herb Lacey, Bill Sears and Carolyn Warlack

"The funds will be used to meet obligations on their 6,000-square foot building and recently acquired vehicles and equipment."



PLANS WERE MADE for the 1975 Cary Rescue Squad fund drive at a recent meeting of committee members. Those shown discussing the plans are (left to right) Sandra Blaine, Phil Warlick, Walter Powell, Terry Hackney, Herb Lacey, Bill Sears and Carolyn Warlack.

\$40,000 Campaign Goal Set For Rescue Squad

Sunday, Oct. 26 through Sunday, Nov. 2 marks the official dates for the Cary-wide fund drive to benefit the Cary Area Rescue Squad.

The Rescue Squad is staffed by trained volunteers, who serve Cary and adjacent areas from their facility on Kildaire Farm Road.

The goal for the campaign is \$40,000. The funds will be

used to meet obligations on their 6,000 square foot building and recently acquired vehicles and equipment.

Committee chairman Terry Hackney asked Sandra Blaine and Carolyn Warlick to head residential canvassing, Bill Sears and Phil Warlick to head business canvassing, Walter Powell to handle

rescue squad to committee liaison, and Herb Lacey to head publicity.

The eight day campaign will end with a two-day open house on November 1 and 2.

Those wishing to participate should contact Terry Hackney, 467-7704, Carolyn Warlick, 467-6958 or Sandra Blaine at 467-1302.

Feb. 27, 1974, *The Cary News*

The woman's auxiliary of the VFW Post 7383 presented the Cary Area Rescue Squad with a check for \$100 last week. Pictured are Benny Ridout, Gary Young, John Servis, Judy Rea, treasurer of the auxiliary, and Bruce Walton.



Presents Check - The woman's auxiliary of the VFW Post 7383 presented the Cary Area Rescue Squad with a check for \$100 last week. Pictured are (left to right) Benny Ridout, Gary Young, John Servis, Judy Rea, treasurer of the auxiliary, and Bruce Walton.

Volunteers preparing for kickoff of rescue squad fund-raising drive



Ruth Law, chairman of the rescue squad fund drive, displays one of the bumper stickers which will be given to each family which contributes at least \$5. The squad presented a plaque to former town manager Charles Williams, Thursday in appreciation of the help he gave the squad while he was manager.

The day is fast approaching for the Cary Area Rescue Squad fund to be held April 10 through 15.

The rescue squad, staffed entirely by volunteers, is partially funded by the town and Wake County. There are also contributions from persons served by the squad and others. Publicity chairman Herb Lacey said, the funds aren't sufficient for buying new equipment and replacing existing equipment. Every several years, when operational funds reach the danger level, a steering committee of volunteers is formed to undertake a fund drive. Steering committee members aren't formal members of the squad, but are interested citizens in the Cary area.

The need now is for many more volunteer canvassers to

help in the fund drive. Every home, from Morrisville to Swift Creek, will be contacted for a contribution. The major organizational divisions will be the four election districts in Cary. Within the districts, the subdivisions will be headed by team captains. The actual canvassers will each be contacting just a few homes.

Canvassing will begin Monday, April 10 and should be completed by Friday, April 14.

Anyone interested in supporting the efforts of the rescue squad may contact the coordinator representing his election district. Coordinators are: District 1, Jan Truex, 467-6393; District 2, Sandy Bloch, 467-5008; District 3, Carol

Hylton, 467-9854; District 4, Ann Driscoll, 467-7253; Swift Creek, Bill Matheson, 362-7231; Medfield, Marion Moore, 851-0062. There is no co-ordinator for Morrisville at this time. Persons interested in helping in the Morrisville area may contact Ruth Law, 467-2833. Persons outside of those areas may contact the coordinator of

the nearest area. Capping off the fund drive week will be a two day open house at the rescue squad building, Saturday and Sunday, April 13 and 14 from 1 to 5 p.m. Tours will be conducted, free blood pressure tests will be given, and free refreshments will be served. No fund raising will be done at the open house.

March 29, 1978, *The Cary News*

"VOLUNTEERS PREPARING FOR KICKOFF OF RESCUE SQUAD FUND-RAISING DRIVE"

"The day is fast approaching for the Cary Area Rescue Squad fund (drive) to be held April 10 through 15."

Publicity chairman Herb Lacey, chair of the Rescue Squad fund drive Ruth Law; coordinators: Jan Truex, Sandy Bloch, Carol Hylton, Ann Driscoll, Bill Matheson, Marion Moore; and former town manager Charles Williams.

continued from page 105

He said he was told that the chief didn't want staff members going out on a call looking all sweaty.

Little said, "I'll cut the grass for \$25."

Six months later, Chief Eddie Wimberly told Arey, "The job is yours."

He's still cutting the grass in 2021.

Eventually, according to Marion Houle, Cary Area EMS raised more than \$250,000 a year in subscriptions, forcing Town of Cary officials to reconsider the subsidy from the town.

"Almost every year had a surplus," said Houle, who started with Cary Area EMS in 1991. "We did not need any subsidies from the county or the town."

Wake County later took over the subscription program, but the cost remained about the same: \$60.

The county promoted the service, saying, "For \$60 per year, you and all permanent residents of your household can receive emergency 9-1-1 ambulance service anywhere in Wake County as many times as needed. Your annual subscription fee relieves you of any direct costs of 9-1-1 ambulance service not paid by your insurance." Cary Area EMS received a portion of the funds from that subscription program.

By 2001, however, the financial situation started to change. Cary Area EMS had established a sizable reserve. Billing had moved to collecting from those who called EMS (or their insurance companies). Wake County officials used "the contract" as a way to exert influence over the rescue squads.

As Garland Tant, president of the Wake County Chiefs Association, wrote in a letter to Wake County Director of Public Safety John Rukavina on Sept. 4, 2001, "These contracts were not presented to us until the end of the fiscal year, leaving little time for negotiations. In the meantime, the county is holding up subsidy increases to each of the services for the current year, which puts a burden on our operations."

Tant said that, while the contract agencies valued the support from the county, "the service that these agencies provide to Wake County is immeasurable."

Further, he said, the agencies do it in a manner less expensive than the county.

"[T]here is no way that any government agency can run this kind of operation more efficiently than what has been demonstrated over the years by the volunteer squads. Furthermore, I submit to you that the standards of medical care provided by each of these squads is at least as high as the standards met by Wake County Emergency Medical Services and any other government-operated service."

Tant went on to detail how the contract agencies were hiring an attorney to counsel them in further negotiations with the county and how, in the future, they would be submitting draft budgets to the county rather than the other way around.

"[I]t is a disappointment that the volunteer EMS/Rescue services in Wake County have found it necessary to employ legal counsel ... to preserve the autonomy of the various departments and the right to operate and manage their own affairs subject to accepted standards of professional service."

While Cary's funding started with donations and eventually moved to subscriptions, the Squad was forced to start billing for calls. As the Wake County website said, those charges could range from \$150 to more than \$1,000 per call.

The final change in financing happened in 2011 when the county took over billing. Because Cary was a rather affluent area, the collection rate for calls in Cary/Morrisville was higher than average. The county wanted access to that money and the additional funds that Medicaid would provide to the governmental agency. At that point, Cary basically got an allowance from the county.

"We would get one-twelfth of the budget I proposed each month," Chief Steve Cohen recalled. ■

Behind the Scenes



Cary Sertoma
"SUMMER FLING"
Saturday, May 31, 1986
7:30 p.m. - 12:30 a.m.
McGregor Downs Country Club
Swimming Pool Area

LAS VEGAS STYLE CASINO
Raffles—Door Prizes—Dancing
FREE Hors d'oeuvres (7:30-8:30)

Music By
Joyce Hawley and the Rhythm Section

\$10.00 admission (includes \$5.00 in playing chips)

ALL PROCEEDS DONATED TO THE
CARY AREA RESCUE SQUAD

For Information Contact:
Ira Tucker 467-3800
Dave Federick 469-0422
Henry Unger 469-2664
Richard Donnelly 467-3555
or any member of Cary Sertoma Club

Printing Donated by Action Graphics, Inc., Garner, NC

MAY 5, 1986, BUSINESS MEETING

Roger Quinn of the Cary Sertoma Club started the meeting by discussing an upcoming club activity. Cary Sertoma "Summer Fling," scheduled for Saturday, May 31 at McGregor Downs Country Club, is a fund-raising event with all proceeds to be donated to the squad.

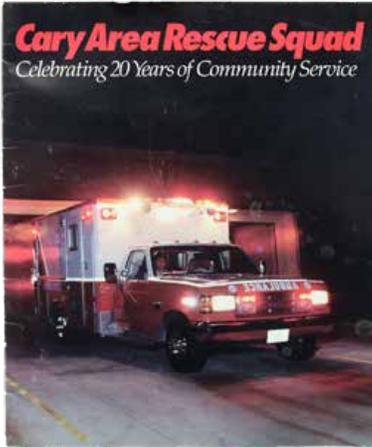
JUNE 2, 1986, BUSINESS MEETING

The chief discussed the 'Summer Fling' held by the Sertoma Club. 561 said some members attended and an ambulance was brought to the event to display some of the squad's equipment.

JULY 7 1986, BUSINESS MEETING

The Sertoma Club indicated that the squad would be getting a donation in the area of \$3,000.

Behind the Scenes

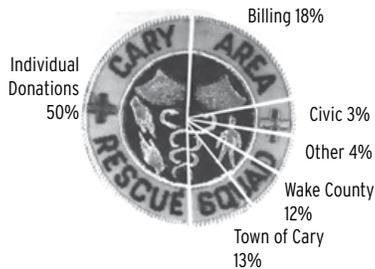


1991 BROCHURE

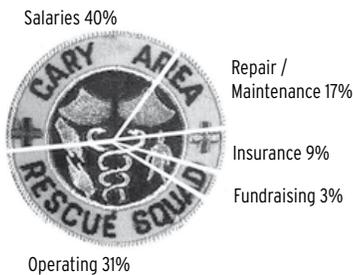
For 20 years, the volunteers of Cary Area Rescue Squad have answered calls for help whenever you found yourself, a loved one, or a friend in need of emergency medical care. These volunteers spend thousands of hours each year answering calls for assistance and attending training to ensure that you are provided with the best care available.

THE BUDGET

INCOME 1991



EXPENSES 1991



SOURCE: Cary Area Rescue Squad: Dedicated to Serve, 1992

SEPT. 26, 1971, CARY RESCUE SQUAD BOARD

Jerry Adams donated \$100 to the Committee for organization to be deposited in an account to be set up at Branch Bank & Trust in the name of the Committee.

SEPT. 30, 1971, CARY RESCUE SQUAD BOARD

Discussion of financial goals with suggestions of \$10,000, \$15,000, \$20,000 and \$40,000. Joe Hodges made a motion with John Owen second that the first year's financial goal be set at \$40,000. Approved by all present.

NOV. 29, 1971, CARY RESCUE SQUAD BOARD

Jerry Adams reported a \$1,000 donation from AMP, Inc. He also reported on the official start of the fundraising drive.

DEC. 12, 1971, CARY RESCUE SQUAD BOARD

Joe Hodges was elected treasurer of the board

First treasurer's report

On deposit.....	\$3,540.60
Expenses.....	\$52.03
Remaining.....	\$3,488.57

JAN. 13, 1972, TOWN OF CARY TOWN COUNCIL MINUTES

The Council next considered matters relating to the Cary Area Rescue Squad and authorized the application for available funds from the State for purchase of ambulance, erection of buildings, and payment of salaries. It was specifically understood that the town would not advance funds in behalf of the Rescue Squad or spend any tax money on these projects and that any potential grants would be accepted based upon: the availability of funds through the Cary Area Rescue Squad.

FEB. 7, 1972, CARY RESCUE SQUAD BOARD

Treasurer's report

Donations to date.....	\$7,588.47
Expenses.....	\$116.09
Net on hand.....	\$7,472.38
Committed to the ambulance.....	\$7,300.00
Net uncommitted.....	\$172.38

OCT. 2, 1972, CARY RESCUE SQUAD BOARD

Chief Adams announced the squad had been accepted into the N.C. Association of Rescue Squads. Assistant Chief Bob Webster announced that he accepted a check for the squad in the amount of \$85 from Cub Scout Pack 210. The Scouts made this selling donuts. A treasurer's report as of Aug. 31, 1972 was \$5,833.52. This was accepted as read. A motion was made by John Owen to charge 10¢ per cup for coffee. Seconded by John Servis. Motion passed.

MAY 1973, BROCHURE

Thus far our volunteer Rescue Squad has received an income of only \$27,313.78 in donations. From this amount of money, our Rescue Squad has provided our community with the services of two rescue vehicles and has acquired accumulated assets of approximately \$61,100.

Anticipated operational, equipment and facilities expenses for the coming year are estimated to be \$28,600.

JULY 22, 1974, CARY AREA RESCUE SQUAD MEETING

Powell noted that the Squad had spent money a little too freely in the past and cautioned the membership about unnecessary spending. Asked that all members to consider ways to cut spending and to consider what would be needed this coming year.

JULY 27, 1974, TOWN OF CARY TOWN COUNCIL, MINUTES

Tom Griffis requested that the Rescue Squad be given more than is in their budget. Councilman Secret asked that this item be left open until after the 73-74 audit to see if there will be any surplus funds.

10-635-00 Rescue Squad.....\$9,000

For comparison, the Cary Fire Department was allocated \$182,434 that same year (74-75).

JUNE 30, 1975, TOWN OF CARY TOWN COUNCIL MINUTES

635Rescue Squad.....\$10,000

Wake weighs costs, need for paramedics

By WADE RAWLINS
Staff writer

As Wake County grows more urban, another vestige of its rural past seems ready to change. Squeezed by increasing numbers of calls and higher operating costs, five of the county's nine volunteer rescue squads are being forced to abandon the tradition of free ambulance service.

For County Manager Richard Y. Stevens, the move to a fee-

based service offers the opportunity to reorganize and improve the way rescue squads operate. "We may go to something like the county offering paramedic service and the squads continuing to provide rescue service," Mr. Stevens said. "But clearly, the program is evolving. It's indicative of the county having become more urbanized."

Mr. Stevens said the 10 county rescue squads needed staff paramedics. He said that would allow countywide emergency service

beyond basic first aid and hospital transportation.

Wake EMS, the county-operated ambulance service based in Raleigh, has had paramedics since 1983. In 1986, the private volunteer squads in Cary, Garner and the Six Forks area added the service.

Paramedics, trained to provide the highest level of non-physician emergency medical care, undergo 1,000 hours of training and are qualified to diagnose heart irregularities, administer some drugs and treat head and chest injuries.

The county's other six squads are staffed with emergency medical technicians who have had 160 hours of training and can provide first aid to control bleeding, splint broken bones, treat allergic reactions and give injections to diabetics in shock.

"If you live in Cary, Garner, Raleigh or Six Forks and you are in need of heart shock and a paramedic is given orders to administer heart shock, you can get it," Mr. Stevens said. "If you live in any other area of the

county, you can't get it or any other procedure that is authorized for paramedics to do."

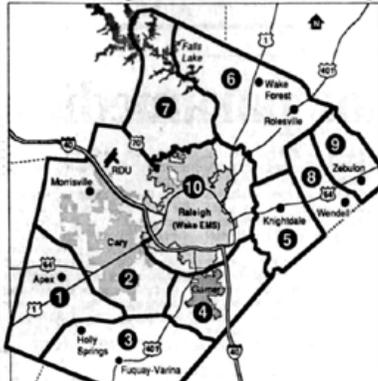
Countywide, about 20 percent of the calls could benefit from a paramedic. "That 20 percent is the most critical," said Gerald Y. Brown, the county EMS director.

"They're the ones that you can make the most difference with."

Last year, a citizens' committee recommended that the county place paramedics at all rescue

See PARAMEDIC, page 2B

Rescue squads in Wake County



Rescue squad	Basic transport	Advanced life support	Member-ship fee	1990 calls
1. Apex Rescue Squad	\$ 75	\$150	\$35	1,021
2. Cary Rescue Squad	\$255	\$295	\$40	2,100
3. Fuquay-Varina Rescue	none	none	none	n/a
4. Garner EMS and Rescue	\$148	\$208	\$45	2,000
5. Knightdale Rescue	\$148	\$178	\$35	1,000
6. Northern Wake Rescue and EMS	\$148	\$178	\$35	1,400
7. Six Forks Rescue	none	none	none	1,300
8. Wendell Rescue Squad	none	none	none	952
9. Zebulon Area Rescue	none	none	none	1,100
10. Wake EMS	\$148	\$208	none	17,000

The News and Observer

Paramedic need, costs in balance

Continued from page 1B

squads for three years to provide uniform service. The cost was \$500,000 for nine paramedics and their supplies.

But rescue squad officials are concerned that placing paramedics with the squads and billing for services would hurt their fundraising drives and relegate volunteer emergency medical technicians to less fulfilling work.

"If you put a paramedic in the Knightdale Rescue Squad, some of the people have the opinion that the existing people in the rescue squad will only be drivers," said Robert C. Couick, president of Wake Rescue Chiefs Association and chief of the Knightdale squad.

"We have guys who have been in this business 10 or 15 years and who have worked hard to obtain a certain level of care. They don't want to all of a sudden be the driver."

County officials had hoped to place nine paramedics in three additional squads this year, but budget constraints prompted Mr. Stevens to recommend only three paramedics to staff the squad at Fuquay-Varina. The Fuquay squad was dissolved after a financial scandal, and Wake EMS is

"The citizens are looking for a higher level of service. To do that as a volunteer is a very difficult proposition."

— Richard Y. Stevens,
Wake County manager

servicing the area while a new squad is formed. Fuquay-Varina will be the model for the county-wide paramedic service. Mr. Brown said.

Rescue squad chiefs agree that paramedic-level service is needed, but they prefer that the county make enough money available for the squads to hire their own paramedics. The county gives the squads with paramedics \$45,000 a year, and the other squads \$44,000. But that does not begin to cover the cost of the service.

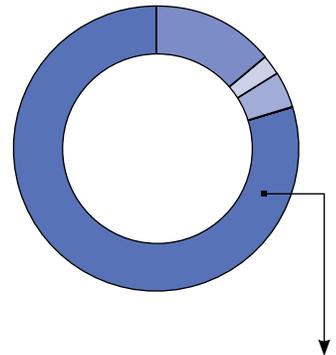
"We all have certain egos and pride we take in our organizations," Mr. Couick said. "We would prefer to provide everything. But no question, we all believe there needs to be county-wide paramedic-level service. The question is who is going to pay for it."

Mr. Stevens said the need to place nine paramedics the same level of service outweighed the desires of the squads to maintain their autonomy.

"The citizens are looking for a higher level of service," he said. "To do that as a volunteer is a very difficult proposition."

Behind the Scenes

THE BUDGET



97.5% of the Cary Area EMS budgeted income came from Wake County funding

INCOME 2019-2020

Wake County funding	\$3,928,322
Special events	\$70,500
Sale of assets	\$21,000
Contributions	\$11,000
Miscellaneous	\$250
Total	\$4,031,072

As reported in the 2022 Fiscal Year Recommended Budget submitted by David Ellis, manager Wake County:

"Emergency Medical Services Fees and Charges

"The Emergency Medical Services Department provides emergency medical services throughout Wake County. This includes ambulance user fees based on established Medicare rates. In FY 2022, the department expects to receive \$21.53 million in ambulance fees, in line with the prior year's budget.

"In addition to billing, EMS offers a subscription fee to Wake County residents that relieves the direct cost of 911 ambulance service not paid by insurance. In FY 2022, the department expects to receive \$1.18 million in subscription revenue.

"Emergency Medical Services provides coverage at public events each year. These special event fee total \$175,000 in FY 2022 which is a 50% decrease compared to the prior year budget and is the result of an anticipated decrease in special events due to COVID-19. In total, the Emergency Medical Services department revenues are budgeted at \$26.04 million."

"Based on the budget I submitted. We received one-twelfth of that each month as our subsidy."

AUG. 7, 2021, FORMER CHIEF STEVE COHEN EMAIL

AUG. 7, 2021, FORMER CHIEF STEVE COHEN EMAIL

"Based on the budget I submitted. We received one-twelfth of that each month as our subsidy."

June 10, 1991, Raleigh News & Observer

JUNE 24, 1976, TOWN OF CARY TOWN COUNCIL MINUTES

10-635 Rescue Squad.....\$10,000

OCT. 23, 1975, MEMO TO TOWN OF CARY FROM ERNEST BALL

An Ordinance Amending Budget Ordinance of Town of Cary.

WHEREAS, the Town Council desires to grant the request of the Rescue Squad for funds to pay their portion of street improvements, and

WHEREAS, there exist in the Contingency Account of the General Fund amounts sufficient for this purpose.

NOW, THEREFORE, BE IT ORDAINED by the Town Council of the Town of Cary: There is hereby transferred from Account 10-415-98, the contingency account in the General Fund, to account 10-635-91, Rescue Squad, the sum of \$1133.22 for payment of the curbing and guttering assessment.

1975-1976 Wake County Rescue Squad Commission: \$4,200 (out of \$230,123)

1976-1977 Wake County Rescue Squad Commission: \$12,000 (out of \$114,792)

MAY 12, 1977, TOWN OF CARY TOWN COUNCIL MINUTES

Clean up week in Cary has just passed and about 100 people participated in the event. Councilman Ritter expressed his and the council's appreciation for the work done by the groups under the supervision of Sherri Jamison, Dennis Drehmel, and Efrain Zambrana; the donation of trash bags by Mr. Larry Burt; and town crews for pick up and disposal of trash. The contests were judged by Mrs. Daphne Ashworth and Mr. Harold Blackley. 1st prize of \$100 went to the White Plains Methodist Church, 2nd prize of \$75 went to Cadet Girl Scout Troop #416 under the leadership of Mrs. Ruth Washman. The money received by this troop is to be used to buy six books in the names of the six girls participating and donated to the Cary Library. Any funds left over will go to the Cary Rescue Squad. Third prize of \$50 went to Cary Alliance Church. Trader's Den and Cary Billiard Sales were given winner's certificates for their work on improvements to businesses.

Cary rescue squad hopes for 22 percent return on its subscription drive

By ANNE DOGGETT
Staff writer

CARY — The Cary Area Rescue Squad Inc. is again trying to raise money by soliciting memberships from all 24,800 households in its district.

Last year's campaign, the squad's first, generated more than half the squad's \$360,000 budget. Donations and appropriations from Cary and Wake County supplied the rest.

Orange booklets, which should appear in mailboxes by Oct. 1, contain membership applications. The \$40 memberships guarantee free ambulance and rescue service for a year to those who live at subscribing homes in the department's 60.4-square-mile coverage area. The squad serves 65,000 residents who generate 2,000 ambulance calls each year.

"We hope we get about 22 percent back," said Mark Gallick, assistant chief for the Cary Area Rescue Squad Inc. "If we have the money up front, then we're not so strapped wondering what we can and what we can't do."

For 19 years the rescue squad operated entirely on donations from individuals, the town and the county, Gallick said. It also receives \$50,000 each from Cary and

For information

Residents in the Cary Area Rescue Squad service area who do not receive a booklet and membership application should call 467-1116.

Wake County. But last year, "it got to a point that donations were so far down that we had to do something."

The squad became one of a growing number in Wake County to solicit memberships.

Gallick said he saw many membership booklets in the trash bins at the post offices last year. But 20 percent of the people who received the information paid for memberships, contributing \$200,000 for fiscal year 1991-92.

"We are in the black, thank goodness," Gallick said. "If it was not for the subscription drive last year, we would have been gone last year."

This fiscal year the squad's budgeted is about \$440,000. The increase reflects the hiring of the department's first full-time chief, payments on a new truck and

needed maintenance on its three other trucks.

Subscriptions also help the department, because only 52 percent of the people it serves ever pay their bills. One reason that many insurance companies will say the ambulance service was not for an emergency, so the client must pay. But many patients do not, Gallick said.

Those who do not pay for memberships must pay \$70 when an ambulance responds to a call, even if the patient refuses transportation; \$255 for basic life support and transportation to the hospital; \$295 for advanced life support; and \$365 for cardiac arrest.

"If we have a good amount of money come back, we can start putting money aside, if there is enough," Gallick said.

He would like to save money for a new roof on the station on Medcon Court, a second station and, "more than anything else, we need more people," Gallick said. "We need employees."

The department has four full-time paramedics, a chief and a part-time billing clerk/secretary. It has a roster of 40 volunteer emergency medical technicians and paramedics. "We're saving hundreds of thousands of dollars by doing that," Gallick said.

The Raleigh News & Observer, Sept. 24, 1992

"Cary rescue squad hopes for 22 percent return on its subscription drive" by Anne Doggett

The Cary Area Rescue Squad is again trying to raise money by soliciting membership from all 24,800 households in its district. Last year's campaign, the squad's first, generated more than half the squad's \$360,000 budget. Donations and appropriations from Cary and Wake County supplied the rest.

Behind the Scenes



Deborah Stein, Roy Howell from Apex EMS



Suzy and John Barile



Shannon and Wes Wright



Carolee and Larry West

JULY 18, 1988, ANNUAL MEETING

Bob Annunziata discussed the previous year. The supplement from the town increased from \$28,000 to \$55,000.

AUG. 28, 1989, CARY AREA RESCUE SQUAD BOARD OF DIRECTORS

Arey Little reviewed the squad's monetary status and expressed budget concerns. He reviewed monthly income and expenses and reported that the squad is very short on funds. He reported that we receive \$8000 from the city and county each month. This will only cover the payroll and that available funds will only see the squad through until October. The group was advised that all buying has been put on hold.

JAN. 11, 1990, TOWN OF CARY TOWN COUNCIL

Donations from Cary's Lazy Daze Committee: Mr. Steve Boles, chairman of the 1989 Lazy Daze Committee, presented the following civic clubs and organizations with checks from the 1989 Lazy Daze Festival held annually in Cary:

Cary Rescue Squad \$1,000

JUNE 4, 1990 CARY BUSINESS MEETING

The city and county budgets have been announced. The Squad will be receiving \$46,000 from the county (\$43,000 was received last year) and \$55,000 from the Town of Cary. We requested \$75,000 from the town. The town has announced an option to provide the Squad with an additional \$10,000 later in the year.

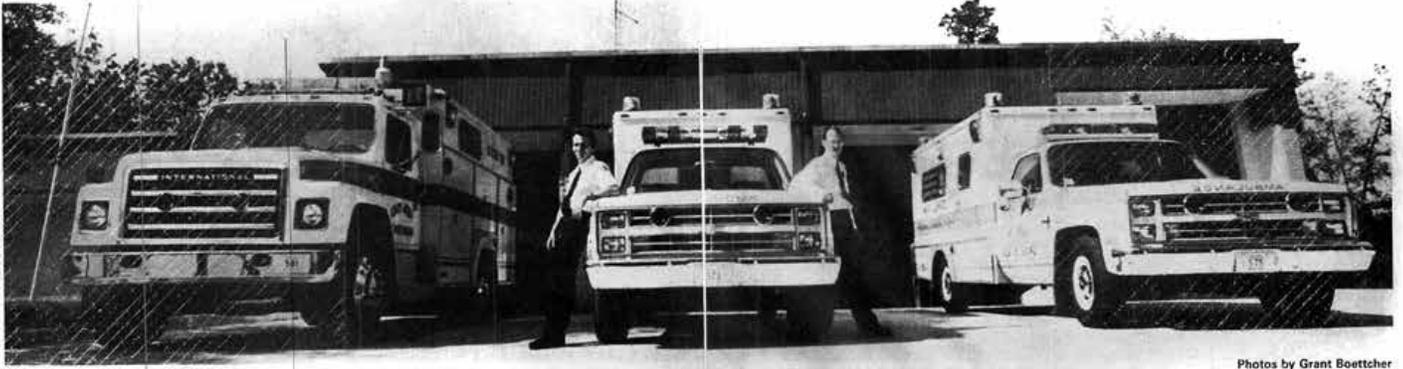
AUG. 6, 1990, CARY AREA RESCUE SQUAD BUSINESS MEETING

Bob A. and Jon Olson met with Razor and Razor. The firm had committed a sizable allotment of time for the fund drive. The goal for the mailing is Monday, Sept. 17, the beginning of National EMS Week. This year's goal is \$200,000. Tom Maynard's sister, Suzy, has returned to *The Cary News* and she has volunteered to obtain extra Cary News coverage of the fund drive. Arey Little advised that the area Rotary Clubs and several senior citizen clubs are willing to help in any way with the fund drive.

Olson brought up the idea of a subscription service if the fund drive falls short. Tentative ideas are to use the returned cards from the fund drive as retroactive payment.

NOV. 2, 1990, CARY RESCUE SQUAD BOARD OF DIRECTORS

Jon Olson updated the group on the progress of the fund drive. The present money received is



Photos by Grant Boettcher

Cary Area Rescue Squad personnel Wallace Piper, left, and Bart Lineback show off two CARS ambulances and the crash truck, left, equipped with spotlights for night rescue operations.

Rescue: Literally a matter of life and death

By SUZY BRETT
Staff Writer

For years, Wiley and Margaret Gouge made an annual donation to the Cary Area Rescue Squad. They have vivid memories of the two times they had to call CARS to their Sturdivant Drive home—once when Mrs. Gouge was ill, the other when her husband had a heart attack. "They were very efficient, very cooperative with her, and

they took me to the hospital and I found them to be very efficient and very concerned," said Gouge.

When the couple retired to Wildwood, Fla., four years ago, their financial support to CARS did not end. As former contributors, they received the annual fund-raising brochure and faithfully sent their donation.

"This year, it slipped by me, but when I read in *The Cary*

News they hadn't made enough, I sent a check right away," said the former N.C. State University director of concessions. "I'd like to send more, but we're on a fixed income now."

Donations from former Cary residents are not unusual, said Chief R.V. (Bob) Annunziata. They cannot, however, sustain CARS when the number of calls answered continues to increase 15 to 20 percent annually, and

equipment costs are skyrocketing, he said.

For the past three years, the fundraising goal has been \$100,000—it has not been met in those three years.

"Part of the problem is people move to Cary from places where rescue squad services are paid for when used, or funded primarily from tax money," said Annunziata. "They don't understand how we operate in North

Carolina and take it for granted the service is there."

The North Carolina General Assembly requests county government to provide emergency medical service (EMS), but does not require counties to provide the service, said Wake County EMS coordinator Gerald Brown.

"The commissioners in every county can elect which way they want to go," said Brown. "They

can provide it totally, utilize volunteers or subcontract it out."

Wake County has an EMS service which operates in the areas not served by one of the county's nine predominantly volunteer rescue squads.

"As long as the squads can provide adequate response, good treatment and transport

See RESCUE, page 2B

May 4, 1988, *The Cary News* "RESCUE: LITERALLY A MATTER OF LIFE AND DEATH" by Suzy Brett

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Rescue

From 1B
2B—The Cary News, Cary, N.C. Wednesday, May 4, 1988

people to the hospital, that's the most cost efficient way to go," said Brown. "Using volunteers doesn't require carrying the costs of staffing. The payroll is the most burdensome part of providing rescue services."

About 75 percent of North Carolina's 506 EMS squads are all-volunteer and the rest are either all-paid or volunteers supplemented by paid personnel—CARS.

Gordon Joyner, N.C. Association of EMS and Rescue Squads, Inc. director, estimates it would cost taxpayers \$382 million a year if emergency medical services were handled by full-time, paid providers.

An example of that higher cost is the service offered in Joyner's home—Wayne County. "There are fully paid departments budgeting \$1.3 to 2 million a year to pay over the same number of calls Wayne County's volunteers are answering for \$120,000 a year," Joyner said.

At the same time the number of EMS calls throughout the state is increasing—between 15 and 20 percent annually—the cost of equipment is skyrocketing, with the average ambulance increasing in price from \$15,000 several years ago to \$45,000-\$50,000 today, Joyner said.

Despite that and costly implementation, EMS providers—especially volunteer units—continue to upgrade with such programs as 24-hour paramedic services, the highest level of pre-hospital service available.

Paramedic candidates must 270 hours in at least 200 hours of clinical training, including work in the emergency room and delivery, operating room and intensive care. Then come written and practical examinations administered at the county and state level, field work (precepting) with certified paramedics, and approval by the N.C. Board of Medical Examiners.

After the training, ambulances must be specially equipped with mobile radios enabling the paramedic to transmit EKG (electrocardiogram) results to the hospital and to converse with the emergency room doctor on the status of a patient.

Also needed on board ambulances are the 14 different drugs which may be administered by a paramedic, tubes which are inserted into a patient's trachea, and special defibrillators (shocks) which can be used on a cardiac arrest patient.

Only 10 volunteer rescue squads in North Carolina offer paramedic service—three in Wake County. CARS was first followed by Six Forks and Garner.

"The people in Cary want the best, and will get the best," Annunziata said of the decision to offer paramedic service on an all or none at all basis. The members wanted to be able to have a paramedic on every first-duty call every day, 24 hours a day.

Wake County financed the outfitting of the two paramedic ambulances. The Town of Cary agreed to provide additional funding so three full-time paramedics could be hired, and CARS members proceeded with the time-consuming training.

Annunziata said Cary wanted to make sure CARS justified its expenditures, but never questioned CARS's desire to move forward.

CARS has long had a history of being first in the service it provides, he said, and was recognized last month as 1988 Outstanding EMS Provider by the Triangle J Council of Governments.

Today, 186 CARS membership is 80—six of them women. Three paid paramedics work 24-hour shifts, while a paid EMT works 7 a.m. to 6 p.m. Monday through Friday.

By early 1989, Annunziata would like to see two paid crews working simultaneously, so CARS can guarantee paramedics on the first and second-duty calls. He also knows that Cary is growing so dramatically in size the time is nearing when a second CARS building will be needed.

Funding will be a key. The possibility of going to a tax district—similar to the tax districts used by volunteer fire departments—was discussed earlier this year, but pitfalls exist. While Wake commissioners may impose a county tax, it doesn't have to be accepted by all municipalities served by the squad. Annunziata doesn't think the towns of Cary and Morrisville would turn their backs on CARS, but there's the "big" question: How can a district which would have to accept the implementation of the tax benefit CARS?

If every resident in CARS' district didn't contribute, as would be the case with the tax district, it wouldn't be worth going that route, he said.

Finding a way to reach every area resident and increase contributions seems to be the route CARS must take to increase its budget without the tax.

Public service announcements, advertising, fundraising brochures and staying in the public eye are important aspects of reaching the residents of the service district which extends from Interstate 40 to the beltline, down to Apex, along N.C. 55 and over to RDU.

The resurrection of the Junior Rescue Squad is under way, and Annunziata hopes to get into the high schools and let potential members begin their training before their 18th birthday, the state-required age for being a certified EMT.

"We'd have them come up to the building one or two times a week, although they wouldn't sleep there because we don't want it to interfere with school," Annunziata said. "After they met certain criteria, they would be permitted to ride on calls as an observer."

The goal is to gain new membership and maintain the high profile CARS has in the county and throughout the state.

"We've seen a stable squad, probably because so many of our members have been around for so long," Annunziata said.

Fifteen year members include Little and Bruce Walton, while assistant chief Richard Whitcomb has been a member 11 years, and Mike Weiss for 11

years. Richard E. Henry and Don Hurbit have been members five to six years, as has Robert H. Sik, one of the few volunteers who has completed the paramedic training.

"We have a core of good people," said Annunziata. "And they're here because they want to be. We have people coming from outside our service area because of our reputation, our stability and our paramedic status. They want to be included in it."

Another way to reach the community's residents is by participating in community events, something CARS has done for years.

"We're always at Cary Band Day, Lazy Day, the Cary Road Race, football and basketball games," said the chief. "We're also on standby at NCSU football games. It's related by all the rescue squads, and we work at the (N.C. State) fair."

CARS members are available to speak in the classroom, at scout meetings and safety seminars.

And the First Responder Program is under way with area volunteer fire departments YRAC, Morrisville and Fairgrounds.

First Responders are trained by CARS members in basic first aid, and often are dispatched if there will be a delay in CARS arriving at the scene of a call.

"Even if we have paramedics on duty, if they can't be on the scene in four to six minutes, that's not much good if the injury is life threatening," said Annunziata. "There are many places in our service district we must get to in four to six minutes."

If after three minutes of the first rescue alarm a CARS crew has not acknowledged it is on the way to the scene, the First Responders are sent to begin administering aid.

With Cary firefighters—who have always been trained as EMTs—mutual aid now is automatic.

"If used to be the rescue squad would ask our firefighters to be dispatched," said Chief Ned Perry. "Now when the call comes in, according to certain criteria, the dispatcher makes the decision."

"In many instances, they will be dispatched a lot sooner." The EMT-trained firefighters work hand in hand with CARS's members, beginning treatment on the patient and monitoring that treatment and information once CARS's people arrive.

"We're ultimately responsible," said Annunziata. "But, it's not like we throw them out of the way. We're trained at a higher level so we step in and continue the treatment."

significantly below last year's figures. Concerns were expressed over the mailing list used and the labeling of the envelopes mailed. Jon advised he was drafting a letter for the newspaper and would be meeting with Suzy Brett of *The Cary News* to discuss increasing the exposure.

MARCH 28, 1991, TOWN OF CARY TOWN COUNCIL

Mr. Duncan advised of a 911 flashing light to be used when emergency vehicles are called. He noted that the Board of Directors of the Cary Rescue Squad favors a fund raiser to sell this item. He noted he will contact numerous Civic Clubs and ask for their help in selling the lights to help the Rescue Squad.

DEC. 12, 1991, TOWN OF CARY TOWN COUNCIL MINUTES

Lazy Daze Donations and Arts & Humanities Award: Mr. Mingis announced the following contributions, totaling \$11,050, from proceeds of the 15th Annual Lazy Daze Festival:

Cary Area Rescue Squad\$1,000

SEPT. 24, 1992, THE RALEIGH NEWS & OBSERVER

"Cary Rescue Squad Hopes For 22 Percent Return On Its Subscription Drive" by Anne Doggett:

The Cary Area Rescue Squad is again trying to raise money by soliciting membership from all 24,800 households in its district. Last year's campaign, the squad's first, generated more than half the squad's \$360,000 budget. Donations and appropriations from Cary and Wake County supplied the rest. ...

"We hope to get about 22% back," said Mark Gallick, assistant chief for the Cary Area Rescue Squad Inc. "If we have the money up front, then we're not so strapped wondering what we can and what we can't do."

For 19 years the rescue squad operated entirely on donations from individuals, the town and the county, Gallick said. It also receives \$50,000 each from Cary and Wake County. But last year, "it got to a point that donations were so far down that we had to do something."

The squad became one of a growing number in Wake County to solicit memberships.

JUNE 10, 1993, TOWN OF CARY TOWN COUNCIL MINUTES

Mr. Eddie Wimberly, Chief of the Cary Rescue Squad, came forward. He thanked Council for their support. He requested that the appropriated funds be increased by \$5,000 for fiscal year 1993-94 over what was allocated for fiscal year 1992-93. The rescue squad is experiencing a 15-18 percent increase in call volume, the vast majority of which is tied directly to the Town of Cary. The rescue squad is adding personnel as of July 1, 1993, which will enable them to provide paramedics on second out calls as well as first out calls. He stated that worker's compensation has increased from \$14,000 to \$38,000 per year. The rescue squad feels that these factors necessitate a \$5,000 increase in funding from the Town of Cary. In regard to accountability, the rescue squad has installed a purchase order system and inventory control system. They are the first and only rescue squad in Wake County that completely audits their books. They have also elected outside Board members from the community who have direct input into budget matters.

ACTION: Dr. Brooks made motion to allocate \$5,000 over and above the current allocation to the rescue squad. Ms. McLaurin provided the second, and Council unanimously approved this additional allocation.

NOV. 1, 1993, CARY EMS BUSINESS MEETING

Chief Wimberly noted we had mailed out reminder cards and they had grossed \$14.9K on the mailing of the reminders. Wimberly said the county is not collecting any where near the amount of that we had been collecting in years past. Wimberly noted that we would approach the county to recoup the funds that we were coming up short.

NOV. 10, 1993, TOWN OF CARY TOWN COUNCIL MINUTES

Lazy Daze Donations: Ms. McLaurin recognized the Lazy Daze Committee members present at the meeting. She stated the \$19,300 earned at Lazy Daze will be distributed as follows:

The Cary Area Rescue Squad\$1,500

MARCH 29, 1994, CARY EMS BOARD

Eddie brought up the 1994-1995 budget. He will have this budget to attach to the minutes of this meeting. We will vote on this budget in the May or June meeting. Bob Heater mentioned that he wanted to always have a 5 year budget, with a 10 year proposed budget, to foresee any large ticket items.

MAY 26, 1994, TOWN OF CARY TOWN COUNCIL MINUTES

Finance/Personnel Committee Consent Agenda (05/19/94)

Cary Rescue Squad Utility Billing (FN94-028): Committee unanimously recommended denial of waiver to exempt the Cary Rescue Squad from paying for water, sewer and solid waste services beginning July 1, 1994.

Ms. Sparrow stated the rescue squad director stated he understands the committee's decision to deny the request to exempt them from paying for water, sewer and solid waste services. They are, however, asking for an irrigation type meter since most of their work is maintenance related. Mr. Godbold stated the



1985 flyer



1986 flyer

agreement made with the rescue squad was made because the town was using their well. He stated he does not understand why the town would give them \$60,000 and then bill them for water. He stated the town's Police Department utilizes the rescue squad's water often to wash their cars. He stated if the town starts billing for the water, then the Police Department will have to make other arrangements.

Dr. Brooks stated when there is no water fee, there is no concern about conservation. He stated he is not sure why the Police Department is washing town vehicles there, because they could wash them at the public works facility. Mr. Westbrook, town manager, stated he is not familiar with the Police Department washing cars at the rescue squad facility. He stated they have a contract with an automatic facility. He stated this may have happened in the past, but he is not sure it is happening now. Mr. Godbold responded that he was told this by a rescue squad member. Mrs. Mills, Finance Director, came forward and stated the charge to the rescue squad would be approximately \$1,000 per year.

ACTION: Mrs. Sparrow made a motion to follow the committee's recommendation and deny the waiver. Dr. Brooks provided the second. Mr. Godbold voted "no," and all other Council Members voted "aye." The motion passed by majority vote.

Following executive session, Mrs. Sparrow stated that the rescue squad has requested that the town allow them to have an irrigation-type meter installed so they will not have to pay sewage charges on the water used outside. She noted this type of meter costs approximately \$300, and the rescue squad would be required to pay for this meter.

Mr. Burton asked Mr. Westbrook to instruct the Police Department not to wash police cars at the rescue squad facility. Mr. Westbrook responded that he does not think this is being done.

ACTION: Mrs. Sparrow made a motion to permit the rescue squad to use an irrigation-type meter so they will be relieved of the sewage charges for water used outside the facility. She noted the rescue squad would be required to purchase this meter. Mr. Godbold provided the second, and Council unanimously approved this motion.

JAN. 12, 1995, TOWN OF CARY TOWN COUNCIL MINUTES

1994 Lazy Daze Donations.

The following donations were recognized:

Cary Area Rescue Squad Donation \$1,000

DEC. 14, 1995, TOWN OF CARY TOWN COUNCIL MINUTES

Recognition of Lazy Daze Donations

Ms. McLaurin recognized the Lazy Daze donations for 1995 as follows:

Rescue Squad \$1,500

JUNE 12, 1997, TOWN OF CARY TOWN COUNCIL MINUTES

Public input regarding the Fiscal Year 1998 Budget.

Mr. Fred Toms, 103A Kilmayne Drive, Cary, stated he is a member of the Board of Directors of the Cary Area Emergency Medical Services (EMS). He stated he reads in the newspaper that Town of Cary funding is proposed to be eliminated for their service. He urged Council not to do this. He stated 1.5 years ago an agreement was made between Cary EMS and the Cary Fire Department to transfer rescue services to the fire department. He stated the rescue squad then changed their name to Cary Area EMS.

He stated in FY 94-95 and FY 95-96, the EMS answered 5,670 calls, of which 229 calls were for rescue services. He stated only 23 of the 229 rescue service calls actually involved someone being so entrapped that special rescue equipment was required for extraction. He stated those 23 extractions comprise 4/10 of 1% of the operation of the rescue squad. He stated more than 5,600 calls were medical service and medical transport calls. He stated the focus has been toward emergency medical service and not rescues, since the fire department is more qualified for this. He stated there has been great expansion in the services provided by EMS, and they are about to expand services again. He stated they are now running two ambulances 24 hours per day, and in the next FY they plan to add a third ambulance during peak traffic hours. He stated they are headed toward three full-time ambulances.

Mayor Koka Booth asked if someone lives in the Cary confines but not the Cary town limits, what the level of service will be for these people as compared to Cary citizens. Mr. Toms stated he does not feel there would be any difference in service. Mayor Booth stated Cary residents also live in Wake County.

Bill Coleman, town manager, stated over the past few years a substantial part of the EMS workload is done by the fire department. He stated to provide effective rescue service, the fire department must be staffed, equipped and trained, and Cary's investment in these programs over the past three years is one-quarter of a million dollars. He stated between 44-50% of calls answered by the fire department annually are for first responder EMS calls. His opinion and the fire department's opinion is that the fire department is effective in providing this service. He stated in the past the town has provided a \$60,000 subsidy to EMS for their services, which does not solely serve citizens in the city limits of Cary. He stated this money provides services for county residents as well. He stated other municipalities do not provide money for this, and it is fully funded by the county. Mr. Coleman stated without an increase in the level of service for the citizens of the Town of Cary, this subsidy makes no sense. He added that Raleigh does not subsidize Wake County EMS.

BUDGETED EXPENDITURES

1970.....	n/a
1971.....	n/a
1972.....	n/a
1973.....	\$21,179
1974.....	n/a
1975.....	n/a
1976.....	n/a
1977.....	\$42,515
1978.....	n/a
1979.....	n/a
1980.....	\$50,000
1981.....	n/a
1982.....	n/a
1983.....	n/a
1984.....	n/a
1985.....	n/a
1986.....	\$176,000
1987.....	\$120,000
1988.....	\$239,405
1989.....	\$280,556
1990.....	n/a
1991.....	\$277,406
1992.....	n/a
1993.....	n/a
1994.....	n/a
1995.....	\$654,985
1996.....	\$676,200
1997.....	\$681,316
1998.....	\$786,000
1999.....	\$794,310
2000.....	\$793,150
2001.....	\$850,700
2002.....	\$1,049,129
2003.....	\$1,175,600
2004.....	\$1,200,000
2005.....	\$1,272,581
2006.....	\$1,569,973
2007.....	\$1,760,734
2008.....	\$1,924,772
2009.....	\$1,922,218
2010.....	\$2,322,085
2011.....	\$2,354,938
2012.....	\$2,574,849
2013.....	\$2,891,113
2014.....	\$2,984,795
2015.....	\$3,507,306
2016.....	\$3,395,998
2017.....	\$3,564,318
2018.....	\$3,941,267
2019.....	\$3,451,165
2020.....	\$4,012,234
2021.....	\$4,142,392



Cary Area EMS is a private, nonprofit service that takes care of its own budgeting and billing right now. ANDREW KENNEY / andrew@newsobserver.com

WAKE CONSIDERS CENTRAL EMS BILLING

A proposal could bring oversight to smaller agencies

By Andrew Kenney
STAFF WRITER

Wake County EMS officials are proposing policy changes that would rein in independent and town-run ambulance outfits.

The county's Public Safety Committee on Tuesday will discuss centralized billing, a model that places the county as gatekeeper for the flow of money that goes to smaller agencies, including the private, nonprofit Cary Area EMS and the town-run Apex EMS.

"The crux of the issue is, who controls the money? The seven elected officials or the board members of the nonprofit?" said Steven Cohen, the Cary Area EMS chief, whose territory includes Morrisville.

The county committee also will discuss a merger of all emergency medical service squads in the county, but the agency's medical director downplayed that possibility.

The proposals are causing anxiety among independent EMS chiefs; they led Apex officials to recommend that the county take over the town's squad.

The county already handles ambulance service in Holly Springs and Fuquay-Varina.

Cohen thinks the billing change is inevitable. If the county does the bills, it can collect an extra \$450,000 in Medicaid dollars that the nonprofits can't access.

But the details of the model are up for debate, he said, and county commissioners' decisions in the coming months could leave the smaller EMS agencies with less financial independence.

Two options for changes

One version of centralized billing would send full payments from patients and insurers back to the individual agencies after collection by the county. In another option, town-based and private squads would submit budgets for approval to Wake County, who would disburse the money.

Dr. Brent Myers, medical director of Wake County EMS, said the budget-based model would give county government and its taxpayers more oversight of the agencies they subsidize.

One group, Eastern Wake EMS, received \$1.2 million in cash from the county last year. Cary Area EMS, which ran a budget surplus last year, doesn't take county funds, though Myers said it benefits from county-run dispatch systems and other infrastructure.

But the county also is considering making smaller agencies partially pay for those systems and other costs. The changes could make Cary Area EMS responsible for \$250,000 a year, Myers said.

The Cary chief said the division of costs seemed unfair, in part, because his service bears its own unshared burdens, including a contract total of about \$1 million in unpaid patient bills.

The additional shared costs will create a \$190,000 budget gap for Apex EMS. But unlike the private squads, the county doesn't offer a subsidy to government-run units.

With this in mind, Apex Town Manager Bruce Radford recommended a merger, pending council approval.

Officials on all sides of the debate say the changes would not affect the services' effectiveness, and Myers said Cary patients would not pay higher rates.

But for the people who spend 12- and 24-hour shifts immersed in other people's worries, the structure of the care system is a matter of importance and pride.

Cary Area EMS was founded 40 years ago when a young boy died waiting for an ambulance from Raleigh.

Only three levels of command in Cary separate a crew of employees and volunteers, who say the service's subtle traits make it their home.

"You feel like you have a little say in what happened," said Tammy Patton, a 17-year veteran.

andy.kenney@newsobserver.com
or 919-460-2608

April 4, 2011, Raleigh News & Observer

"WAKE CONSIDERS CENTRAL EMS BILLING" by Andrew Kenney

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Mrs. Sparrow asked about the incidents when Johnston County emergency services must be called.

Mr. Eddie Wimberly, chief of Cary EMS, stated there have been comments regarding doctors calling the

Johnston County EMS. He stated they cannot compete with private ambulances for non-emergency

transports due to franchises. He stated they respond immediately to 9-1-1 calls. He added if trucks are tied up, mutual aid is summoned within three minutes of a call. He stated he has never had a doctor ask about a transport that did not receive response within five to six minutes. Mr. Wimberly stated if the call is not a 9-1-1 call, it may take an hour to get an ambulance to the site. He stated they do not differentiate between Wake County and Cary because the franchise contract provides service to all of the service area. Mr. Wimberly stated Cary EMS does provide citizens of Cary special standby treatment (i.e., 4th of July, Cary High School football games, Lazy Daze, etc.). He stated they do not charge for these special services. He knows of no Wake County municipality that does not provide some type of funding to their volunteer rescue squad. He stated the fire department does a tremendous job, and he would never want the them to stop providing the current level of service. He stated the fire department provides first responder service to EMS, and he estimates that out of 3,600 calls, they provide service on approximately 2,000 calls.

Mr. Godbold stated he does not want to create friction between the fire department and the Cary EMS.

He stated he does not want to hurt the rescue squad, but he does want to spend money wisely. He asked the effect that no funding would have on the program. Mr. Wimberly stated a decrease in service would not be visible tomorrow. He stated that in the short term, they would try to cover calls with an on duty truck. He added they are in the process of expansion, and the lack of Cary funding would put this in jeopardy and would increase response times. He stated the long term issues would be that building issues (expansion of services) for the future would be canceled, and response time would increase. He stated an increase in mutual aid from Apex or Raleigh would be required.



Thea Haggist and Christian Bennett move a patient to their ambulance on Wade Avenue on Feb. 25, 2016. Photo by Mike Legeros

MARCH 23, 1998, LETTER FROM BOB HEATER, CARY EMS BOARD TO WAYNE HOUSE, CHIEF, CARY FIRE DEPARTMENT

This year the Town of Morrisville budgeted for Cary EMS \$3,000 in addition to providing an EMT as a driver for our third unit. This unit is in service 55 hours per week at an approximate cost of \$28,000 per year. Currently, Morrisville has proposed a plan of providing an EMT on a 24-hour per day basis if we will place a unit and paramedic there around the clock. If this proposal is finalized this would be equivalent to about \$65,000 per year in subsidy.

I am sure that I do not have to sell you or the council on the value that Cary EMS provides to the Town of Cary and its citizens. Therefore, we respectfully request that the Town of Cary through the fire department continue to fund Cary EMS in the total amount of \$30,000 per year.

MAY 15, 1998, TOWN OF CARY TOWN COUNCIL WORK SESSION

Mayor Booth called the meeting to order at 3 p.m. and dispensed with all formalities. Mr. Coleman presented the proposed FY 1999 Operating Budget (see Exhibit D attached to and incorporated in the May 14, 1998, Cary Town Council minutes).

Council directed that \$25,000 be budgeted to the rescue squad.

MARCH 1, 1999, CARY AREA EMS BUSINESS MEETING

Chief Wimberly presented to the Board in February that we begin a convalescent truck to handle scheduled transports along with alpha calls. The goal is two trucks online by mid-April. There were questions about nonprofit status and level of care given. The two trucks will be staffed 7 a.m. - 11 p.m. Monday - Friday. No convalescent calls after 11 p.m. On duty trucks will not have to do convalescent calls. The alpha calls will be directed to them between 7 a.m. - 11 p.m. Dr. Donald Vaughn will have to decide if a 911 call from a nursing home is not requiring an emergency response truck can they transfer care to the convalescent truck. Much discussion followed.

AUG. 2, 1999, CARY EMS BUSINESS MEETING

The convalescent truck will be staffed from 8 a.m. until 5 p.m. Monday through Friday. He (Wimberly) has met with four rest homes regarding the use of this service. Right now, the number 467-1116 is being used but this will be changed to a new number. The convalescent truck will be taking 911 alpha-1 calls from rest homes and will keep Medic 1, Medic 1, etc. designation. When this truck is running a scheduled convalescent call, it will be Medic 51. Further, in the left-hand corner of the ACR, put a "C" if you run a convalescent call.

SEPTEMBER 1999, CARY EMS BOARD

There was a discussion on the statistics for truck 561 which runs convalescent calls. Business is beginning to pick up, but three calls a day are needed to make it cost effective. There was also a discussion on response times and whether to put computers in the trucks to record them more accurately.

OCTOBER 1999, CARY EMS BOARD

Eddie (Wimberly, chief) informed the Board of the collections for the convalescent truck which to date stands at \$1,462. This is more than anticipated.

MAY 21, 2001, CARY EMS BOARD

Cash account, money market account, and several CDs, we have \$573,823.82. In the mutual funds we have \$374,343.47 for a total of \$938,167.29 in the Morgan Keegan account. We had \$1965.04 in income for this month. The income for the mutual funds will show up in November or December; this is usually when they sell stock and make capital gains.

AUG. 27, 2001, CARY EMS BOARD

Convalescent Update: Still in negotiations with EMS Management about the contract for convalescent. Once Cary EMS agrees to go with EMS Management, Steve will have to sign the paperwork with David Cooke and John Rukavina. Lynn York and Steve are going to meet with Rose Stuckey at Wake Mobile to negotiate how Cary convalescent and Wake Mobile can work together.

SEPT. 24, 2001, CARY EMS BOARD

Convalescent Update: David Cooke (county manager) signed the final paperwork on 9-21-01. Cary convalescent is now able to pick up a transport from anywhere in Wake County. Wake County over paid Cary EMS for the convalescent transport fees by \$2,563. Cary EMS has investigated this matter and the squad has paid that amount back to the county.

OCT. 21, 2001, CARY EMS BOARD

Land in Morrisville (Report Attached): The site is about one block west of the Morrisville town hall. Bob Heater makes a motion that the Board authorizes the building committee to negotiate with the owners of the land to purchase a portion of it for approximately \$5/sq ft. for usable land and \$2/sq ft. for unusable land. Also to authorize Bob to continue using the same engineers for this land that the board had originally approved for this project about two years ago to help with the drawings and also to help negotiate with owners of the property. Second by Marion Houle.

NOV. 26, 2001, CARY EMS BOARD

Land in Morrisville: The Town of Morrisville has become very interested in the remaining portion of land that Cary EMS is not proposing to buy. Fred Toms made a motion that Cary EMS authorize the purchase of an option on the property or make an offer for the option on the property. This motion also includes that we authorize an option fee of up to \$15,000. Second by Mike Jones. Motion approved.

Convalescent update: From Oct. 15 to Nov. 14, 2001 we have run 86 calls for convalescent. This does not include the alpha calls that they run.

MAY 20, 2002, CARY EMS BOARD

Convalescent truck: Steve recommends putting the convalescent truck on hold indefinitely, not to close the program, but to wait and evaluate it in six months. Steve also recommends that Cary EMS not budget any convalescent income in the revenues.

Wake County budget update: Based on the county's projections, they are project that Cary EMS to make a net profit over the next fiscal year 2002-2003. Therefore Wake County will not provide Cary EMS with a subsidy. Steve and Lynn are preparing some questions for the county to get a better understanding of their projections. They county is also doing away with their transport fees, due to Medicare allowing to charge for mileage.

There are three EMS services that want to hire a law firm out of Pennsylvania that specializes in EMS. They want to bring them in and get them acquainted with this system and let them start negotiating for the new contract and let them work on behalf of certain EMS services.

Behind the Scenes



Arey Little screws in a plaque dedicating an ambulance to the memory of Pansy Rogers in July of 1988. As noted in the July 7, 1986, business meeting minutes: "Ambulance 575 was dedicated to the memory of Pansy Rogers in gratitude of her large donation."

The second plaque, honoring George and Mary Fox, was installed in 1979. Arey Little said, "In the days when CARS did not have money, people would donate. The Fox family donated enough for us to buy a new ambulance."



**Oct. 21, 2012, Raleigh News & Observer
 "WAKE COUNTY: PAY MORE OR GIVE UP
 EMS" by Aliana Ramos**

For the second time in a year, Apex EMS is facing financial pressure from Wake County.

The county, which collects revenue on Apex's behalf, is refusing to pay for two positions, EMS chief and administrative assistant. Together, the positions cost about \$140,000.

Wake officials have said they want to take over the town-run EMS agency and absorb it into the nearly county-wide system. Apex is one of three independent emergency medical service providers in Wake County.

The Apex Town Council now has a few options: It can pay the \$140,000 out of the town's general fund, allow the county to take over EMS operations or continue negotiating with Wake.

At the heart of the issue is whether Wake County or Apex can run the agency most effectively, a matter on which opinions vary.

Apex operates its EMS system at a cost of about \$567,500 a year per ambulance; it costs Wake County about \$792,000 a year per ambulance according to data compiled by Apex EMS Chief Nicky Winstead.

Wake County Manager David Cooke isn't buying that analysis.

"So what? Our cost per call is cheaper than Apex. We can look at a dozen different metrics," Cooke said.



Tammy Patton, division chief, communicates while on the scene of an automobile accident on I-40 Jan. 31, 2013. Photo by Mike Legeros

JUNE 13, 2002, TOWN OF CARY TOWN COUNCIL MINUTES

Steven Cohen, 107 Medcon Court, is the Cary Area EMS chief. He stated that in 1972, the Cary Rescue Squad began service and responded to 25 calls, and last year they responded to 4,991 calls for service. He said they have grown over the last 30 years, have always been a leader in the EMS community in Cary and Wake County, and they were the first volunteer rescue squad in the nation to become accredited by the Commission of Accreditation of Ambulance Service. He said in January 2002 Cary EMS placed an ambulance in service 24 hours a day at the paramedic level, and they are the first rescue squad in Wake County to do so. He stated they also provide educational programs, speak to schools, the girl scouts and the boy scouts, and they continue to teach CPR and first aid. They have a franchise contract with Wake County to provide emergency medical services to the town and have always received support from the town. He stated that Wake County financial support for FY2002 was \$186,000; however Wake County is proposing to the county commissioners to cut their support to Cary EMS for FY 2003 to \$50,000. Mr. Cohen said this is more than \$130,000 less than what was provided in the previous year. He stated that as a nonprofit organization they will have difficulty making up the \$130,000 difference and he requested that Cary consider the request of \$20,000 to help them continue to provide their high level of service to the town.

JULY 15, 2002, CARY EMS BUSINESS MEETING

Board of Directors: We do not have a balanced budget. We're in the hole by around \$200,000. (Actual deficit of \$147,346.11 with June books not yet closed.) With this in mind, we need to be careful about what we spend.

JULY 15, 2002, CARY EMS ANNUAL MEETING

Year-end financials per Cohen – total expenses, \$1,049,128.99. Income was not officially closed but to date (June 30), it is \$911,961.90. Deficit of \$137,167.09.

JULY 22, 2002, CARY EMS BOARD

Wake County Contract: Wake County wants Cary EMS to put our third truck under contract. The chief's recommendation is not to sign the contract with the third ambulance included. Reason for this recommendation is that Cary EMS may lose the flexibility and control of that truck. There is no advantage to placing the ambulance under contract this year. There are still too many unknowns with the county's budgeting process. The chief would like to examine at least one year of data regarding the third ambulance. After the data was evaluated and Cary EMS would begin to talk to the county about placing the ambulance under contract.

JAN. 8, 2004, TOWN OF CARY TOWN COUNCIL MINUTES

Lazy Daze Grants Report 2003 (PR04-24)
 Annual report to the Town Council of the Lazy Daze Grant recipients from the Festivals Committee
 Cary Area EMS, Inc. \$500

MAY 24, 2004, CARY EMS BOARD OF DIRECTORS

Cary EMS is the first agency in Wake County to go above \$1 million in billing income as volunteer status

JAN. 13, 2005, TOWN OF CARY TOWN COUNCIL MINUTES

Lazy Daze Grants Report 2004 (PR05-014)

Annual report to the Town Council of the Lazy Daze Grant recipients from the Festivals Committee (FYI).
Cary Area EMS, Inc. \$500

JUNE 22, 2006, TOWN OF CARY TOWN COUNCIL MINUTES

General nonprofit funding has been increased to a total of \$114,000 to begin a new funding approach of \$1 per capita for general nonprofit funding. As mentioned in the previous item, this will include \$5,000 for Cary Crime Stoppers and all other general nonprofits originally proposed for funding will be increased according to their proposed share of total funding so that Cary Crime Stoppers will receive \$5,000 and the total general funding in the FY 2007 budget will be \$114,000. A review of the mission driven criteria used for this year will be presented to Council prior to next year's process so that any organization requesting funding will understand the criteria upon which they will be evaluated. The adjusted amounts by general organization are included below for reference:

Cary Area EMS\$10,018

FEB. 24, 2010, CARY EMS OFFICERS MEETING

Wake County is broke, you are going to hear rumors about layoffs, and ambulances taken off the road, which is not true, at least at the moment.

FEB. 22, 2010, CARY AREA EMS BOARD OF DIRECTORS

WAKE COUNTY: Chief Cohen reported that Wake County is broke. Their sales tax revenue is still off \$4-5 million. This figure was through November. There has been a lot of building permits issued but not a lot of actual building going on so they haven't been able to collect on those. At some point soon, there is going to be some media hype about ambulances coming off the road and possible layoffs. This is not true according to Dr. Myers. Kimberly thought the reason for this is because they presented their budget with a 7% reduction which showed ambulances coming off the road and people losing their jobs. That is how Dr. Myers presented the budget. He doesn't feel the county will actually make him do that but that is the reasoning behind the media hype. Cary Area EMS submitted their budget to the County as usual. Nothing is changing. There will be no direct funding from the County. We are going on our fifth year without any direct funding from Wake County.

JAN. 28, 2012, CARY EMS BOARD OF DIRECTORS

Wake County First Submission of the Budget: Chief Cohen has submitted his first draft to the County and said if Wake County approves his budget as is they would have to fund us \$3,528,360. The county funds Eastern Wake \$3.4 million. Last year they funded us \$2.4 million. He is meeting with David Cooke Jan. 31 and plans to do that each quarter from now on. For the most part Chief Cohen doesn't hear from the County unless they need something.

NOV. 18, 2013, CARY EMS BOARD OF DIRECTORS

Donations/Fundraisers: Chief Cohen said we may want to think about some other options for raising money. Some suggestions were advertising on the ambulances. We need to start thinking of some ideas. Endowments or grants are another idea. The Board would have to change our principals on fundraising. Chief Cohen, Mark Wilcox and Ed Clayton will meet to document some of these ideas for further discussion. Christian Heinrich suggested we also consider picking up some of the special events Wake County can't cover. There is a question of if we want to change our principles considering fundraising.



USER FEE STRUCTURE

EMS ambulance billing is determined by the service provided. The following terms are used to describe service types.

- Basic Life Support (BLS) – Medical evaluation, vital signs, bandaging, splinting, oxygen, etc.
- Advanced Life Support (ALS) – Medications, IVs, advanced airway procedures, heart monitoring, 12-lead EKGs, heart pacing, etc.
- ALS I – ALS procedure
- ALS II – Multiple ALS procedures
- Loaded Miles – Distance of transport with patient on board
- Everyone transported to an Emergency Department (ED) receives at least BLS care. Some patients receive ALS I or ALS II care.

Not all patients we see are transported to an ED. Some patients who are not transported may still receive BLS, ALS I, or ALS II level care. There may be a BLS No Transport fee charged when medical supplies are used. There may be an ALS No Transport fee charged when ALS procedures are performed. ALS No Transport is a single rate, regardless of whether multiple ALS procedures are performed.

Per Medicare standards, Wake County EMS does not itemize bills, but instead uses the Medicare flat rate structure. Rates below are effective January 1, 2020.

- BLS Fee: \$540.06 + \$11.43/loaded mile
- ALS I Fee: \$641.33 + \$11.43/loaded mile
- ALS II Fee: \$928.23 + \$11.43/loaded mile
- BLS No Transport Fee: \$150
- ALS No Transport Fee: \$200

SOURCE: "User Fee Structure" <https://www.wakegov.com/departments-government/emergency-medical-services-ems/patients-billing-budget/user-fee-structure>



Rescue Squad Chief Walter Powell, Mayor Fred Bond, developer George Spencer, Architect William Sears break ground on the start of the \$130,000 structure. The Squad had hoped to occupy its new facility by mid-September of 1974.

BUILDING

Medcon Court serves as home for half-century

BY BRADLEY WILSON

Originally, it was 111 Medcon Court, which had previously been Rose Street. But not really. And what became 107 Medcon Court wasn't even the first building. The Squad originally occupied a house that had been scheduled for demolition to build a new town hall. The Town of Cary didn't need it — at least for a while, so 310 N. Academy St. became the first home to the Squad. Then, for a short period, Squad members bunked up with members of the Cary Fire Department after town officials needed to move forward with the demolition. The fire department burned down the house as a training exercise.

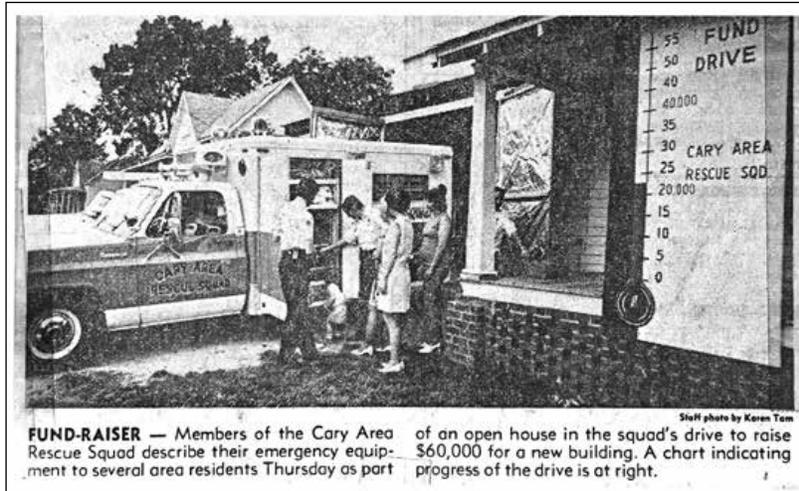
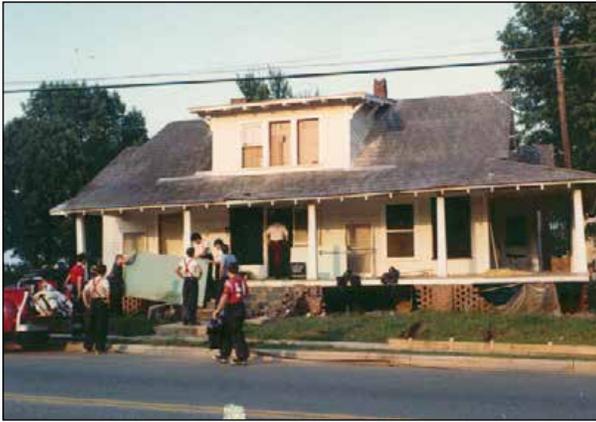
By December 1974, the Cary Area Rescue Squad had a brand-spanking-new home, a home that cost more than \$100,000 to build but would serve as the Squad's home for the next 50 years.

FIRST LOCATION:
a donated house at 310 N. Academy St.

BUILDING:
107 Medcon Court, land donated by Bryce Jones

3,660 square foot building cost \$104,426 to build on 0.82 acres

Total assessed value in 2021: \$677,929.



A look at the facility in 2021 shows just how far ahead the original building designers planned. They put six bays in the building even though the squad had barely had two ambulances, much less six. They planned for dormitory space at a time when most rescue squads had members responding from home. While this space didn't include a separate room for women — that was added later — there was room for expansion.

The building was paid off sometime between December 1985 and July 1986.

The Squad added another extra-large bay for the command truck in 1986 at a cost of \$30,000.

The most significant renovation of the building occurred in 2005 to bring it in compliance with the Americans with Disabilities Act and to provide offices for the division chiefs and offices for the chief and the administrative assistant. ■

DEC. 1, 1971, TOWN OF CARY TOWN COUNCIL MINUTES

Mayor Bond noted the request of the Cary Area Rescue Squad, Inc. for permission to use a house on North Academy Street owned by the Town of Cary for a place to hold meetings and store equipment. Following discussion, it was moved by Councilman Veasey, seconded by Councilman Secrest and unanimously determined that permission to use the property be granted on a temporary basis, without compensation, with no repairs to be made by the Town, and with the further requirement that all participants in the Squad and their guests be required to sign waivers of liability in the use of the property.

DEC. 6, 1971, CARY AREA RESCUE SQUAD STEERING COMMITTEE

The meeting was begun with a discussion of the house that was donated by the Town of Cary. There was also a discussion of the possibilities of remodeling and cost of this operation.

The members then adjourned to the house donated by the Town of Cary.

After an inspection of the area and the house, a motion was made that we accept the house and post our sign on the front. Approved.

DEC. 12, 1971, CARY AREA RESCUE SQUAD STEERING COMMITTEE

A motion was made that we appropriate up to \$200 for remodeling of the house donated by the town. Approved.



FEB. 14, 1972, CARY AREA RESCUE SQUAD STEERING COMMITTEE

A motion was made that the squad accept the first offer of land made by Mr. Jones with the stipulation that the land be returned to Mr. Jones in the event that the squad be discontinued or dissolved in any manner. Approved.

NOV. 30, 1972, TOWN OF CARY TOWN COUNCIL MINUTES

Mayor Bond advised the Public that the Rescue Squad had been formed about a year ago, that the squad is made up of very loyal and dedicated men and that the Town owes a lot of credit to the men for their many hours of work. All the men are now accredited by the State and an ambulance has been purchased. Another milestone has now been accomplished by the donation by Mr. & Mrs. Bryce Jones of a lot for the erection of a new building to house the equipment and offices. Mr. & Mrs. Jones turned the deed over to Mr. Jerry Adams and Mr. Weaver, who accepted on behalf of the Rescue Squad. Mr. Adams thanked Mr. & Mrs. Jones and gave a synopsis of the job being done by the Rescue Squad and asked for the continued support of the people.

MAY 1973 BROCHURE

Within 12 months, our Rescue Squad must have new facilities to house its equipment. Its present quarters belong to the Town of Cary and must be demolished to accommodate a new town hall.

MARCH 28, 1974, TOWN OF CARY TOWN COUNCIL MINUTES

Item #1: Cary Rescue Squad - Site Plan Approval

This project has been reviewed by all departments and meets all site plan requirements. It is recommended for approval. The project is adjacent to Greenwood Forest on the proposed extension of Medcon Drive. The Planning Department is aware of a serious drainage problem that exists in the area fronting Medcon Drive. Mr. Daniel and Mr. Elam will be working with the engineer for strict control of storm drainage, runoff, and erosion control.

MARCH 28, 1974, LETTER TO TOWN COUNCIL FROM DONALD A. NIEBLING, 113 MEDCON COURT

The Rescue Squad Site Plan infers the opening of Medcon Court to Kildaire Farm Road. This road has a baffling problem due to unstable soil conditions. It has been paved twice and still cannot be approved and accepted by the Town. Local traffic has caused it to break up.

"Surely, it could NOT support thru traffic it would receive if opened to commercially zoned Kildaire Farm Road. Unfortunately, this dead end road has become a playground. Neither our Developer nor the Town have provided a recreation area nearby for the children to play. Opening the road to Kildaire Farm Road will jeopardize their safety."

MARCH 28, 1974, TOWN OF CARY TOWN COUNCIL MINUTES

A motion was made by Councilman Ritter, seconded by Councilman Young that the Council table these

Ground Broken At New Squad Building ; Cary Rescue Squad Complex Contracts Let

In a Thursday ceremony of great importance to the Cary Area Rescue Squad, Cary Mayor Fred G. Bond, squad members and their families, and a contractor broke ground on the site of the squad's proposed headquarters on Medcon Court.

Calling the occasion 'the result of a few men's dreams,' Squad Chief Walter Powell lifted the first shovelful of dirt at the building site, located off Kildaire Farm Road.

The ceremony was officiated by Cary Mayor Fred Bond, Squad Chief Walter Powell and Fund Drive Chairman Terry Hackney. The architect, Mr. William Sears and the contractor Promac's representative, George Spencer, were also in attendance.



Rescue Squad Chief Walter Powell (1) Breaks Ground At New Site

The Squad is presently located in a condemned building owned by the town of Cary. It is soon to be torn down to make way for the driveway of the new Town Hall, located at 310 N. Academy Street.

The property now owned by the Squad was donated to them by a Cary citizen and has already been cleared and is ready for construction. The site will be located on Medcon Drive, a central location to serve the community.

The new building will have 6,743 gross sq. ft., 3,600 net sq. ft. which will be Squad support space. The building will have three double-bays of emergency vehicle parking space and will be a single-story structure. Building materials will include concrete slab on grade with a steel frame structural system and load-bearing exterior masonry of concrete block faced with brick. The interior will be concrete block masonry.

The facility, in addition to

...Mayor Fred Bond, Developer George Spencer, Architect William Sears gave moral support to start of \$130,000 structure.

The building will be electrically heated and cooled. Six parking spaces will be provided for eighteen cars, most of which will be screened from public view. The building will provide drive-through ambulance parking bays.

The contemporary building will be of light buff exterior brick for efficiency and maintenance-free character. The building was designed to maximize heat loss. The structural system of the building was designed three times to optimize the availability of materials and thus keep cost to a bare minimum.

The built-in permanent flexibility of the partition arrangement will be an asset for future needs of the Squad as it grows.

The facade is a wide band of shoddy glazed finished with a natural stone which will complement the exterior.

The cost of the building is estimated to be \$130,000 to \$150,000.

The building has already been approved at \$130,000 after completion.

The Squad hopes to occupy its new facility by mid-September.

Describing it as an "important occasion" Cary Area Rescue Squad Chief Walter Powell told Cary's Town Council Thursday that contracts on the new squad headquarters had been let.

Powell, speaking to the Town Council after Thursday's groundbreaking ceremony Thursday at the headquarters site off Kildaire Farm Road, said that Promac Company had been awarded contracts for construction of the complex.

He added that he, as squad chief, has signed the construction papers necessary for the construction loan. Powell said the squad should be able to move into their new building by October 15, 1974.

Powell also announced at the meeting the beginning of a fund drive for the squad's headquarters. The drive will begin May 19 and run through May 30, Powell said. Families will be contacted door-to-door and asked for a minimum \$10 donation per family. Powell said the \$10 donation would help pay off the construction loans and provide the meal funders equipment for the Rescue Squad.

Powell said he felt the town would support the Squad in their efforts. "The building will bring to the community. It will be beautiful and functional."

Bill Sanchez, chairman with Terry Hackney of the Rescue Squad Fund Drive program, said the building would serve the needs of the squad and the people of Cary for "many years to come."

Squad Chief Powell said the most important facet of his new headquarters will be the sleeping quarters available for squad members. "We are the only rescue squad in the area which has been members sleeping on the premises. We are not proud of it."

GROUND BROKEN AT NEW SQUAD BUILDING; CARY RESCUE SQUAD COMPLEX CONTRACTS LET

In a Thursday ceremony of great importance to the Cary Area Rescue Squad, Cary Mayor Fred G. Bond, squad members and their families, and a contractor broke ground on the site of the squad's proposed headquarters on Medcon Court.

Calling the occasion 'the result of a few men's dreams' Squad Chief Walter Powell lifted the first shovelful of dirt at the building site, located off Kildaire Farm Road.

The ceremony was officiated by Cary Mayor Fred Bond, Squad Chief Walter Powell and Fund Drive Chairman Terry Hackney. The architect, Mr. William Sears and the contractor Promac's representative, George Spencer, were also in attendance.

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... The new building will have 6,743 gross square feet, 3,600 feet of which will be Squad support space and will be a single-story structure. Building materials will include a concrete slab on grade with a steel frame structural system and load-bearing exterior masonry of concrete block faced with brick. The interior will be concrete blocks.

for two weeks for further study and the mayor appointed committee to work on the problem. This was unanimously passed and Mayor Bond asked Mr. Young, Mr. Ritter, Mr. Niebling, Mr. Clint Williams, Mr. Ed Floyd and the Town Staff to serve on the committee and to reach an agreement for presentation to the Council.

APRIL 4, 1974, TOWN OF CARY TOWN COUNCIL MINUTES

The meeting was reopened for the public and Councilman Young reported on a meeting held by the Committee appointed by the Mayor to study the site plans of the Rescue Squad and Williams & Currin.

He pointed out that a solution has been found to the Rescue site so that no additional runoff will take place and that the engineer and architect will work together to eliminate further runoff.

Following discussion, Councilman Ritter made a motion that the site plan for the Rescue Squad building be approved with the stipulation that no added runoff be allowed. This motion was seconded by Councilman Veasey and passed unanimously.

Aug. 22, 1974

My name is Doratheia Niebling and I reside at 113 Medcon Ct., Cary.

I am here to request your consideration of a change in plans for the right-of-way called Medcon Ct. (also known as Medcon Drive or Rose St.)

As it stands now, this has been dedicated as a thru street. It would serve the best interests of the residents, Rescue Squad, and the Town if the street did not become a thoroughfare.

...

Also, the name of this street appears as Rose Street, Medcon Drive, and Medcon Ct. on various maps. We would appreciate a final designation of the street name. It is difficult for anyone to locate our street on maps available to the public and we do not even have a street sign.

This request was turned over to the Safety Committee and staff for study.

MAY 9, 1974, CARY EMS BOARD OF DIRECTORS

The following resolution was adopted by the Board of Directors of the Cary Area Rescue Squad, at the meeting duly assembled and constituted by unanimous vote of the Directors present on May 9, 1974:

"BE IT RESOLVED, that the Board of Directors of the Cary Area Rescue Squad, Inc. deems it in the best interest of the corporation to procure a loan through Raleigh Savings and Loan Association for the erection of a building upon its property on Rose Street in the Town of Cary, said loan to be in the amount of \$100,000, and repayable over a 15-year period together with nine and one-half percent (9 1/2%) interest and subject further to those conditions as set forth in the loan commitment of said Raleigh Savings and Loan Association dated May 6, 1974, and approved in full by this resolution;

AND BE IT FURTHER RESOLVED that the officers of this corporation are hereby instructed and directed to accept said loan commitment and to do any and all things necessary to proceed with the closing of said financing.

JULY 22, 1974, CARY AREA RESCUE SQUAD MEETING

A motion was made to get a cornerstone for the new building. The stone would read "Cary Area Rescue Squad 'Volunteers dedicated to serve' with the date. Motion seconded and approved.



Even though the building wasn't quite finished, members moved in during December of 1974, because the cornerstone had already been placed.

ADOPTED THIS 9TH DAY OF MAY, 1974.

SEPT. 26, 1974. TOWN OF CARY TOWN COUNCIL MINUTES

Mayor Bond advised that he has been in contact with the North Carolina Department of Transportation regarding the installation of the emergency drive and apron for the Cary Area Rescue Building and requested a Resolution requesting the State to undertake this work.

On motion by Councilman Secrest, seconded by Councilman Veasey, the following Resolution was unanimously adopted.

RESOLUTION REQUESTING STATE DEPARTMENT OF TRANSPORTATION TO ADD A PORTION OF MEDCON COURT TO THE STATE ROAD SYSTEM

BE IT RESOLVED by the Town Council of the Town of Cary:

1. That the State Department of Transportation is hereby requested to add to the State Road System for maintenance that part of Medcon Court BEGINNING at its intersection with the centerline of Kildaire Farm Road to a point 400 feet west of said intersection, and to construct an emergency driveway entrance therefrom to the Cary Area Rescue Squad Building bay doors at State Department expense, and to construct an entrance drive to the rear parking area of said parking area, at the expense of the Town.
2. That a copy of the Resolution be forwarded to the Secondary Roads Officer of the State Department of Transportation.

Adopted by the Town Council of the Town of Cary on the 26th day of September, 1974.

DEC. 5, 1974, TOWN OF CARY TOWN COUNCIL WORK SESSION NOTES

The new Rescue Squad building is ready for occupancy and has been for the last 30 days. The reason for the delay in moving has been coordinating the paving of the property area and the street which fronts our building, Medcon Drive.

You will remember adopting a resolution giving Medcon Drive to the State for them to do the paving on the Rescue Squad property. The State has completed its part and the necessary action to take is as follows:

1. The council should adopt a resolution requesting Medcon Drive back.
2. The State will act on the request at their January meeting, if they have the resolution by the first week in January.
3. After the Town receives the road back, a thirty day advertising period must go into effect for assessment of curb and gutters in preparation for paving.
4. A council meeting to approve or reject same.
5. Schedule and completion of paving.

We are now at a time of approximately the end of February or first of March before we can move in. I have talked by phone with Mr. Murdoch, head of secondary roads and Mr. Grimes, the district engineer for our area. In both cases, they have told me that it makes no difference to the State what the Town of Cary does to Medcon Drive even though the State has not returned the street to Cary.

My request of the Council is that you have the road paved immediately.

After that is done, take the steps I have outlined previously for obtaining the street and putting in curb and gutters.

If this is not possible, I would ask that the road be graded and a large amount of crush and run stone be placed and packed to give the ambulances a surface to travel on after leaving the building. This should also be done immediately.

I'm sure that you realize why I am asking for your help. We have a beautiful building and we would like to start realizing the benefits of it now. If we have to wait for all of the steps I have mentioned, it will be March or later before we can move in.

Also, we have been putting off the final construction loan as long as possible because of having to pay \$1500 per month repayment of the loan.

Walter R. Powell

DEC. 12, 1974, TOWN OF CARY TOWN COUNCIL MINUTES

A request from the Rescue Squad for a temporary certificate of occupancy was discussed. On motion by Councilman Ritter, seconded by Councilman Secrest, the Council unanimously granted a 90-day temporary CO to the rescue squad.

MARCH 4, 1985, BUSINESS MEETING

The building will be paid for in December.

FEB. 3, 1986, CARY AREA RESCUE SQUAD BUSINESS MEETING

Arey Little discussed the progress of the building expansion. Discussion followed. Bobby Cockrell suggested forming a planning committee to look into a second squad site. Bob Annunziata said he has already been looking into this and has talked to people in Morrisville about trying to get a site.

APRIL 24, 1986, TOWN OF CARY TOWN COUNCIL MINUTES

Cary Area Rescue Squad, Revised Site Plan Approval. The site is located at 111 Medcon Court. The plan proposes an addition of a garage bay for ambulance parking. The existing structure contains 6156 SF with the total proposed area to be 7056 SF. The tract is zoned R-12 and is inside the city limits. The Planning and Zoning Board recommended approval.

Mayor Pro Tem Booth questioned the connection of Medcon Court. Mr. Henderson indicated that it is a bay addition and will be used as a driveway entrance on the eastern side of the building.

On motion by Councilman Godbold, seconded by Councilman Hinshaw, Council unanimously approved.

JUNE 2, 1986, CARY AREA RESCUE SQUAD BUSINESS MEETING

Rick Henry discussed the loan that had been approved for the building expansion. The loan is for \$30,000 at 10.75% for five years on 575 instead of the building.

JULY 7, 1986, CARY RESCUE SQUAD BOARD MEETING

Tom Maynard made a motion to purchase a garbage disposal for an amount not exceed \$150. Motion 2nd by Steve Parham. Motion carried.

JULY 21, 1986, ANNUAL MEETING

The building is paid off.

AUG. 4, 1986, REGULAR BUSINESS MEETING

Arey Little said that a plumber had inspected our pipes and said that a garbage disposal would not work due to weak suction of sewage. Bob Sik said that the commodes flushed very weakly and this also indicated the disposal would not work.

NOV. 13, 1986, TOWN OF CARY TOWN COUNCIL MINUTES

It does appear that opening Medcon Court would permit the Cary Rescue Squad better access to the Greenwood Forest development. I have talked with the Squad Chief and several of the Squad members. All stated that, if opened, they might be inclined to use the road for emergencies along Medcon and Wilshire, but only for those streets. They presently have rapid access via Cornwall and would not change their routes. In fact, all members of the Squad that I talked with are opposed to the opening of Medcon Court. At present, there is no traffic at the Medcon-Kildaire Farm Road intersection. Should Medcon Court be opened, the Squad would be required to avoid cars backed up at the intersection. They could foresee traffic backed up past the entrance to the Squad garage, preventing any exit from the Squad house. The intersection is presently too narrow to allow the Squad ambulance to safely bypass a car stopped at the intersection. In the opinion of the Cary Rescue Squad members, opening Medcon Court would cause more problems than benefits.

FEB. 1, 1988, GENERAL MEMBERSHIP

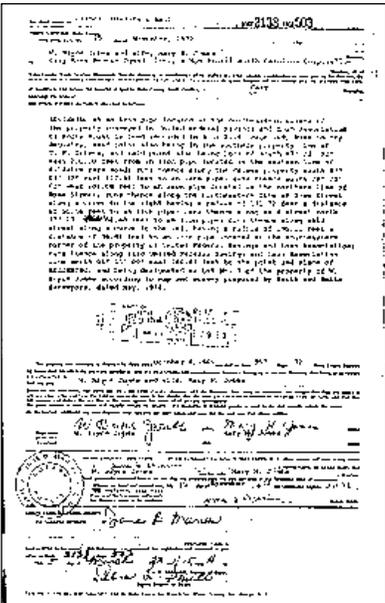
Chief Annunziata announced that the Squad's street address had been changed by the Town of Cary to 107 Medcon Court since an error had been discovered in the original street number assignments. Chief Annunziata also noted that the two sections of Medcon Court were now to be joined and that two houses were under construction on the property adjacent to the Squad building.

JUNE 1999, CARY EMS BOARD

Fred Toms spoke about the land purchase. There is a problem with a strip of land by the roadside and because of this there is dissatisfaction with the state of the title. He made the suggestion to still go forward and to have the work done by the middle of July.

JULY 1999, CARY EMS BOARD

Bob Heater gave the Board Members an update on the purchase of the land near Morrisville. The attorney in charge of the deed search was still having problems with the Deed of Title and Bob suggested going to the Council to condemn the land to enable the purchase of the land at a later date for a nominal amount.



The deed to the building, originally dated Nov. 16, 1972, and then notarized March 5, 1973, gives the property from W. Bryce and Mary Jones to Cary Area Rescue Squad. As of Jan. 1, 2020, the land had an assessed value of \$140,000.



The contract for the building's construction, dated Oct. 14, 1974, with Promac, Inc. valued the construction contract at \$104,426.66. As of Jan. 1, 2020, the building, still in the name of Cary Area Rescue Squad Inc., had an assessed value of \$537,929.

SEPTEMBER 1999, CARY EMS BOARD

There was an update on the purchase of the land near Morrisville. The Title Search was coming to an end and there were concerns with the Phillips property. When the search is fully completed a strategy will be formulated on the best way to deal with him.

MARCH 2000, CARY EMS BOARD

Update on the purchase of land at Morrisville. Dr. Sowter had called Eddie to inform him that the Town of Cary is talking with Good Hope Church about putting in a pump station and water line. This could service our new station. Dr. Sowter is working with Mr. Phillips on the road frontage of the station. John Linderman with Capital Associate is looking for lot at request of Board. Eddie advised the Board of Town of Morrisville to build station on Davis Drive to house EMS with fire.

OCT. 16, 2000, CARY EMS BOARD

Eddie met with Peirson & Whitman Architect, Joe Bass. He found out the following:

1. The front area of the property would not accommodate a building due to set back requirements.
2. Set backs of cell tower are twice the height of tower, approx. 120 ft.
3. To subdivide property all setback requirements must be met for any buildings.

Joe Bass advised that he thought we would be wise to look for property in other locations.

NOV. 27, 2000, CARY EMS BOARD

The only acceptable plan for the property is to build a station on the back of the property, due to the cell phone tower. Offer of 2.3 acres for \$275,000, offer was denied. A second offer of 1.3 acres for \$200,000 with a driveway extending back to the station. Bob Heater presented this information and requested approval from the board to check with Wake County and determine if the property is still available. Bob Heater also requested approval for an engineer and surveyor to evaluate the property (\$775). Motion by Mike Jones to allow Bob Heater to first find out if the property is still available, and if the property is available Bob Heater has permission to spend up to \$775 for property evaluation. Motion seconded by Marion, motion passed.

JAN. 23, 2001, CARY EMS BOARD

Land offer: The gentleman that Bob was dealing with came back to make an offer of \$200,000 on the 1.3 acres of land. To put the driveway in on this land would cost the squad \$150,000. Bob is waiting to hear from the school to let him know about that property. He had spoke with the secretary about the Chamber of Commerce in Morrisville. They had bought a piece of land larger than what they need. They are interested in possibly selling Cary EMS a site. Recommendation by Bob to decline the offer on the first piece of land and to wait and see about the second site with Morrisville. Motion to approve Bob Heater's recommendation by Marion Houle. Second by Fred Toms. Motion passed.

JULY 23, 2001, CARY EMS BOARD

Currently looking at a house sitting on about 1.98 acres of land. The asking price was \$308,000 and it has been dropped to \$278,000. If Cary EMS was to purchase this piece of land, we would have to put about \$50-100,000 into it to meet our needs. Bob Heater and Steve Cohen are also going to look at an eight-acre track of land; the board will be updated on this piece of land at next board meeting.

AUG. 27, 2001, CARY EMS BOARD

Land in Morrisville: There is 2.38 acres to the west of the Town Hall. Cary EMS would purchase the track in the back. There is an engineer that is sketching out the land to see what it is going to look like. They are selling the land for about \$4-5 per square foot. There is a second piece of land that is past the police station in front of the Town Hall that is being sold for about \$6-7 per square foot.

JAN. 28, 2002, CARY EMS BOARD

The Town of Morrisville has opted to buy the whole track if they can. The cost in October was a little over \$100,000. We have chosen to buy the opposite side of the land, which cut the cost down to about \$80,000. This track is 16,000 square feet at \$5 per square foot. Bob Heater would like the approval from the board with the option to buy this track of land with/for Morrisville, and for the cost not to exceed \$85,000.

APRIL 23, 2007, CARY AREA EMS BOARD OF DIRECTORS

New EMS Station discussion: there is an area by Preston that has been classified as a hot zone. Response times are not being met by CEMS or Apex EMS. Last Thursday, John Rukavina asked Steve if we could put an ambulance in this location and if so, could CEMS build a station. John stated the cost of the station would approximately be \$1.8million and wanted to know if CEMS could commit to that. CEMS will look at some data and it was decided this option would be a last resort. Board of Directors has agreed not to commit to this project costing \$1.8million without questions being answered and other options being researched.

Behind the Scenes



Michal Bugno, Ben Gold, Christian Bennett with Cary firefighters and a young entrepreneur in April of 2018.



Kimberly Clement and Chasidy Kearns up in the basket with a firefighter in 2007.

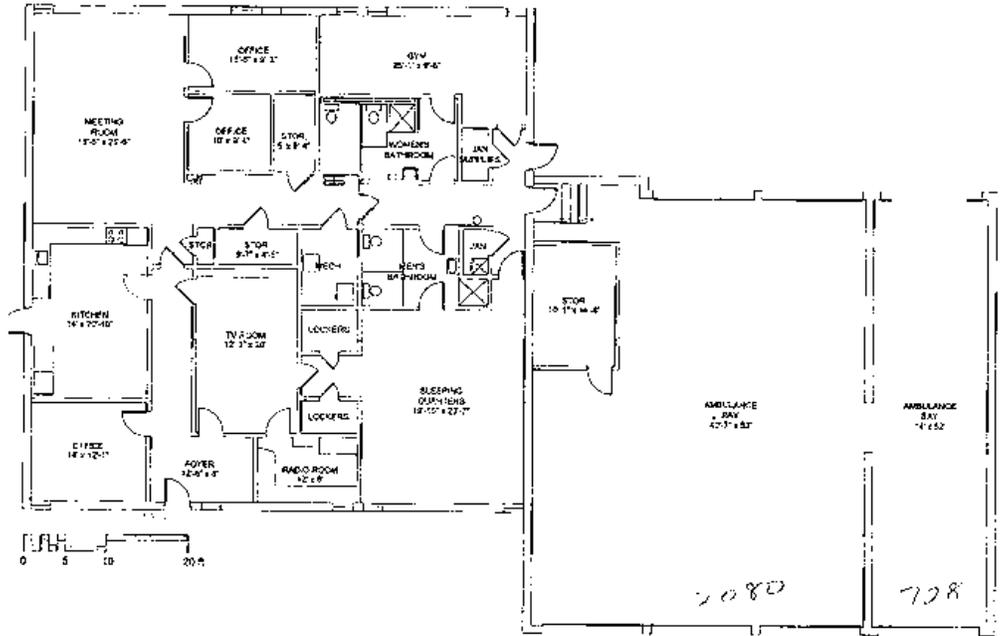


Alvis Reaves



Mike Arnold, Jim Ruble, Tammy Patton, Kaylor Mead, Wade White, 2017

Revised plans, circa 2005, when the building was brought into compliance with the Americans with Disabilities Act and offices were added out of space in the training room. From March 28, 2005, Board of Directors minutes: "Building Improvements (ADA): Next phase is CEMS becoming ADA compliant. Bathrooms and women's dorm will be extended. Wake County is drawing new plans for these improvements. All improvements will be paid in full by the county. With these improvements, the training room will decrease in size and modification of the chief's office. CEMS may look into extending training room into parking lot."



CARY RESCUE SQUAD
107 MEDCON CT.
CARY, NC 27511

JUNE 4, 2007, CARY EMS BOARD

Rather than building a station, CEMS is looking at moving a truck to Station 5 and cohabitating. If CEMS will not agree to move an ambulance then the county will place a truck if it is needed per the contract.

OCT. 22, 2007, CARY EMS BOARD OF DIRECTORS

Station 5 Update: Chief Cohen stated that we are adding on to the existing fire station on Highhouse Rd. The walls are up and electrician to be there today. Construction will probably be done hopefully by the end of this week. Then depends on the County getting us the other equipment and getting our computers and the information stored. We are looking for a Jan. 1, 2008 start.

JAN. 7, 2008, BUSINESS MEETING

Through stage 1 with the Town regarding the move to Cary Fire Station # 5. Lockers and beds are here.

JAN. 10, 2008, TOWN OF CARY TOWN COUNCIL MINUTES

Agreement with Cary Area EMS (FD08-03)
Committee unanimously recommended approval of a Memorandum of License Agreement with Cary Area Emergency Medical Services, Inc., to co-locate in Town of Cary Fire Station 5.

Staff report: Operations Committee, Jan. 3, 2008
Agreement with Cary Area EMS (FD08-03)
Consideration of a Memorandum of License Agreement with Cary Area Emergency Medical Services, Incorporated to co-locate in Town of Cary Fire Station 5
Speaker: Chief Allan Cain
Approved by: William B. Coleman, Jr., Town Manager
Approved by: Benjamin T. Shivar, Assistant Town Manager

Background

Cary Area Emergency Medical Services, Incorporated is a emergency medical ambulance service that provides paramedic level ambulance service for Wake County. CEMS serves most of the Town of Cary jurisdiction, as well as the Town of Morrisville and western Wake County. As a result of a recent review of CEMS service delivery, Wake County determined a need to deploy an ambulance in central Cary to meet response time goals for that area and in particular for two adult-care facilities with significant calls-for-service.

In addition, Wake County is assessing the feasibility of expanding the practice of co-locating ambulance crews at various fire stations located throughout Wake County. No ambulance crew is stationed at any Cary fire station, but several ambulances co-locate at other fire stations throughout the county and state.

Current Status

Cary Fire Station 5 is located at 2101 High House Road. Fire Station 5 houses two fire fighting companies, an engine company with five firefighters and a ladder company with four firefighters. Station 5 was identified by Wake County as a location from which ambulances could be deployed and response times for the general area could be improved.

CEMS serves this area with an ambulance that responds from their EMS building located at Medcon Court and Kildaire Farm Road. A study of more than 1,000 calls for service in this area indicates response times from Medcon Court routinely exceed Wake County's response time goal of 12 minutes at the 90th percentile. Co-locating an ambulance at Fire Station 5 is estimated to reduce response times for this area in most cases by as much as 50%. CEMS studies indicate 90th percentile response times will be in the 4-8 minute range for this area.

In addition to reducing response times for this specific area, relocating an ambulance from Medcon Court is consistent with Wake County's EMS Deployment Plan to decluster ambulances. Declustering eliminates the practice whereby multiple ambulances respond from one facility by redeploing ambulances to fire stations to reduce response times and meet the 12 minute at 90th percentile goal.

This memorandum of license agreement provides that CEMS would locate one ambulance with a two-person crew to Fire Station 5. Staff has determined that we have sufficient operating capacity at Fire Station 5 to accommodate CEMS resources. We believe emergency medical services in the form of reduced response times will improve for Town residents as a result of collocating an ambulance at Fire Station 5.

Fiscal Impact: The fiscal impact of co-locating a CEMS unit in Fire Station 5 is an estimated \$4,750 offset of estimated operating expenses paid by CEMS to the Town. The offset is computed given CEMS personnel represent 18% of the total personnel operating from Fire Station 5. Currently, estimated annual operating expenses for Fire Station 5 are \$26,400. Using a proportional formula, 18% of the annual estimated expenses equal \$4,750, for which CEMS will reimburse annually. Staff will evaluate operating costs and make invoicing adjustments annually.

Staff Recommendation: Staff recommends Council approve the Cary EMS co-locating memorandum of license agreement.

JULY 23, 2009, TOWN OF CARY TOWN COUNCIL MINUTES

MEMORANDUM OF LICENSE AGREEMENT WITH CARY EMS (FD10-001)

Committee unanimously recommended renewing a Memorandum of License Agreement with Cary Area Emergency Medical Services, Inc. (CEMS), to co-locate in Town of Cary Fire Station 5 and to recognize CEMS' share of operating expenses as General Fund revenue.

Fiscal Impact

Pursuant to the MOA, CEMS will reimburse the Town for CEMS' share of the estimated operating expenses for Fire Station 5. Using a proportional formula, staff estimates the annual CEMS' share of operating expenses at \$5,000.

Staff Recommendation

Staff recommends Council approve the Cary EMS Co-locating Memorandum of License Agreement to authorize co-locating a CEMS ambulance at Fire Station 5 and to recognize CEMS' share of operating expenses as General Fund revenue.

MEMORANDUM OF LICENSE AGREEMENT WITH APEX EMS (FD10-002)

Committee unanimously recommended approval of a Memorandum of License Agreement with Apex Emergency Medical Services, Inc. (AEMS), to co-locate in Town of Cary Fire Station 6 and to recognize AEMS' share of operating expenses as General Fund revenue.

STAFF REPORT

Operations Committee, July 9, 2009

Bradley Wilson checks the pulse and blood pressure of a Cary firefighters during a working structure fire May 19, 2004. Photo by Tammy Patton



MEMORANDUM OF LICENSE AGREEMENT

This memorandum of agreement made and entered into this ____ day of ____, 2008 by and between the Town of Cary, a municipal corporation of the State of North Carolina ("Cary"), and January 10, 2008

Cary Area Emergency Medical Services, Inc., a nonprofit corporation of the State of North Carolina ("Cary EMS");

WITNESSETH:

WHEREAS, Cary operates a fire station to be known as Fire Station No. 5, located at 2101 High House Road ("Cary FS #5"); and

WHEREAS, Cary has operating capacity in Cary FS #5 for an additional crew and company and is willing to provide operating space in Cary FS #5 for a Cary EMS crew to better serve parts of the Town of Cary corporate limits and Wake County; and

WHEREAS, Cary EMS desires to share such space in Cary FS #5 on the terms set forth herein;

and

NOW THEREFORE, in consideration of the premises and covenants contained herein and for other good and valuable consideration, and pursuant to authority granted by G.S. Sections 160A-11, and 160A-20.1 do hereby covenant and agree as follows:

1. SERVICE RESPONSIBILITY

Cary licenses Cary EMS to occupy space in Cary FS #5 on the terms set forth herein. Cary EMS will assign one crew to Cary FS #5 for the purpose of providing emergency medical service to parts of the Town of Cary and Wake County. Cary EMS will maintain approved apparatus in Cary FS #5.

2. LOGISTICS

Cary EMS will maintain two computer workstations in the Cary FS #5. Two of the workstations will be for Wake County network access. One computer will be located in the Cary EMS dormitory. The second computer will be located in a common area. Cary EMS will maintain two phone lines. Two telephones will serve the two phone lines. One phone will be located in the Cary EMS dormitory the other will be located in a common area. Cary EMS staff may use the fax machine. Cary EMS will maintain one ambulance at Cary FS #5.

3. OPERATING GUIDELINES

Cary EMS agrees to comply with the Cary Fire Department policies and guidelines as it relates to the facility use. The Cary

EMS assigned supervisor will report to the Cary FS #5 Captain in regard to operational issues that may arise as a result of this license. Cary EMS agrees to share the operating cost of Cary FS #5. The operating costs include: gas, electricity, water utilities, floor maintenance, exhaust removal, lawn maintenance and station supplies. Cary Fire administration will identify the expected shared cost by Jan. 1 each year. The Cary EMS share shall be determined by taking the annual operating cost and multiplying that by the proportional share of Cary EMS staff at Cary FS #5. The Cary EMS proportional share of staffing is determined by dividing the number of Cary EMS staff by the total number of persons at Cary FS #5. It is expected that the Cary EMS share will be approximately 18% (two Cary EMS staff among 11 total persons). The Town of Cary will invoice Cary EMS for their cost share in July of each year.

4. TERMS

The term of this MOA shall be from the date of execution by both parties through June 30, 2008 ("Initial Term"). This MOA shall thereafter renew automatically for one additional year ("Renewal Term") until June 30, 2009, unless either party provides notice on or before May 30, 2008 to the other that this MOA should terminate at the end of Initial Term.

5. NON-DISCRIMINATION

The parties hereto for themselves, their agents, officials, employees, and services agree not to discriminate in any manner on the basis of race, color, creed, or national origin with reference to the subject matter of this MOA, no matter how remote.

6. NON-ASSIGNMENT

The license granted herein is personal to Cary EMS and may not be assigned.

7. AMENDMENT

This MOA may be amended by a writing executed by both parties hereto.

8. RATIFICATION BY GOVERNING BOARDS

The parties agree that this Memorandum of Agreement shall be ratified by resolution of the governing board of each party, spread upon the minutes.

Memorandum of License Agreement with Apex EMS (FD10-002)
Consideration of a Memorandum of License Agreement with Apex Emergency Medical Services, Inc., to co-locate in Town of Cary Fire Station 6

Speaker: Chief Allan Cain

Approved by: Benjamin T. Shivar, town manager

Executive Summary

In April 2009, Apex EMS (AEMS) approached Fire Department staff about the possibility of co-locating an ambulance at Cary Fire Station 6, located at 3609 Ten-Ten Road. Staff has developed a Memorandum of License Agreement (MOA) with AEMS to locate and operate an ambulance at Cary Fire Station 6. Staff recommends Town Council approve the MOA.

Background/Discussion:

In April 2009, AEMS Chief Nicky Winstead approached fire department staff about the possibility of locating and operating an AEMS ambulance at Cary Fire Station 6, located at 3609 Ten-Ten Road. Chief Winstead indicated the ambulance was currently located at the Fairview Fire Department on Ten-Ten Road just one mile east of Fire Station 6, but physical limitations at the Fairview Station negatively impacted the "reaction time" element of AEMS total responses times ((Total Response Time = 9-1-1 call processing time + reaction time (a.k.a. "turn-out time") + travel time)). Chief Winstead also indicated that AEMS was negotiating a merger with the Town of Apex and its fire department. The purpose of the merger was to ensure the long-term operational viability of AEMS employees and assets by transferring ownership and responsibility of these resources to the Town of Apex.

The merger of AEMS and the Town of Apex results in two implications for the Town Council as it considers this report:

1. The AEMS and Town of Apex merger is tentatively scheduled to occur in October 2009. The merger agreement stipulates that the Town of Apex will assume all contractual agreements and obligations held



Thea Hall works in rehab with the Cary Fire Department during an incident Aug. 11, 2013.

by AEMS. Therefore, should Town Council approve this MOA with AEMS, the intent of AEMS is to transfer this agreement to the Town of Apex whereby the principals of the MOA become the Town of Cary and the Town of Apex. Staff has met with Apex Fire Chief Mark Harraway to discuss AEMS' request to locate at Cary Fire Station 6. Chief Harraway has indicated that he and Apex Town Manager Bruce Radford approve of and support this initiative. Neither Chief Harraway nor Cary Fire Department staff has any concern about the MOA, its cost or our ability to continue to maintain an already effective working relationship.

2. The Apex Fire Department is constructing a fire station on NC Hwy 55 east of its intersection with US HWY 1 and it should be operational by the end of calendar year 2009. The Town of Apex has planned for a thoroughfare road that connects NC HWY 55, near the Apex Fire Station, to Ten-Ten Road, at a point west of Kildaire Farm Road, and as this area develops over the next several years, the road will be built. Once this road is built, the Apex Fire Department will relocate the ambulance assigned to Cary Fire Station 6 to the Apex Fire Station on NC HWY 55. In summary, this MOA will have a term of only several years, not an indefinite term. Requirements of this MOA follow the same requirements contained in the Cary EMS - Cary Fire Station 5 Co-locate MOA and Town of Morrisville Fire Department - Cary Fire Station 7 Co-locate MOA, except this MOA authorizes the transfer of the MOA Assignment from Apex EMS, Inc. to the Town of Apex, North Carolina.

Historically, the Apex EMS response district contained parts of southern and western Cary. However, with the advent of automatic vehicle location (AVL) dispatching protocols, Wake County dispatches all ambulances based on AVL's capability to identify the closest unit available, regardless of EMS provider affiliation. As such, private EMS providers like Apex EMS routinely respond to medical emergencies outside of their traditional response district. The Wake County EMS Deployment Committee has approved relocating this ambulance to Cary Fire Station 6 because relocating is projected to improve ambulance response times by reducing crew "reaction time."

Fiscal Impact

Pursuant to the MOA, AEMS will reimburse the Town for AEMS' share of the estimated operating expenses for Fire Station 6. Using a proportional formula, staff estimates the annual AEMS' share of operating expenses at \$5,000. Staff Recommendation: Staff recommends Council approve the Apex EMS Co-locating Memorandum of License Agreement to authorize co-locating an AEMS ambulance at Fire Station 6 and to recognize AEMS' share of operating expenses as General Fund revenue.

AUTISM AWARENESS



**May 15, 2017, WTVD ABC 11
CARY EMS USING STICKERS TO HELP CHILDREN WITH AUTISM"**

CARY, North Carolina (WTVD) -- Cary Emergency Medical Services wants to improve the way it serves children who are autistic, and they're hoping new stickers will help do that.

The new stickers read "attention first responders - occupant has autism and may not respond to verbal commands."

They want parents of children with autism to pick up the stickers and place them somewhere first responders will notice – such as cars or on the door of a child's room.

"We've only got a short period of time to gain somebody's trust, Cary EMS Chief, Steven Cohen, said.

"And if there is nobody there that knows that the child has autism, then they'd be tucked away in a corner, and any loud noise – they'd probably cover their ears, or make some noises, or act out and become violent," Cohen added.

Sometimes the care is critical, so they train to help these patients by first calming them, then communicating with them through eye contact, writing or demonstration. But the challenge is identifying whether someone is on

the spectrum in the first place.

It's why the Cary mother of a 14-year-old, boy has stickers on her car and in her home.

"I never want to take the chance that somebody will run across my son and have to deal with him in some sort of emergency situation, and not fully understand," said Leslie Welch.

Her son, Joshua Welch, is on the lower end of the spectrum, and does not speak, but she says the stickers are a good idea for higher-functioning children with autism as well.

"I just can't stress enough that identifying your child isn't always a thing you don't want to do," Welch said. "Sometimes it's really necessary and otherwise you can have a much scarier situation."

Cary EMS is giving the stickers away for free, starting Monday. Families can pick up them up at the Cary EMS station at 107 Medcon Court, or from any of their ambulances not working an active scene.

SOURCE: <https://abc11.com/cary-emergency-medical-services-ems-town-of-autism/1996674/>



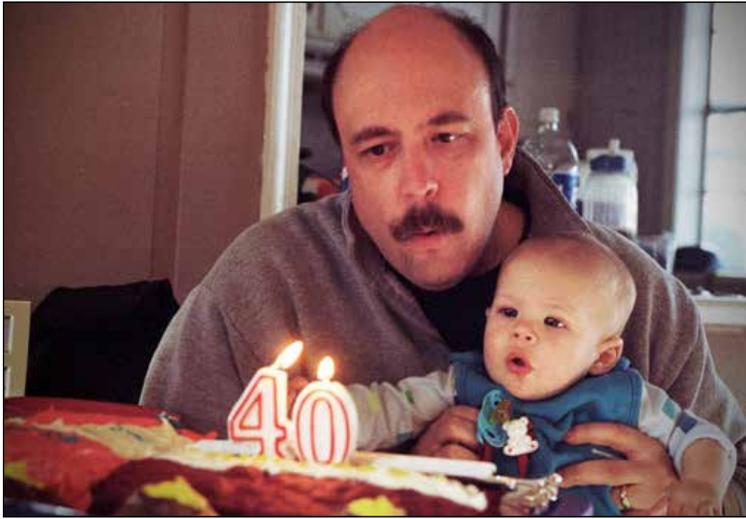
ATTENTION FIRST RESPONDERS - OCCUPANT HAS AUTISM AND MAY NOT RESPOND TO VERBAL COMMANDS, 2017

Chief Steve Cohen recalled, "We were dealing with a lot of autism, and autism was getting a lot of play in the media."

But, he said, one thing that was neglected in the discussion was how first responders would handle people with autism. "We go on calls all the time and it'd be nice to know."

The agency's goal, Cohen said, was just to make sure the providers, police, fire and EMS, were aware that there was an individual with autism that they might need to be prepared to work with.

"We go to tons of calls with special needs kids," he said. "If we know going in, we can change our approach."



With his nephew Jack Brooks, John Barile celebrates his 40th birthday in 2001.
Photo by Bradley Wilson

FUN

Let's have a little fun in between calls

BY BRADLEY WILSON

Christian Heinrich won't forget. He won't forget any detail, not any single, hilarious detail.

Yet when it's all said and done, the facts about who did what to whom and when will remain in doubt.

"My story will be more truthful than John's," he said before recalling one of the best practical jokes ever played at Cary EMS — the Golden Widget Arch.

It's helpful to start with Heinrich's version of the story.

He started by noting that this all took place when he had just gotten on the board as a volunteer (July 19, 1999), the first time he had held such a position.

Eddie Wimberly was the chief.

As part of routine building repairs, a company had come to the building to fix the door where the rescue truck used to be.

So it began.

"When I came here, I really took an interest in things. I would look around the building to see what needed to be done," Heinrich recalled.

John Barile puts a slightly different twist on this part of the story.

"Christian was just made captain," John said. "He came strutting into the building that first night he was captain. He was looking for (stuff) that was wrong."

Heinrich said, "I went into the bay and the garage door that the company had just worked on wouldn't come down. It kept getting stuck on the thing —"

Barile said, "They hadn't completed the entire job yet."

Back in those days, incident reports went straight to the chief, so Heinrich proceeded to write an incident report. But he didn't remember what the broken part was called.

That night, he was working with Deborah Stein and Lynn Nowak.

"I trusted Deborah. I trusted Lynn. But I didn't trust John at this point."

So he asked.

"What's that thing called?" he asked. "John's like, 'It's the widget arch.'"

Barile said, "I was sitting on the couch minding my own business, reading the newspaper. I didn't think they'd believe me."

Heinrich said, "I looked at Deborah. Deborah goes, 'Oh, yeah. It's called a

Behind the scenes



Jesse Sorenson, Angel Vives, Brian Adams, John Barile



At Goodberry's: Joe Bowman, Steve Watson, Jay Royster, Christian Heinrich, Chasidy Kearns



Christian Heinrich, Chasidy Kearns, Tammy Patton, 2005



Jason Deitch, Christian Heinrich, Chasidy Kearns, 2002



Erin (Drohan) Rusinek, Christian Heinrich, Becky Morana, 2003

Other jokes

Christian wasn't the last one to win the Golden Widget Arch award. Two years later, **Erin Drohan** received it for another joke by **John Barile – THE SEATBELT RETRACTION BUTTON**. While pushing the button in the door made the lights flicker again and again, the seatbelt never did retract. "That would be me," she recalled. "Hahaha."

Short-sheeting the bed. Amateur stuff. But when one of the third-person volunteers couldn't figure out how to put the fitted sheets on his bed, **Deborah Stein, John Barile** and **Bradley Wilson** had to have a little fun. If putting the box spring on top of the mattress weren't enough, it was even more funny when the volunteer slept on the spring not one night but two – and on two different beds. "Those beds sure are hard."

Throw buckets of cold water on someone in the shower.

Put plastic wrap on toilets.

Back in the days when the rescue truck had inflatable bags for lifting cars, it turns out they would also lift beds. John said one victim didn't even fall off the bed after the bags inflated but held on for life.

Christian recalled one time when, taking advantage of his obsessive compulsiveness, a group tilted all the pictures on the wall during a meeting.

Put hole punches into the vents of people's cars so when they turned on the air, hole punches went everywhere.

"People were always into doing jokes, but they didn't want to clean them up," Christian recalled.

Freeze someone's keys in blocks of ice.

Or there was the time that **Mike Prevatte** and **Tammy Patton** put a screaming alarm clock in the ceiling of Station 2 to go off at 2:22 a.m. "That started a big ol' war," Christian recalled.

Then there was the time when John would take pieces of rubber bands, color them with markers and tie them into bundles. He'd put them above the visor of the truck. Christian, being deathly afraid of spiders, said, "I would flip the visor down, and the rubber bands would fall on me. I would almost wreck the truck."

widget arch."

So Heinrich wrote an incident report saying that the garage door that they had just worked on wouldn't come down because the widget arch was broken.

In the background, Barile went to Wimberly. "We need to play this out," they agreed.

Barile said, "I was with some other medics that night. We're up to some mischief. That's when we determined that widget arches are \$200 each and they come six to a case and they won't break a case. I went up to Eddie the next morning and say, 'Hey, I need you to get my back on this.'"

The next day, Heinrich calls up to the station and Wimberly informs him that widget arches are only available in cases, and a case of six widget arches costs something like \$1,400.

Heinrich got mad.

"Are you telling me they're not going to guarantee the work they just did?"

Wimberly told Heinrich he was going to have to call the other board members to get approval for an expenditure over \$1,000. Wimberly said he had already contacted some of the board members, but Heinrich would have to call Nowak and Jessica Matthews.

"I'm pissed at this point," Heinrich recalls. "The company is saying it's our fault."

Of course, unbeknownst to Heinrich, Barile had already contacted Nowak and Matthews.

Nowak was the easy sell.

Matthews was the hard sell.

"When I called Nowak, she says, 'I guess if we need it, I guess that's OK by me.'"

Heinrich was still angry.

Matthews agreed with Heinrich.

"This seems like a dumb expense that we shouldn't have to pay. But we gotta get this thing fixed. We can straighten it all out later."

She finally agrees.

Heinrich then calls Wimberly and told him that he has approval to buy a case of widget arches.

Here's where the stories differ markedly.

Heinrich says, "That's when Eddie told me there's no such thing as a widget arch.

Eddie ultimately told me that I'd been had by John Barile."

"I never trusted John Barile after that," Heinrich said. "The shocker here is Lynn Nowak and Deborah Stein. Lynn is the most pure, honest person in the world, and she played a joke on me."

Barile, however, doesn't think the story ended there.

"Next thing you know this prank takes on a life of its own. Everyone, and I mean everyone, was calling Christian asking about the widget arches. (Board member and attorney) Fred Toms would call just to piss him off," Barile said. Paid staff members, volunteers, hospital staff, firefighters and others were all in on it and prodded Heinrich at any opportunity.

Barile continued: "One night I came in for a shift and Christian was here. He said, out of the blue, 'Look at this letter (Board President) Lynn York wrote to the company.' Christian handed me the letter. It was obvious from the letter Lynn was in on it."

Barile continues: "Christian showed me the letter. I read it. And I handed it back to him."

Heinrich: "What do you think of the letter?"

Barile: I said, "It's all right. It's just missing one thing."

Heinrich: "What's it missing?"

Barile: "Let me see the letter."

Barile said, "I wrote at the bottom of the letter, 'You've been had.' I handed it back to Christian.

He said, "What do you mean?"

Barile: "I said, 'Christian, you've been had.'"

Heinrich: "I don't understand."

Barile: "There is no such thing as widget arches."

Heinrich: "Yeah, there is."

Barile: "No, there's not."

Heinrich: "Oh, you're the devil."

Barile couldn't help but laugh even 20 years later.

"I said, 'It wasn't just me. I've had help. Everybody was in on it. Everybody.'"

Naturally, Heinrich received the Golden Widget Arch Award at the holiday party that year. ■



Tara Godwin

THEIR REAL IDENTITIES

(top) Andy McWilliams; (middle) Roshani Patel; (bottom) Doug Alumbaugh



(top) Tammy Patton; (middle) Shawn Davis; (bottom) Deborah Stein





(top left) Larissa and Mike Prevatte; (top middle) Jessica Matthews; (top right) Christian Heinrich; (second left) John Barile; (second right) James Garris; (third left) Doug Alumbaugh and Shawn Davis; (third middle) Tara Truelove and Betsy Bowers; (third right) Marion Houle; (fourth left) Greg Edwards; (fourth middle) Joe Bowman; (fourth right) Jay Royster; (fifth left) Frank Tallarico; (fifth middle) Becky Morana; (fifth right) Justine Hollingshead and Christian Heinrich; (sixth left) Steve Watson; (sixth middle) Jan Hansen



Marion and Mel Houle got married Aug. 20, 2010, at Shell Island Resort (Wilmington, North Carolina).

(top) Jon Veitch

(middle) Bradley Wilson, Tara Truelove, Jessica Teel, Frank Tallarico, Matt McLamb, Mel Houle, Steve Cohen, Marion Houle, Mike Prevatte, Jon Veitch, Greg Edwards, Amanda Edwards, Jill Simpson

(bottom) Amanda and Greg Edwards; Shannon Godwin and Tara Truelove



(top) Frank Tallarico

(middle) Mike Prevatte with Matt McLamb's family

(bottom) Greg Edwards



LU LITTLE'S BIRTHDAY

John Barile recalls how he and Chris Hegele got a burn permit from the fire department for her 50th birthday. Then they put a body bag over the chair she'd be sitting in with balloons on it. Why? "Because... It was a big birthday, and it was loaded down with candles." Little recalled, "The whole Rescue Squad was there."

(top) Steve Watson

(middle) Larry West, Chasidy Kearns, Becky Morana, Joe Bowman (decorating cake with "Have a hot and sweet birthday"), Mason Baldwin, Jan Royster

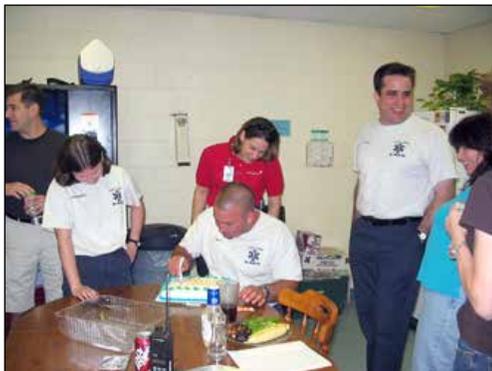


(top) Deborah Stein, Shawn Davis, Doug Alumbaugh in 2003

(middle) Steve Cohen

(bottom) Tammy Patton in 2015

(bottom) Quincy Harris celebrates his Aug. 9 birthday in 2014.





VEHICLES

Top-notch equipment critical to success in pre-hospital care

BY BRADLEY WILSON

All things considered, it didn't take long.

The accident that provided the window of opportunity leading to the formation of the Cary Area Rescue Squad was Aug. 19, 1971. The first ambulance arrived in Cary Aug. 21, 1972, 367 days later. Since then, the members of the Cary Area Rescue Squad or Cary Area Emergency Medical Services have been progressive and aggressive in getting and keeping current, innovative and functional equipment.

Steve Cohen said, "The founders of the organization, the Jerry Adamses, had the forethought making sure the organization started with new equipment, all the training and to always be at the forefront of technology and equipment."

And, he added, "That continued all the way through the tenure of Cary EMS."

From using the Jaws of Life to 12-lead EKGs, Cary EMS had to be first when possible and staff members weren't afraid to try new things and to be innovative.

"If there was something we would want to try, we would do it." ■

MARCH 23, 1972, RALEIGH NEWS & OBSERVER

Sealed bids for the vehicle were opened on March 23, 1972, at town hall. It was the first "mobile unit" for the squad, financed through a \$7,000 grant from the Governor's Highway Safety Program and local matching funds. Town officials would open and review the bids, and also accept informal bids for various "items of equipment."

Cary Rescue Squad gets first vehicle

CARY — The Cary Area Rescue Squad now has its first vehicle, fully equipped and in service, rescue president and chief Jerry Adams of Cary said today.

Adams said the vehicle, a converted carry-all, can carry four patients and has all necessary equipment for administering first aid and oxygen. It also has extraction equipment for removing wreck victims, he said.

The vehicle was put into service at 6 p.m. Friday. It cost \$14,000, half of which was provided by a federal government grant, half of which was raised in a \$40,000 fund drive which has netted \$21,700 to date, he said.

The unit was used for the first time Friday night when W. R. Moore of Raleigh was taken to Rex Hospital after he fell on broken glass and cut an artery in his wrist, Adams said.

Adams said the Cary area squad is one of the few in the state to use "page boy" communication. That system utilizes electronic beepers, small enough to be attached to a belt. A rescue call is taken by the fire department and rescue men receive a "beep" to let them know they're needed.

The squad has renovated a house at 310 N. Academy St. for a headquarters and shelter for the vehicle.

Aug. 21, 1972, *The Raleigh Times*

"Cary Rescue Squad Gets First Vehicle"

The Cary Area Rescue Squad now has its first vehicle, fully equipped and in service, rescue president and chief Jerry Adams of Cary said today.

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UNFINISHED - Cary Area Rescue Squad Chief Jerry Adams, Asst. Chief David Weaver, and squad member John Servis peer from the window of the unfinished emergency ambulance module which they inspect recently.

Squad Inspects Module

Three members of the Cary Area Rescue Squad went to Wilson last week to inspect one phase of the construction of a \$15,000 emergency ambulance module which they expect to have in service in February.

Chief Jerry Adams, Asst. Chief David Weaver, and squad members John Servis viewed the completed first phase of the ambulance module. The first stage involves the frame and the body shell.

Murphy Manufacturing Company, which is building the ambulance, wanted the squad members to approve the location of special electronic and oxygen outlets before foam insulation is put in the walls.

"This is the latest thing in ambulances," Adams commented. "This is what all the large cities are going to. It is really close to the concept of a mobile emergency room."

He said Murphy Manufacturing Company was taking the utmost care in the construction of the vehicle because it felt that other rescue squads in North Carolina would be coming to look at it. The module, when completed, will fit onto a one-ton Chevrolet pickup truck.

The module will be fully air-conditioned and will have an intercom

connecting the front and back.

"The vehicle is being built with the future in mind," Adams said. "Later we can add electronic equipment such as cardiac equipment."

The ambulance was purchased with Wake County acting as the governmental agent. The county arranged to have the federal government pay half the cost of the ambulance.



DONATION - Jerry Adams, chief of the Cary Area Rescue Squad, accepts donation of \$500 from Mr. and Mrs. G. R. Jacobs. The donation was made at a buffet dinner held at the squad building Christmas Eve. The latest donation brought to \$1,100 the amount the Jacobs have given the squad in the last year.

Jan. 4, 1973, *The Cary News* "SQUAD INSPECTS MODULE"

Three members of the Cary Area Rescue Squad went to Wilson last week to inspect one phase of the construction of a \$15,000 emergency ambulance module which they expect to have in service in February.

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"This is the latest thing in ambulances," Adams commented. "This is what all large cities are going to. It is really close to the concept of a mobile emergency room."



Rescue Squad's Jim Bullock, Norman Williams
new ambulance is first of several for county's towns

Times photo by Steve Adams

New ambulance not idle long

By CHRIS SHERMAN
Times staff writer

CARY - After the North Carolina Association of Rescue Squads' directors meeting broke up Sunday, members of the Cary Area Rescue Squad were admiring their new orange and white ambulance when a beep went off from radiosats on their belts.

Three squad men were out of the office and down Academy Street before a 10-second message describing a horse-riding accident and its location ended.

John Servis' crew of volunteers was on the scene near Kildaire Farm in five minutes. The next 11 minutes were spent in first aid and ad-

vising the Rex Hospital emergency room - via the Cary Fire Department - that the victim had not only fallen but been stepped on and would require a surgeon for as many as 100 stitches.

The rescue squad and patient arrived at the emergency room 31 minutes after the call was received.

Eighteen months ago, "It's a fact it was 30 minutes before an ambulance was there" when a child of one of Jerry Adams' co-workers was hit by a truck.

Since then, Cary has joined four other Wake towns, remote from hospitals that no longer depend on commercial ambulance service from Raleigh or local funeral homes, to boost its own rescue squad.

All of the new squads received new ambulances and radio equipment this year, paid for by local contributions, federal grants and an allocation by the Wake County commissioners.

Now, anyone in Cary, Morrisville, Medfield Estates or Swift Creek who calls 467-6101, the Cary Police department, is likely to have the rescue squad on the scene in four minutes.

During the day, the ambulances are manned by men working in downtown Cary. At night another crew is at the squad house until 11 p.m. and is on call at home through the night. Weekends, a crew is at the squad house around the clock.

Capt. Jerry Adams hopes to recruit and train more men so that the squads can be increased in case a second call comes.

Their second ambulance will not be in service immediately, because the Cary squad had brought it from Wilson, to show their colleagues from around the state, and have to return it for more equipping.

The new vehicle is the first of the county's squads. Cary's is a modular medical unit mounted on a one-ton pickup.

The medical unit has plenty of standing room, space for three stretchers, portable oxygen units, blue or white lights and a tachometer that records the pulse from a fingertip with beeps, lights and a meter.

The medical equipment has connections that will match what of emergency rooms, according to Lee Gupton, the manufacturer's representative.

Feb. 9, 1973, *The Raleigh Times*

"NEW AMBULANCE NOT IDLE LONG" by Chris Sherman

After the North Carolina Association of Rescue Squads' directors meeting broke up Sunday, members of the Cary Area Rescue Squad were admiring their new orange-and-white ambulance when a beep went off from radiosats on their belts.

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MAY 1, 1972, CARY RESCUE SQUAD STEERING COMMITTEE

Reviewed ambulance bids and options. Motion made and seconded that the Squad accept the Wayne bid. Approved.

JUNE 4, 1972, RALEIGH NEWS & OBSERVER

New ambulance is a Sentinel 54 with a Chevrolet chassis and a body built by the Wayne Corporation. Has a 350-cubic inch motor and four-barrel carburetor. Cost \$11,872, plus another \$2,728 for equipment. May be ready [for delivery] by July 1.

SEPT. 25, 1972, CARY RESCUE SQUAD REGULAR MEETING

It was announced the delivery on the new pagers will be Nov. 4, 1972.

OCT. 18, 1972, TOWN OF CARY TOWN COUNCIL MINUTES

On motion by Councilman Griffis, seconded by Councilman Secrest, the Town Council unanimously accepted the bid submitted by Crain Garage - M & M Sales, Inc. for an ambulance for the Cary Area Rescue Squad in the amount of \$11,752 plus \$120 tax.

MARCH, 30 1974, LEGEROS.COM

First Hurst tool in Wake County purchased at a cost of \$4,100. Demonstrated at Crickett's Texaco by the squad on March 30, 1974.

SEPT. 22, 1977, TOWN OF CARY TOWN COUNCIL MINUTES

Town Manager Williams reported that at the auction of surplus property the pickup trucks sold for \$200-\$350, the ladder truck for \$500, the Rescue Squad car for \$175 and the three Mavericks for \$900, \$900, and \$975 and that the motor grader was not sold due to a low bid.

JUNE 6, 1978, CARY RESCUE SQUAD BUSINESS MEETING

Bill Stevenson asked for discussion on putting telephones in the units. Chief Owen stated that mobile telephones are charged on a monthly basis, not per call; and that he would look into the cost of the phones.

MAY 14, 1979, CARY AREA RESCUE SQUAD TRAINING MEETING

Chief Owen stated that the new ambulance was put into service at 22:20 on Saturday, May 12th. Chief Owen cautioned drivers to treat new unit with respect & not to push the unit.

JULY 16, 1979

Keith Causey made a motion to order a Ford 350 and SWAB body the same as the last Swab at no more than 115% of the cost of the last SWAB ordered. Lee Gupton stated if we use the Swab on all calls, the unit would require a lot of repairs. Lee said the advantage of ordering a new unit now was because of preventative maintenance and long range goals. The squad would save money 3 or 4 years from now in replacement costs. Motion carried.

JULY 17, 1979, CARY AREA RESCUE SQUAD BUSINESS MEETING

Chief Owen said he had received a quote from SWAB. The price would be \$20,400 without the chassis. Arey Little asked if any other ambulance builders had been contacted. Chief Owen said that Starline had contacted him and would come by.

JULY 21, 1980, CARY AREA RESCUE SQUAD BUSINESS MEETING

David Moore said that he felt that the new chief's car should be marked as a Rescue squad vehicle. Chief Owen stated that when he ordered a car through the state that there was no way of knowing what type of vehicle would be available at any time. Chief Owen reviewed the history of chief's vehicles and uses. The board decided to purchase this car because of low mileage and the condition of the car. Chief Owen said that because of the vinyl roof and the new paint job he had not put the Squad insignia and light bar on the car, but if the membership decided that the car should be painted and the light bar put on, then he would do so.

David Moore made a motion that the chief's car be marked and to spend whatever funds are necessary to do same. Second: Little. Motion defeated.

MAY 3, 1982, BUSINESS MEETING

Chief Owen said that we have received an estimate from Swab. The cost would be \$41k with the chassis costing an additional \$17k. The board has not discussed the proposal yet. Chief Owen asked for suggestions. Also discussed, a Fund drive and Building improvements. Priorities need to be established.

Behind the Scenes



Roshani Patel, 2001



Steve Watson, 2002



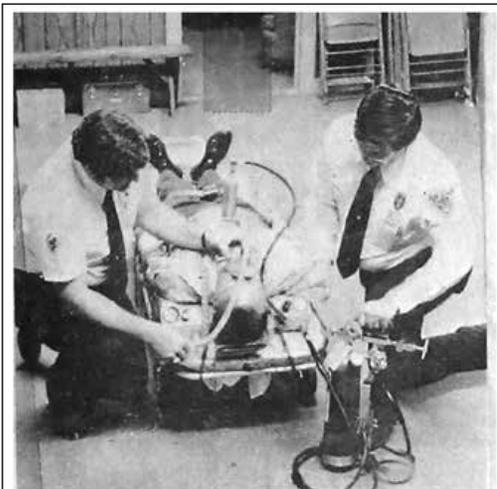
Conia Hux



Tracy Thomas

The Cary News, Feb. 21, 1973
"RESCUE SQUAD PURCHASE"

The Cary Area Rescue Squad's newest purchase is more than just a big ambulance according to squad Chief Jerry Adams. It is actually a "modular medical unit," Adams said. "It is much more versatile than the other ambulance. It has more room to work with the patient, particularly the cardiac patient. Also, it has more room for the tools needed to extricate victims from car accidents. The new unit was delivered Friday night. ... Beside the new unit are Jim Bullock, John Servis and George Heckman.



NEW RESCUE SQUAD ACQUISITION—A portable heart-lung resuscitator was given to the Cary Area Rescue Squad by an anonymous donor recently. It is demonstrated here at the Rescue Squad building by George Heckman, left, and Lee Cupton, both squad members. Billy Henderson, also a member, is the "patient." The equipment, which carries a \$1550 price tag, is reportedly the first heart-lung resuscitator in the area. "This item had a high priority on our want-list of life-saving tools," said squad chief Jerry Adams.



RESCUE SQUAD PURCHASE — The Cary Area Rescue Squad's newest purchase is more than just a big ambulance, according to squad chief Jerry Adams. It is actually a "modular medical unit," Adams said. "It is much more versatile than the other ambulance. It has more room to work with the patient, particularly the cardiac patient. Also it has more room for the tools needed to extricate victims from car accidents." The new unit was delivered Friday night. Half of the \$14,000 cost will come from federal matching funds. "This is the second vehicle we have placed in Cary through matching funds," Adams said. "That means we have placed two at the cost of one. We are trying to get the most mileage we can out of donations." Beside the new unit are from left, Jim Bullock, John Servis, and George Heckman.

April 1973, THE CARY NEWS
"NEW RESCUE SQUAD ACQUISITION"

A portable heart-lung resuscitator was given to the Cary Area Rescue Squad by an anonymous donor recently. ... "This item had a high priority on our want-list of life-saving tools," said Squad Chief Jerry Adams.

Nov. 7, 1973, The Cary News
"JAYCETTES URGE SUPPORT FOR RESCUE SQUAD"

The Jaycees presented a total of \$224 to Chief Jerry Adams which has been used toward the purchase of a pulse tachometer. This is the first piece of electronic equipment that the squad has received.



DEMONSTRATES PULSE TACHOMETER — Rescue Squad Chief Jerry Adams demonstrates the use of the new Pulse Tachometer to Jaycette President Ann Williams and Ann Pachuta. The Jaycettes presented the squad a check for \$224 toward the purchase of the tachometer. Squad members looking on are Tommy Stone, Tim Henderson, Walt Powell, Norman Williams, and Billy Henderson.

Jaycettes Urge Support For Rescue Squad

The Cary Jaycettes are urging each group, individual and club in the area not to forget that the Rescue Squad is still urgently in need of funds to support the operation of the squad. The Jaycettes presented a total of \$224.00 to Chief Jerry Adams which has been used toward the purchase of a Pulse Tachometer. This is the first piece of electronic equipment that the squad has received. This year hopefully more electronic equipment will become legalized and these instruments (such as defibrillators and telemetry, communications through space) will be available for the squad to use to increase the usefulness of their services. Adams reported that donations coming in had reached a point where they are not meeting expenses. Due to this situation Adams expects some type of fund drive will be necessary in the near future, such as a door to door campaign.

New tool to aid in rescue

By CHRIS SHERMAN Times staff writer
 Fire rescue squad members, cost and effort can seldom seem out of proportion to the task. Their business always has a sense of life-and-death urgency. So \$4,000 for a hydraulic capener to pry open smashed cars, airplanes or bank vaults isn't too expensive. And the Cary community chipped in for Wake's first Hurst rescue tool. Operating like a pair of needlenosed pliers being opened, the tool can pop the door off a car in a few minutes or pull the steering column to an almost vertical position. When the Cary Rescue Squad demonstrated the tool Saturday at Cricket's Texaco in intersection of Chatham and Durham roads, they had all the atmosphere or an emergency scene. The streets were slick, and the cold was on sharp few people were out without particular purpose. So the two crew men in hardhats and raincoats holding a body board next to the crumpled '68 Buick seemed in earnest. Originally developed by the Hurst automotive parts firm to rescue its test race car drivers, the tool has had an immediate success with the rescue market. For several months Raleigh's fire department's and rescue crews and the county's volunteers have tried out the tools and Civil Defense Coordinator Russell Capps has tried to find some money to buy several. Without funds from either the county or city governments One night last fall, the Cary crew spent almost two hours trying to extricate a body from a car that had smashed into a tree on Piney Plains Road. They had only hand tools, a gasoline-fueled jack and two wreckers. "That was the night we decided to get the Hurst rescue tool," said H. Lee Gupton, a member of the Cary squad. Within a week there were two other crashes where the use of the tool would have saved more than an hour. The drivers in these cars had already died, he said, so the delay wasn't dangerous. "Had any of them been alive, they would have died waiting for us," Gupton added. In the demonstration Saturday, in less than five minutes, crewmen raised the Buick's top and removed both side doors and the central post, making an opening as large as ambulance doors. The 41-pound tool operates with two small side levers. It is powered by a small gasoline motor which runs a hydraulic line to the tool 30 feet away.



John Servis, H. Lee Gupton demonstrate rescue tool
 Rescue squad opened up the crumpled car in less than five minutes

April 1, 1974, The Raleigh Times
"NEW TOOL TO AID IN RESCUE" by Chris Sherman

One night last fall, the Cary crew spent almost two hours trying to extricate a body from a car that smashed into a tree on Piney Plains. They had only hand tools, a gasoline-fueled jack and two wreckers. "That was the night we decided to get the Hurst rescue tool," said H. Lee Gupton, a member of the Squad.

OCT. 29, 1990, CARY RESCUE SQUAD BOARD OF DIRECTORS

Wheeled Coach has contacted the squad and advised that this Wednesday would be an optimum time to examine the new ambulance. The truck will be entering the cabinet shop and an inspection would allow for the speedy correction of any problems noted.

JAN. 29, 1991, CARY AREA RESCUE SQUAD BOARD OF DIRECTORS

It was announced to the group that the Elevation fire department, Surf City and Sand Hills ambulance services were interested in purchasing the old 572 unit. A determination of the fair price for 572 was also discussed. It was discussed that bids should be taken for the truck with an asking price of \$3,000, as is and without the radio. Bids would close at the end of February and the truck would be sold to the highest bidder.

FEBRUARY, 1991, MIKE LEGEROS NOTES

The first Wheeled Coach was placed into service as 571. It cost \$67,523.

JUNE 9, 1997, CARY AREA EMS BUSINESS MEETING

Chris Hegele asked if everyone had a chance to see the RV that was here last week. It will be used to replace the command post we have now. The board has approved the money to buy a replacement or refurbish the command post we already have. They want to know if we really need a command post and do we want to replace or repair the one we have now. There was much discussion by the membership. Motion to purchase the RV was made by Sue Henshaw, seconded by Keller.

APRIL 28, 2003, BOARD OF DIRECTORS

Ambulance Update (approval): Made the decision to purchase new ambulance from Medtec. Medtec had given Cary EMS a quote of \$91,000 for the new ambulance and Steve Cohen and Steve Watson are going to review that quote to make sure that everything is correct before submitting the order. Steve would like to get the board's approval to give Medtec a purchase order number.

MAY 27, 2003, CARY AREA EMS BOARD OF DIRECTORS

Ambulance Update: next week Cary should be receiving the final contract and the final price of the new truck is \$89,500.

APRIL 23, 2007, CARY AREA EMS BOARD OF DIRECTORS

New Ambulance discussion: everyone has agreed that we need to go to a medium-duty truck. We have looked at GMC and the International; we believe the International is better for us. We have gotten quotes in; one for \$155,600 and \$165,625. One quote is from Medtec and one is from Lifeline. Steve and the vehicle coordinator are trying to narrow the decision between the two companies. Board recommends that Steve proceeds forward with the new truck purchase while bringing information back to the board as it becomes available (i.e.: cost, etc.).

SEPT. 22, 2014, CARY AREA EMS BOARD OF DIRECTORS

POWER COT DISCUSSION/POSSIBLE APPROVAL OF FUNDS: The FERNO representative brought by a power cot for a demonstration. There has been a lot of positive feedback on the cot. Chief Cohen asked the board for approval to purchase seven cots. He needs to get the order in so we will get on the waiting list with Ferno. It could take up to 6 months to get the cots. He said this would be a very positive move for CEMS. He has funding rates from Wells Fargo and BB&T but those rates could change by the time the cots are ready for delivery. Chief Cohen said may have to come up with other ideas for funding this purchase. A few ideas he mentioned are a Kick-starter account, corporate sponsors, or grants. Marion Houle and Ferno are looking into grants. Chief Cohen asked that he, Ed Clayton and Mark Wilcox get together and discuss funding options. We'll need at least \$250,000. Justine Hollingshead moves to allocate up to \$250,000 for the implementation of a Purchase Order to purchase the needed Ferno power cots. Chris Cooper seconded the motion. Tom Hegele expressed his concerns about the battery dying and the fact there is no track record on these cots. He then amended the motion to include "7" needed FERNO power cots. Cooper seconded the amendment. The motion, as amended, passed 7 yes, 0 no.

JUNE 25, 2018, CARY AREA EMS BOARD OF DIRECTORS

Chief Cohen presented the Capital Project Budget for FY2019 to the board for its approval. It includes a new ambulance (\$190,000), a special event cart (\$23,400), and new DC-5 vehicle (\$80,000) to replace the current Chevrolet. He submitted a Request for Approval for the purchase of a new 2018 Kioti UTV with a total estimated cost of \$23,400. Christian Heinrich said that next fiscal year (2020) we will probably be replacing two ambulances. We may be moving to a different vehicle style for the DC-5 vehicle. Justine Hollingshead motioned to purchase the UTV for the cost of \$23,400 immediately. William Upchurch seconded the motion. The motion passed 7 yes, 0 no.

Behind the Scenes



Doug Alumbaugh, Shawn Davis



Doug Alumbaugh, Mason Baldwin



Mike Fall, 2003



Jay Royster, 2003



Kevin Phillips



Rescue Squad Members display two fishing boats donated to them by George Mackie of Industrial Plastics of Louisburg

Rescue Squad Given Boats

The Cary Area Rescue Squad now boasts accessibility in water in addition to land.

George Mackie, owner of Industrial Plastics of Louisburg, donated two 14-foot "bass boats" to each rescue squad in Wake County, and the Cary squad traveled to Wake Forest to receive their free boats Wednesday evening, squad Lieutenant Norman Williams said.

The 14'x4' fishing boats will be "ideal for shallow water lakes and ponds around here."

Williams said. The squad would use the boats in cases of drowning or any other water-related emergency, Williams said.

The boats, while a "generous" gift, cause two more problems for the Cary rescue men, Williams said. Now they must locate donors for two small outboard motors for the boats. "And," Williams said, "we'll have to build us a couple of trailers."

July 3, 1974, *The Cary News* RESCUE SQUAD GIVEN BOATS

George Mackie, owner of Industrial Plastics of Louisburg, donated two 14-foot "bass boats" to each rescue squad in Wake County, and the Cary Squad traveled to Wake Forest to receive their free boats Wednesday evening, squad Lt. Norman Williams said.



Norman Williams, Billy Henderson and Chief John Owen show off the squad's new \$20,000

ambulance which features the latest in rescue and emergency life support systems.

Sept. 22, 1976, *The Cary News*

Norman Williams, Billy Henderson and Chief John Owen show off the squad's new \$20,000 ambulance which features the latest in rescue and emergency life support systems.



Randy Moore tests the radio on the Cary Area Rescue Squad's new modular ambulance. The \$25,000 ambulance can have a chassis installed under the cab, giving the Squad a new ambulance for about one-third the cost.

Cary Area Rescue Squad to dedicate ambulance

By BOB LANGFORD
Staff writer

The Cary Area Rescue Squad will dedicate a new ambulance on Sunday, June 3, at 2 p.m. at the station on Medcon Drive.

The new Swab Super Eagle 120 is a modular ambulance, allowing the chassis to be replaced under the body, and will save the squad money in making major repairs.

"We can put a new chassis under it and have a new ambulance in effect for about one-third the cost," Squad Chief John Owen said.

In addition to being replaceable, the chassis is made by Ford, allowing local service.

Maintenance costs will also be reduced to all ambulances because the squad can alternate vehicles, thus spreading mileage around, according to squad members.

Instead of buying one vehicle on state contract, the Cary Area Rescue Squad designed their ambulance to meet their needs. "It was designed according to

our specifications," Squad Member Randy Moore said. "There is no wasted space and there is more room to work."

With the extra ambulance, the squad can be assured of having enough vehicles to get to answer calls.

"At present we often have three calls at one time," Owen said. "If one unit went out, we wouldn't be able to handle the load."

With the purchase of the new machine, an older model is in the process of being sold.

"Every time we would run it, we would have to do something to it," Squad Member Terry Jones said. "We have the people most of the time but not the unit."

"And we are going to need another unit," Squad Member David McGee said, "since we're planning on selling the

one." Although the ambulance is needed now, squad members say it will meet their future needs as well.

"It is set up so we can add equipment for when we expand to Mobile Intensive Care Units i.e. paramedics," Moore said. "It's set up so we can add more radio equipment which we will need and things of that nature."

The ambulance dedication will culminate a week of fund-

raising for the rescue squad. In addition to having to pay for the \$25,000 ambulance, squad members say other primary expenses are: operating funds, building maintenance and the lack of steady state or county funds.

"In the past we set our goal at \$40,000," Owen said.

"A lot of people said they would contribute every year, so we're having a very low-key drive," he said.

Randy Moore tests the radio on the Cary Area Rescue Squad's new modular ambulance. The \$25,000 ambulance can have a chassis installed under the cab, giving the Squad a new ambulance for about one-third the cost. Photo by Bob Langford

May 30, 1979, *The Cary News*

The Cary Area Rescue Squad will dedicate a new ambulance on Sunday, June 3, 1979, at 2 p.m. at the station on Medcon Drive.

The new Swab Super Eagle 120 is a modular ambulance allowing the chassis to be replaced under the body, and will save the squad money in making major repairs.

"We can put a new chassis under it and have a new ambulance in effect for about one-third the cost," Squad Chief John Owen said.



Early rescue truck. Photo by Lee Gupton

AUG. 27, 2018, CARY AREA EMS BOARD OF DIRECTORS

UTV Update: Liz Coykendall reported that the UTV has been purchased. She and Justin Boatwright picked it up August 23. It is a four seat vehicle with an area on the back for patient transports. We have ordered a patient compartment that will be installed by Boatwright at no expense to Cary Area EMS. The UTV will be housed at 560 either in the rear bay or in the bay where Chief Cohen parks his vehicle. A safety guide is being created and there will be formal training on how to operate both the UTV and the trailer used to transport it. It has four-wheel drive, off-road tires, and diesel engine. It's a top model. We will probably design some logos to put on it. Chief Cohen is taking care of insuring both the UTV and the trailer (if necessary). We have to register and get a plate for the trailer. We are discussing whether to get a plate for the UTV. We paid for it out of our Cary EMS money and we are still under budget on it. We expect the UTV to be finished and on site by August 31. My-Chau Matrick said we need to make sure we remember to add things like insurance, tax and tags on future requests. The DC-5 vehicles will be the ones to tow the vehicle. The Durangos do not have the towing capacity to tow it.

OCT. 29, 2018, CARY AREA EMS BOARD OF DIRECTORS

Vehicle Plan: We are getting quotes for the remount of Truck 7 at \$76,930.75 with a 30-day turnaround. A brand new truck would cost around \$166,745.00. This is a different company than we have bought from previously. Matt McLamb is working on getting these quotes finalized. We are also getting more quotes for a new DC-5 vehicle. They are around \$85,000-\$90,000. It may be a suburban-style vehicle instead of a box truck this time. Chief Cohen will discuss this more with the officers at their meeting on Thursday.

FEB. 4, 2019, CARY AREA EMS BOARD OF DIRECTORS

Vehicles: We are picking up the Truck 7 remount next week. Chief Cohen and Matt McLamb are working on a proposal for a new ambulance to replace Truck 5. The request for purchase will be sent out to the board via email vote. He said we are delaying the purchase of a new division chief's vehicle until FY20. It will cost around \$96,000 and will be an SUV-type vehicle outfitted to EMS standards.

FIRST AMBULANCE

A 1971 Chevrolet Suburban with Wayne Corporate Sentinel Conversion. Designated as Unit 571. Cost \$11,872, plus another \$2,728 for equipment. Designed to carry four stretcher patients, one on stretcher, one on bench, two hanging from ceiling. Had a 350 V8 engine and "rode really good," recalls Dale Johnson. Squad was first in North Carolina to purchase an ambulance that met federal specifications, which predated the KKK-1822 specs. The ambulance was placed in service at 6 p.m. Aug. 18, 1972. It answered its first call that night, transporting a patient Raleigh to Rex Hospital, who fell on broken glass, and cut an artery in his wrist.

SECOND AMBULANCE

Order placed in January of 1973 for \$15,000 ambulance. Squad is paying half of the cost, with balance paid by federal grant. Delivered sometime before Feb. 21, 1973. Cost \$14,000. Designated as Unit 571. First ambulance built by Murphy using a design based on the Swab ambulances in Wendell. Designed to carry three stretcher patients, one on stretcher, one on bench, one suspended from ceiling.

By March/April 1974, also carried Hurst tool until 581 was purchased. "When I joined CARS in 1979, the old Chevy/Murphy (#572) had a permanent lean, which a couple of older members told me came from carrying the old Hurst tool, which was a beast," Dale Johnson recalled.

CRASH TRUCK

A 1974 Ford F-350 with Reading body with 351 V8 engine with two "bbl" carburetor. Carried 24-foot ladder on top, and a Stokes basket. First non-wire basket Stokes basket in the county.

NEW AMBULANCE

A 1975 Chevrolet/Springfield ambulance. Designated Unit 573. Purchased off state ambulance contract. Parkwood FD had identical unit.

NEW AMBULANCE

A Swab Super Eagle 120 built in April of 1979. A Ford F-350 chassis with 460 HP V8 engine modular ambulance designed by squad. Cost \$25,000. Dedicated June 3, 1979.

SOURCE: Research notes by Mike Legeros, <https://www.legeros.com/history/ems/pdf/cary-rescue-history.pdf>

Swab Wagon Pennsylvania Trip

BY RICK WHITCOMB

Our trip started on Friday around 1 p.m. as we attempted to get our stuff together to get off, being sure not to forget anything. We secured a box of rocks to the chassis, despite considerable ridicule from my wife and certain other unnamed members of the squad.

We hit the road around 1:20 p.m. It was Pennsylvania or bust.

After having a quite uneventful ride for approximately two hours and being approximately 90 miles out of Raleigh on I-85 north, I realized I had left the airline tickets above my desk at home. Upon realizing this, we abruptly found a telephone and called Piedmont Airlines at RDU. We asked if the tickets could be canceled and reissued at the Harrisburg airport in Pennsylvania. We were told absolutely not. They did tell us that someone could go to our house and get the tickets, carry them to RDU, where someone could teller ticket them to Harrisburg. We then called the building and, after considerable discussion, Tom agreed to help.

We crossed our fingers and drove on.

When we stopped for the night in Winchester, Virginia, we called the building and found that Tom, through his considerable tact and diplomacy, had been successful in having the tickets transferred to Harrisburg. I still wonder if the steak dinner I promised him had any bearing on his cooperation.

After rising Saturday morning, we soon found out that it was snowing heavily and the roads were already covered. Finally my wife was deciding those stupid rocks weren't so stupid after all. I was glad they were there, not only for the better ride they afforded but for the traction they provided. We were 120 miles out of Harrisburg with three hours of driving in the snow ahead of us. We stopped at a rest stop in Pennsylvania and the welcome center attendant warned us that when we reached Harrisburg that there were two ways to get to Elizabethville. We could take a bypass around the mountain or 225 over the mountain, which was a shortcut. We went straight over the mountains. The trip was hazardous to say the least and Chris (Henry) barely survived without a heart attack.

We arrived at Swab Wagon Co. at approximately 11 a.m. After finding out that the car dealership of Swab was separate from the body shop, we finally met with Ben Margerum, the nephew of Fred Margerum, the sales manager for Swab.

After seeing the box and viewing the shop operations, we were escorted out to the luxurious Swab Chalet. As we walked in the door, there was a pot of oatmeal on the stove with a spoon sticking up as if it were dead. Ben said someone had obviously stayed there and not cleaned up (a keen observation). The smell of soured beer and other strange odors almost made us refuse to stay. The snow made it almost impossible for us to leave. The temperature in the cabin was at about 30 degrees, but Ben assured us that it would warm up if we built a fire in the wood stove. He then informed us that there was no wood, but we could feel free to cut all we wanted in the woods around the cabin.

After we got settled in, he then informed us where we could go to a restaurant about 6 miles away and get supper. Even though it looked like a scene out of a horror movie on the outside, it was nice on the inside and the food was very good. We especially enjoyed the German accordion player and the huge plate of fries.

The trip overall was very enjoyable and educational. The snow was very beautiful and the flight home was uneventful after a three-hour wait at the airport. I did advise Mr. Margerum to please have someone clean up the cabin before he had more customers in, and I advise anyone else going up to take their own washcloths and towels, even if they tell you that you won't need them. ■



EARLY VEHICLES

Placed in service, Aug. 18, 1972, new ambulance is a Sentinel 54 with a Chevrolet chassis and a body built by the Wayne Corporation. Has a 350-cubic inch motor and four-barrel carburetor. Cost \$11,872, plus another \$2,728 for equipment.

SOURCE: Research notes by Mike Legeros, <https://www.legeros.com/history/ems/pdf/cary-rescue-history.pdf>



Mobile Command Center 582 at the Ice House on Jan. 14, 1992, for a hazmat incident.



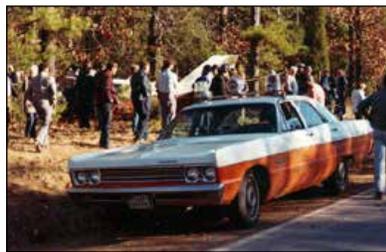
Lu Little: "That one was cool to drive."



Stephen Acai, 1974

Second ambulance arrives, 1973 Chevrolet/Murphy, modular-style. Delivered Feb. 16, 1973. Cost \$14,000. Designated Unit 572. First ambulance built by Murphy. Design was based on the Swab ambulances in Wendell. Designed to carry three stretcher patients.

SOURCE: Research notes by Mike Legeros, <https://www.legeros.com/history/ems/pdf/cary-rescue-history.pdf>



Plymouth Fury donated by Town of Cary, a car formerly used by the fire department chief, to be used by the Rescue Squad chief. Replaced with 1974 Plymouth Grand Fury.

SOURCE: Research notes by Mike Legeros, <https://www.legeros.com/history/ems/pdf/cary-rescue-history.pdf>



Lee Gupton, Stephen Acai, Congressman Ike Andrews, Walt Powell, Cary Mayor Fred Bond and two unidentified young children. Acai said, "This event was a static display of CARS vehicles and equipment and the NCARS, Inc State Communications Van. To my knowledge, the command van was never deployed to Wake County for in-service use. I believe that another squad member, Thomas Babb, made this image."

SOURCE: July 22, 2015 Facebook post by Stephan Acai

OTHER VEHICLES



2001



2010



2003



2013



2003



2015

Christian Heinrich, Deborah Stein and Greg Edwards in front of a Medtec ambulance, 2003.

Steve Cohen said the agency made use of Wheeled Coach for years but switched to Medtec.



2004



Brian Adams, Kaylor Mead, 2019



2007

In 2015, with Marion Houle sitting on an automatic stretcher, Mike Prevatte tries the mechanical lifting features while Steve Cohen, Ferno representative Tom Fox and paramedic Bob Dalton watch.

Cohen said conversion to Ferno stretchers was a good example of how staff members at Cary Area EMS were willing to try something new. Everyone else was using Stryker.

"It was new tech. They were \$35,000 or so apiece," he said.

However, they were better for the patients and better for the crew.

"It was a great buy for us. We didn't have any back injuries because of stretchers."

Cohen said he got an American Fire Grant for \$293,000 to pay for the new stretchers.



ACCREDITATION

Accreditation shows CAEMS a 'great agency'

BY BRADLEY WILSON

The staff, paid and volunteer, knew Cary EMS was a great place to work with high standards for providing exemplary patient care and so much more service to Cary, Morrisville, Apex and even Raleigh.

But the staff had no objective way to prove it.

Furthermore, no one really knew what accreditation was except that it was expensive. After all, only one agency in North Carolina had achieved national accreditation.

Still, everyone at Cary EMS knew that accreditation was John Barile's baby. John was a former volunteer chief at Cary EMS and had started out as a firefighter. By 1998, Barile was a full-time paramedic with Cary EMS. One of his projects, in addition to running calls, was working toward accreditation.

Here are Barile's thoughts on the process and what it brought to the agency.

WHAT IS CAAS?

The Commission on Accreditation of Ambulance Services. It was 1997 or so, and while I was attending EMS Today in Greensboro, someone from CAAS came and did a presentation. Before that, everyone said they thought they had a good agency. But it was all subjective. There was no objective criteria to say Cary EMS is a great agency. This presented itself as a way to do that. At the time there was only one agency in North Carolina that was accredited. Fewer than 3% of the agencies in the nation were accredited. I came back and told Eddie I thought we should become an accredited agency. We started gathering the data.

WHAT DOES GETTING ACCREDITED INVOLVE?

The process involves an in-depth look at your agency to see if you meet a specific set of standards that CAAS felt every agency should meet. Any of the standards that we didn't



The Commission on Accreditation of Ambulance Services was established to encourage and promote quality patient care in America's medical transportation system. Based initially on the efforts of the American Ambulance Association, the independent commission established a comprehensive series of standards for the ambulance service industry.

Accreditation signifies that your service has met the "gold standard" determined by the ambulance industry to be essential in a modern emergency medical services provider. These standards often exceed those established by state or local regulation. The CAAS standards are designed to help increase operational efficiency and decrease risk and liability across the entire spectrum of the organization.

The process includes a comprehensive self-assessment and an independent external review of the EMS organization. This independent process provides verification to your board of directors, city council, medical community and others that quality care is provided to the community.

All ambulance systems are eligible for the three-year accreditation including private, public, fire department and hospital-based.

In 1990, an independent Commission on Accreditation of Ambulance Services was incorporated, bringing together a board of representatives from the American Ambulance Association, the Emergency Nurses Association, the International Association of Fire Chiefs, the National Association of Emergency Medical Technicians, the National Association of EMS Physicians, and the National Association of State EMS Directors. In 1993, the first agencies were accredited by the commission.

have at that time we had to develop and implement. For example, the county didn't have a mutual aid policy for disasters so we had to make one. In addition to that, we needed run stats. We had to track run times. We had to go through and document and show how we met all the standards. It was something like 120 pages of standards: maintain records of training, maintain up-to-date personnel records. If we put in a new standard operating guideline, we'd have to show why we put it in and that all members got copies.

We had to provide written documentation that we met the standards. If there were any questions about whether we met the standard, I would send more documentation.

Then they would have reviewers come and visit the station. They would knock it out in one day or a day and a half. They would double-check personnel records. They would interview personnel. Then they would fill in all their paperwork. CAAS reviewed it. It was a lot of stuff.

One of the challenges was that I'd be in the middle of this pile of paperwork and then have to run a call. Trying to get back in the flow of what I was doing was a pain.

WHY IS IT ADVANTAGEOUS FOR AN AGENCY TO ACHIEVE CAAS CERTIFICATION?

There was no tangible reason other than self-examination. I likened accreditation to good advertising. Measure our agency against a nationally accepted yardstick. All agencies think they're great. Unless you go through that process, you really don't know.

We got reaccredited two more times. We were the first volunteer agency in the nation to be accredited and the second agency in North Carolina to be accredited.

WHAT ADVANTAGE DID THIS PROVIDE FOR CARY AREA EMS?

When they called and told us we earned our accreditation, I asked the agency executive director if he'd come down. We had a big presentation with the executive director and Chief Eddie Wimberly, Wake County Medical Director Donald Vaughn and U.S. Congressman David Price. We did it up right.

It holds you accountable to a standard. As far as most people were concerned, it wasn't worth anything. We've gone the extra mile to make sure we do things the right way.

The county didn't always require that we do a financial audit every year. Even when the county didn't require it, we wanted to go the extra mile.

IT WASN'T WITHOUT SOME CONTROVERSY, HUH? WHAT WAS THAT ALL ABOUT?

Chief Steve Cohen saw the money going out and didn't see anything coming in. He didn't like people coming into the agency to look things over.

It wasn't cheap. The cost depended on call volume. I think it initially was \$5,000. It wasn't that bad. It cost money, but it wasn't horrendous.

WAS IT WORTH IT? WHY/NOT?

I think so. We proved that we were a good agency, that we could live up to a gold standard. Wake County never got accredited through CAAS. Apex is the only other agency in the county that got CAAS accreditation. The state came out with something called model agency.

WHAT DID YOU LEARN IN THE PROCESS OF GETTING THE ACCREDITATION?

We were a pretty good agency already. But we got to see what standards we needed to focus on going forward.

When we sent out the application the first time, there were something like 121 standards. We only had to do follow-up on, like, eight. We didn't have to add anything to what we were already doing.

We had to show proof that officers in the agency had a role in filling out the budget, that just one person didn't just do it. They wanted to make sure that the budgets were not just blindly developed. ■



Marion Houle washes a truck in the summer of 2001. Photo by Bradley Wilson

MAY 27, 1996, CARY RESCUE SQUAD BOARD OF DIRECTORS

John Barile spoke to the Board about Cary Rescue applying for a national accreditation for ambulance services. This would be for a five-year period. This would make us the first volunteer organization in the nation to achieve this standard. This would also provide us with a way to benchmark our service against others. Eddie was asked to speak with Gaston County about the application process. Motion by Heater to pursue the certification. Second by Hegele. Motion passed.

NOVEMBER 1998, CARY EMS BOARD

There was an update on CAAS. We had 0 non-compliance items and 12 partial compliance items. These are to be corrected and returned by Dec. 1.

JANUARY 1999, CARY EMS BOARD

John Barile talked about CAAS. He informed the members that Cary EMS is the (first) volunteer organization to be accredited, the second in the state and the only one in Wake County. There was a discussion when to do an article and John Barile recommended within 10 days. A Press conference was also discussed. There was appreciation from the Board to John Barile and the other committee members for all their work.

FEBRUARY 1999, CARY EMS BOARD

John Barile talked about CAAS and the best way to get as much publicity as possible. He suggested a press conference on March 22 and Eddie asked for a commitment in writing. John also asked for \$500 to be taken out of the contingency fund to provide refreshments and to pay half toward one airline ticket. Motion to approve made by _____. Seconded by Justine Hollingshead. Motion Approved

JAN. 23, 2001, CARY EMS BOARD

The deadline to turn in the application for reaccreditation for CAAS is July 31, but that is not set in stone if we keep in contact with CAAS to inform them about the new Director coming in. There is a reaccreditation seminar coming up in April and John needs \$739 for airfare, registration, and car rental. To reaccredit the organization the expenses would be anywhere between \$9,500 and \$10,500. It would not need to be paid until the next budget year.

Motion by Bob Heater not to exceed the amount of \$739 for John to go to the reaccreditation seminar. Second by Jessica Matthews. Motion passed.

JAN. 28, 2002, CARY EMS BOARD

CAAS has requested a job description for the chairman and vice-chairman of the board. The board has to approve of the job description then it has to be sent with Jessica Matthews to be approved by the membership. John Barile will then send it off to CAAS. Motion to accept the job description with a correction. The statement "who shall report to him" should be removed from the description. Second by Marion Houle. Motion Approved

AUG. 26, 2002, CARY EMS BOARD

Wake County: Cary EMS has been working closely with the county on developing a model system. This model system is a state requirement that the state has put on all EMS in all the counties and they are responsible to come up to these standards.

Police, fire and EMS simulate their response to an accident for students at Cary Academy, May 23, 2012.
Photo by Mike Legeros



FEB. 24, 2003, CARY EMS BOARD

Wake County Model System Update: there will be some inspections around the county and CEMS may get inspected. Having the CAAS accreditation may exclude Cary from getting inspected.

AUG. 23, 2004, CARY EMS BOARD

CAAS Reaccreditation: process has begun. CEMS has to have application mailed to CAAS by the last week of October into the beginning of September. Jan Hansen has started helping John Barile with the reaccreditation.

SEPT. 27, 2004, CARY EMS BOARD

Recommendation to add a line to the job descriptions: for CAAS there will need to be a line added stating "other assigned duties by the chief." Motion to accept and approve this recommendation by Jeff Chambers. Second by Linda Patrone. Motion passed unanimously.

JUNE 27, 2005, CARY EMS BOARD

CAAS Update: CAAS auditors were at CEMS at the beginning of June. They were very pleased with operations. The physician commented on how well CEMS has written SOG's; usually he is able to find holes and couldn't find any while reviewing CEMS. Very good review overall.

OCT. 24, 2005, CARY EMS BOARD

CAAS Reaccreditation: did receive reaccreditation; came in couple weeks ago. Ordered the stickers for all vehicles and are putting "since 1999" on them rather than 2005 - 2008 that CAAS sends.

APRIL 23, 2007, CARY EMS BOARD

CAAS Update: gave Board of Directors information packets regarding CAAS. Feel free to ask questions or bring concerns. Steve Cohen made a correction to John Barile's presentation last month: CEMS will not get insurance reimbursement from being accredited by CAAS.

MARCH 26, 2007, CARY EMS BOARD

CAAS Accreditation discussion: John Barile came in to speak about CAAS. CEMS started this process back in 1997 and was first accredited in 1999. These were national standards and now it has moved to international standards. There are more than 200 standards to be an accredited agency. Fees are based on the number of transports in a year. This year it will cost CEMS \$13,000 for the accreditation process.

JUNE 25, 2007, CARY EMS BOARD

[T]here was discussion regarding the allotment for CAAS. This may be revisited, but for now it was left in the budget. Chief Cohen was asked what the membership thought of CAAS. Chief Cohen stated he did not know and would not presume their feelings for being accredited or not.



Christian Heinrich inspects a vehicle after an accident on Chatham Street, June 17, 2009. Photo by Mike Legeros

OCT. 27, 2008, CARY EMS BOARD

CAAS: Representatives were here Oct. 16-17. They spoke with some employees about operations and looked over guidelines while they were here. Their comments were good and only had one suggestion; to include employees' certifications in their personnel files rather than in a separate file. CEMS has to contact CAAS regarding a refund of \$676. CEMS should be contacted soon about what we have to adjust or not adjust and hopefully it will go for review in December so that CEMS can get reaccredited in January.

JAN. 26, 2009, CARY EMS BOARD

CAAS: CEMS has been reaccredited. Chief Cohen typed a press release and faxed it to all the news media, *JEMS* and *Emergency* magazine. Not sure if it will make it into the magazines.

FEB. 22, 2010, CARY EMS BOARD

CAAS: We are nationally accredited. Our accreditation renewal is coming up. It is a very expensive process we have to do every three years. It cost us over \$12,000 last year for them to come in and inspect us. The cost is based on call volume. The cost for 10,000 calls or more was \$15,000. Chief Cohen states that the accreditation provides us with recognition and no financial advantage, and the money in a tight budget year might be better off being put back in operations. It's an independent organization that comes in and tells us how we are doing. What happens if you let it lapse and then decide later you want it again? Does it look bad not to be accredited? It's a sense of pride to have it. Some of the crews think it's good, others do not. Melissa would like to see a list of pros and cons before we make a decision to drop CAAS. Cody thinks it's a good idea to have another set of eyes looking at the operation. Melissa wanted to know if the price can be negotiated. Not according to Chief Cohen. He has tried before. John Barile is our CAAS coordinator. The fees are not in the current budget but will be for next year. Does it look better to be accredited if we are involved in a lawsuit? Chief Cohen didn't think it makes a difference whether you're accredited or not. The likelihood of being sued would be a medicine error or a vehicle accident. He hasn't heard of anybody being successfully proven not guilty because of accreditation. The Standard of Care is really what would be looked at which is based on local protocol not national protocol. Chief Cohen will ask John to do an analysis for us and will try to have some more information for the Board at the next meeting. Melissa Smith would like to have feedback from the crews regarding their thoughts on CAAS.

MARCH 22, 2010, CARY EMS BOARD

CAAS Update: Chief Cohen said the staff discussed the issue and would like to keep CAAS. That is \$13,000-15,000 we need to add to our budget for next year. Brent Miller asked if this would be considered a Capital expense since it's over \$1,000. Chief Cohen said probably not. It's not a needed expense, and it's not an expense that can be depreciated. It occurs every three years on the expense side of the budget.

APRIL 26, 2010, CARY EMS BOARD

John Barile reported that CAAS was started in 1993. In 1997 CEMS started the accreditation process. In 1999 CEMS became fully accredited by CAAS. We were the 69th agency out of 13,000 agencies nationwide. There are 139 companies accredited by CAAS. CEMS is in the top .03%. We were the first volunteer agency in the nation to become accredited. All three Cary systems (Town of Cary) are accredited. John Barile thinks it is well worth it and that being accredited has helped us in the long run. It is hard to put a number on it but it is similar to advertising, one of those things you have to do, you can't really see where the money goes but in the end the benefits are there. Benefit wise, it has helped us bring CEMS up to the standards of CAAS. They have good policies in place that define job descriptions, grievance policies, personnel policies and any number of policies to cover us and protect our agency through our dealings with the public and so forth. I do think it is a benefit for us and something we should strive to do. Brent Miller stated the advantage is that it is the standard we not only meet or exceed it offers the evidence of the proof that we do that. The cost is \$13-15,000 for 3 years. It is \$7,500 for the accreditation and approximately \$5,000 for the 3 reviewers to come for 2 days. We usually get about \$1,000 back from the fees which include printing and shipping. All the documentation is on John Barile's personal computer. He would like some kind of stipend to cover the costs he has for his computer usage. He may need new software to run the programs. Larry West has a copy of Adobe 8 he can give John for his use. Larry West would like to see the files backed up to the CEMS system. Chief Cohen stated this is our issue and not the Board's. Brent Miller asked if there were any questions for John. Larry West thinks we should use CAAS as leverage with the Town of Cary since they advertise at times that all 3 of the agencies are CAAS accredited. Apex is the only other company in the area with this accreditation other than the Cary Fire Department and the Cary Police Department. Christian Heinrich wants to make sure the stickers get updated on the trucks. Brent Miller asked about putting this in the FY11 budget and Chad Hunter confirmed we had decided on that at the last meeting. John Barile said the paperwork is due at the end of July. He needs 100-120 hours set aside to do the project. His time spent on the project should be considered an expense. He will work with Chief Cohen on his schedule. Brent Miller read a comment from Melissa Smith that she would certainly support the staff recommendation. Larry West made the motion to approve continuing with CAAS accreditation. Chad Hunter seconded the motion. Motion passed 6 yes, 0 no.

AUG. 23, 2010, CARY EMS BOARD

CAAS: John Barile is still working on this. It is on hold until the ambulance license is renewed which is delayed because Wake County and the State are working out some issues. Hopefully we will have the license by the end of September. As soon as we have that then everything should be ready to submit to CAAS for re-accreditation.

Drill Participation: Chief Cohen and several volunteers participated in a national drill at RDU last week. Tom Hegele also participated. This participation also helps with CAAS accreditation. Chief Cohen felt it went well.

MARCH 28, 2011, CARY EMS BOARD

Revamping of Policies: Chief Cohen said we need to wait to make any personnel policy changes until CAAS is done. As of January we have not been accredited by CAAS. Legal reviews on SOG's still need to be done. Mimi Soule is looking for an attorney to do the job. We need to get a date from CAAS and John Barile. Kimberly Clement is concerned there is not timeline set for finishing CAAS yet. Larry West has all of the policies ready to go.

APRIL 25, 2011, CARY EMS BOARD

Chief Cohen thinks we should drop CAAS because of the expense. He would rather use the \$13,000 for something else. He doesn't know how the employees would feel about this. Larry West wants to make sure we present this to the staff members before we make a decision on CAAS. It doesn't bring in any more money for us.

JUNE 27, 2011, CARY EMS BOARD

CAAS is not on this budget and Wake County will not fund it so if we decide to continue with that accreditation we will need to add \$15,000 to the budget. CAAS Legal Review: It was discussed to continue with a legal review every three years and stop CAAS.

AUG. 22, 2011, CARY EMS BOARD

Legal Review (Connie Carrigan from Smith Debnam): We have a written agreement from Connie Carrigan to handle our legal review. Her fee is \$200 per hour and it should take about 10 hours to get it done. We have chosen to do this instead of CAAS. It is saving us thousands of dollars.



Deborah Stein demonstrates how to put on a hazmat suit with Tara Truelove at a training Oct. 9, 2006. Photo by Bradley Wilson



(top left) Tara Truelove, Betsy Bowers; (top middle) Mike Arnold; (top right) Wes Wright; (bottom left) Alev Kutay, Jaime Redig; (bottom middle) Kaylor Mead, Wade White, Jan Bean, Mike Arnold



◀ Doug Meardon performs a patient assessment during an Explorers training exercise with the Swift Creek Fire Department in April of 2004. Photo by Bradley Wilson

The Cary News, March 7, 1979

“JUNIOR MEMBERS AID SQUAD” by Bob Langford

Most people 16 to 19 years old dread the thought of riding in an ambulance. Even if they are not the patient.

But the Cary Area Rescue Squad has five students who ride in the ambulance and say they like it. These students are the junior members of the Cary Area Rescue Squad.

Junior members aid squad

By BOB LANGFORD

Most people 16 to 19 years old dread the thought of riding in an ambulance. Even if they are not the patient.

But the Cary Area Rescue Squad has five students who ride in the ambulance and say they like it. These students are the junior members of the Cary Area Rescue Squad.

The junior members of the Cary Area Rescue Squad were organized approximately one year ago by Tommy Kessler, now the group's advisor.

"We thought it up about a year ago and the board members accepted it," Kessler said. "Now they [junior members] have their own by-laws and have elected their own officers."

The primary responsibility of the junior members, according to Kessler, is to boost morale.

"The junior members are not adequately trained to handle an emergency call by themselves," Kessler said. "But they have had to handle the equipment and where it is located."

The junior members are also trained in first aid and help whenever it is needed. In addition to

aiding the squad members, they help get patients out of a house and into the ambulance, they might wrap a bandage, or take blood pressure," Kessler said.

"Junior members are always accompanied in an ambulance by two squad members," Kessler said.

"We would go on without them but it's a good idea and it helps morale," Assistant Chief Bill Stevenson said.

"When the older guys see the juniors around, it makes them want to set an example," he said.

"The program helps us and it helps the kids too," Stevenson said. "There's been a little short-handed around here lately and they've really helped."

The juniors will also help the squad when they have had members, according to Stevenson.

"The juniors are getting more experience in the future," Stevenson said. "Experience is the best parameter," said Walsh, who was 19 years old Friday and will become a senior member this week.

"The juniors are not the same members as the other EMT's. Emergency Medical Technicians are really helpful to us," Walsh said.

In addition to the hearing medical procedure, the junior members experience situations that most people their age see on television.

"On my first call with three was a guy who had cut two arteries in his arm," Massey said. "The other two guys who were with me looked at me and asked for me to go out or get sick or something. I was not proud I did it."

"There is a little less involved in this one," Walsh said. "One time we went to a guy who was really having a hard time in a street fight and he had to get out to take him to the hospital. There was nothing we could do but leave him there."

Unlike most jobs, however, junior members do not get paid. The entire 22 member staff of the Cary Area Rescue Squad is volunteer.

"Like most jobs, though, it has its good and bad points. The other day I got a girl in the middle who I had helped and she had her motor cycle in her and thanked me for doing such a good job," Massey said. "That really makes you feel good."

"The worst part of this job is people dying," Walsh said. "It happens a lot more than we would like it to."

Cary Area Rescue Squad junior members Gerald Massey and Tommy Walsh get a few helpful tips from the squad's Assistant Chief Bill Stevenson. Five more students are serving on the junior rescue squad.

Behind the Scenes



Latoya Thomas



Hannah Smith

EXPLORERS

Junior members bring fresh perspectives

BY BRADLEY WILSON

After recruiting through the health professions program at Cary High School, Cary Area EMS, at one point, had 23 active Explorers and 34 inactive Explorers as well as had 33 applicants for 20 open positions in the class.

It wasn't easy to get in. Prospects had to take a test and pass a screening interview.

And it wasn't easy to stay in. These high school students had to attend a weekly class, take additional weekend training and work special events.

But they were willing, able and passionate.

Doug Meardon said the Explorers program gave him his first real experience in medicine.

"It gave me the confidence and experience to be comfortable with basic skills," he said.

Holly (Nowak) Gerber also said the program offered her real-world, hands-on experience.

"My most memorable experience with the Explorers program was riding along for actual calls," Gerber said. "It was interesting to see how the learned 'classroom experience' translated into real-life calls. I loved doing the hospital tours as it really showed the full picture of why it was important to work together with the hospital staff."

Ben Michael also said he benefited from riding along.

"I got the most life lessons during ride-alongs, cleaning the station, washing trucks, and doing inventory and checking expiration dates on meds," he said.

"These tasks were not as fun as ripping the old-style EKG leads off each other,

continued on page 158



Ben Michael: "The most memorable experience during my time in the Cary EMS Explorers was when we all went out to Swift Creek VFD and experienced a mock vehicle extrication scenario. That experience was extremely interesting and fun. Another activity I found interesting was hooking each other up with 12-lead EKG's and learning a little bit about how to detect and treat cardiac arrhythmias such as V-tach, V-fib and asystole."



Scott Hardison

Nov 28, 2000 | Welcome of new members; administrative items

Dec 5, 2000 | Ice breaker/team building; orientation to ambulances (Larry & Bradley)

Dec 12, 2000 | Review of equipment; basic first aid; vital signs (Dave & Bradley)

Jan 9, 2001 | Standard operating procedures; review of equipment; review basics (Bradley, Dave & Larry)

Jan 16, 2001 | Public interaction; scene assessment; responding to an emergency (Dave)

Jan 23, 2001 | Patient assessment; airway; oxygen administration (Bradley & Dave)

Jan 30, 2001 | CPR (Larry)

Feb 6, 2001 | Review of truck/boxes; ALS/BLS skill preparation (Justine & Bradley)

Feb 20, 2001 | CPR (Larry)

Feb 27, 2001 | Terminology, documentation and abbreviations (Bradley)

March 6, 2001 | Splinting and immobilization (Justine & Bradley)

March 13, 2001 | Cardio and respiratory emergencies (Dave & Larry)

March 20, 2001 | Bloodborne pathogens (Justine)

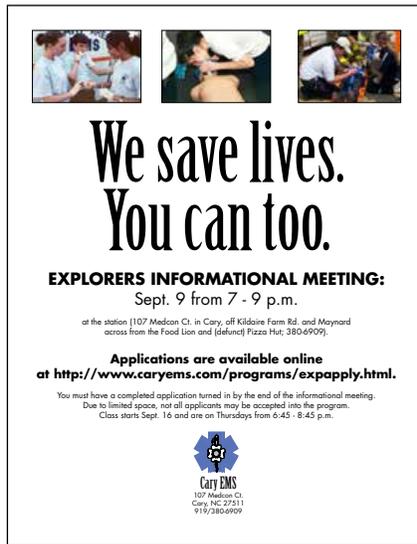
March 27, 2001 | Medical emergencies (Dave & Larry)

April 3, 2001 | Childbirth/pediatrics (Dave)

April 10, 2001 | Burns/environmental emergencies (Bradley)

April 24, 2001 | Trauma; hazmat (Bradley)

All meetings are TUESDAY NIGHTS 7-9 p.m. unless otherwise stated. Some Saturday classes will be scheduled to work with the local hospitals and helicopter services.



**We save lives.
You can too.**

EXPLORERS INFORMATIONAL MEETING:
Sept. 9 from 7 - 9 p.m.

at the station [107 Medcon Ct. in Cary, off Kildaire Farm Rd. and Maynard across from the Food Lion and (defunct) Pizza Hut; 380-6909]

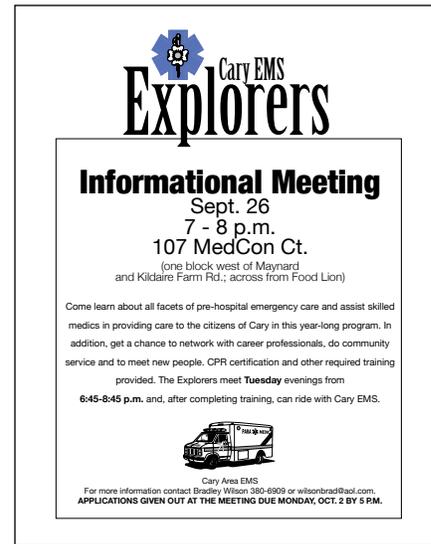
Applications are available online
at <http://www.caryems.com/programs/expapply.html>.

You must have a completed application turned in by the end of the informational meeting. Due to limited space, not all applicants may be accepted into the program. Class starts Sept. 16 and are on Thursdays from 6:45 - 8:45 p.m.



Cary EMS
107 Medcon Ct.
Cary, NC 27511
919/380-6909

Recruitment flyer 2004



Cary EMS Explorers

Informational Meeting
Sept. 26
7 - 8 p.m.
107 MedCon Ct.
(one block west of Maynard and Kildaire Farm Rd.; across from Food Lion)

Come learn about all facets of pre-hospital emergency care and assist skilled medics in providing care to the citizens of Cary in this year-long program. In addition, get a chance to network with career professionals, do community service and to meet new people. CPR certification and other required training provided. The Explorers meet Tuesday evenings from 6:45-8:45 p.m. and, after completing training, can ride with Cary EMS.



Cary Area EMS
For more information contact Bradley Wilson 380-6909 or wilsonbrad@aol.com.
APPLICATIONS GIVEN OUT AT THE MEETING DUE MONDAY, OCT. 2 BY 5 PM.

Recruitment flyer 2006

continued from page 157

but in hindsight proved invaluable since they are the core of any EMS personnel's daily job duties."

Meardon, who now works in the Charlotte area, said he enjoyed spending time with members of the Squad and learning new skills.

"I ended up getting my certification as an EMT and now work as a primary-care physician working to address health-care disparities."

The Explorer program of the late 20th century and early 21st century, a program affiliated with the Boy Scouts of America, wasn't the first way that younger people could get involved with the Squad.

An undated article presumably in *The Cary News* in the spring of 1979 said, "The local squad is now accepting applications for a Cary Area Junior Rescue Squad, said Bill Stevenson, the assistant chief of the squad."

Students needed to be 16-18 years old, interested in the emergency medical field and "willing to accept a great deal of responsibility." The junior members did not administer any medical care to patients or drive the emergency vehicle. But they wore the same uniform as other members just with a different badge. That continued into later iterations of the program.

Gerber, whose mother Lynn Nowak encouraged her to join, became a certified nursing assistant, and then a social worker.

"Although I changed majors in college to become a social worker, the majority of my career has been as a medical social worker," Gerber said. "The Explorers program not only provided me with my knowledge that I use on a daily basis, but it helps me better connect with the doctors, nurses and medics that I interact with on a daily basis now."

Michael agreed that the program influenced his career as a paramedic.

He said, "I never have forgotten the lessons learned during that time. I believe I was a better paramedic and technician (than I probably would have been) because of the Explorers program." ■

MARCH 5, 1979, CARY AREA RESCUE SQUAD BUSINESS MEETING

Chief Owen ask juniors to leave room because of situation that needed senior squad's attention. Owen explained that a junior member had become 19 years old. He felt that it should not be automatic for a junior member to be accepted to the senior squad. Discussion followed. Owen suggested that junior members be put on probation on the same format as new senior members. Keith Causey made a motion that junior squad members that reach the age of 19 be considered as new senior squad applicants and that we follow the same formation this case as when a person 19 years or older applies for membership. Second Zacny. Motion carried.

OCT. 8, 1979, BOARD MEETING

Gerald Massey was invited into the meeting to discuss some points regarding junior Squad bylaws. Gerald said the junior members should be allowed to run red lights because 18 year old's are voted in as senior members and are allowed to run red lights. So junior members should have the same rights. Discussion followed.

The following changes will be inserted in the junior bylaws:

Add item 11: A junior member shall serve a minimum of six months probation. While under probation a junior member will pull all duty from the building. Upon the end of approved probation a junior member will be allowed to pull duty from home from 11 p.m. to 7a.m., but will not be allowed to run red lights.

Randy Moore made a motion to accept the changes pertaining to the junior bylaws. Second: Little Motion carried.

Randy Moore made a motion to approve the Membership's recommendation that the Squad buy uniforms for junior members on the same format as senior members. Second: Little. Motion carried.

MARCH 7, 1988, GENERAL MEMBERSHIP

Bart Lineback presented the handout, a copy of which is attached, prepared by Chuck Cheek regarding the proposed revised junior membership program. Members were asked to review the handouts and present any questions or comments at the next General Membership meeting.

SEPT. 25, 2006, CARY EMS BOARD OF DIRECTORS

Explorers: There is an informational meeting for the Explorer program tomorrow evening. The Explorer program is an excellent way to recruit volunteers.

JUNE 25, 2018, CARY EMS BOARD OF DIRECTORS

Youth Citizens' Academy: Chasidy Kearns ran this June 18-21. There were 6-8 students, and it went really well.

Explorers reinvented as Youth Citizens Academy

BY CHASIDY KEARNS

During the summer of 2018, Cary Area EMS held a Youth Citizens Academy, a Monday-Thursday morning camp that was free.

On Monday, the participants learned about the history of EMS, how the 911 system works, career resources for EMS, and got a station and ambulance tour. For Tuesday, each participant was certified in CPR from the American Heart Association. Wednesday was a first aid boot camp where each participant learned valuable lifesaving skills and first aid that they can apply to life in general should the need arise. On Thursday, each participant went to the Raleigh Wake 911 center and toured the 911 call facility, received a short presentation on 911 call taking from the staff, and was given the opportunity to ask questions. The final activity on the last day was to build first aid kits for the participants to take home.

Cary Area EMS prided itself on this program and offered it for free to spur interest in EMS as a career and also to give the participants valuable life skills and knowledge about life saving interventions and the 911 system.

The teens really enjoyed the content, and hands on components. They were exposed to a career and life-savings skills that they never would have been exposed to in a traditional classroom setting.

I personally enjoy teaching that age level, because we are able to take young minds that are shaping what they want their future to be and even if they never became an EMT, they did leave with an appreciation of the 911 system. ■

Behind the Scenes



Jay Royster, Holly Nowak and other members and Explorers train on vehicle extrication as part of Super Scenario Sunday in the spring of 2004.



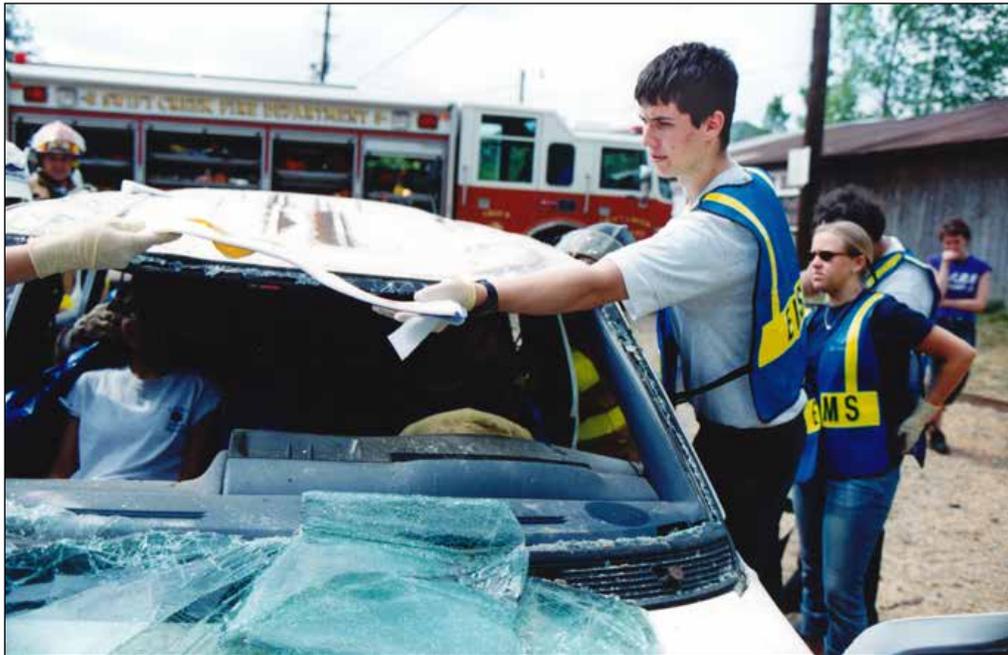
Xander Ley, Michelle Muchmore, Blake Pemberton at EMS Extravaganza in 2001.



Tracy Thomas, Michelle Muchmore, Blake Pemberton and Xander Ley at EMS Extravaganza in 2001.



Explorers helped in CPR training with the American Red Cross.



Chris Dye and Betsy Bowers participate in an extrication drill with Swift Creek Fire Department in the spring of 2004. Photo by Bradley Wilson

Explorer program comes with ‘great education’

BY CHRIS DYE

I was lucky enough to get to participate in a fantastic health career education program throughout my years at Green Hope High School. While it was part of the “vocational education” track in the Wake County system, our classes were populated with a lot of people who planned to become physicians, nurses, and other health care professionals. I was one of those kids — really sure that I would become a physician through nothing more than a sincere desire.

By the time my senior year rolled around, the school was actually out of classes for several of us to take. Fortunately, Athens Drive High School had operated a program for several years with Wake Tech that allowed students to dual-enroll and complete an EMT-Basic curriculum while still in high school. On my first day in that class, I met Doug Meardon (who did manage to complete medical school), and he mentioned that he’d been a part of the Cary EMS Explorers Program for a couple of years and was already getting to ride on ambulances and participate in patient care.

This was the dream for me. I was then (and probably still am) a terribly impatient person. No part of me wanted to wait for another eight years to see and treat patients, so the opportunity to get out and experience “real” medicine immediately was deeply appealing to me. I followed Doug’s advice and applied to the program, thinking that I’d probably ride along a few times before I went off to college the next fall.

You’ll see the irony in a few more paragraphs.

Those first few meetings were a blur. We’d already covered a fair amount of information in our EMT class, so the medicine we were expected to learn (vital signs, CPR, etc.) wasn’t particularly challenging, but learning the locations of all of the equipment and how to use a monitor, lift a stretcher, and not make Mike Dean mad when I didn’t even know what “chux” were, was like drinking from a fire hose — but I enjoyed every single minute of it.

I vividly remember my first night as a “third rider” on the truck — Nov. 1, 2003 — working with Tammy Patton and Alvis Reaves. Patton had participated in some of our



Jennifer and Chris Dye with their oldest daughter Emily. Chris is now a paramedic and cardiovascular specialist with WakeMed.

Explorer training, and I felt comfortable with her. I'd never met Reaves. Christian Heinrich described Reaves to me as "one of the best people you'll ever meet. He'd give you the shirt right off his back. You definitely wouldn't want to wear it, but he'd give it to you."

At about 2130 that night we were dispatched: "Motor Vehicle Collision, 29-Delta-1 F-Frank." I can still hear the dispatch and remember where I was standing in the day room at Medcon Court. We jumped in the truck and checked en route. On the way, Patton asked me to spike a couple of bags of normal saline (no judgment — medicine was different back then) and to make sure I got my scene vest on. As we pulled up to the scene Reaves met me around back, and we pulled the long spine board (again — no judgment) and trauma bags. As we walked up to meet Patton near the incident commander I noticed there were a lot of blankets in the road. It was only after spotting some hair and brain matter sticking out from under one of those blankets that I realized this was a bad scene.

Long story short, a driver ran a stop sign and caused an MVC. Then a drunken driver, moments later, struck several people stopped to assist the victims. Eight people died either at the scene or after arrival at the hospital.

After the fact — even before we cleared from WakeMed — people I didn't even know were checking on me to make sure I was okay. Patton, a couple of WCEMS medics, and several firefighters all took a minute to check on me. Short of having to clean some blood and tissue off my brand-new boots, I was fine. This is just what we do, right? Isn't this a normal Friday night?

After a critical incident stress debriefing and a few more shifts, I began to understand that no, this was NOT normal. Nonetheless, I was anything but dissuaded from pursuing more exposure and more experiences. Years later, I think I've finally figured out why. I have never had a formal diagnosis, but I have an "ADHD-like" syndrome of some sort. The only time I ever feel quiet, calm, and focused is in the middle of abject chaos and crisis. This job and its ever-changing nature and acuity provided the stimulation I needed to learn how to focus.

It came with some great education.

I remember Heinrich explaining what a 12-lead ECG looked for, and what "ST elevation" was. I remember Bradley Wilson and Justine Hollingshead teaching a group of high schoolers what it meant to show up, be professional and do a good job. Larry West taught me about some great music and "real" Mexican food, and nights with Joe Bowman were always a lesson in sarcasm. John Barile taught me more medicine and told me more stories than anyone I've met since, and also taught me that Chick-fil-A breakfast is free before 0800. Tara Truelove taught me that it was totally possible to be kind and have feelings and still be a good EMS provider, and Reaves taught me that taking care of your "family" should always come first.

It's been almost 18 years since that first night on an ambulance, and I've spent many thousands of hours on many different ambulances since then. I've worked 911, special events, in emergency departments, transfer centers, dental offices, and helicopters and airplanes since that first night, but the lessons and experiences I gained as an Explorer at Cary EMS have never left me. I talked about my experience in my admission essay for University of North Carolina in 2004, and I still find occasion to tell that story every once in a while. I'm in the process of interviewing for PA school, and it feels good knowing that even years later, the lessons I learned at Cary are still helping to push me forward. I'm forever grateful to everyone who took the time to help out the (much skinnier) kid who showed up to that first meeting. ■

Behind the Scenes



Chris Dye washes a truck in 2003



Chris Dye participates in an extrication drill with Swift Creek Fire Department in the spring of 2004. Photos by Bradley Wilson



Scott Hardison



Explorers practice taking vital signs in May of 2004



Explorers practice setting up IVs in May of 2004

Station 1: Communications

Answer the following questions.

1. What does 10-____ stand for?
2. If you're responding to an alpha call, what code do you use in the response? What does that mean?
3. When you have an emergency, what phone number do you call? How would you define emergency?

Station 2: Ambulance equipment

Locate the highlighted items on truck _____.

While you're there, how much oxygen is in the main cylinder? _____ How much mileage is on the truck? _____

KED

Stair chair

Long backboard

Scoop stretcher

Trauma bag

Med box

Portable EKG

Airway kit

Portable suction

Ice pack

Clipboard

Traffic vest

Urinal

Stethoscope

Glucometer

Portable suction

Portable oxygen

Fire extinguisher

Teddy bear

Adult non-rebreather mask

Nasal canula

Pen light

Scissors

1000mL bag of Saline

Spare battery for EKG

Bag valve mask

Extra pillow

4x4 gauze

Station 3: CPR

Be prepared to perform adult CPR and obstructed airway techniques on a mannequin.

Approved _____

Station 4: Patient assessment

When you're the medic, who was your patient (person's name) and what was their chief complaint?

What wounds, signs and symptoms did you find in the following areas?

Head, eyes, ears, nose, throat

Chest

Abdomen extremities

Allergies to medications

Current medications

Previous medical history

Last oral intake

Events preceding

Pulse: _____ Blood Pressure: _____ Respirations: _____

Explorer skills review scenarios

TUESDAY, FEBRUARY 6, 2001

PATIENT 1

When you're the patient, your chief complaint is disorientation after a fight at school. You fell and hit your head. Your pupils are sluggish to react, and you have blood in your nose. Police are on the scene but no one else around seems to know what happened. You're still mad at whoever hit you.

You're allergic to penicillin.

Be a good patient, generally cooperative, but don't give it all away when they first walk up. Make them find out what's wrong with you on their patient assessment. If I haven't provided the answers to any of the SAMPLE history or DCAP-BTLS, you can make them up appropriately. Act serious, but don't overreact.

PATIENT: Make any notes commenting on the patient assessment below. How well did the Explorer treat you? What did they do well and what could they have done better? Did they remember to ask if the scene was safe or not?

PATIENT 2

When you're the patient, your chief complaint is difficulty breathing following an asthma attack. You have wheezes when you exhale and they should note that when either listening to breath sounds or examining the chest. You have a hard time talking. Your skin is pale. You're nervous and insist on sitting up straight but your legs are too weak to stand up.

You have a history of asthma and regularly have controllable attacks.

Be a good patient, generally cooperative, but don't give it all away when they first walk up. Make them find out what's wrong with you on their patient assessment. If I haven't provided the answers to any of the SAMPLE history or DCAP-BTLS, you can make them up appropriately. Act serious, but don't overreact.

PATIENT: Make any notes commenting on the patient assessment below. How well did the Explorer treat you? What did they do well and what could they have done better? Did they remember to ask if the scene was safe or not?

PATIENT 3

When you're the patient, your chief complaint is stomach cramps. Severe stomach cramps. You had dinner one hour ago. Fish. It hurts to sit up. It hurts when they touch your upper abdomen. You have not thrown up or had diarrhea. It just hurts.

You had surgery a year ago and had a significant portion of your small intestine removed due to some disease, but you can't remember the name of it.

Be a good patient, generally cooperative, but don't give it all away when they first walk up. Make them find out what's wrong with you on their patient assessment. If I haven't provided the answers to any of the SAMPLE history or DCAP-BTLS, you can make it up appropriately. Act serious, but don't overreact.

PATIENT: Make any notes commenting on the patient assessment below. How well did the Explorer treat you? What did they do well and what could they have done better? Did they remember to ask if the scene was safe or not?

PATIENT 4

When you're the patient, your chief complaint is disorientation. You don't know your name, where you are or what happened. You haven't eaten all day. Medics find you sitting on bench at school just shaking your head.

You're a diet-controlled diabetic. Don't give that away right away. Make them ask questions about medical history.

Be a good patient, generally cooperative, but don't give it all away when they first walk up. Make them find out what's wrong with you on their patient assessment. If I haven't provided the answers to any of the SAMPLE history or DCAP-BTLS, you can make it up appropriately. Act serious, but don't overreact.

PATIENT: Make any notes commenting on the patient assessment below. How well did the Explorer treat you? What did they do well and what could they have done better? Did they remember to ask if the scene was safe or not?

Junior Division Bylaws

Jan. 13, 1979

Persons between the ages of 16 and 18 years of age will be identified and herein called Cary Area Junior Rescue Squad. They will be identified by a junior patch under the regular squad patch. The regular squad uniform will be worn by the junior squad.

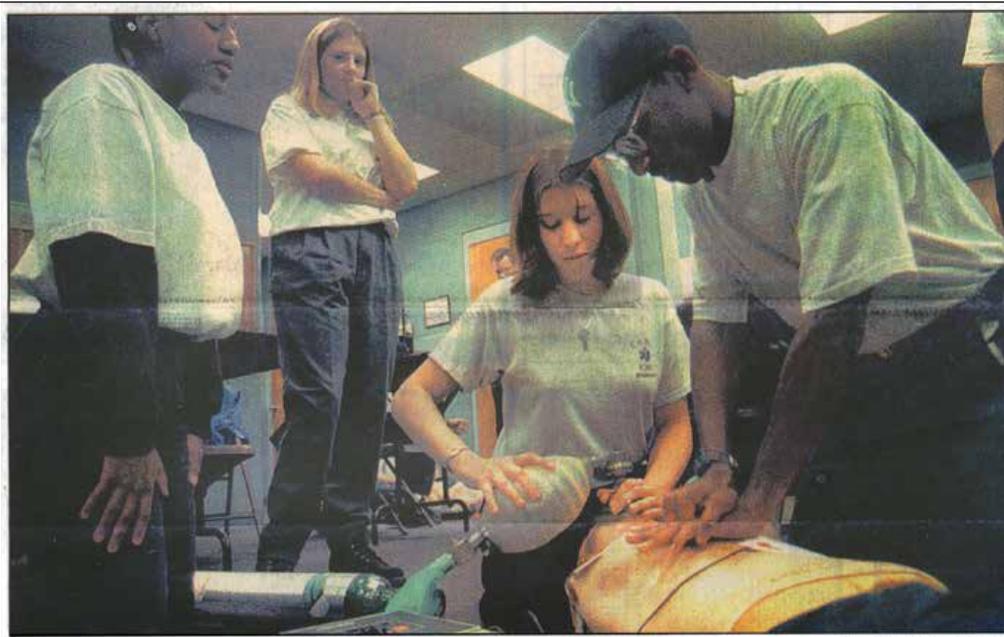
The junior squad will be under direct control and responsibility of the senior squad. The senior squad will provide a junior squad advisor to act as liaison between the junior squad and the senior squad.

Membership of the junior squad will be the responsibility of the senior squad membership committee and the senior squad general membership. When approved the application will go to the junior squad.

The junior squad will provide their own officers to be responsible for their own junior squad business, etc.

These following regulations are established by the Cary Area Senior Rescue Squad to be followed and observed by the Cary Area Junior Rescue Squad.

- A. All applicants must be the age of 16 years or older and have parental consent.
- B. All junior squadmembers must maintain an acceptable scholastic average.
- C. Junior squadmembers must complete the training outline designated by the training committee.
- D. Junior squadmembers will not be allowed to vote at senior squad meetings.
- E. A junior squad member may ride only as a third or fourth person on an emergency call.
- F. A junior squad member may only ride on OB calls with the shift captain's approval.
- G. No junior squad members will be allowed to use the red lights or exceed the normal speed limit in their privately owned automobiles in conjunction with the Rescue Squad.
- H. No junior squadmember will be allowed to drive an emergency unit at any time for any reason.
- I. The squad building is a place of business; there will be no loitering by non-squadmembers.
- J. The members of the junior squad will obey all other bylaws and regulations of the senior squad not covered by the junior squad bylaws.



Nicole Harrison, Amanda Miller, Tori Jones and Bobby Holloway receive training in using a new lifesaving device Tuesday night.

STAFF PHOTO BY MARION WHITE

Teens get jump on saving a life

By SHERRY WILLIAMSON
STAFF WRITER

A new lifesaving device laypeople can use to jumpstart the heart of someone in full cardiac arrest will soon be in public places and businesses across the country.

And members of the Cary Emergency Medical Services' Explorer Group for 14 to 21 year olds interested in medical careers also got a jumpstart Tuesday on other youths in learning how to use the automated external defibrillator (AED).

About 15 teen members of the experiential learning program received the two-hour training at the EMS base from the Triangle Area Chapter of the American Red Cross. It is believed to be the first time a youth-only group has taken the training in the Triangle.

The Red Cross chapter has been offering the AED training since May 1998 to the community and businesses in its service area, comprised of Wake, Warren and Franklin counties. More than 167 people have been trained so far.

The automated device automatically recog-

nizes a heart rhythm that requires an electric shock to restore its normal rhythm. The machine can then charge itself and prompt a rescuer to deliver a shock to the victim by pressing a button.

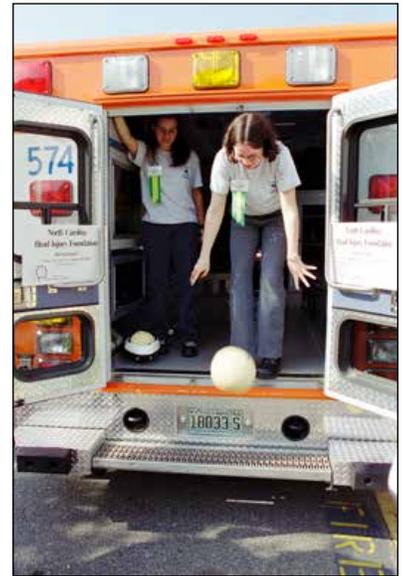
"You'll be able to save people who normally wouldn't be saved because of time, distance" or other factors, said Justine Hollingshead, an American Red Cross volunteer instructor and Cary EMS volunteer.

About 250,000 Americans die each year

See TEENS, PAGE 5A



Blake Pemberton and Dean Broz work with other probationary members and Explorers at Super Scenario Sunday 2001 - water extraction.



Explorers Hannah Smith and Lindsay Wall demonstrate, using a melon, what happens to a person's head in a bike crash. They were doing demonstrations for the Pilot Club's bicycle rodeo, April 21, 2001. Photo by Bradley Wilson

Circa 1998, *The Cary News*

"TEENS GET JUMP ON SAVING A LIFE" by Sherry Williamson

A new lifesaving device laypeople can use to jumpstart the heart of someone in full cardiac arrest will soon be in public places and businesses across the country.

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...
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TEENS FROM 1A

from coronary disease, with the majority of deaths occurring suddenly from cardiac arrest.

EMS response time to an emergency can be up to 10 minutes depending on the area and the circumstances, said Hollingshead, adding that time is critical after a cardiac arrest.

There is a four-minute window of time to start helping a victim by starting CPR and early defibrillation, she said. CPR alone is not enough because it just helps maintain a low level of circulation in the body for a limited time until abnormal rhythms can be corrected by defibrillation.

The longer CPR has to be administered before defibrillation the less likelihood of reviving the victim, Hollingshead said.

The light-weight device should only be used when you feel someone is having a full cardiac arrest and the victim is not breathing and has no pulse, she said.

The rescuer starts CPR and then attaches the device to the victim through two electrode pads placed on the chest. The device analyzes the heart's rhythm and delivers a shock of from 200 to 360 joules if needed.

The shock stops the heart so that when it restarts it will beat normally instead irregularly, said Hollingshead, adding that the

device is similar to ones carried on ambulances but not as complex or multi-faceted.

"I thought it would be a little more complicated," said Raleigh resident Bobby Holloway after getting hands-on experience using the device. A 17-year-old junior at Cary High School, he has been in the Explorer Group for two years.

Tori Jones, a 16-year-old Cary resident and junior at Cary High, agreed. "It's quite easy, and anyone could do it if trained properly." The device, which costs \$800 to \$1,200 each, has only three buttons: one to cut it on and off, another to analyze the heart rhythm and a third to deliver a shock. A computerized voice gives step-by-step instructions.

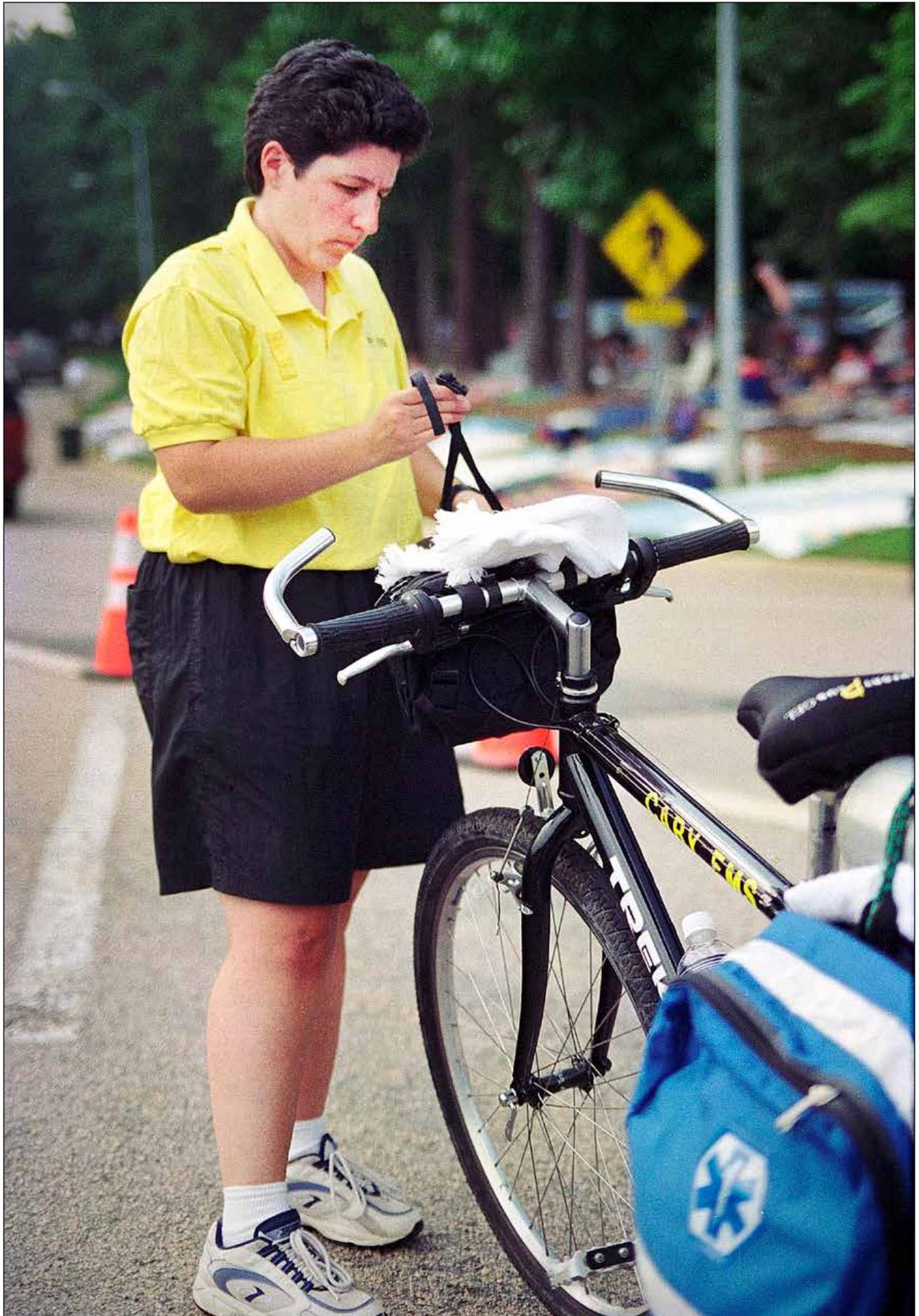
The device cannot be used on people less than 12 years old or weighing less than 90 pounds.

"It's exciting to be getting it in public places like airports and malls, so that people can help each other," said Jones, who a few weeks ago while riding along on an EMS call saw a 53-year-old man in cardiac arrest who later died. "It's going to save more than one life."

For more information about the automated external defibrillator, call the Cary branch of the American Red Cross at 851-5747.



Explorers and probationary members work at Super Scenario Sunday



BICYCLE EMERGENCY RESPONSE TEAM

Bike team provides accessibility during large events

BY BRADLEY WILSON

Implemented in 1993, Cary EMS's Bicycle Emergency Response Team was the first BERT in Wake County and has been the model for several other bike teams in the area.

Originally started as part of the special events program to handle responses at large events such as Cary's Lazy Daze Arts and Crafts Festival and July 4 festivities, it was used to patrol areas of congestion, such as Crossroads shopping center during the holiday rush, events attended by citizens of Cary as well as people from around the region and nation.

Christian Heinrich said, "It was the fact that the Town of Cary had a lot of things. People were calling for wrestling matches and football games. People started calling for kids' birthday parties."

At the April 1994 business meeting alone, members discussed staffing the Cary Road Race, a walkathon at the North Carolina State track, a Pilot Club demonstration on bicycle safety, EMS week, the Health Fair at Western Wake Hospital, a bike rodeo at the Weston 1 building, EMS Appreciation Day at the Wake Commons building and a golf tournament at Prestonwood Country Club. Those discussions happened almost every month. In 1982, the Squad even discussed covering an opera at Reynolds Coliseum.

So Chris Hegele, now a computer-aided dispatch and Master Street Address Guide specialist with the Cary Police Department, helped to start a bicycle team.

"I started it with the help of others," Hegele said. "Cary PD had a bike team and watching them maneuver through crowds much faster than a patrol car could made me think. I did some quick searching and found a few others that had tried it."

While traditional, ambulance-based EMS response faced challenges with limited access and increased liability, the bike team allowed both basic and ALS technicians to achieve a much quicker response time to reach patients safely. In these types of settings, BERT proved successful in supplementing the usual EMS response. Bicycles allowed ALS and BLS technicians to respond to a patient in as little as one minute.

This accessibility was one of the benefits of the team, Larry West said.

"I remember always being asked for Band-Aids and other minor things they wouldn't have gone to seek out," he said.

Hegele said the team proved its worth early on when he, using his own bike, partnered with Marion Houle, using a bike provided by the Cary Police Department, at the July 4 celebration at Regency Park.

"It was a huge success, other than Marion falling off the bike in front of a ton of folks while standing still (all the weight of the gear took his legs out from under him while straddling the bike)," Hegele recalled.

continued on page 168

Behind the Scenes



Marion Houle, Steve Cohen, 2013



Chasidy Kearns, Stephanie Ball, 2001



Larry West, Scott Hardison, Sue Henshaw, Jay Royster, 2005



Christian Heinrich, Shawn Mitchell, 2001

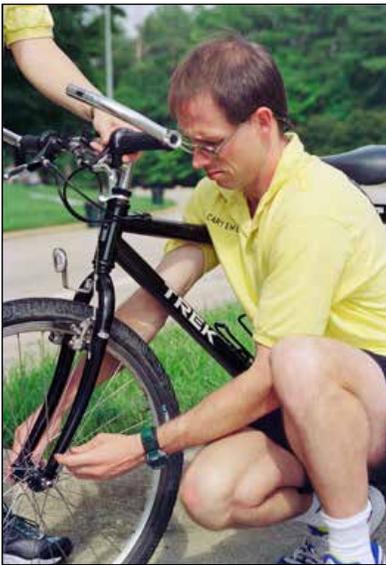
(left page) Justine Hollingshead prepares bikes for a July 4, 2000 fireworks celebration at Regency Park. Photo by Bradley Wilson

Behind the Scenes

continued from page 167



Doug Alumbaugh, 2003



Robin Pope, 2000



Dave Hunnicut, 2014

The test came when an asthmatic patient at the 11000 Regency building was stuck in traffic after the fireworks.

“The bike team and the ambulance got the call at the same time and left from the same location (Ederlee and Regency, less than a block away). Marion and I got to 11000 Regency and found the vehicle — which was still moving through traffic so it took a bit — assessed the patient and gave a breathing treatment all before the ambulance got there. By the time the ambulance got there, we got the clipboard off the truck, and they signed the refusal and went POV.”

Cary Area EMS owned five Trek mountain bikes, which were stored in a trailer with all the equipment needed for a large gathering, including extra ALS supplies and backboards. A team consisted of two members, one of whom was a EMT-paramedic or EMT-intermediate. Cary could staff two or three teams, and each had a Lifepak LP-5 cardiac monitor/defibrillator or an AED, oxygen, ALS airway management and fluid resuscitation materials, basic trauma equipment, medications and a first round of cardiac drugs on hand. All BERT personnel were required to wear helmets while on the bikes.

“The bikes had enough equipment to run a code,” Heinrich said.

BERT also promoted safe bicycle riding for both adults and children. Each year Cary received requests for safety classes and bicycle rodeos.

The team was also used as a public relations vehicle to promote EMS, specifically Cary Area EMS, in a less imposing manner than in the back of an ambulance. In fact, West said the teams were constantly interacting with people.

“We were easily approachable and available,” he said.

Hegele agreed.

“It was good PR,” he said, “but primarily was started as a way to get to patients faster during special events and not have to tie up multiple transport units.”

The bicycle team was only part of the Cary EMS response to special events. Staff members of Cary EMS worked hundreds of special events each year from Lazy Daze Arts and Crafts Festival to the Jimmy V Celebrity Golf Classic to Cary Band Day to events at WakeMed Soccer Field to North Carolina State football games.

“We wanted to provide support in the community,” Justine Hollingshead said. However, with all these events, “We couldn’t take a truck out of service.”

As coordinator of special events, Hollingshead said the hardest part was making sure the agency had enough resources.

“The volume of events was a challenge, as was coordinating to get staff,” she said. ■

Justine Hollingshead contributed the text from the website about BERT included in this article.

MAY 1, 1995, CARY AREA RESCUE SQUAD BUSINESS MEETING

There was discussion about a Cary Rescue bicycle team. Discussion was postponed due to lack of interest.

MAY 22, 1995, CARY EMS BOARD MEETING

The next item discussed was the bicycle response team for EMS for special events. Chief Wimberly noted that after talking with a lady with the State Department of Transportation and with Mayor Booth, it was noted that we may be able to get into this program for less expense than was originally thought. Discussion followed. Chief Wimberly said that he would get back with more on this later. Assistant Chief Hirtle wanted the board to approve funding for the bikes so that Chief Wimberly could proceed with the project. Consensus was to proceed.

MAY 26, 1995, CARY EMS BOARD MEETING

On the bicycle rescue team, Chris Hegele and Eddie took a trip to Greensboro to check out their operation and any insights they might have.

JULY 24, 1995, CARY AREA RESCUE SQUAD BOARD MEETING

Eddie talked about BERT (Bicycle Emergency Response Team). He discussed with the board how BERT was already helpful during the July 4th celebration at Regency Park. Two members of BERT were present and they responded to three emergency calls at the celebration. Eddie also said that survey forms were handed out at the celebration to see if the people of the town of Cary thought that BERT was a needed addition to the rescue squad. The chief said the squad has ordered three emergency response bikes at considerable discount from the manufacturer (Trek). The average cost of the emergency response bicycle was reduced from \$1,000 to \$640. Eddie is also going to check into the Governors Highway Safety matching program for the possibility of obtaining more emergency response bicycles. Eddie said that the governor's program will match up to 75% of funds that the Squad uses to purchase emergency response bicycles. Much discussion followed on the need for BERT.

Cary Bike (Flyth) will donate helmets for the BERT team.

MARCH 1, 1999 CARY EMS BUSINESS MEETING

Justine Hollingshead – Spring Daze will be April 24 from 9 a.m. - 5 p.m. There will be one BERT team on duty. The Special Olympics BERT teams will be paired Cary paramedics with out-of-town riders. We are still unsure of the housing for these riders. Everyone who is working for the Special Olympics event will need to fill out a volunteer application.

NOV. 23, 2009, CARY EMS BOARD OF DIRECTORS

Over the course of the calendar year, CEMS will have covered more than 120 special events.

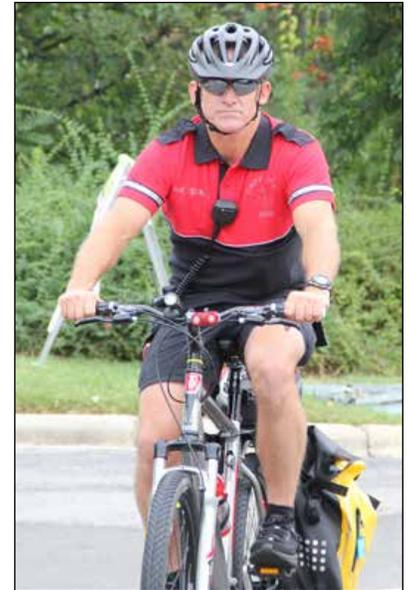
OCT. 25, 2010, CARY EMS BOARD OF DIRECTORS

Special Events Update: Chief Cohen reported we have numerous special events coming up for November through early December. He commended the staff for stepping up and working the events. Justine Hollingshead said there is a county-wide initiative to talk about special events from a county perspective. They are discussing have a county-wide regulation that would require event coordinators to request medical providers to be present at all events and not relying on calling 911.

Behind the Scenes



Shawn Mitchell, Christian Heinrich, Mario Vaccarelli, Kevin Phillips



Dave Cockman, 2012



Justine Hollingshead, Clayton Menzie, Sheila Gould, Sue Henshaw, 2003



Justine Hollingshead, Sheila Gould, 2003

Cary Area EMS Bike Team

Standard Operating Procedures

As of July 2006 (Internal Review 1/2013)

I. Mission

The Cary EMS Bike Team provides rapid care and access of prehospital care to those who attend special events. The Bike Team provides educational sessions to increase community awareness about bicycle safety.

II. Bike Team Utilization

The bike team shall be used when normal street operations would be ineffective due to geography, population density, restricted ingress/egress, and increased call volume. Historically, this has included, but is not limited to sporting events, concerts, parades, rallies and any other event designated by the chief, an officer, or the bike team coordinator.

III. Team Selection

Due to the physical demands placed on team members, and the unique nature of the events covered, highly motivated and experienced EMS providers are required. They must be willing to partake in physically demanding and time consuming initial and continuing training programs to learn, maintain and improve safe and efficient emergency bike handling skills. Additionally, team members must be physically fit. Team members shall be selected utilizing the following process.

- A. Applicants must be released as a second person (full-time, casual or volunteer) in good standing with Cary Area EMS.
- B. Applicants must successfully complete an approved Cary Area EMS bike team orientation prior to staffing any bike team events.

Once selected, team members will be continuously evaluated utilizing the following criteria:

- A. Quality of patient care.
- B. Public relations / customer service.
- C. Ability to operate and ride the bicycle safely and proficiently so as not to endanger themselves or anyone around them.
- D. Physical ability to properly perform their duties, both short and extended periods of time on the bike.
- E. Team participation in events and training.
- F. Compliance with all Cary Area EMS SOG's, policies and procedures.

IV. Scheduling

The Cary Area EMS bike team coordinator, special events coordinator, or officer shall make available the special events schedule or coordinate ride days, after consulting with Cary EMS leadership (chief and/or officers). Team members who are not previously scheduled on the day of an event get first priority when signing up for events. Each member of the bike team should participate in at least one event each year to maintain their active status with the bike team. The following procedure shall be followed:

- A. Bike team schedule for an event shall be made available at least five days prior to the event.
- B. Team members can submit their requests to the bicycle team coordinator or sign-up if the event is posted.
- C. The team coordinator will assign bike team shifts if necessary and notify team members of their assignment either in advance, or on the day of the event.
- D. If a team member signs up for an event and is no longer able to provide coverage, it will become the responsibility of the assigned member to attempt to find his or her own coverage from a member of the bike team. Team members that encounter last-minute emergencies that prevent them from covering a shift should notify the bicycle team coordinator, an officer, or the supervisor of the shift that day immediately.
- E. In an attempt to equal wear and tear on all bicycles, bike numbers will be assigned by the bike team coordinator prior to the event. Bike size will be taken into account. If an assigned bike is found to be out of service, the bike team coordinator or the on-duty bike team leader shall substitute a different bike.

V. Safety

- A. While riding to a venue, team members shall obey all traffic laws, including stop signs, traffic signals and lane usage.
- B. Team members shall utilize appropriate hand signals when riding in traffic as taught in the Cary Area EMS bike team orientation.

- C. During night operations on the streets, team members shall utilize front and rear lights. At other times, lights shall be used at the rider's discretion.
- D. A Cary Area EMS bicycle helmet must be worn and secured at all times while operating the bicycle.
- E. Upon arrival to a scene team members should attempt to position their bicycle between themselves and gathering crowds.
- F. All team members must remain in radio/Nextel/cell phone communication at all times.

VI. General Procedures

- A. The bike team is a high-profile unit within Cary Area EMS. Public relations are an important aspect of the job. The public will naturally want to speak with you, to see what kind of bicycle you are riding, and so on. Riders should make every attempt to speak to the public and develop a positive relationship with the public while on duty.
- B. No one other than members of the bike team will ride the Cary Area EMS bicycles without permission of the bike team coordinator or a member of the Cary Area EMS officer core.
- C. Generally, all teams will consist of two riders.
- D. All team members, BLS/ALS, will follow the established Wake County EMS System Protocols and Procedures.
- E. In the event the bike team coordinator is not present, a team leader will be designated in advance and noted on the schedule. They will be responsible the day of the event for all bike team coordination of operations, safety and completion of all necessary paperwork.
- F. Always specify bike team response on any necessary paperwork.
- G. All bicycle accidents involving personal injury, damage to any Cary Area EMS issued equipment (including bicycles) or damage to other property involving any Cary Area EMS bike team members must be reported immediately to the bike team coordinator or designated team leader and shift supervisor or officer in charge for the event. All necessary paperwork related to the incident must be completed prior to leaving. In relation to damage and/or injuries the bike team coordinator/team leader or shift supervisor will make the determination regarding EMS response. Treat all injuries immediately regardless of situation and responsibility regarding presumed fault.
- H. To increase safety and reduce confusion for other responding units, upon arrival at a scene, the team member shall notify dispatch and the officer in charge/supervisor of their exact location and scene assessment regarding additional personnel or response.
- I. Team members shall have all of their required medical equipment with them while en-route to and returning from scheduled events in case they come across a medical emergency.
- J. Team members shall deploy to assignments during inclement weather conditions provided that the conditions do not become hazardous to the members (hail, severe lightning, tornadoes, etc.)
- K. Non-compliance with any bike team policy or procedure at anytime may result in removal from the team at the discretion of the bike team coordinator and Cary Area EMS leadership staff.
- L. The use of any tobacco products is strictly prohibited while on duty or during training.

VII. Paperwork

All necessary paperwork must be completed prior to clocking out following the event.

- A. Team members must document as necessary any patient contact.
- B. Event log
- C. Equipment (bags) checklists
- D. Bicycle Safety Checksheet (includes equipment concerns/repairs)
- E. The bicycle team coordinator shall keep a running activity log for each bike. This will include events, repairs, damage and any other remarks needed.

VIII. Training

- A. Initial training shall be the Cary Area EMS bike team orientation.
- B. The bike team coordinator will set up training schedules and may assign training topics to members as needed. If scheduling conflicts prevent you from attending an in-service, you must contact the bike team coordinator to make other arrangements.
- C. To keep the member's skills current and members updated on issues and procedures, in-service training will be provided when necessary.
- D. No team member shall refuse training or fail to appear for training without notifying the bike team coordinator.

IX. Maintenance and Equipment

- A. A bicycle is a complicated device that requires special tools and training for much of its maintenance. Therefore, no team member may add or replace any accessory, device, part, decal, and lettering or make any alteration to any team bicycle or equipment without the authorization of the bike team coordinator.
- B. All maintenance and repairs will be handled through the bike team coordinator in conjunction with Cycling Spoken Here under the pre-arranged maintenance program.
- C. If service or repair is necessary for any equipment, complete the bottom section of the Bicycle Safety Checksheet and turn it to the bike team coordinator/team leader.
- D. All bicycles should be kept as clean as possible to present a good image of Cary Area EMS. The team member should do his/her best to maintain the bicycle in a professional manner. Each rider shall clean his or her bike after every ride as taught during the Cary Area EMS bike team orientation.
- E. The Bicycle Team Coordinator/team leader shall be responsible for maintaining a supply of spare batteries, tubes, tires, and other parts and equipment needed by members of the bike team.
- F. Abuse and neglect of all equipment will be considered grounds for removal from the bike team. This includes, but is not limited to, practicing unsafe riding, doing wheelies or trick riding.
- G. No team member will ride a bicycle that is malfunctioning, has a safety defect, or one that requires repairs to prevent further damage or wear to the bicycle.
- H. Each team member shall conduct a quick check as taught in the Cary Area EMS bike team orientation prior to the start of the event and fill out a Bicycle Safety Checksheet.
- I. Each team member assigned to a bicycle team shall assure that all equipment is functional and operational prior to the event. This includes a fully functional lighting system as needed, correct tire pressure, etc.
- J. Inspection of all medical gear shall be performed prior to the start of each event or shift. It is the responsibility of each team member to inspect and account for all equipment and medical supplies.
- K. Each pannier pack and or saddlebag will be inspected and secured to the bike properly. The equipment, BLS/ALS, will be inspected and restocked accordingly.
- L. Oxygen bottles will be exchanged if less than 100 PSI.
- M. AED will be inspected for battery charge and that it is in working condition.
- N. Inspect IV fluids and medications for expiration dates, quantity. Replace as needed.
- O. No decals, advertisements, stickers, promotions, or other non-Cary Area EMS related items should be placed on the bicycle or its accessories. This does not exclude labels or name brand placards placed on the bicycle or its accessories by the manufacturer or the bicycle team coordinator.
- P. Bicycles shall not be left unattended at any time unless secured to a fixed object except in an emergency situation. (The use of locks is not advisable unless the medical gear is removed from the bicycle and carried with the team members. This gear cannot be secured to the bicycle.)
- Q. One tool kit and one air pump shall be transported to venues in an assigned vehicle when possible.
- R. Transport the bicycles in an appropriate manner ensuring protection from damage. For most events the bicycles and all equipment should be transported in the Cary Area EMS bike trailer. Extreme caution must be taken when transporting without the trailer or a bicycle rack. Prior approval from the bike team coordinator must be received if this is to occur.
- S. In the event a bike must be laid on the ground, care must be taken to lay the bicycle on the non-drive side to prevent damage to the derailleurs system. Use the kick stand to prevent damage to the bike and medical equipment.

X. Uniforms

All uniforms must be turned in prior to clocking out following the event. Issued uniforms will be cleaned by the bike team coordinator or designee.

- Shirts – Issued bike team shirt.
- Shorts – Black uniform, utility or bicycle shorts; conservative in appearance.
- Pants – Issued black bike pants.
- Shoes – Sport or bicycle shoes; conservative in appearance.
- Foul Weather Gear – Other items as approved by the bike team coordinator or Cary Area EMS leadership staff as weather conditions and rider safety allow (e.g. sweatshirt, jacket, etc.).
- Helmets – Issued black helmet.
- A. The baseball style Cary Area EMS hat may be worn when not riding the bicycle. No other hat/cap with a logo shall be worn.
- B. Eye protection is advised at all times, but is not mandatory.
- C. Black bicycle riding gloves may also be worn, but are not mandatory.



Justine Hollingshead, Deborah Stein and Steve Cohen in Haiti after Jan. 12, 2010, earthquake, a magnitude 7.0, with an epicenter near the town of Léogâne, Ouest department, approximately 25 kilometers west of Port-au-Prince, Haiti's capital. About 200,000 people died and 3 million people were effected.



- HAITI**
 Port-au-Prince is 1,227 miles from Cary.
 Jan. 31 - Feb. 7, 2010
 Deborah Stein, Steve Cohen, Justine Hollingshead
- **Square Area** 27,750 sq km
 - **Population** 11.1 million
 - **Ethnicity**
 - black.....95%
 - mixed and white5%
 - **Language:**
 - French (official), Creole (official)
 - **Climate** tropical; semiarid where mountains in east cut off trade winds
 - **Haiti** is the poorest country in the Western Hemisphere; two-fifths of all Haitians depend on an agricultural sector that is vulnerable to damage from frequent natural disasters.



Haiti

FOREIGN AID

Cary teams take lessons learned abroad

BY BRADLEY WILSON

Getting altitude sickness; treating patients with poor nutrition, scabies or parasites; and having trouble with logistics would pose too much of a challenge for most pre-hospital health care providers. But for the Cary EMS staff members who made trips to Ecuador, Haiti and Bolivia to provide humanitarian health care, it was worth it.

Steve Cohen said, “Cary Area EMS made a difference.” After his 2006 trip to Bolivia, he said his favorite parts were “watching Greg (Edwards) and Marion (Houle) represent Cary Area EMS, the food, and the greetings we received each day.”

Edwards, Assistant Chief Houle and Cohen traveled to Bolivia for eight days as part of a medical mission with Partners of America of Cary.

“The goal is to take Cary Area EMS’s outreach program international and provide a much-needed service,” Cohen said in a press release issued at the time. “It will also be a great educational opportunity for both services.”

Later, he said, “Our objective was to educate and train the providers in CPR, trauma care and airway procedures. We would also be part of a dedication ceremony of a new ambulance up in the mountains.”

A few years later, Cary Area EMS officials began working with North Carolina State University service breaks and Timmy Global Health to take health care to Guatemala, Ecuador and the Dominican Republic.

continued on page 174



(top left) Steve Cohen and the DMAT team; (top middle) Deborah Stein and Justine Hollingshead take a break; (others) Steve Cohen with patients

LOVE A CHILD

<https://loveachild.com/>

Love A Child, Inc. is a 501(c)(3) nonprofit

Christian humanitarian

organization, serving

the needs of children in

Haiti. Founders Bobby

and Sherry Burnette

live year-round in Fond

Parisien, Haiti, at the

Love A Child Orphanage.

They are full-time

missionaries who minister to the poorest

of the poor in Haiti. Working to spread

the Word of God, showing Christ's love by

example, Love A Child's team focuses on

easing suffering, providing nourishment, and

changing lives in the name of Jesus.



TIMMY GLOBAL HEALTH

<https://www.timmyglobalhealth.org/>

We connect people to primary health care.

We support community

leadership and engage

global health advocates

in a community-oriented

primary care model. By

weaving local health

workers, in-country

partner organizations,

and our network of

passionate global health advocates together,

we build sustainable local health care

capacity and foster meaningful cultural

exchange.



continued from page 173

Christian Heinrich, who traveled to Ecuador, recalled how thankful the local residents were. "They would dance around and do these little dances."

After her 2010 trip to Haiti, paramedic Deborah Stein said, "The best part of the trip was seeing how strong the human spirit is. Kids with big casts or missing limbs or no idea where family was were still kids. They played during playtime, they laughed when one of the doctors did magic, they smiled when you talked to them even if they could not understand a word. It is amazing that people don't give up. They keep going, even without a sure end in sight."

But Heinrich also recalled that it wasn't easy work.

"That first year was the hardest I probably ever worked in my entire life," he said. "I didn't know what to expect. I overpacked. We were back in the jungle, walking through creeks. It wasn't a vacation by any means. It was hard work but it was fun."

Justine Hollingshead said, "You go in the jungle (and) there's no 911. There are no Band-Aids. There's no nothing. It's truly that humbling experience."

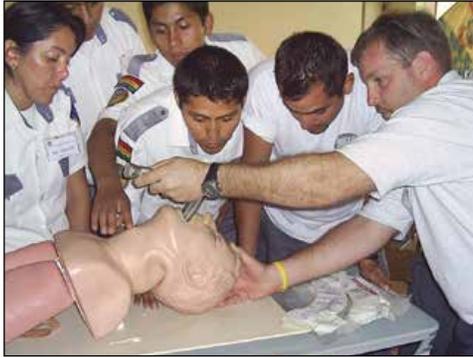
Heinrich said he enjoyed working with the college students who traveled during their spring break to learn and to provide service to the communities. Many of the students were pre-med and were getting their first experiences with hands-on medical care.

He recalled spending a lot of time traveling from location to location, which gave the students lots of time to ask questions.

"They're asking a million questions. What's this medicine for? They're young, still excited about life. Their whole world is opening, and they're trying to figure out what they're going to do."

Hollingshead agreed that it was a great educational opportunity for the students.

"It was a good way for them to talk to real-life practitioners who aren't necessarily doctors. They worked in triage, intake and pharmacy. They would get to shadow someone every day doing different things. For them it was a true



(top left) Greg works with others on how to properly backboard a patient; (top middle) Marion Houle, Chief Mario Gabriel Aranibar Zapata, Greg Edwards; (top right): Steve Cohen, Greg Edwards, Marion Houle; (bottom left): Greg Edwards, Marion Houle, co-worker; (bottom middle) Marion Houle demonstrates intubation.

immersive experience.”

Heinrich said, “It’s a crazy experience that most people would never get anywhere else.”

Sometimes, the working conditions were less than ideal.

Hollingshead said, “We would take this shell of a place and make it into a medical clinic for a day.”

Heinrich laughed.

“(Someone would say:) Here’s an elementary desk and two pieces of wood. Now, here, make a clinic. It was fun because it was different and unpredictable. That’s what we liked about EMS too.”

However, Hollingshead said, it wasn’t just a system where the medical staff hopped in, treated a few people and left.

Heinrich said, “Timmy Global Health, the nonprofit that arranged the events, would go into these communities and have ongoing relationships. It wasn’t like you just flew in and dropped stuff and said, “See ya.””

Hollingshead recalled another trip into the Amazon basin.

“We’d see anywhere from 200 to 300 patients per day. It’s not suitcase medicine. You’re really trying to help them create a sustainable health care system in the jungle. They did,” she said.

Cohen also recalls encountering an uprising in the city that forced them to shelter in place for 30-40 minutes. But they also got to explore that beautiful country and try new food.

And in 2010, he recalls traveling to Haiti after a major earthquake. The three, and others working with Heaven’s Family, a nonprofit organization dedicated to improving the lives of the poor, traveled to Jimani, a Dominican town high in the mountain on the border with Haiti, as well as to the Love A Child Orphanage in Haiti.

“We hit a snag from the start as a snowstorm hit Raleigh and our initial flight



BOLIVIA

San Jose is 3,730 miles from Cary.

Feb. 18 - 25, 2006

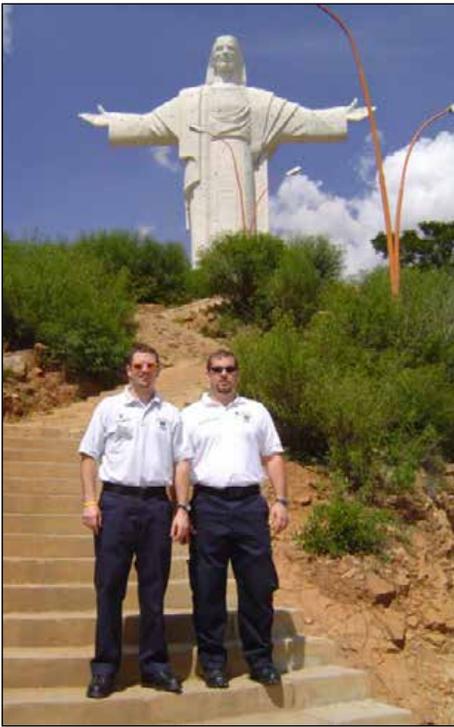
Greg Edwards, Marion Houle and Steve Cohen

- **Total Area** 1,098,581 sq km
- **Population** 1.6 million
- **Ethnicity**
 - mestizo 68%
 - indigenous 20%
 - white 5%
 - other 7%
- **Language:**
 - Spanish (official) 60.7%
 - Quechua (official) 21.2%
 - Aymara (official) 14.6%
 - foreign languages 2.4%
 - Guarani (official) 0.6%
- **Bolivia** is a rich country; it remains one of the least-developed countries in Latin America; state-oriented investment policies hurt foreign investment interest.



Bolivia

continued on page 176



Greg Edwards, Marion Houle in Bolivia



(second from left) David Hunnicutt and Christian Heinrich in Ecuador in 2018.



ECUADOR

Chonta Punta is 2,536 miles from Cary.

Santo Domingo is 2,489 miles from Cary.

Tena is 2,540 miles from Cary.

Christian Heinrich, Justine Hollingshead

- **Total Area** 283,561 sq km
- **Population** 11.6 million
- **Ethnicity**
 - mestizo71.9%
 - Montubio7.4%
 - Amerindian7%
 - other13.7%
- **Language:**
 - Spanish (Castilian)93%
 - other7%
- **Climate** tropical along coast, becoming cooler inland at higher elevations; tropical in Amazonian jungle lowlands
- **Ecuador** is dependent on petroleum exports; has been hurt by a decline in oil prices and political instability; Moreno's administration is striving to reduce corruption, strengthen democracy.



Ecuador

continued from page 175

was canceled,” he recalled.

But around 2 a.m., Cohen and Stein got to the Dominican Republic.

“It took eight hours through many checkpoints and one bathroom stop when we reached a new hospital in the Dominican Republic. We helped there for a day before crossing the border.”

Then the real work, including the development of an incident command system, began.

Cohen said, “Deborah was a rock star with planning and logistics, and I worked with the two medical groups to implement an ICS plan. We had different countries represented, and initially no one was talking to each other. We worked this out, and within 24-30 hours, the ICS plan was working.”

Hollingshead, who works full time at North Carolina State University, said in a 2010 press release, “This was just something I had to do. The world is coming to the aid of Haiti, and I wanted to be a part of that.”

The trip home was just as much of an adventure.

“Again, after many checkpoints and a long ride, we made it safely to a hotel (thanks to Deborah for making a reservation) and a cold beer. We also met Harrison Ford at the hotel, who was not so nice and would not allow us to take a picture with him,” Cohen said.

Stein recalls, “The biggest challenge was really just the travel in and out. I thought Haiti was beautiful, but I really didn’t want to be there forever.”

Still, Heinrich said it helped him realize what people back in Cary take for granted.

“We are spoiled, so spoiled,” he said. “That’s a good awakening that people need.” ■

B6 Los Tiempos VIDA Y FUTURO - VIERNES 24 de FEBRERO de 2006

COMPañEROS DE LAS AMÉRICAS

Cochabamba, con visitas de lujo

Los voluntarios de "Compañeros de las Américas" están en Cochabamba cumpliendo principalmente trabajos de medicina, donación de material, capacitación y otros campos. Ellos son:

CHISPАЗOS
15 nuevos

cardinales cruzó ayer el Páramo, Armatuando Rullia tiene

LOS TRABAJOS

Voluntarios de "Compañeros de las Américas" están en Cochabamba cumpliendo principalmente trabajos de medicina, donación de material, capacitación y otros campos. Ellos son:

Michael Fisher: Médico General (USA)
Dense Nadeau: Ginecóloga obstetra (USA)
Carlos Vargas: Radiólogo (Bol)
Wilma Vargas: Voluntaria (Bol)
Charles Mann: Otorrinolaringólogo (USA)
Laura Mann: Audióloga (USA)
Ronda Miller: Enfermera/Instructora (USA)
Steven Cohen: Paramédico/Emergencias (USA)
Marion Houle: Paramédico/Emergencias (USA)
Greg Edwards: Paramédico/Emergencias (USA)
Sallie Abbas: Organizadora (USA)
Leon Abbas: Organizador (USA)
Cindy Jackson: Especialista en Quemaduras (USA)
Benson Tmmms: Cirujano plástico (USA)
John Warlic: Urólogo (USA)

LA CONTAPARTE BOLIVIANA

Carlos Villarreal es presidente de Compañeros de las Américas en Cochabamba. Lúpica que la agitación, la "100" muestra acciones del departamento, trabajo promoviendo el trabajo, solidaridad y equidad.

Sally Abbas es organizadora y miembro del Consejo General de Compañeros de las Américas en Cochabamba. Ella explica que el departamento, trabajo promoviendo el trabajo, solidaridad y equidad.

Carlos Vargas es radiólogo boliviano radicado en EEUU. Cuenta que en 40 años de trabajo, el número de pacientes con cáncer de mama ha aumentado considerablemente en el país.

El estado de Carolina del Norte posee su territorio de ayuda en Cochabamba, Oruro y Chuquisaca. Al presente se están haciendo trabajos de emergencia. Lúpica de la

El estado de Carolina del Norte posee su territorio de ayuda en Cochabamba, Oruro y Chuquisaca. Al presente se están haciendo trabajos de emergencia. Lúpica de la

COOPERACIÓN 40 AÑOS

El Dr. Carlos Vargas, coordinador del programa de Salud y Recreación de Estados Unidos para el mundo, fue el fundador del grupo de 12 voluntarios que trabajan en Cochabamba.

El estado de Carolina del Norte posee su territorio de ayuda en Cochabamba, Oruro y Chuquisaca. Al presente se están haciendo trabajos de emergencia. Lúpica de la

Feb. 24, 2006, Los Tiempos

JAN. 23, 2006, CARY EMS BOARD OF DIRECTORS

Discussion held in regards to the trip to Bolivia in February. Steve Cohen, Marion Houle and Greg Edwards are taking this trip to teach EMS and trauma to the rescue team in Bolivia. There was a lengthy discussion regarding this trip and the board will be looking at drafting a new policy regarding outreach programs in the future.

MARCH 3, 2006, CARY EMS BUSINESS MEETING

Presentation by Steve, Marion, & Greg from Trip to Bolivia.

JAN. 25, 2010, CARY EMS BOARD OF DIRECTORS

Haiti: Justine Hollingshead is in Haiti. She left yesterday, Jan. 24. Deborah Stein and Steve will leave Saturday, Jan. 30 through Feb. 8. Deborah and Steve are going with a mission group out of Pittsburgh. They will be working in a field hospital and an orphanage on the border of the DR and Haiti. The officers will be filling in for Steve while he is gone. Steve is using his vacation time for this trip. The Board thought it would be a good idea to send out a press release about this trip.

MARCH 22, 2010, CARY EMS BOARD OF DIRECTORS

VACATION REINSTATEMENT REQUEST: Chief Cohen requested the Board consider reinstating the six days of vacation time he used when he went to Haiti. He went on his own time but he represented Cary Area EMS the whole time he was there and he paid for the trip out of his own money. Kimberly Clement wanted to know if this was something that we would do for all employees from now on. Brent Miller thinks it is reasonable for the Board to consider this on a case by case basis. Chad Hunter asked if we should set some kind of policy on this with a maximum amount of days. Larry West said if we do that the reinstatement should be based on hours not days. For the Chief that would be 40 hours a week. What about those who go on leave for military reasons? Chad Hunter recommended we ask the Board Policies Committee to look at reinstating vacation request. Brent Miller asked if anyone wanted to take action on Chief Cohen's request tonight. Melissa Smith and Tom Hegele think we should table the issue until we have a chance to discuss it further. Carrie Zelna, Christian Heinrich and Larry West will work on this policy. Brent Miller thinks we need to talk about what kind of activities would qualify, what are the benefits to the agency, what would be the maximum amount of time allowed, etc.

MARCH 19, 2018, CARY EMS BOARD OF DIRECTORS

Justine Hollingshead told the Board about the recent N.C. State Global Health medical trip to Ecuador. Christian Bennett and former employee, David Hunnicutt, participated in the trip. She thanked Steve for his support with this project. They saw close to 500 patients this trip.

Presentation

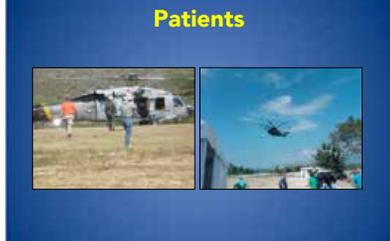
By Steve Cohen, March 3, 2006

Mission



The team

- Arrive and return safely
- Help to build a field hospital
- Provide a structure plan
- Provide patient care



SATURDAY, OCT. 9, 2021, AT 8 A.M.
Marion Houle, Lynn Nowak, Christian Bennett, Kaylee Hayes, Yasmine Zoughari, Marie Johnson, Jennifer DeBrecht, Brooke Feehan, Julie Skelton and Alexa Eyring. "I am proud to know that the Cary Area EMS free Flu Clinic will continue this October," Steve Cohen, former chief.



FLU CLINIC

Flu clinic brings community to EMS

BY STEVE COHEN

I will say this program was my favorite. How could it not be? EMS is more than responding to 911 calls for help, treating, and transporting patients. The flu clinic allowed Cary Area EMS to give back in a different way. During my tenure, we vaccinated over 5,300 people for free. We also started a food drive during the event and donated the food to a local food bank.

In 2005, a few years into my stint as chief, I went to the staff and board to pitch the idea of a free flu clinic. We would once again invite people into our house and introduce them to another side of EMS. Well, you guessed it, the staff and board were 100% behind the idea.

Still, there were many logistical pieces to implementing the clinic.

Since the flu vaccine is an integral part of the clinic, I would need a prescription and permission from the medical director, Brent Myers, who was also on board and who asked that we have our medical equipment in the clinic in case of an emergency. Jose Cabañas also supported this venture when he became medical director.

How would we promote the event? When would we hold the event?

We wrote a press release and sent it to area media outlets. Tiffany Marlowe, our administrative assistant, made flyers and posted them all over Cary. She went to parking lots and placed them on car windshields. Tiffany and then Julie Skelton played pivotal roles with the success of the flu clinic.

Our training room was set up with tables and four chairs on each side. We had supplies from alcohol preps, syringes, bandages and needle boxes on each table. Also, on each table, there was a document with four questions that we asked each participant. If they answered yes to any of the questions, we were not able to provide them with a shot. Our staff was excited about the clinic. We used graduates from the Citizens Academy for registration and directing the people to the team to receive their shots.

We held the event over two days, a Thursday and a Saturday. On Thursday, the doors opened and we had a small crowd. That all changed on Saturday morning. When I arrived around 5:45 a.m., there was a line stretched around our building and almost back to Medcon Court. We vaccinated about 400 people over the two days. I was always

Behind the Scenes



FLU CLINIC, 2012

(Back) Steve Cohen, Thea Hall, Doug Alumbaugh, Mike Prevatte, David Hunnicutt; (Front), Tammy Patton, Kimberly Robbins, Daniel Boykin, Angel Vives, Sam Lazoff



David Hunnicutt



Sam Lazoff



Angel Vives

Cary EMS provides free flu clinic

SPECIAL TO THE CARY NEWS

Cary Area EMS provided a free flu clinic on Nov. 10 and 12, the first flu clinic offered by an EMS agency in Wake County.

"The clinic was a great success," said Cary EMS Chief Steve Cohen, noting that Cary Area EMS staff members administered 594 flu shots to adults and children.

The clinic was open to the public and people traveled from as far away as Sanford and Siler City to receive the vaccine.

Despite lines that stretched around to the back of the build-

ing by 8:30 a.m., Cohen said the seven EMS providers were able to move people through quickly.

"The people were amazed that the shot was free and they did not have to wait long," said Cohen. "People had their insurance cards ready for us and were shocked when we said the cards were not necessary."

While trained medical personnel gave the injections, it was members of the Cary Area EMS Citizens' Academy that kept things flowing smoothly, directing people into and out of the clinic. The Citizens' Academy is

made up of citizens who graduated from a four-week program offered by Cary Area EMS that provides an introduction to EMS.

In addition to cooperation from graduates of the Citizens' Academy, Cary Area EMS also received cooperation from Terry's Floor Fashions, a neighboring business that allowed people attending the clinic to use its parking lot.

"Given the success of this year's clinic, I fully anticipate offering a similar clinic next year if the vaccine is available," Cohen said.

November 2005, *The Cary News*

disappointed that local media outlets only covered the event a few times over the years. However, ABC11, thanks to Steve Daniels, promoted the clinic on the air starting Friday night and all morning on Saturday.

In the second or third year, we held the clinic on Saturday only. By the third year, we were seeing repeat families and individuals. People who came in to be vaccinated told us how their doctor did not have the vaccine, how they had no insurance, how this was an excellent service to provide, and that they were appreciative. The process, besides standing in line (people brought chairs), took less than 30 seconds. Some wanted to chat with the chief and to take a tour of the building or the ambulance. As the years passed and pharmacies began to offer the vaccine, our numbers decreased. We still averaged close to 250 in those years. I know the staff loved this event and talking to the public.

I owe the success of the Cary Area EMS free flu clinic to the dedicated staff. There is not enough room to thank everyone who was involved with the clinic, but I would like to mention a few: Tammy Patton, Marion Houle, Deborah Stein, Christian Heinrich, Justine Hollingshead, Bradley Wilson, Brent Miller, My-Châu Matrick, Pete Donahue, Julie Skelton, Erin Cohen and Tiffany Bowman. ■

APRIL 25, 2005, CARY EMS BOARD OF DIRECTORS

Flu clinic project: Steve is preparing the budget for this project. Vaccine will be free of charge and there will be enough to supply staff. CEMS will receive the vaccines from Wake County Health Department. Looking at two days in October as a potential month to hold clinic. Steve believes it will be a great community project.

SEPT. 26, 2005, CARY EMS BOARD OF DIRECTORS

Flu clinic / Citizens' Academy: vaccines being shipped in late October. Flu clinic was moved to Nov. 10 and Nov. 12 from 9 a.m. - 1 p.m.

OCT. 25, 2005, CARY EMS BOARD OF DIRECTORS

Flu clinic: will be held on Nov. 10 and Nov. 12 from 9 a.m. - 1 p.m. and is free. Starting to receive phone calls and the Town of Cary sent information out again. Handed out 350 flyers to surrounding area.

NOV. 28, 2005, CARY EMS BOARD OF DIRECTORS

Flu clinic report & 5K approval: CEMS vaccinated 594 people in the community and staff members who wanted vaccine. There were also three people at Cary Communications who received the vaccine as well as some board members. It was a very positive clinic and the program went very well. Steve wrote a \$3k grant to Lazy Daze for next year to cover the cost of the vaccine. Lynn York approved \$5k for CEMS to receive vaccine. Marion Houle made a motion to approve recommendation of \$5k to be moved into line item 6505-00 to cover the cost of the clinic. Fred Toms seconded the motion. Motion was approved unanimously.

OCT. 23, 2006, CARY EMS BOARD OF DIRECTORS

Flu clinic post report: CEMS has now had two years of success. This year the flu clinic was held last Saturday and we started at 8:25AM we ran out of the vaccine around 10:45AM. CEMS vaccinated about 527 people this year.

JUNE 25, 2007, CARY EMS BOARD OF DIRECTORS

The budget was submitted to the Board of Directors by Chief Cohen. Medical Supplies: This line item decreased with the removal of the flu clinic. Last year the flu clinic added 7k to this category. There was much discussion that followed regarding the cuts of the flu clinic and citizens' academy. The board wanted the programs back in the budget. There was discussion about corporate sponsorships, Chief Cohen wanted the flu clinic to be a Cary Area EMS function, but would be happy to accept and receive sponsorship for the academy. Gay Perez asked about asking for donations at the flu clinic. Division Chief Stein stated that we had briefly discussed this but we wanted this to be a service to the community and asking for or placing something out for donations defeated this purpose. The Board decided to \$8K to the billing income and expensed \$7K for medical supplies to cover the flu vaccine and \$1K to social and recognition to cover the citizens' academy. Chief Cohen expressed his concern regarding the additions. This was noted by the board.



Facebook post advertising 2020 Flu Clinic

AUG. 25, 2008, CARY EMS BOARD OF DIRECTORS

Flu clinic: The cost is \$101.90/vial (10 doses). 550 doses would be about \$5600 and Chief Cohen has budgeted \$6000 for the flu clinic. Board approved the purchase of the flu shots.

OCT. 27, 2008, CARY EMS BOARD OF DIRECTORS

Flu clinic: 563 people were vaccinated from 8 a.m. - 10:30 a.m. In the first hour there were 300 people vaccinated. Brent Miller commented that this is an amazing operation that Chief Cohen got started and is still having great success with. Chief Cohen stated that for next year he would like to take this community service and make it county-wide. Chief Cohen's goal is to vaccinate 1,000 people on the day of the flu clinic if the other agencies participate. Chief Cohen is planning to approach other Chiefs to determine if they are interested also.

SEPT. 26, 2011, CARY EMS BOARD OF DIRECTORS

FLU CLINIC: Chief Cohen is asking the Board to approve the flu clinic for this year. He presented rates for 300 (\$3219.60), 400 (\$4092.80) & 500 (\$5366) doses. He recommended we buy less than last year since we had so many left over. There will also be additional costs such as \$200 for supplies and \$300-500 in salaries. Christian Heinrich said we need to update our web-page about the clinic. It's always been a very successful event that the crew enjoys working. Tom Hegele and Melissa Smith made a motion to have the clinic and to order the 500 doses same as last year. She said advertising is the most important thing. Chad Hunter seconded the motion. The motion passed 9 yes, 0 no. Chief Cohen will set the date as soon as possible. He is looking at early November. All Board members are welcome to come help on that day.

OCT. 24, 2011, CARY EMS BOARD OF DIRECTORS

Flu clinic: The flu clinic is scheduled for Nov. 5 at 8 a.m. We have contacted all of the media we know of and are putting it on Cary Citizen. We also have a sign to put on the street.

NOV. 28, 2011, CARY EMS BOARD OF DIRECTORS

Flu clinic: The flu clinic was very successful. So far we have given 439 shots and are still offering them.

OCT. 28, 2013, CARY AREA EMS BOARD OF DIRECTORS

Flu clinic: The clinic was held on Saturday, Oct. 19, 2013. We used all 300 vaccines we had, and it went very smoothly. We had pre-filled dosages this year and we were done by 10 a.m. Chief Cohen has purchased 50 additional vaccines for our members and their families.

OCT. 26, 2015, CARY EMS BOARD OF DIRECTORS

Flu clinic/Food Drive: Overall the flu clinic and food drive were very successful. We gave 260 shots on 10/17. The food was donated to Dorcas in Cary. Next year Chief Cohen is going to let a few full time employees take over the clinic. We still have vaccine left.

JAN.23, 2017, CARY EMS BOARD OF DIRECTORS

Flu clinic: Thea Haggist was in charge of the clinic this year. Everything went well. We vaccinated 320 people. The food drive was also successful. Proceeds went to Dorcas Ministries in Cary.

OCT. 29, 2018, CARY EMS BOARD OF DIRECTORS

Flu clinic: We gave out all of our shots at the clinic (about 240) by about 11:30am and took in more food than ever this year for our food drive. Chief Cohen had reached out to Steve Daniels at ABC 11 and he did a great job advertising the clinic for us this year. The plan is to try to do the clinic around the same date next year.

Flu Clinic

Year.....	Number vaccinated
2005.....	594
2006.....	527
2007.....	
2008.....	563
2009.....	
2010.....	
2011.....	439
2012.....	333
2013.....	450
2014.....	500
2015.....	206
2016.....	340
2017.....	320
2018.....	240
2019.....	250
2020.....	254



Cary Area EMS

FOR RELEASE November, 10 2005

Cary Area EMS Free Flu Clinic

PHYSICAL ADDRESS:
107 Medcon Ct.
Cary, NC 27511

MAILING ADDRESS:
P.O. Box 2
Cary, NC 27512

PHONE:
919/380-6909

FAX:
919/380-6912

WEB:
www.caryems.com

CARY, N.C. — Cary Area Emergency Medical Services will be offering a free flu clinic November 12 to the public from 9am-1pm. Cary Area EMS vaccinated 130 people on the first day of the flu clinic. Cary Area EMS has over 300 flu shots available for the clinic scheduled this Saturday.

"We wanted to do something that would benefit the community and our mission as well," said Steven Cohen, chief.

Cary EMS will be the first EMS service in Wake County to offer such a clinic with shots being administered by Cary Area EMS personnel. The clinic will be at Cary Area EMS, 107 Medcon Court just north of the intersection of Maynard Road and Kildaire Farm Road.

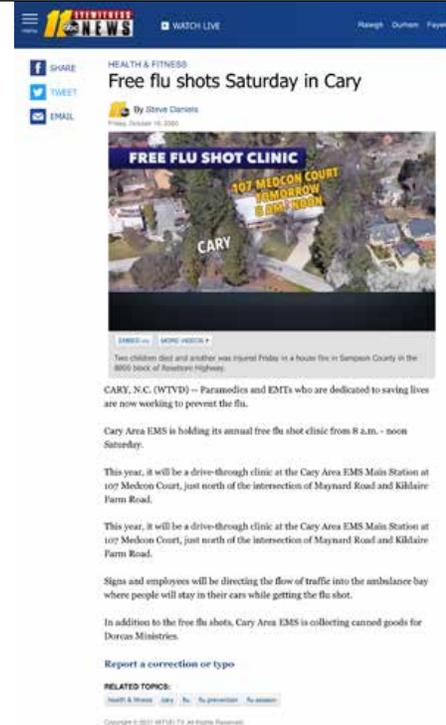
FOR MORE INFORMATION
Contact Steven Cohen at 380-6909 or
scohen@ac.rr.com



NOV. 10, 2005, PRESS RELEASE

"We wanted to do something that would benefit the community and our mission as well," said Steve Cohen, chief.

Cary EMS will be the first EMS service in Wake County to offer such a clinic with shots being administered by Cary Area EMS personnel.



HEALTH & FITNESS
Free flu shots Saturday in Cary

By Steve Daniels
Posted: November 16, 2020

FREE FLU SHOT CLINIC

107 MEDCON COURT
10 AM - NOON
CARY

Two children died and another was injured Friday in a house fire in Sampson County in the 8000 block of Beaufort Highway.

CARY, N.C. (WTVB) — Paramedics and EMTs who are dedicated to saving lives are now working to prevent the flu.

Cary Area EMS is holding its annual free flu shot clinic from 8 a.m. - noon Saturday.

This year, it will be a drive-through clinic at the Cary Area EMS Main Station at 107 Medcon Court, just north of the intersection of Maynard Road and Kildaire Farm Road.

This year, it will be a drive-through clinic at the Cary Area EMS Main Station at 107 Medcon Court, just north of the intersection of Maynard Road and Kildaire Farm Road.

Signs and employees will be directing the flow of traffic into the ambulance bay where people will stay in their cars while getting the flu shot.

In addition to the free flu shots, Cary Area EMS is collecting canned goods for Dorcas Ministries.

Report a correction or typo

RELATED TOPICS:
Health & Fitness, 2020, Flu, No prescription, No appointment

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OCT. 16, 2020, ABC 11 COVERAGE

Cary Area EMS is holding its annual free flu shot clinic from 8 a.m. - noon Saturday.

This year, it will be a drive-through clinic at the Cary Area EMS Main Station at 107 Medcon Court, just north of the intersection of Maynard Road and Kildaire Farm Road.

Behind the Scenes



FLU CLINIC
(Back) Julie Skelton, Alev Kutay, Jaime Redig, Wes Wright, Shannon Wright, Tammy Patton, Jan Bean, Thea Hall; (Front) Steve Cohen, Greg Edwards, Brian Adams, Kaylor Mead, Beth (Chieffo) Garrett, Liz Hermann



FLU CLINIC, 2010
John Paul "JP" Gabriel gives the vaccine to a Cary firefighter.

FEB. 4, 2019, CARY EMS BOARD OF DIRECTORS

Chief Cohen: Our former member, Mike Prevatte, who now works for the State Public Health department has asked Chief Cohen to give a presentation on our Flu Clinic at their annual symposium. He is doing that on May 16 in Greensboro. He also has another presentation in New England in late May.

AUG. 26, 2019, CARY EMS BOARD OF DIRECTORS

Flu clinic: Chief Cohen is in charge of the clinic this year. The date is Oct. 5 from 8 a.m. - noon. We will be doing our food drive to benefit Dorcas food pantry as in the past. We have ordered 250 shots.

OCT. 28, 2019, CARY EMS BOARD OF DIRECTORS

Flu clinic: The flu clinic was successful. We have a lot of folks who have been coming for 10-15 years. They depend on this service we provide. We plan on continuing the clinic unless it becomes a financial burden for us. We collected a good amount of food and donated it to Dorcas Ministries in Cary.

AUG. 31, 2020, CARY EMS BOARD OF DIRECTORS

Flu clinic: Tentatively scheduled for Oct. 3. We are waiting until we have the vaccine in hand until we officially announce the date. Working on the logistics of holding a drive-through clinic from the back of the building through to the front. We should be able to do 4 cars at one time. We will have to gown and mask up and change gloves for every person that gets a shot. We will probably have them wear their respirators so they don't have to change out masks.

OCT. 26, 2020, CARY EMS BOARD OF DIRECTORS

Flu clinic: The flu clinic was very successful. Liz Coykendall did a great job organizing a drive-through clinic this year and it worked very well. We administered about 254 vaccines and collected 50 pounds of food for Dorcas Ministries. We ran out of vaccine around 10:15am. The cost of the clinic was \$4,076.96 which includes supplies and staff wages. Many of the participants expressed how grateful they are that we provide this free service to the community.

CARE FOR THE COMMUNITY. CAREFUL SERVICE. A CARING PARTNER.



Learning the ABCs can help save a life

CITIZENS' ACADEMY BEGINS OCT. 5, 6:30 P.M.

For ADULTS who want to learn more about hospital care. In our month-long, overnight per course program, adults learn how to care for the critically ill and injured. Focus includes critical care skills like CPR, spot band and bleeding techniques. Plus, attendees get to experience real emergencies on an ambulance or 911 calls.



107 Medical Ct., Cary • www.caryems.com • 380-0909

Thanks to Cary Area EMS for academy

Chief Steve Cohen's dream came true with the graduating of the first class of the Cary Area EMS Citizens' Academy. Chief Steve, Joe, Tara, Greg, Deborah and the staff made us feel like part of their EMS family. The instructors were patient and jovial, but always professional.

We learned the history of Cary Area EMS, toured WakeMed Cary Hospital emergency room, Cary's Police Department 9-1-1 Center and the EMS facility and the ambulances. We had hands-on experience with CPR, use of the defibrillator, vital signs, first aid, lifting/carrying and on and on. Many of the students can attest to the fact this was a great eye-opener. Our hands-on experience does not stop after graduating. We have been invited to ride along with the EMS ambulances whenever we have free time.

Before taking this class, many of us did not know much about the EMS (other than they transport you to a hospital in an emergency.) For this reason, we invite everyone to take part in this wonderful learning experience and join the Cary Area EMS Citizens' Academy.

Many thanks to the staff at the Cary Area EMS.

Carol Regular
Cary

The Cary News, Nov. 4, 2004



A Certificate of Appreciation from the inaugural class of 2004 Cary EMS Citizens Academy - Oct. 28, 2004



The spring 2018 Citizens Academy

CITIZENS ACADEMY

Outsiders gain insight, experience in EMS

BY STEVE COHEN

I came to Cary Area EMS in March 2001 as the new chief. As a new chief, I had grand ideas, grand plans for how I wanted the organization to function. Of course, I imagined that everyone would listen to me and accept my plans. Well, that did not work out as I planned. I am glad it did not work as I envisioned initially.

Tammy Patton gave me this keyring with thousands of keys, and as she handed me the ring, I was off and running. (For the record, I did pass the keyring to my successor, Marion Houle). Though I had this keyring in my hand and had no idea where the keys would lead me, I knew it felt right. The keys led me to a 19-year career at Cary Area EMS. I have long-lasting friends, co-workers, colleagues and a board of directors (though we did not always agree or see eye to eye) who made me proud and let me be part of their journey as the chief.

In my 40-plus years in EMS, I have always been a community educator. I love this part of the job. A chance to let the public know what EMS is and what we do, and maybe bring them into our world. This was the concept of the Cary Area EMS Citizens Academy (the title came later). Not only did we want the public to understand and learn about our world, but we also wanted them to complete a CPR and AED course too. See, the Cary Police Department had a successful Citizens Academy that was well-attended by the public. Could EMS do the same thing? Would the citizens attend? In hindsight, yes, the

citizens would come, learn and even become involved in our organization. Thus, the Cary Area EMS Citizens Academy was born. It took a few years into my tenure to create the concept, format, write the curriculum, budget, and receive buy-in from the board and staff. Lucky for me, the support from the board and staff was fantastic.

The concept was easy. Implementation and execution of the program would hit a few bumps. One bump was the debate over whether the course should be free. Charging a fee would cover our expenses and would probably guarantee the students would show up for class. On the flip side, maybe no one would sign up. I always wanted the program to be free, and in the end that is the route we took.

The next hurdles were how to promote the academy and how long to make the program. We sent press releases to officials in Cary and Morrisville, *The Cary News* and other free sources. It worked well, and as social media grew and we developed our social media platforms, it was easy to promote the academy. The program was four weeks long, and we initially ran it in the spring on Thursday nights from 6:30 until 10 p.m.

The first night was an introduction to the history of EMS and Cary Area EMS, and the students received uniforms. That is right: Students received their own Cary Area EMS Citizens Academy polo shirt. I am from Pittsburgh and have a love for the black and gold colors of our sports teams. I did take lots of teasing about this, but I stayed the course until Division Chief Chasidy Kearns took over the reins of the program. She changed the shirt color to black with gold lettering. We showed the class a clip from the TV show “Emergency!” and I discussed my career in EMS. At the end of the first night, we gave the class a tour of the building and the ambulance.

In the second week, we trained the students in CPR and use of the AED. The students received an American Heart Association completion card for their effort.

The third week was also hands-on. The students got to lift and move one another on the stretcher and a specialized chair. They used their new CPR and AED skills in cardiac arrest scenarios. They learned about taking care of the airway, equipment and medications carried on the ambulance. The students learned and practiced taking vital signs, splinting injuries, and controlling bleeding. The students also received a lecture on the 911 system.

The fourth week was a tour of Western Wake’s (WakeMed) Emergency Department and graduation. The hospital tour ended, and we added the tour of the 911 Center, which was popular with the students. Our graduation ceremony consisted of a certificate of completion and cake.

We had 20 graduates in the first class. We had to create a waiting list in later years. Out of the first couple classes, Cary Area EMS benefited from a new board member in Brent Miller, who later became our board chair. Marie Johnson graduated from the Academy, went to EMT school, became a volunteer, casual time employee, and was with us until April 2021. The Academy also gave us My-Châu Matrick, Ed Clayton, Pete Donahue and William Upchurch as board members. Matrick and Donahue served as chairs.

Evaluations from the students were always positive. Some thought the program should be six weeks, the hours of the class should be longer or shorter, loved the shirts (OK, I made this one up), and enjoyed the program and the instructors. I am proud of my staff for embracing and participating in this program. It would not have been successful if they were not part of the program. I am happy to say that the Cary Area EMS Citizens Academy will continue under the new flag of Cary Area EMS. ■

Behind the Scenes



Behind the Scenes



OCT. 25, 2004, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: finishing up the fourth week this Thursday. Very good three weeks, it has been very successful and the people have enjoyed it. Students will fill out the evaluations this week about the program to give CEMS feedback. Planning to offer it again on a yearly basis around October.

NOV. 22, 2004, CARY EMS BOARD OF DIRECTORS

Citizens' Academy Recap: There were 19 people who attended. Lynn York has been receiving great e-mails about the academy and the instructors. Great press coverage about the academy. With such high demand for the academy, it will be offered again. Job well done to the staff and everyone who was involved.

AUG. 22, 2005, CARY EMS BOARD OF DIRECTORS

Flu Clinic / Citizens' Academy: getting press releases out. Flu Clinic will be Oct. 5 and Oct. 8 from 9 a.m. - 1 p.m. CEMS will have consent forms for patients to sign. Supplies for the Flu Clinic will be posted to 6505-00. Citizens' Academy will start on Oct. 6 and end on Oct. 27.

SEPT. 26, 2005, CARY EMS BOARD OF DIRECTORS

Citizens' Academy has slow enrollment; ad was in *News and Observer* last Saturday.

SEPT. 25, 2006, CARY EMS BOARD OF DIRECTORS

There are 14 people registered for the Citizens' Academy. Citizens' Academy and Flu Clinic were advertised in the paper as well as on-line.

OCT. 24, 2005, CARY EMS BOARD OF DIRECTORS

Citizens' Academy Update: In the last week of the academy. We had seven people register and only five of them showed up. It is a good group with a lot of good questions. The program will finish up this week by getting a tour of the hospital ED and Cary Central dispatch center.

OCT. 23, 2006, CARY EMS BOARD OF DIRECTORS

Citizens' Academy Update: This is the fourth week of the academy. Completion certificates will be ready for graduation. The group has been really interested; they ask a lot of questions and do not mind staying past the time the class is scheduled to end.

JUNE 25, 2007, CARY EMS BOARD OF DIRECTORS

There was much discussion that followed regarding the cuts of the Flu Clinic and citizens' academy. The board wanted the programs back in the budget. There was discussion about corporate sponsorships, Chief Cohen wanted the Flu Clinic to be a Cary Area EMS function, but would be happy to accept and receive sponsorship for the academy. Gay Perez asked about asking for donations at the flu clinic. Division Chief (Deborah) Stein stated that we had briefly discussed this but we wanted this to be a service to the community and asking for or placing something out for donations defeated this purpose.

The Board decided to \$8K to the billing income and expensed \$7K for medical supplies to cover the flu vaccine and \$1K to social and recognition to cover the citizens' academy. Chief Cohen expressed his concern regarding the additions. This was noted by the board.

MARCH 18, 2013, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: Eight citizens have signed up for this program. Chief Cohen would like to have at least 10-15. It starts Thursday, April 4.

APRIL 22, 2013, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: It is going well.

JAN. 27, 2014, CARY EMS BOARD OF DIRECTORS

The Citizens' Academy which is in April is full and there is a waiting list. A lot of the people are coming from Morrisville and Cary.

MARCH 24, 2014, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: It starts Thursday, April 3. There are 20 people signed up for it.

APRIL 28, 2014, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: We had 20 people register for the Academy but 14 finished. Chief Cohen received good evaluations from the attendants. He said the first two weeks weren't as good as the last two. WC is having an active shooter event in June and they have asked him if his Academy graduates would like to participate. My-Chau Matrick said she would be interested in participating in that. He will be tweaking a few things next year.

JUNE 23, 2014, CARY EMS BOARD OF DIRECTORS

Active Shooter Training: The training went well. We had two Citizens' Academy graduates participate. My-Châu was one of them. Chief Cohen felt it was excellent training.

JAN. 26, 2015, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: 17 citizens are registered for the Academy which will start in April.

MARCH 23, 2015, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: There are 20 citizens registered for the Academy which starts April 2.

OCT. 26, 2015, CARY EMS BOARD OF DIRECTORS

Wake County starts its Citizens Academy this week. Chief Cohen is flattered they are using his model.

JAN. 25, 2016, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: So far there are 20 people signed up for the academy. Chasidy Kearns is going to be taking over the academy after this year with chief's guidance. It will be April 7, 14, 21 & 28.

MARCH 28, 2016, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: The Academy is full (20) and starts April 7.

JAN. 23, 2017, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: Chasidy Kearns is in charge of the Academy this year. Chief Cohen is assisting when needed. The dates are April 6, 13, 20 & 27.

MARCH 27, 2017, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: Starts April 2, 2017. There are nine people registered for the academy which is low. Chasidy Kearns is in charge of the Academy this year. She has things ready to go.

JAN. 22, 2018, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: We had 152 applicants for this year's Academy! The Towns of Cary and Morrisville did a great job pushing the information out via social media. Chasidy Kearns is considering holding an extra session in the fall and also maybe a junior program. A wait list has been started for the April session.

MARCH 19, 2018, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: Starts April 5. Chasidy Kearns is in command of this project. It is full. Stop the Bleed Campaign: This is a National campaign that we will be teaching for the first time in the Citizens' Academy. The goal is to start teaching it to the community in May and June as well. We have ordered the kit and have five instructors on board.

OCT. 29, 2018, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: The second week of the CA had to be canceled due to bad weather so it has been extended to Nov. 1. There are about eight people attending this academy.

FEB. 4, 2019, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: Kaylor Mead is in charge of running the Academy this year. It runs each Thursday in April from the 4-25. We already have two people signed up for it.

MARCH 25, 2019, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: Kaylor Mead is in charge of running the Academy this year. It runs each Thursday in April from the 4-25. There are 10 people signed up for it.

AUG. 26, 2019, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: Mike Arnold is heading up the October Academy. It will be held Thursday evenings.

OCT. 28, 2019, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: We had about nine people sign up for the Fall Academy and only one show up so Chief Cohen and Mike Arnold have decided to return to our once a year Academy which will be held in April.

JAN. 27 2020, CARY EMS BOARD OF DIRECTORS

Citizens' Academy: Mike Arnold is running the Academy the first four Thursdays in April from 6 p.m. - 9 p.m.



Cohen creates Medic2Medic podcast

BY STEVE COHEN

I conceived "Medic2Medic" in June 2015 when I was walking Golden Retriever Mandy and listening to Marc Maron's podcast. I said to myself, "I can ask questions and let EMS providers tell their stories."

It took three months, free software, an iPad, and a Facebook page to launch.

The first eight or so episodes aired without editing. (Yikes.)

At the time, the EMS podcast world was small compared to today. The EMS podcasts focused on the people of EMS and the other public safety personnel.

I asked Greg Edwards, one of our full-time paramedics to be my first guest. He agreed and the podcast was off to a great start.

As of July 2021, I have produced 240 episodes and the podcast is heard all over the world including in Japan, Australia, UK, and the Middle East.

The support from Cary Area EMS was unbelievable to allow me to create a studio (the chief's office), to record and to provide me with guests. Each one of Cary's guests did a great job and made me proud to be their chief.

GUESTS FROM CARY AREA EMS

Drew Baird, John Barile, Christian Bennett, Daniel Cline, Greg Edwards, Quincy Harris, Christian Heinrich, Justine Hollingshead, Marion Houle, David Hunnicutt, Colene James, Lynn Nowak, Tammy Patton, Mike Prevatte, Jaime Redig, Deborah Stein, Larry West, Bradley Wilson



LISTEN

<http://medic2medicpodcast.com/>
or subscribe to Medic2Medic on Apple Podcast

It is important to understand our history and how we have progressed as a profession since 1966. It is equally as important to see where we are and should be moving in the future.

We have made great strides in professional education and licensure, data collection and system design, and we need to continue to improve our progress in these areas.

To ensure our profession progresses and that our primary goal of providing quality patient care in the pre-hospital setting continues in the future, we need to support and perform research to assure we provide evidence-based medicine in the most effective and efficient EMS systems possible.

**JOHN TODARO, NRP, RN, president,
National Association of EMS Educators**

Cary EMS Timeline

1965....."Organizing Ambulance Services in the Public Interest" by Robert Cadmus, M.D., and John H. Ketner, Chapel Hill, North Carolina, 1965



1966....."Accidental Death and Disability: The Neglected Disease of Modern Society," the seminal "white paper" that birthed American EMS

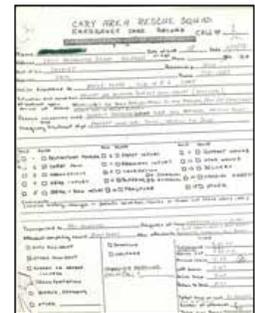


1966.....National Highway Safety Act

May 9, 1967.....North Carolina Ambulance Services Act placed the legal responsibility for ambulance availability on county governments as an extension of public health.

Sept. 26, 1971.....Steering Committee meets

Oct. 25, 1971.....Cary Area Rescue Squad incorporated; first-aid training at Cary Rural Fire House



May 1972.....Four pagers ordered. The Cary Area Rescue Squad became the first in North Carolina to make general use of pagers



August 1972.....First ambulance delivered and equipped for emergency service

Aug. 18, 1972.....First call, 38-year-old male bleeding severely from wrist

Nov. 1, 1972.....Cary Area Rescue Squad Auxiliary meets for the first time



Feb. 18, 1973.....Second ambulance arrives

April 2, 1972.....Squad adapts the squad seal





July 15, 1973 Cary Area Rescue completes first fundraising drive, surpassing \$28,000 goal



Dec. 19, 1973 James (Jim) O. Page becomes first chief of North Carolina OEMS

March 1974 Hurst tool added, first in Wake County, first in North Carolina

December 1974 Squad moves into new building on Medcon Court

Aug. 15, 1976 Wake County EMS in service



June 15, 1981 IRS recognizes Cary Area Rescue Squad Inc. as exempt from federal income tax as a 501(c)(3) organization

January 1982 Wake County gets 911



1985 Donald Vaughn becomes Wake County medical director

1985 Groundwork begins to add paramedic-level service in Wake County

Sept. 14, 1987 Cary starts paramedic service with paramedics paid \$18,000/year

Sept. 1, 1991 Service starts charging fees for service, \$255 for basic call, \$40 donation

June 1992 Eddie Wimberly becomes Squad's first full-time, paid chief



1994 Paramedic response implemented county-wide



May 22, 1995 Board approves creation of Bicycle Emergency Response Team

June 30, 1997 Cary Area Rescue Squad becomes Cary Area Emergency Medical Services

Sept. 2, 1997 Unit (EMS 54) permanently placed in Morrisville

January 1999 Commission on Accreditation of Ambulance Services certificate issued; first volunteer EMS agency in the nation to obtain CAAS certification



Aug. 23, 1999 Convalescent unit begins service; answers about 125 calls per month



April 1, 2001 Steve Cohen starts as chief

January 2002 Paramedic-level truck placed in service; 24 hours a day as first rescue squad in Wake County to do so; CAAS reaccreditation issued



Jan. 1, 2002 Cary EMS makes Morrisville truck a 24-hour truck

May 20, 2002 Convalescent truck put on hold



October 2002.....Wake County hires a new medical director, Brent Myers; Donald Vaughn retires from his position effective in January of 2003.

May 24, 2004.....Cary EMS is the first agency in Wake County to go above \$1 million in billing income as volunteer status

Oct. 28, 2004First Citizens Academy ends

Sept. 26, 2005Board approves \$15,000 for purchase of Class A uniforms

Nov. 10-12, 2005.....594 people vaccinated at first Flu Clinic

October 2005CAAS reaccreditation issued

January 2006.....Radio systems are changed from UHF to 800 MHz VIPER system

Feb. 18-25, 2006Greg Edwards, Marion Houle and Steve Cohen travel to Bolivia

Nov. 1, 2006.....580 begins service as a division chief

Jan. 10, 2008.....Agreement with Town of Cary to staff a truck out of Cary Fire Station 5

Oct. 1, 2008.....EMS 55 goes online as a peak load truck.

January 2009.....CAAS reaccreditation issued

Jan. 6, 2009Advanced Practice Paramedic program placed in service in Wake County

October 2009Apex EMS merges with Town of Apex

June 1, 2010.....Garner EMS ceases operation

July 1, 2010.....Holly Springs EMS ceases operation

June 2011Decision made to discontinue CAAS accreditation

July 1, 2011Apex EMS becomes part of Wake County EMS system.

Oct. 12, 2013.....EMS 54 switches to 12-hours shifts

Feb. 4, 2021.....Wake County officials notify Cary EMS of cancellation of contract

April 1, 2021Cary Area EMS ends emergency response services





GROUP, APRIL 1, 2021 | *(standing)* Marion Houle, Chris Hegele, Tom Maynard, Justine Hollingshead, Julie Skelton, Jaime Redig, Christian Heinrich, Tammy Patton, Josh Jackson, Doug Pluta, Larry West, Hannah Cuzzo, Colin Carter, Matt McLamb; *(kneeling)* Bradley Wilson, Nicole Mussler, Angel Vives, Alev Mitchell, Kaylee Hays, Kimberly West, John Barile; *(front)* Liz Coykendall

Wake County officials cancel Cary EMS contract

BY BRADLEY WILSON

No one who ever worked for Cary Area EMS can say the email was unexpected. For at least two decades, Wake County officials had made overtures toward canceling the contract with Cary Area EMS. But on the morning of Feb. 4, 2021, the timing was a bit unexpected when David Ellis, through his senior executive assistant, sent an email to the chair of the Cary Area EMS board of directors with an attachment saying that the contract would be canceled — and the cancellation would be effective April 1, 2021, not at the end of the fiscal year as many staff members had expected.

It wasn't an April Fool's joke.

Ellis said, "After careful consideration and deliberation, I have decided to transition Wake County's EMS service in the Cary Area to a single-agency model that will provide our residents with the same high-quality service they have come to expect from our agencies, while saving taxpayer dollars and helping our service run more efficiently. In the long run it will also reduce redundant layers of administration, making Wake EMS more agile and better able to adapt quickly to growth and development in our community."

In less than two months, the organization's ability to answer emergency calls in Wake County — but not the organization itself — would cease to exist.

"We know change is not always easy, but our EMS leadership team is committed to making the transition process as smooth as possible for everyone," Ellis said.

Wake County converted the old Cary Fire Station No. 2 into a temporary "Cary EMS Main," picked up the radios and other equipment and, on April 1 at 7 a.m., took over service in western Wake County. The county also canceled the contract with Eastern Wake EMS, giving the county only one EMS service to serve the 1.2 million people in Wake County.

And Cary Area EMS evolved. ■

WAKE COUNTY
Office of the County Manager
 30004-06

February 2021

My-Chau Matrick
 Cary Area EMS Board Chair
 30004-06 Cary, NC 27501

Re: EMS System Services Contract

Dear Ms. Matrick:

As a result of the COVID-19 pandemic, the County has been forced to re-evaluate its budget and the EMS System Services Contract. The County Board of Commissioners has approved a resolution to terminate the current contract and to award a new contract to the Cary Area EMS Board. The Board has requested that you and I meet to discuss the details of the new contract and to answer any questions you may have. We will be holding a meeting on Friday, February 12, 2021, at 10:00 a.m. in the Board Room, 30004-06 Cary, NC 27501. The meeting will be held via Zoom and will be open to the public. The meeting link is provided below. We appreciate your assistance as we move in this new direction – one we believe is best for the residents who rely on our emergency medical services and the employees who provide life-saving help.

Sincerely,

 David Ellis
 Wake County Manager

cc: Wake County Board of Commissioners
 Johnna Sharpe, Chief Operating Officer
 Jose G Cabanas, EMS Director

Employees with a higher hourly rate than Wake County would have offered through a typical hiring process will be handled in the following manner:
 i) Employees' salaries above a like incumbent employee will be frozen until the Wake County pay scale catches up.
 ii) Employees' salaries above the maximum of the Wake County Pay Band for their position will be frozen until the Wake County pay scale maximum increases.
 b) Employees' hourly rates below what Wake County would have offered through the normal hiring process will be brought up to the Wake County Pay Scale standard.
 c) Employees currently serving in fill-in DC roles will be evaluated based on the county minimum criteria and go through an orientation process before serving in that role.
 3) During the month of March (CAEMS) and April (EWEMS), all new employees will be required to complete employer-specific training such as payroll and scheduling processes and departmental policy, etc.
 4) There will be a combination of online and in-person training sessions set-up to complete these requirements.
 4) During the month of August, all employees will be required to register and attend a session at the ESEC to complete the physical ability test.
 a) If an employee cannot successfully complete the physical ability test, they will have until June 2022 to successfully complete the test. The physical ability test represents the minimum physical ability an EMS System field provider should be capable of performing and is an annual requirement of all Wake County EMS Department field providers.
 B. Shift/Station Assignments
 During the onboarding process, CAEMS/EWEMS field personnel will be asked to complete an Employee Preference Survey. This survey will capture your preferences related to shift assignment, shift start time, and region of the county. Based on this survey, we will then create starting unit assignments. In the past, this process has successfully placed transitioning employees in their first choice most of the time. Because this type of transition uses an unconventional onboarding process, we require transitioning employees to be partnered with an existing Wake County employee for the first six months of employment. Therefore, existing partnerships will not be maintained during the first six months with Wake County.
 C. Stations, Apparatus and Fund Balance
 a) **Equipment and Supplies:** Both CAEMS/EWEMS have county-issued and agency owned supplies and equipment. Equipment and supplies critical to continuity of operations regardless of ownership, will be provided to County immediately. A transition plan will be developed to coordinate the return and inventory of county-owned equipment and supplies. CAEMS/EWEMS will transition all medical supplies and equipment, radio system equipment, and biomedical equipment to Wake County regardless of ownership, except for narcotics or controlled substances.
 b) **Vehicles:** All County-owned vehicles will be transitioned to Wake County immediately to maintain continuity of operations. Agency owned vehicles that either CAEMS or EWEMS would like to transition to Wake County will be discussed on a case by case basis.
 c) **Station/Facilities:** Both CAEMS and EWEMS own durable facilities. These facilities are slated to be replaced within the next five years as part of the EMS Facility Master Plan and Wake County Capital Improvement Plan. Wake County has identified alternative facilities to operate from until these new facilities are built. Therefore, Wake County does not anticipate entering into an agreement with either agency for the lease of space. Wake County does not desire to purchase either of these facilities based on the age and current condition.
 d) **Personnel:** The County will accept the transfer of all positions.

Page 2 of 8

The discussion about transitioning to one EMS System is not new. These conversations have been going on for more than a decade. For the past five years, in particular, the EMS Department leadership team has talked about this shift with both agency chiefs during strategic planning sessions, and everyone agreed bringing Cary Area EMS and Eastern Wake EMS under Wake EMS was not a matter of if but when. These discussions gained momentum when the 2018 cost analysis report showed the county could provide the service at a lesser cost to taxpayers.

Given the budget constraints caused by the pandemic in 2020, the need to transition to a consolidated agency model was accelerated because of the anticipated cost savings. However, the county agreed to wait a year before implementing it to allow more time for conversations between the nonprofit agencies and the county. We have held those listening sessions and used the input we received to update and improve the transition plan, which is attached to this email. The listening sessions provided valuable information that will assist the County in moving forward.

To facilitate a smooth transition, we ask for your help to gather the information on the attached document for each Cary EMS member. We will need it to begin the onboarding process. Please provide this information no later than Friday, Feb. 12, for the first data set and Friday, Feb. 26, for the second data set.

We appreciate your assistance as we move in this new direction – one we believe is best for the residents who rely on our emergency medical services and the employees who provide life-saving help.

Sincerely,

 David Ellis
 Wake County Manager

cc: Wake County Board of Commissioners
 Johnna Sharpe, Chief Operating Officer
 Jose G Cabanas, EMS Director

Jose Cabanas@wakegov.com
 TEL 919.856.6020
 FAX 919.856.6200
 331 S. McDowell St • Raleigh, NC 27601

WAKE COUNTY
**Department of
 Emergency Medical Services**

EMS System Transition Plan

A. Human Resources

1) CAEMS/EWEMS personnel will complete a Wake County application through the Wake County Human Resources website for capturing necessary employee information. All employees meeting the current requirements for hire will be offered employment with Wake County. All employees (full and part-time) will need to attend one of the information sessions (virtual meeting) to learn next steps and receive their application packet. These sessions are scheduled for:

These sessions are scheduled for:

- Feb. 17, 6-7 p.m.;
- Feb. 19, 9-10 a.m.;
- Feb. 23, 9-10 a.m.; and
- Feb. 24, 6-7 p.m.

An online registration form will be sent out by Feb. 10.

a) The County will screen employees for any issues that may prohibit employment with Wake County Government.
 i) Drug testing
 ii) DIG List exclusion
 iii) Driving records review
 b) No interview process is necessary, but employees must attend an onboarding orientation session from 8am-5pm at the ESEC. An onboarding session consists of 2 days. Due to public health mitigation measures each session will be limited.
 i) Cary Area EMS – Pick one of the two options
 (1) March 10th and 11th
 (2) March 22nd and 23rd
 ii) Eastern Wake EMS – Pick one of four options
 (1) April 12th and 13th
 (2) April 19th and 20th
 (3) April 26th and 27th
 (4) April 28th and 29th
 c) Employees will have a one-year probationary period.
 2) Pay rate from CAEMS/EWEMS will transfer to Wake County

a) Employees with a higher hourly rate than Wake County would have offered through a typical hiring process will be handled in the following manner:
 i) Employees' salaries above a like incumbent employee will be frozen until the Wake County pay scale catches up.
 ii) Employees' salaries above the maximum of the Wake County Pay Band for their position will be frozen until the Wake County pay scale maximum increases.
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 d) **Personnel:** The County will accept the transfer of all positions.

e) **Part-time personnel:** Will need to attend the February virtual information sessions to discuss a more tailored onboarding process.
 f) **Volunteers:** Wake County is committed to providing a place for volunteers with desire to continue serving the community. We will schedule a meeting in March to discuss volunteer opportunities.
 g) **Fund Balance:** The County's fund balance analysis looks at the period from 2012, the year in which the system moved to consolidated revenues, to today. The analysis does not indicate any excess accumulation that should be returned to the county.
 D. Non-profit continuation
 Actions related to the consolidation of 911 services does not preclude the agency from continuing as a non-profit organization conducting outreach efforts in the community, but Wake County will no longer contract for 911 services. If the agency chooses to dissolve, completing necessary business activities would likely take between 9-12 months.

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From: DAVID ELLIS <David.Ellis@wakegov.com>, Wake County Manager
 Date: Thu, Feb 4, 2021 at 11:22 AM

Good morning Ms. Matrick,
 Attached please find correspondence from County Manager Ellis regarding the EMS System Services Contract.
 Thank you.

Lisa Provencher (on behalf of David Ellis)
 Senior Executive Assistant
 Wake County Government
 County Manager's Office

From: MY-CHAU MATRICK <mmatrick@caryems.com>, Cary Area EMS Board Chair
 Date: Feb 4, 2021, 10:56 AM

Hi Team,
 Unfortunately, I received the below email from David Ellis' office. He has made the decision to cancel our contract with the county and implement the merger effective in April. As a Board we will need to meet to discuss next steps, but for now, please review the email below and attachment.
 In tandem, Marion has received a call from Jose that he is sending out a system-wide email to announce this by 1 p.m., so Marion will be sending out a message to the broader team. Please allow him the opportunity to share this information as the chief.
 We will be back in touch.

From: MARION HOULE <chief@caryems.com>, Cary Area EMS Chief
 Date: Feb 4, 2021, 11:17 AM

I wanted you to hear this from me first, Wake County government will end our contract sometime in April.
 I just got off the phone with Dr. Cabanas, and he has confirmed that the merger will take place in April. He is going to send an email to the system at 1 p.m. announcing this event.
 My-Chau, our Board chair, received a phone call this morning from Mr. Ellis announcing the cancellation of our contract and is following up with an email communication and implementation guidance.
 Again, I wanted you to hear this from me first. I know there will be a lot of questions. This is moving really fast. I will try to get the answers for you.
 I have attached the updated transition proposal for you to review.

Cary, Apex EMS units could consolidate

By BETH HATCHER
THE CARY NEWS

It looks as if the Cary and Apex EMS agencies could be in talks to consolidate services.

Apex officials won't confirm, but Cary EMS Chief Steve Cohen said the two groups have been talking for more than a year about the possibility.

Cohen could not give a definite timeline for the consolidation.

On Friday, Dave Worden, a paramedic with Apex EMS, said there would be no comment on the matter until Apex EMS Chief Nicky Winstead returns Monday from out of town.

Cohen said the Cary EMS board of directors had passed a

COMPARING SERVICES

	CARY EMS	APEX EMS
BUDGET	About \$1.9 million	About \$600,000
FLEET	Six ambulances, with three running 24 hours a day	Three ambulances, with two running 24 hours a day
2007 CALLS	7,000	More than 2,400

motion considering the concept of a consolidation. Cary is waiting for Apex EMS to do something similar, Cohen said.

Consolidation would be a great way to merge the budgets and equipment of the two agencies, making for a stronger service, Cohen said. Talk of consolidation was partly sparked

by a countywide movement, he said.

"There is big talk through the whole county ... as to what departments could consolidate," he said.

Cohen noted that the Eastern Wake EMS service was created in 2005 from a consolidation of the Knightdale,

Wendell and Zebulon EMS services.

Cary EMS is the bigger of the two organizations, but it and Apex EMS have similarities. Both have volunteer and paid personnel, and both started in the early 1970s.

Apex and Cary are among seven EMS agencies serving Wake County. All except the Wake County EMS are contracted through the county and usually affiliated, though not governed, by a town, said Jeffrey Hammerstein, district chief with Wake County EMS.

beth.hatcher@newsobserver.com
or (919) 460-2608

June 14, 2008, *The Raleigh News & Observer*
"CARY, APEX EMS UNITS COULD CONSOLIDATE" by Beth Hatcher

It looks as if the Cary and Apex EMS agencies could be in talks to consolidate service.

"There is big talk through the whole county ... as to what departments could consolidate."

Apex and Cary EMS chose not to merge. Apex EMS became a part of the Town of Apex. In 2010, Apex EMS merged with the town, and became part of the fire department. In 2011, EMS began operating as a separate town department. Effective June 30, 2018, Wake County took over EMS operations in the Apex response area. Apex EMS was dissolved.

JAN. 7, 1974, CARY EMS DIRECTORS MEETING

The Wake County EMS planning group is having a meeting in which a representative of the Squad was asked to attend, Jan. 16, at K&W Cafeteria North Hills, 11:30 a.m.

JUNE 25, 2007, CARY AREA EMS BOARD OF DIRECTORS

Lynn York, Board president, Steve Cohen, chief, a Wake County Update (Station, contract, Budget): There is a lot of merger talk conversation from the County. The County wants two services, Wake County EMS and one contracted agency (the contracted agencies would merge into one). There is also lots of talk about different type of mergers. The County has always wanted one service, but now there is a little more pressure felt to actually move in that direction. Chief Cohen has talked to Apex EMS regarding a merger, but the Apex Board does not want to entertain this subject now. Chief Cohen stated that there are system costs associated that includes dispatch and the medical direction. Chief Cohen mentioned that the County support to Cary Area EMS is for the billing contract and the above mentioned. During this discussion Jeff Chambers asked what happens if the County took over Cary Area EMS. Chief Cohen said most of the medics would probably be offered jobs and the only thing they could take would be their equipment and the building (if we gave it to them). Pete Donahue suggested that we develop a defense now with costs, responses times etc, so that it is in place if they (county) really started to look at removing our franchise. We need a finance, efficiency and service argument in place before or if this occurs. Chief Cohen to get more information on the discussions that have already taken place that he was only told this in hindsight.

OCT. 24, 2007, CARY EMS OFFICERS MEETING

SWOT (Strengths, Weaknesses, Opportunities, Threats) Analysis of Cary EMS.

As Cary Area EMS, what are five of each that we have?

Merger with Apex:

1. Strengths – status and power, increased area, financial, personnel, equipment, available resources, policies, BOD consolidation, career advancement, Apex is cheap
2. Weaknesses – two different management styles and expectations, geography (distance), difficulty supervising staff, loss of identity, personnel
3. Opportunity – career advancement, creating a new identity (super power), financial gain, be more involved politically and in the community
4. Threat – easier for WCEMS to take over one agency as opposed to two, being more involved in the community, Apex staff and Board, supervision of staff

MAY 5, 2008, BUSINESS MEETING

Discussion about possible consolidation with Apex EMS. Apex sent Steve about 10 questions about things like number of board of directors, seniority, new name, truck scheme, pay scale, etc.

JULY 28, 2008 CARY AREA EMS BOARD OF DIRECTORS

Consolidation Update (Dr. Myers letter discussion): met a couple of weeks ago about the future of EMS in Wake County. Dr. Myers is now the director of EMS and one of his goals is to consolidate all EMS stations into one agency. Discussion about employees' retirement and being able to consolidate may take same time before consolidation can take place.

[T]he FY21 budget recommends terminating contracts with two nonprofit agencies, Cary EMS and Eastern Wake EMS, to reduce costs to the taxpayer.

ALICE AVERY

PROPOSAL TO CONSOLIDATE EMS

FROM: Alice Avery <alice.avery@wakegov.com>

SENT: Thursday, June 4, 2020 9:54 AM

TO: Randi Ayala <rayala@cb17.com>

In his Fiscal Year 2021 Recommended Budget, Wake County Manager David Ellis told the Wake County Board of Commissioners that COVID-19 has dramatically changed the county's revenue picture. He said, as a result of the pandemic, the county is projecting that property and sales tax revenues for FY21 will be significantly lower than originally estimated. As a result, Manager Ellis recommended cost savings measures in many departments, including EMS.

The proposed budget will remove two 12-hour ambulances originally scheduled for deployment during FY21. It will also scale back our successful internal EMT-to-paramedic education program. In addition, the FY21 budget recommends terminating contracts with two nonprofit agencies, Cary EMS and Eastern Wake EMS, to reduce costs to the taxpayer. It costs about \$700,000 more each year – the equivalent of operating two 12-hour ambulances to contract with the agencies than if the county provided the service directly.

Over the next several months, Manager Ellis and his team will meet with the two nonprofit agencies to discuss their contracts and develop a smooth and fair transition plan. Nothing precludes these agencies from continuing to operate as

nonprofits and serving the community through education and public outreach by utilizing reserves for funding.

Background information:

EMS is a statutory county responsibility with all providers, regardless of whether they are county or nonprofit agency employees, working under the direction of EMS Director/Medical Director Dr. Jose Cabanas.

There is a long history of mergers and consolidations within EMS, with Cary and Eastern Wake being the only remaining contract agencies. The vast majority of employees who transition to the county do so successfully and go on to have long and positive careers with Wake EMS.

Historically, the nonprofit cost structure was less expensive due to state-supported subsidies for nonprofits and the use of volunteers. However, many of these subsidies have been eliminated or reduced, and these agencies no longer rely on volunteers for primary operations, so the nonprofit agency structure is now more expensive than it was in the past.

The system realignment of Cary EMS and Eastern Wake EMS was most recently evaluated in 2017-18, which was the first time overall agency structure costs exceeded those of the county.

AUG. 25, 2008, CARY EMS BOARD OF DIRECTORS

Consolidation update: The contracted chiefs have met twice in the last five weeks and are formulating a plan. At this time the chiefs do not feel the agencies should be consolidated into one agency with Wake County. The chiefs are discussing whether to become one agency with Wake County or three agencies (as discussed before; Eastern Wake, Wake County and then the other agency). They have asked Dr. Myers for something in writing regarding benefits for employees.

SEPT. 22, 2008, CARY AREA EMS BOARD OF DIRECTORS

Consolidation Update: Chief Cohen and the other chiefs met and the discussion of two EMS services would operate in the county. The model would be one contracted agency and Wake County EMS Division. We have communicated this to Dr. Myers. The chiefs are working on an organizational chart and business plan. This is what the chiefs have agreed to work on. Gay Perez asked if we (chiefs) had assistance from the outside working on this aspect. Chief Cohen commented not at this time, though we are considering this at a later time. There was further discussion regarding consolidation and if this is the right course. Gay Perez asked if it was premature to be discussing this. Chief Cohen reviewed the mandate from the Wake County Board of Commissioners regarding consolidations. Chief Cohen stated that we will continue to talk and though we may never consolidate, it might be the outcome that is reached by the services. We also believe that at some time in the future Wake County government will state there will be one service providing EMS. Brent Miller stated that we want to control our future.

OCT. 27, 2008, CARY EMS BOARD OF DIRECTORS

WAKE COUNTY EMS DIVISION ASSIST WITH SYSTEM COST DISCUSSION: Brent Myers, Wake County EMS director, approached Chief Cohen about the Wake County budget crisis and making cuts and assisting with system costs. Dr. Myers was planning to approach other EMS agencies; however, it will affect CEMS the most due to the area in which we serve and our billing; therefore, he asked CEMS first. Dr. Myers is planning to ask a few other agencies to assist in billing costs as well. Dr. Myers asked if CEMS could assist with part of the EMS Management and Consultant costs. Chief Cohen informed Dr. Myers that he would look into this concern and get back to him. If CEMS took over all of our billing costs, it would cost \$90,000 - \$120,000 per year. There was more discussion to follow with questions and concerns about Wake County asking CEMS to assist in system costs. The board of directors would like to have more information in writing from the county before committing to an answer.

JAN. 26, 2009, CARY EMS BOARD OF DIRECTORS

Consolidation Update: This is more concerning Apex EMS. Apex met with their town and the town is still very interested in obtaining Apex EMS. Dr. Myers is not in favor of this decision. Chief Cohen spoke with Chief Winstead last week and Chief Winstead still feels that CEMS is their best bet and doesn't think the county is going to allow the Town of Apex to take over. By March 15, the Town of Apex staff will have their retreat and will make a decision as well as between now and then, Dr. Myers, Chief Winstead and Town of Apex officials will meet to talk about this issue. As for all of the other agencies, discussions have been minimal due to the chiefs working on budget reductions for the county.

JAN. 4, 2010, CARY AREA EMS BUSINESS MEETING

It's a new year, so Steve will ask the annual question: Do we still want to stay independent or talk to WCEMS about merging. NOT! Discussion for new folks.

FEB. 22, 2010, CARY AREA EMS BOARD OF DIRECTORS

Wake County: They are putting subtle pressure on the EMS agencies to become one again. Melissa said this seems to always come up at budget time. Cody asked about the talk of us merging with Apex. Apex EMS should be completely merged by June with the Apex Fire Department. None of the other contract agencies want to merge with the County.

FEB. 28, 2011, CARY AREA EMS BOARD OF DIRECTORS

Steve Cohen met with fire department chiefs in Cary and Morrisville and asked them about their feelings of bringing CEMS into the Town of Cary or Morrisville. It was Allan Cain's feeling that the Town of Cary even though they agree that Wake County should manage EMS, he thinks they would listen. Todd Wright thinks the Town of Morrisville would be more interested in bringing CEMS into the fold. Chief Wright thinks EMS should be a separate department. Chief Cain thinks the town would want EMS under the Fire Department but he thinks EMS should be their own department. Chief Cohen will follow up with them in the next week or so. Both of them were very supportive.

MARCH 28, 2011, CARY AREA EMS BOARD OF DIRECTORS

Apex EMS: Apex EMS is now a part of Wake County. David Cooke set up an appointment and the Town asked Wake County to take them over because it was costing them too much money to operate. EMS 52 will probably start getting more calls because of station changes in Apex. This change takes place July 1, 2011. Melissa Smith said this would probably work in our favor because it proves that government cannot operate EMS profitably.

JAN. 9, 2012, STAFF MEETING NOTES

Wake County EMS has taken a shot at us again. In December, they blindsided Garland and Steve with data saying that they can do it cheaper, which included a lot of false data and numbers.

SEPT. 24, 2012, CARY AREA EMS BOARD OF DIRECTORS

Apex EMS and Wake County: Since the Town of Apex chose not to allow Wake County to take over their EMS system, Wake County has decided they will no longer fund the chief and the administrative assistant positions which is about \$144,000. This is a political battle between Apex and Wake County. Chief Cohen is not sure how Cary and Eastern Wake got involved in the issue but apparently the Town of Apex wanted a comparison of all the independent agencies for these two positions. He would have liked to have been involved in the initial conversations about this issue. Larry West asked if we should include the in-kind money our volunteers save us in the budget as a line item somehow just to have it in print. He thinks we should show on paper how much we actually save the County. Chief Cohen said he could do that. Christian Heinrich wanted to know if there was a way to show how much it costs each agency to run a call. Chief Cohen said it would be very difficult to do that unless all the parameters are exactly the same. Ed Clayton asked how we distinguish ourselves from the rest of the EMS groups since we no longer have the billing income. Chief Cohen said it comes down to our people, our patient care, the various programs we sponsor like the flu clinic and the pink shirts to name a few. Our volunteer program is the best around.

NOV. 26, 2012, CARY AREA EMS BOARD OF DIRECTORS

Apex EMS has turned down our offer to consolidate. The Town had their meeting last Tuesday and voted to keep supporting EMS. They will be hiring a new chief to replace Nicky Winstead, who is retiring.

MARCH 22, 2010, CARY AREA EMS BOARD OF DIRECTORS

Brent Miller, Board president, Steve Cohen, chief, "Wake County budget discussion": We mark out of service less than they do, we are faster at turning calls around at the hospital, we are faster at picking up calls we, as an agency over all, work harder to make sure we are in the right place and ready to go.



The email below from Wake County prompted the story above on June 10, 2020, by Randi Ayala, CBS17.

"I understand the situation the county is in. I was just disappointed that it happened the way it happened. We weren't brought to the table, said Garland Tant, director of Eastern Wake EMS.

SOURCE: <https://www.cbs17.com/news/local-news/wake-county-news/28m-budget-deficit-in-wake-county-could-lead-to-consolidation-of-ems-services/>

MAY 24, 2010, CARY AREA EMS BOARD OF DIRECTORS

Changes in Wake County EMS: Garner EMS will officially become part of Wake County EMS on June 1. Wake County is changing a few things around such as shifts and adding a few ambulances. Holly Springs EMS will become part of Wake County on July 1. Larry West asked about staffing ambulances for Walnut Creek. Chief Cohen had not heard if any decisions have been made about that yet.

JAN. 26, 2011, CARY EMS OFFICERS MEETING

Meeting with Wake County yesterday. There are four models that the PWW law firm has created, and the chiefs have not agreed on which one to use. If we would go to a single system model, Wake County EMS is claiming it will save the taxpayers \$500,000 because of a federal law loophole that allows them to reclaim additional medicare/Medicaid dollars. The other model that they are looking at is cost sharing, all money would be collected by the County, and then re-distribute it back out to the squads.

MARCH 26, 2012, CARY AREA EMS BOARD OF DIRECTORS

Chief Cohen had a great meeting with Wake County Manager David Cooke. He told Chief Cohen he has no interest in consolidating with the contracted agencies unless we have financial problems, patient care goes down or it becomes too expensive for Wake County to fund us.

MAY 4, 2020, EMAIL FROM EVAN MACINTYRE <EMACINTYRE@CARYEMS.COM> TO TOWN OF MORRISVILLE COUNCIL MEMBER SATISH GARIMELLA <SGARIMELLA@TOWNOFMORRISVILLE.ORG>

[MacIntyre is a senior manager for public safety and national security at SAS. He was a volunteer and part-time medic with Cary Area EMS 2018-2021.]

It was a pleasure speaking with you earlier today. Cary Area EMS is very appreciative of your support during this difficult time. We intend to fight this hostile acquisition fully to continue providing emergency medical care to Morrisville and Cary. I have summarized our primary concerns to our community, our staff, and to Wake County.

Coverage and Service Disruptions

- Wake County is essentially forcing an administrative collapse of Cary EMS and Eastern Wake EMS by terminating our coverage contracts while firing and rehiring some of our current paramedics/EMTs/supervisors.
- COVID-19 has forced local, state, and national emergencies - EMS is on the front lines fighting a deadly pandemic. Firing 100% of EMS staff and possibly rehiring them is egregiously inappropriate at this time.
- Wake County EMS struggles to staff itself during normal operations. We firmly believe Wake County would not be able to effectively take over without large numbers of ambulances being pulled out of service due to staffing troubles.

Financially

- Wake County reported that merging Cary EMS and Eastern Wake EMS would save \$573K by their own estimates. We were not involved in that process and there are some inconsistencies in that data. It is highly implausible that they could maintain similar coverage and maintain or reduce costs.
- Initial acquisition costs will be very expensive and negate any economy of scale efficiency improvements (ie. 100 open jobs, overtime, onboarding, HR, insurance costs, uniforms, repainting of ambulances, equipment purchases, etc.)
- Substantial portions of our staff would leave the county to work for surrounding counties (Orange, Durham, etc.) resulting in Wake County's loss of experienced paramedics and bear the costs to train new providers.
- Cary Area EMS is a cash-flow-positive, not-for-profit with healthy finances needing no outside assistance to maintain current coverage.

Cary EMS has been responsible for:

- 43 CAEMS providers being awarded 79 Code Save certificates (Code Save is where we provide CPR on a person in cardiac arrest, regain a heart beat, and that person being discharged from hospital neurologically intact)
- Free Flu vaccinations to any member of the public (over 5,000 people vaccinated)
- Blood drives
- Stop the Bleed/CPR Training
- Community events at our stations
- Special event coverage

I am looking forward to speaking with you more in the very near future. Please consider publicly supporting us to not be forced to shut down. Any proclamation of support would be greatly appreciated as well as direct communication with your Wake County colleagues. Please let me know if you have any questions or would be able to help.



Wake County officials distributed a press release on Feb. 4, 2021: "On May 4, Wake County EMS will begin operating under a single, unified agency. Currently, the Wake County Department of EMS provides more than 70% of the 911 ambulance service on the road, and it contracts with two not-for-profit agencies, Cary EMS and Eastern Wake EMS, to supplement 911 ambulance response. The consolidation brings all EMS responders into a single agency – the Wake County Department of EMS."

WRAL.com 80°

LOCAL NEWS

Cary sees loss of community connection in merger of Wake EMS services

Tags: EMS, ambulance, Wake county EMS

Posted February 12, 2021 2:29 p.m. EST
Updated February 13, 2021 2:54 p.m. EST



Some call Wake EMS merger heavy-handed

Listen to this article now

By Richard Adkins, WRAL photojournalist

CARY, N.C. — Wake County plans to consolidate its emergency response services under one entity, to be called Wake County Department of EMS. The process should be complete by May 4.

Currently Wake County provides about 70% of the 911 ambulance response across the county, contracting with smaller groups — Cary Area EMS and Eastern Wake EMS — to provide the other 30%. Despite the names, both Cary Area EMS and Eastern Wake EMS operate countywide.

The county claims absorbing the two smaller organizations will save taxpayers money as well as add efficiency to the administrative process. Plans to consolidate the services have been talked about for years, but the county just recently decided to terminate both contracts with 60 days notice.

"It's a simple matter of efficiency," said Jeff Hammerstein, assistant chief of Wake County EMS. "By removing some redundant layers of administration, we're able to be more agile and respond to the needs of the community more quickly and easily."

Others in the EMS community don't see it that way. They feel it's a heavy-handed takeover that ignores months left on their contracts and allows little time for employees of the organizations to adjust.

"It doesn't make sense to me," said Cary Area EMS Capt. Justine Hollingshead. "We have been above board, transparent, professional. We can't say the same from all sides that have been involved in the situation."

Hollingshead has been with Cary Area EMS for 25 years. She believes the organization provides an efficient and cost-saving service.

"We're on the side to say that it will cost the taxpayers more in the long run" to merge, Hollingshead said.

Wake claims the move will save \$150,000. Hollingshead says, even if that is true, "It's almost laughable, considering the totality of the Wake County budget overall, and all the things that that Wake County does."

No jobs will be cut in the merger. Wake County is offering to hire all EMTs and paramedics from both organizations, as long as they are eligible to work for the county.

[Explore Wake County EMS and Rescue Services family tree](#)

It's unclear how many will take that deal. There is a nationwide shortage of EMS providers, so some may choose another county EMS or hospital work.

The Wake County Department of EMS already owns the ambulances operated by Eastern Wake, but it has no plans to buy the five ambulances operated by Cary.



Cary Area EMS to cease to exist before 50th anniversary

Cary Area EMS is set to celebrate a half-century of service. The organization was formed in 1971 after a 4-year-old child was hit by a truck and died while waiting 45 minutes for an ambulance to come from Raleigh.

Hollingshead says the Cary organization is much more than an EMS service. It's part of the community, participating in community events, sponsoring things such as flu clinics and first aid education.

"You want that that sense of belonging," she said. "You want that sense of who you are as a community."

While Cary's iconic orange and white ambulances will go away, Hammerstein with Wake County says the level of service will be the same.

"This consolidation doesn't change service, it doesn't change the EMS response," he said. "The look of the ambulance. That's what will be different."

OCT. 26, 2020, CARY EMS BOARD OF DIRECTORS

Update on Merger Talks: My-Chau Matrick asked if anyone had heard any more news on the merger talks? No one had. She does not expect to hear anything until the elections are over. Then she expects Wake County EMS to pounce on the merger talks harder then before as soon as the Commissioners are in place. She met with Johnna Rogers recently and reported that Rogers approached her about CAEMS going ahead and merging in January since we have no chief. She also asked that we do this independently of Eastern Wake EMS. My-Chau Matrick made it clear to her that we had no intention of doing either of those things. We have a contract until June 30, 2021.

JAN. 25, 2021, CARY EMS BOARD OF DIRECTORS

(Merger) Employee Committee: Liz Coykendall, Jim Ruble and Evan MacIntyre are on this committee (the merger committee with Eastern Wake EMS). Liz reported to the Board that she conducted a short survey for our members to get a better feel of how our employees feel about the possible merger. She said 50% say they will go to Wake County EMS, 50% said no. Eastern Wake hasn't had any new meetings. They were waiting for their meetings with the commissioners.

JAN. 25, 2021, CARY EMS BOARD OF DIRECTORS

Update on Merger Talks: My-Chau and Marion Houle sat in on the listening sessions Eastern Wake EMS had with Wake County officials and Commissioners on January 14 and 15. Eastern Wake made a lot of the same points we did. Lots of remarks about the family environment, smaller organization, the opportunity to work for whatever organization they want. Very passionate speeches. My-Chau Matrick asked at those meetings that going forward any future meetings we have include a Commissioner or two. She thinks it's important for them to be part of any further meetings we have with the County. She said we cannot let the County take the lead in her opinion. Our next step is to take action. She said we need to hear from the team. We don't want this merger but if this merger is going to happen we need to understand what is important to our members. We need to know how to structure things. Justine Hollingshead agreed to be involved in these discussions along with My-Chau Matrick. Discussion. My-Chau Matrick is going to write a thank you note to all involved in the listening sessions. She will thank Commissioner Maria Cervania for agreeing to attend future meetings. My-Chau Matrick asked Houle to find out if our members have any questions about the Transition Proposal the County sent over so we can include those queries in our meetings. Julie Skelton asked for clarification on what the County means when they say "they will accept the transfer of all positions". Will they all be within the EMS System?

FEB. 4, 2021, PRESS RELEASE FROM WAKE COUNTY, "WAKE COUNTY CONSOLIDATES EMERGENCY MEDICAL SERVICES"

On May 4, Wake County EMS will begin operating under a single, unified agency. Currently, the Wake County Department of EMS provides more than 70% of the 911 ambulance service on the road, and it contracts with two not-

for-profit agencies, Cary EMS and Eastern Wake EMS, to supplement 911 ambulance response. The consolidation brings all EMS responders into a single agency – the Wake County Department of EMS.

The consolidation will not affect the high level of service residents currently receive. The same number of EMS crews and ambulances will remain available, and no areas will lose EMS coverage.

“This operational change allows us to maintain the top-notch EMS service and coverage our community expects while saving Wake County money, which is important – especially in this challenging economy,” said David Ellis, Wake County manager. “Consolidating allows us to reduce costs and improve our ability to adapt more quickly to the evolving demands of a rapidly growing area.”



Rachel Richards and Greg Edwards stand by on a scene with the Cary Fire Department on Candytuff Court, Feb. 14, 2015. Photo by Mike Legeros

EMS Governance

According to North Carolina law, the county is responsible for providing emergency medical services. It also has the authority to determine how to offer those services. In Wake County, these decisions are made by EMS Director/Medical Director Dr. Jose Cabañas.

Out of 100 counties in North Carolina, 87 operate their EMS under a single primary 911 ambulance provider. Only 12 of them – including Wake County – still have multiple 911 ambulance providers.

“A single-provider approach is the most affordable way to serve our residents while meeting the increasing demand for services from our growing population,” said Dr. Cabañas. “It’s time to bring all of our providers into one agency as most counties across the state have. The same people will provide the same service in the same places but with improved efficiency.”

All Current Employees Offered Positions in Unified Agency

EMS providers employed by Cary EMS and Eastern Wake EMS will be offered positions with the Wake County Department of EMS, which include improved benefits and membership in the local government retirement system.

In addition, outreach programs such as CPR classes, school visits and citizens’ academies will continue helping educate and inform residents of all ages about what to do in a medical emergency.

Long History of EMS Consolidations in Wake County

Over the past 50 years, Wake County has seen many consolidations and mergers. As many as 18 different agencies have existed since 1962, and now, only three remain. The consolidation in May will complete the process, marking the next natural step in the growth and development of the EMS system in Wake County.

Here’s what employees who have been through that process say about the transition:

“There were many more opportunities when we came to Wake County EMS. We were a family before, but we just became a bigger family when we joined the county,” says Carissa Lewis, a member of the former Six Forks EMS, which ceased EMS service in 2011.

Brian Brooks was a paramedic with Garner EMS, which closed its doors in 2010. He now serves as a district chief with Wake County EMS.

“I know change causes anxiety, but I came with an open mind, and I realized that working at Wake County EMS is really the same thing,” says Brooks. “I know several of my coworkers in Garner were skeptical, but they transitioned too and have excelled here.”

SOURCE: <https://www.wakegov.com/news/wake-county-consolidates-emergency-medical-services>

MARCH 8, 2021, CARY EMS BOARD OF DIRECTORS

Justine Hollingshead told the Board that the members had voted to move the company in a new direction. There was good talk about it after the meeting last week. Now that we know what people want we can start moving in that direction. She reviewed the draft of the revised Articles of Incorporation with the Board.

MARCH 22, 2021, CARY EMS BOARD OF DIRECTORS

We have at least 10 people not transitioning to Wake County EMS. Two are going to part-time and then going to PA and nursing school. There are a few others still looking for other job opportunities outside of Wake County EMS.



APRIL 1, 2021,
OLD-TIMERS VISIT
STATION | Justine
Hollingshead,
Greg Edwards,
Deborah Stein,
Tammy Patton,
Christian Heinrich,
John Barile,
Marion Houle, Tom
Maynard, Bradley
Wilson, Chris
Hegele

LOCAL NONPROFIT GROUP EVOLVES

CARY, NORTH CAROLINA — Cary Area Emergency Medical Services will enter a new phase in the evolution of the nonprofit organization on May 3 (2021). On April 1, at 7 a.m., the organization ended 911 services to the residents of Wake County after nearly 50 years of service following cancellation of the contract by Wake County.

“It was a difficult day for our volunteers, staff, and lifetime members,” Justine Hollingshead, a former volunteer with Cary Area EMS and new board chairperson. “We have been working on reimagining what Cary Area EMS can do in the future and how we can continue to serve our community.”

Moving forward, Cary Area EMS will continue as a 501(c)(3) nonprofit providing emergency preparedness and response through education, training, service and outreach.

“We are committed to giving back to the community and serving those in need,” Hollingshead said.

But reinventing the organization comes with a cost.

“Being involved takes commitment, and that is a bedrock of Cary Area EMS,” Christian Heinrich, a former staff member with Cary Area EMS and new board treasurer. “Over the years we have hosted free flu clinics, organized food drives for Dorcas Ministries Food Pantry, facilitated an annual Citizens’ Academy, participated in National Night Out, and sponsored blood drives in partnership

with the American Red Cross and The Blood Connection. We plan to continue these outreach efforts and do even more to serve the community.”

About 65% of the employees for Cary Area EMS moved over to work for Wake County in line with a written agreement negotiated in March. Some members of the organization retired. Others just resigned. Still others set forth to create a new organization.

“We face a wide range of threats and potential hazards ranging from acts of terrorism, cyber attacks, pandemics, and natural disasters,” Hollingshead said. The ability to effectively respond after an emergency relies on many components including preparation, relationships we build, and partnerships.

There are gaps relating to preparedness nationally in communities from Cary, North Carolina, to Bellingham, Washington. Just over half of the people in a recent national public preparedness poll say they do not have a plan in the event of a disaster. Former members and the board of the new Cary Area EMS have goals to help address these gaps through awareness, education and training.

“Our service and visibility in the local community is unparalleled,” Heinrich said. “We will continue to give back in every sense of the word and help to make our local community a better place.” ■

SOURCE: <https://caryems.com/evolution-of-organization>, June 17, 2021



2000 STAFF AT HOLIDAY PARTY (*standing*) Mike Fall, Greg Edwards, Garry Pomerleau, Christian Heinrich, Amanda Brooks, Robin Pope, Kevin Phillips, Mike Williams, Deborah Stein, Tammy Patton, Donna Jordan, Marion Houle, Roshani Patel, Donna Houle, Stephanie Ball, Justine Hollingshead, Eliot Cannon, David Garrard, Chasidy Kearns, Conia Hux, Bradley Wilson; (*kneeling*) David Demers, Alvis Reaves, Jennifer Butz, Jessica Matthews, Lynn Nowak, John Barile; (*sitting*) Steve Watson, Curtis Lowe

A look back on 50 years — or at least part of it

BY BRADLEY WILSON

In an interview for the Pulse on National Public Radio, Chuck Keeney, a history professor at Southern West Virginia Community and Technical College, said, “The best history forces us to ask uncomfortable questions, and it forces us to confront uncomfortable truths.”

For some readers, this book confronts uncomfortable truths.

CARY’S LOSS

Cary Area EMS, as I have known it, ceased to exist April 1, 2021, just a few months shy of its 50th anniversary. When Cary Area EMS stopped running emergency response calls, Wake County lost so much more than a great group of pre-hospital health care, providers that I would put up against any set of medics anywhere, calm and deliberate at the worst of times.

County Manager David Ellis said, “It

costs about \$700,000 more each year — the equivalent of operating two 12-hour ambulances — to contract with the agencies than if the county provided the service directly.” Doubtful.

For example, take the 851 hours I volunteered one year — a year when I was one of 14 volunteers. Earning at the midpoint for the lowest rung of the county’s ladder, at \$21.28/hour, that would have saved the county \$18,109.28, about half of an annual salary.

In 2001, Steve Cohen replied to a board member asking how much money the volunteers saved Cary Area EMS: “Last year it was about \$80,000.” Cohen said the volunteers are an important part of the organization. They meet the same standards and training as paid employees.

Early on, having volunteers around gave the senior staff time off the truck to do administrative work at no additional cost to the agency.

For reasons all their own, CARS personnel decide to come on board

By SUZY BRETT
Staff Writer

The response Mike Welsh gives when asked why he joined Cary Area Rescue Squad is fairly standard: "I wanted to help somebody."

He also refers to his nine years with CARS as an adventure and confidence builder.

"I'd been a volunteer for a fire department in another county when we moved here," he said. "I wanted to do something, and decided to go with the rescue squad instead."

Welsh was one of the first members to go through the Junior Rescue Squad program. "After that, they let me into the squad," he said.

As an EMT-I (emergency medical technician intermediate) he has worked many calls which require nerves of steel.

"If you come out and pull duty every five days, there's not much you can see that upsets you,"

he said.

But he feels an emotional attachment to most of the calls where he has a chance to deal closely with the patient.

"A personal interest develops," he said. "And, sometimes when we have another emergency and we see the other person or someone in the family, they definitely remember us. Then, when you read the details of how they are, it makes you feel good."

Bart Lineback, 1987 Squadsman of the Year, enjoys the friendships he has made and the work he does.

"I joined the group at (N.C.) State after taking a first aid course that I really enjoyed," he said. "I enjoyed helping injured people, although we weren't transporting them."

"Now I feel my work is more people-oriented because I'm also helping them to relax," he said.

Although Lineback graduated from N.C. State with a degree in electrical engineering, he is working full time at CARS as a paramedic.

Tom Maynard, also a full-time paramedic, began as a volunteer in 1984, three months before he earned his basic EMT certification.

He worked full time for two years on a Monday to Friday 7 a.m. to 6 p.m. shift, taking the paramedic training at night. When CARS decided to offer the advanced service, he was one of three full-time paramedics hired.

Maynard's interest in rescue work began while he was in high school.

"I was with YRAC fire department as a first responder and would ride all day as an observer," he said. "The more I rode, the more interested I got."

He now works with area fire departments teaching the First Responder course, and, like Lineback, fills in with Wake County EMS when

they need additional paramedic personnel.

"You have to learn to remove yourself from the tragedies," said 15-year-veteran Arey C. Little. "Like with the recent plane crash (12 killed when an American Eagle commuter plane went down at Raleigh-Durham Airport), you can't let your mind dwell on it."

He said accidents involving children are the most difficult to deal with, primarily because he is a father.

But, being a CARS member and working the night shift, weekends and being on-call has become a way of life.

"I had been with a volunteer fire department when we moved to Cary," he said. "I wanted to get involved in something and when I saw they were starting a rescue squad, I signed up for it."

After 15 years, it does get old, Little admits. But: "There's a lot of satisfaction that goes with helping other people," he said.

May 1988, *The Cary News*

"FOR REASONS ALL THEIR OWN, CARS PERSONNEL DECODE TO COME ON BOARD" by Suzy Brett

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response times.

It lost a group of people that pushed themselves to be better at what they do every day. The members were willing to devote Sunday afternoons once a month just to run scenarios and to take entire days to train with police and fire agencies to enhance teamwork. They were willing to look over one another's run tickets after each call to catch mistakes. But they also had another medic look over every single trip ticket to avoid reporting errors that could pose billing or legal problems. They wanted to take calls, not to avoid taking calls.

The town lost a group that knew how to work well together, and knew how to play together. They enjoyed having pig-pickings, going miniature golfing and playing laser tag together. They enjoyed making Cary EMS a place to have a career for 30 or more years, not just to have a job.

A culture of excellence and of being first, of trying new ideas, doesn't come easy. It's something most chief executives strive to attain. That culture of being the first and being the best has been part of

continued on page 200

The volunteer program provided an opportunity for students and people with other careers to work in pre-hospital health care as they prepared to work as nurses, physician's assistants or medical doctors. The entire EMS profession benefited as they gained street knowledge.

The volunteers provided an opportunity for the agency to staff an ambulance during hurricanes and other major events — including training exercises — at no additional cost.

But look at what else the Town of Cary has lost.

It lost a group of volunteers who will show up on Easter to give tours of the ambulance in Bond Park.

It lost a group of high school student Explorers who will show up to teach kids why it's important to wear bike helmets.

It lost an agency with a culture to be first and to be the best.

It lost people who were the first to do everything from using the Hurst tool (the Jaws of Life), to using pagers, to being nationally accredited, to requiring certification of its employees, to running calls from a station and cutting down on



Bradley Wilson, Scott Hardison, Deborah Stein and many others work at a disaster drill at RDU airport in October 2002.



continued from page 199

Cary Area EMS for 50 years. It will be lost in a large, bureaucratic agency in which employees are cogs, not active voices. Like Melissa Stevenson said, “One thing I liked about Cary EMS was the camaraderie.”

It’s about so much more than money.

These are all the costs Ellis, Jose Cabañas, Brent Myers, David Cooke and John Rukavina just didn’t take into account. Wake County might save some money in administrative costs — although I doubt it — but at a tremendous real cost.

USE THE BOOK

Throughout the book, text that looks like this should be attributed to the author.

LESSONS I LEARNED

Still, all of the volunteers and paid staff can look back on what they gained from the agency.

Some of my favorite little paperback books include *Emergency Doctor*, *Life and Death: The Story of a Hospital*, *Beyond the Lights and Sirens*, *Combat Medic-Vietnam* and *The Magic of 3 A.M.* They’re right up there with a book my Aunt Ruth gave me when I was, oh, 10 — *Advanced First Aid*.

And my favorite EMS song, “My Knee Hurts Now.”

This book has little to do with any of that or any of the profound lessons we’ve all learned while working in pre-hospital health care.

I got started in a time before AIDS, before we had to wear gloves, working for Wimberley EMS — formerly North Hays County EMS — in Texas. Along the way I also worked for Syracuse University

Ambulance. There were great people at every turn.

People always ask why I devoted so much time to EMS. Well, most say, as Mike Welsh did in an article in *The Cary News*, “I wanted to help somebody.” Tom Maynard similarly said, “There’s a lot of satisfaction that goes with helping other people.” Or as Bart Lineback said in the same article: “I enjoyed helping injured people.” Or as one of the probationary members who worked with me one night said, “I just enjoy the adrenaline rush when the tones go off.”

My real exposure to EMS came when I started volunteering for Cary Area EMS. I had just moved to the Raleigh/Durham area. I had asked my aunt Ruth Taylor — yes, the same one who gave me the first-aid book — for some advice. She’d lived in Cary most of her life and, at some point, she talked to Lu Little and asked what EMS agency I should get in touch with. Lu, of course, said Cary. I didn’t get to meet Lu for years, but I owe her a debt of gratitude.

I remember driving down I-40 from Durham to Cary to interview with Chief Eddie Wimberly. He was so friendly and helpful. In May of 2000, I became a senior member:

MAY 2000, CARY AREA EMS BOARD OF DIRECTORS

Jessica presented Bradley Wilson to the board for approval as senior member. Motion to approve by Marion Houle. Second by Donna Jordan. Motion approved.

For more than a decade, I volunteered at least one shift per week, sometimes

USE THE BOOK

Throughout the book, comments that look like this are taken from official sources as noted. They are transcribed word for word with only basic grammar, spelling and punctuation errors corrected.

amounting to 851 hours (35.4 days) in a year.

I remember when I learned from Curtis how to hogtie a person onto a backboard, a skill I quickly unlearned. I learned from John Barile how to implement a practical joke. And so much more.

I like what Ethan Hamilton wrote in his essay, “The Most Important Lessons I Learned My First Two Years as an EMT”: “I read the novel *House of God* by Samuel Shem. For those unfamiliar with the novel, I highly suggest you read it. I took rule number three to heart — ‘At a cardiac arrest, the first procedure is to take your own pulse.’”

In EMS, you learn how to manage a true emergency and how to manage yourself in a true emergency.

Hamilton’s essay continues, “Each slow, deliberate, and successful action is worth however many quick, anxious, and unsuccessful actions it takes to get something right.”

Watch the good medics on a scene, the really good ones, they’re calm and deliberate. Whether the medics working for Wake County or AMR or whatever agency comes along next learn those same lessons, only time will tell.

THE OTHER SIDE

As with all stories, there are many sides.

Jeff Hammerstein, the now-retired public information officer for Wake County EMS was gracious in providing time to review the book for accuracy. His help proved invaluable. So did his feedback.

He said, “I have to be honest with you here that all of my impressions are not positive. It’s with a full adult lifetime of experience at Wake County that I’m compelled to share with you how disappointed I am, even disturbed sometimes, by the depths to which Wake County EMS is misrepresented by some of the comments in this book.”

He acknowledges that those comments are, just that, on-the-record comments by the individuals to whom

they are attributed.

“But where Wake County is mentioned, it seems to me to come across as bent on the negative, and it’s done with inaccurate and misleading commentary. Wake County EMS is an incredibly good organization that has done an immeasurable amount of good for people across Wake County for decades. The book doesn’t say that isn’t true, but it certainly implies that my organization is just petty and conniving. That could not be further from the truth, and those who may think so are mistaken.”

All of the minutes and news articles from which the stories in this book are written are available online or by filing the appropriate FOI requests (which I had to do to obtain anything from Wake County EMS — and never did receive the information from the Wake County commissioners that I requested). Emails to the current and former medical directors went unanswered. Emails to the county manager went unanswered. Readers can draw their own conclusions.

And as Keeney reminded his listeners, “You move forward as a civilization by debunking myths and confronting the hard truths.” ■



Always trust the caring eyes of John Barile.

LESSONS LEARNED

- If you’re going to take notes at a meeting, label the notes with the name of the group meeting, the date, time and location, who is officially a member of the group, who is attending.
- Spell all the names right, every single time.
- Type those notes.
- Make those notes easily accessible to anyone who might need or want them.
- Christian Heinrich did a great job of this through the years, taking notes at annual meetings, business meetings and staff meetings, typing them and making them easily accessible to all members.
- If your notes reference attachments, make sure the attachments are included in the official record.
- Set goals. Write down those goals. Determine how to measure them. Assess progress regularly. Report that progress.
- Name all digital photos something that makes sense. Include information about who, what, when and where in the metadata.
- Write on the back of photo prints the who, what, when and where. Don’t tape photos in books.
- Make sure the date and name of publication are included with all news publications.



Thanks Koda – who gave up most of our summer as I worked on this project. To the rest of my family, Sue and Kristi, as well.

Thanks

- **Mike Legeros**, fire and emergency services photographer, historian, author, and blogger; digital marketing specialist; for help editing and for providing photographs
- **Beth Butler** for help editing
- **Suzy Barile** for help editing
- **Jeff Hammerstein** for help editing
- **Julie Skelton**, administrative assistant, Cary Area EMS, for help finding content
- **John Barile, Steve Cohen, Christian Heinrich, Justine Hollingshead, Marion Houle, David Lantrip, Bart Lineback, Tom Maynard, Tammy Patton, Deborah Stein, Eddie Wimberly** with Cary Area EMS
- **Bill and Melissa Stevenson**
- **Arey and Lu Little**
- **Alice Avery**, senior communications consultant, Wake County
- the 353 members of the Facebook group **Wake County Rescue & EMS Members Prior to 1985**
- all the photographers who let me use their images to document this history; the images remain copyrighted by the original photographer.

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APRIL 2, 1973, CARY EMS

First uniform: A motion was made by Jim Bullock that a seal designed by him be adopted as the squad seal. John Servis seconded the motion and it carried 18 for 1 against.



PATCH DESIGNED BY JOHN BARILE
JULY 15, 1996, CARY RESCUE BUSINESS MEETING

Our patch design change was voted on by the membership. The new design will be posted on the new members board in the meeting room.

This book

208
pages

2
research trips to North Carolina

10
interviews with Tom Maynard, John Barile, Steve Cohen, Justine Hollingshead, Christian Heinrich, Bill and Melissa Stevenson, Arey and Lu Little, Chris Hegele

560
hours research and production

13,054
photos to consider
(with special thanks to Tammy Patton for providing 3,983 images to look through and for Mike Legeros for providing 7,216 images to look through)

589
images included

208
news articles

3,223
documents to read including notes from business meetings, annual meetings, staff meetings and board meetings
(with special thanks to Christian Heinrich for taking such good notes and for keeping them)
(and to Nova Office Strategies for providing high-quality scans in such a timely fashion)

812
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336
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In Memoriam

- Stephen Acai
- Jerry Adams
- Glenn Baker
- Warren Chou
- Mark Gallick
- Mark Gottlieb
- Kris Harrison
- Robert (Bob) Heater
- Loy Helms
- Billy Henderson
- Willis Henderson
- Rick Henry
- John L. (Jackie) Hunter
- Fred Oliver
- Nieves (Sal) Ramirez
- Alvis Reaves
- Kenneth Scarborough
- Fred Toms

JULY 28, 2003, CARY AREA EMS BOARD OF DIRECTORS

John Hunter passed away last month and the obituary wanted donations to come to Cary EMS. There was a total of \$2,505 received, and Cary is going to purchase new med bags with the donations. Going to put "In Memory of John Hunter" on bags.

FEB. 29, 2016, CARY AREA EMS BOARD OF DIRECTORS

Chief Steve Cohen reported he had a long conversation with our first chief, Jerry Adams, last week. Jerry is dying and has 2-4 weeks left. He asked Chief Cohen and John Barile to speak at his funeral. Chief Cohen told him they would be honored to and also told Mr. Adams that CAEMS would provide an honor guard at his funeral.

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Colophon

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On behalf of all past and present Cary Area EMS volunteers, employees and members of the board of directors, it has been an honor and a pleasure to serve the citizens of Wake County for the past 50 years. This is chief 500 signing off.

MARION HOULE, chief
7 a.m., April 1, 2021